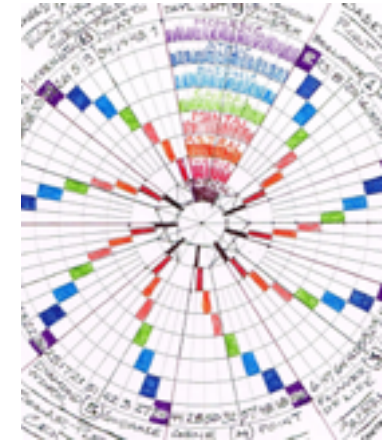




**THE 64
SYNERGY AWAKENING CODES
I CHING HEXAGRAMS
&
GENE KEYS**

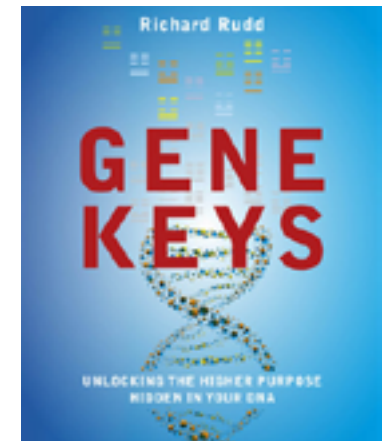
SYNERGY AWAKENING CODES - DHARMENDRA GORDON

In this document, you will find written transcriptions of oral transmissions Dharmendra Gordon shared with us about his own vision, and understanding of the 64 Life Codes. Dharmendra's methodology is all about enabling others to connect with their shadows, gifts and siddhis through the heart, have a genuine experience and get a point of reference of them, physically and emotionally, rather than through intellectual concepts. Dharmendra is available for private sessions to take individuals or groups on experiential journeys into their genetic conditioning. You can contact him through the Imaginal Collective platform or his facebook page (<https://www.facebook.com/AcceleratedCollectiveEvolution>)



GENE KEYS - RICHARD RUDD

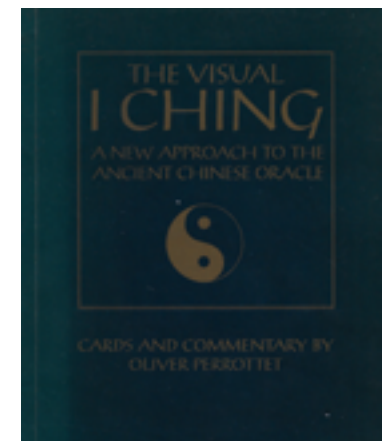
The extracts we have borrowed from Richard Rudd's book "Gene Keys" to help you understand a bit more about the nature of your genetic conditioning represent a very small part of the massive transmission Mr Rudd shared with the world in this book. We focused solely on giving you an easily understandable and partial map of the 64 shadows, gifts and siddhis, but Mr Rudd's vision encompasses many more levels of understanding from the micro to the macro level. If what we share in this document resonates with you in the slightest way, we strongly encourage you to buy this book so you can access the entire multi-dimensional vision and transmission, and also the science behind it. You can buy Richard Rudd's books [here](#).



THE VISUAL I CHING - OLIVER PERROTTET

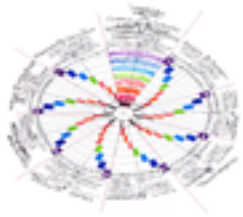
A beautiful dive into the I Ching hexagrams and oracle. We recommend that you use the cards shared in this document as a support to meditate on the corresponding shadow/gift/siddhi. They are very powerful manifestations.

And again, what we share with you in this document represents a very small piece of the knowledge transmitted in this book. If you want to learn more about the I Ching, and how to use its oracle functions, this is one of the books to look into. You can buy Oliver Perrottet's book and set of cards [here](#).





SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 1



SYNERGY AWAKENING CODE N° 1

Intent - The Creative, the gate of self-expression

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Depletion - Loss of energy **GIFT** : Aliveness - Engaging in Life **SIDDHI** : Touching the core - Irresistible mystery

The 1st gate is the gate of self expression. The hexagram is The Creative and at the shadow level is about entropy. If you think about it, it's interesting as the visual of this life code is a coiling dragon, as in the spiral of creation because everything moves in spirals, from atomic structures to galaxies and everything in between. So if you think of a whirlpool as it is happening in water, in the power of that Whirlpool spinning, as you go down to the bottom of it, as you get to the very bottom it's gone. There's nothing there. That is the image of entropy, the energy has been depleted. That is the moment just before the spirals in the energy starts to happen. There's nothing, it's empty. There is no energy, there's no action of any kind, there's no creation yet but that's the perfect moment for creation to occur, to start.

Just a reminder that this is the hexagram of "the creative", but it's the creative as it exists in relation to us, and that goes for each one of these hexagrams that follow, yet every single one of these hexagrams are applicable at all levels of existence and can be applied to every living thing and being in existence. The universal condition of the first gate is that it is the hexagram of the creative act of bringing everything into existence. But remember we're going through the Human Design Gate of self expression, it's how it touches us as humans. So remember that with every single one of these, we're going to go through that, when we say the gate of, whatever gate that is, and in this case it's self expression, we're always taking that hexagram and placing it in the context of human experience.

Then, as we enter into that entropy it's a type of melancholy that permeates our experience. And if you indulged it and got into the mental conditioning of it, you'd go into depression. But it's the natural state of any artistic endeavor before it actually occurs. There's like a drop in energy, and that drop is what allows it; it's like a vacuum, it literally sucks in the life force to create and when that life force starts to come in, that's when you get the freshness and that freshness is the universal life force. Pure creative energy coming into you, through you, in your design, and it's going to come out through you in a very unique way because only you are going to give it whatever form you are going to give it and that's going to be totally unique.

Then, as we tap into that, from the center of our heart space, we step from the shadow, which is in the head/mental condition, into the gift, in the heart, and which is connected to everything in nature. And the magic of the heart is that it functions like a holographic projector bringing together all of the elements of life we are engaging in at the moment into a single image or vision and it is up to us what form that vision will assume as we are moved by the inspiration behind it, empowering it. When we hit the siddhi, we go down into our being, into our hara, or dantien, to that place where we touch the source as it touches us, where there's literally emanations from all of existence that run right through the center of us. It is literally what keeps us in existence, not just alive, because it's the heart that keeps us alive, but it's literally what allows us to be in existence. And that's where we tap into the siddhi space. It's the precise defining point touching the core and that core is the center of our being. The hara. Where we hit the irresistible mystery and the irresistible mystery is you unfolding, unleashed and in complete synchronicity with the universe, the whole. However that comes out, as a dance, as an artistic expression, as an architectural design, as some kind of music, as a beautiful sculpture, any of these artistic endeavors, some formal science. It doesn't matter, but it's bringing something into the world that has the flavor of the mystical, of something that's indescribable. But, something totally experienceable and it moves you. Beauty always moves you, it touches you.



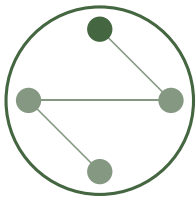
Heaven/Heaven

The Creative

Heaven repeats itself. Continuous actions of higher powers as well as of the superior being.

Follow the chosen path with calm, unfaltering steps. Act thus in harmony with the powerful, creative primeval principle, and success is assured.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 1

From Entropy to Syntropy

Extracts from GENE KEYS © Richard Rudd

SHADOW : Entropy

GIFT : Freshness

SIDDHI : Beauty

1st Gene Shadow : Entropy

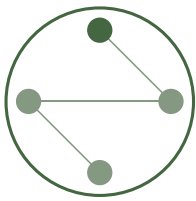
"Entropy manifests in human beings as numbness, and this numbness is actually an extremely fertile state of awareness." "We do not know exactly why we humans feel gloomy on certain days and happy on other days, despite our thousands of theories. Just as there is external weather, there is also internal weather, and it differs in every human being. Yet it is the very unpredictable nature of these internal weather patterns that so many of us struggle with. When you feel the movement of creation inside you, you are happy. When you feel entropy inside you, you are no longer happy. This continual interplay of energy in your life makes you want to always maintain the happy side and escape the gloomy side. Herein lies the greatest flaw in your nature and the distortion of the true energy of entropy into depression." "The state of entropy is rather like a vacuum state. Your system is recharging, so the energy within you withdraws into a kind of stasis. The resulting feelings or lack of feeling and/or enthusiasm provide a delicate environment for something quite special to occur, if you are patient enough to allow it. This something is the creative process. In other words, your low energy means that something intangible is gestating inside you even though you cannot yet see it. Only when the state mutates to its expressive stage will you see what the process is about. These low times in your life are therefore very special times, and they generally require aloneness and withdrawal in order for the seeds sprouting inside you to germinate. The worst enemy at such times is interference from your own mind (or indeed someone else's mind) wondering what is wrong with you. Something intangible is gestating inside you even though you cannot yet see it. Only when the state mutates to its expressive stage will you see what the process is about. These low times in your life are therefore very special times, and they generally require aloneness and withdrawal in order for the seeds sprouting inside you to germinate. The worst enemy at such times is interference from your own mind (or indeed someone else's mind) wondering what is wrong with you." "This Shadow can only be resolved and accepted at an individual level, which takes a great leap of courage, patience and trust. When you suddenly find yourself blind and lost, the best thing to do is to stay still and allow it to pass gently through your system, giving it the minimum mental attention possible. This deep acceptance of entropy as natural in your life will eventually allow you to unlock its true potential and in time transcend it entirely."

REPRESSIVE NATURE – DEPRESSIVE

The introverted nature of this Shadow inevitably leads to depression. States of depression can be caused by the freezing of a low frequency emotional state due to mental collapse rooted in fear. Once fear takes over the physical system, the entropy goes on pulling more and more energy away from the surface of one's life. Such states can occur at different levels – some can be permanent, others sporadic. Some can leave one bed-ridden, others can simply take away the lustre in one's eyes. Once a depressive state has been fixed, it can only be broken by the individual, and without help. The individual must face down the very fear that caused the depression and shift the frequency of their attitude on all levels.

REACTIVE NATURE – FRENETIC

The reactive side of this Shadow manifests as a frenetic urge to escape the way one is feeling at all costs. Instead of moving in harmony with entropy by closing their doors and being alone, these people immediately increase their activity and contact with others. They become frenetic in their bid to suppress what is going on inside them, and can become engaged in wild schemes or locked in monotonous patterns that quickly undermine their health. Such people put themselves in great danger because they are moving in the opposite direction from the chemistry of their body. Their urge to escape their feelings opens them to all kinds of illnesses in their body that would otherwise never have troubled them.



GENE KEY N° 1

From Entropy to Syntropy

Extracts from GENE KEYS © Richard Rudd

SHADOW : Entropy

GIFT : Freshness

SIDDHI : Beauty

1st Gene Gift : Freshness

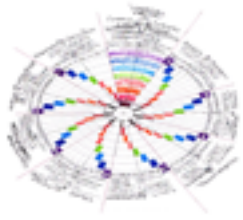
"This 1st Gift is called the Gift of Freshness because whatever emerges out of its numbing chemistry field is absolutely new. Every word for every Gene Key is highly specific, and the word freshness is different for example from the word newness. Freshness conveys aliveness, as though it refers to something burning with an inner fire. This is exactly how people empowered by the 1st Gift express themselves – as though surrounded by a halo of something brought with them from another world. This 1st Gift can perform wonders within small organizational groupings. As you raise your frequency through this Gift, you become a person likely to be singled out by others as a natural born leader. At the same time, you will find yourself reluctant to assume any leadership role since you are not in the least bit interested in being followed by others! All the 1st Gift of Freshness really wants is to express itself fully through you so that you can enjoy watching the impact you have on others. As this Gift awakens inside your DNA, you will find that you automatically inject life and light into any group of people you are a part of. For these reasons, it is the domain of the family, compact team or intimate group where the 1st Gift is designed to excel. Freshness is a Gift that needs the right environment in order to bloom – it needs open-minded people who give you centre stage exactly when you need it. After the fresh energy has been released and your creative impact has been felt, you will usually need to retreat as quickly as possible in order not to spoil the power of your release. Your secret lies in the knowledge that fresh flowers soon wilt – for just as your light can infiltrate any group bringing inspiration and joy, so can your melancholy equally draw energy away from the very same group." "As such you are here to dissolve the 1st Shadow by being a living example of the unpredictable power of the creative process. Your true power lies in your ability to be alone with yourself and to trust in the power of your own uniqueness and timing. Out of every dark hole into which you dive comes forth a sally of startling and profound creativity. The genius of freshness is to bring something to the world that no other has ever seen before and that no one else could replicate."

1st Gene Siddhi : Beauty

"Beauty lies in the unity of all. True beauty, when manifested and realised in a human being, presupposes a state of union with the totality. This union or oneness is not like anything we can imagine. Its beauty lies in the fact that it is simply so natural that it cannot be expressed. Every time it has been expressed, it has been misunderstood. The only way to understand the siddhic state is to die into it, and that means you must die into beauty. The moment we humans look at something or feel something and proclaim it as beautiful, we have divided from it and left the state of unity. This is not true beauty, although obviously it has its reflections on the lower planes." "True beauty is emptiness. There is no one to comprehend it and nothing to feel it. It simply does not exist – and this is its paradox. It is not true beauty if it can be spoken of, copied or shared. It is unique and inexplicable. Beauty is the expression of unity in human form. At a lower frequency we can only comprehend beauty through light or sound – whether that be a beautiful face, a sunrise, or a piece of music. Our notion of beauty is always rooted in the presence of something rather than in its absence. True beauty has a greater connection to absence – to darkness or silence, but even these words cannot approach it being rooted as they are in the world of duality, language and opposites. When the 1st Siddhi dawns inside you, everything in this cosmos is experienced as beautiful and fresh. Even the Shadow state is beautiful. In beauty, nothing lies outside the unity of everything. Everything is experienced as a unique creative expression of this unity. Everything shines and drips with the essence of its uniqueness and yet at the same time, it all shares a single source. When beauty catches fire inside you in this way, you cannot really become a teacher of others because you now no longer have anything to teach. How are you possibly to teach the experience of beauty? It is a fire that can only be embraced. Thus the only fate left to you is to live your life as an example of what humanity will one day become, and your expression of that beauty in form will become a testament to our common future. To be awakened in this way is to become a great inspiration to humanity. In the past, many such people have suffered greatly at the hands of the masses. To be so dangerously unique and beautiful is to draw fire from the forces of jealousy and denial."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 2



SYNERGY AWAKENING CODE N° 2

Inner Spaciousness - The Gate of the Direction of the Self

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Out of Place GIFT : Alignment SIDDHI : All-One-Ness

The 2nd hexagram is the hexagram of "the receptive", pure earth. And it is the gate of the direction of the self.

It arises out of our connection to our higher self. It's where all intuition comes from and at the level of the shadow, it is dislocation. So we're out of touch with that direction.

At the level of the gifts, we align with that force of the earth, we connect into the earth and we find out exactly where we need to be. That's our orientation. And that's always where need to be, in our heart, because it's in our heart, we as a human connect with our higher self, and the intuition and the guidance of our higher self.

At the siddhi level, all of that arises out of the unity that the earth gracefully bestows upon us. That's obviously part of the unity of existence, the way it moves around the sun, in complete harmony, in peace with everything in existence, and when we tap into that, we become part of that unity of existence.



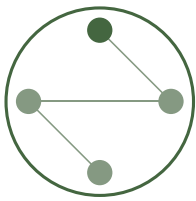
Earth/Earth

The Receptive

Earth is vast. It carries good and evil with patience, there is room for everything.

Do not forge ahead but allow yourself to be led. Accept assistance at work, but advance alone in dealing with superiors. Perseverance combines strength and devotion, it brings success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 2

Returning the One

Extracts from GENE KEYS © Richard Rudd

SHADOW : Dislocation
GIFT : Orientation
SIDDHI : Unity

2nd Gene Shadow : Dislocation

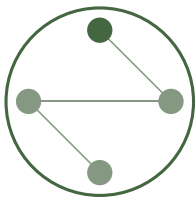
"The 2nd Shadow is the Shadow of Dislocation, which is an interesting word. It implies both the sense of being lost in time and space and of dismemberment. However, when you feel lonely, cut off, afraid or dejected, you have never actually lost your way – it just feels that way. The Shadow state is really only a human perspective rooted in your biological functioning. There is not a single moment in your life that is not perfectly in harmony with all creation. Neither is there the slightest possibility that you can make a wrong decision or take a wrong turn in life. It is all simply nuances in your biology." "You have to understand where you have come from if you are to see where you are going, and where you are going is into the awareness of the unity and oneness of all beings. It is such a paradox: You have never left this state of oneness, and yet the operating system within human biology does not currently allow you to feel this continual sense of connection." "The fear that we are going in a bad direction comes from the 2nd Shadow. It is because we now see ourselves as separate from nature that we feel this great collective fear. Our perception dislocates us from the truth. This collective fear pervades our individual lives as well. The 2nd Shadow, along with its programming partner the 1st Shadow of Entropy, pulls us away from living in a state of trust and connectedness and also reinforces this sense of isolation through our actions. Actions that come out of trust have very different results from actions that come out of fear. The former creates more energy for everyone and the latter takes energy away from everyone. In your personal life, if you allow it, the 2nd Shadow will affect every decision you make, pulling you into an interference frequency. This means that you don't appear to be in synchronicity with life, so you miss opportunities that would serve you and end up in repetitive patterns that can be very draining for all concerned." "The 2nd Shadow allows you to witness your own helplessness as you seek to escape the feeling of dislocation and loneliness. As soon as you enter deeply into this shadow world with your full and honest awareness, it magically appears to change. This shift in your inner honesty precipitates a leap out of the mind and into a newer and far more expansive awareness. One needs to really grasp this insight – you do not change your reality through doing anything. There is a perceptual shift prewired into the DNA of every human being, and when it is activated it occurs in spite of you, as an aspect of your biological evolution. At a certain point your new awareness simply begins to open up. It does so gradually at first, but over time it coincides with a remarkable improvement in the quality of your life. As you see it, so it changes."

REPRESSIVE NATURE – LOST

In the case of the repressed nature, being lost describes the state of being out of alignment with one's true universal destiny. The repressive nature aptly describes the path of materialism and selfishness which follows its own path without regard to the greater environment. Our true destiny is to awaken out of our selfishness to our universality. Those with no sense of the spiritual dimension to life inhabit this state of being lost and the by-product of being lost is misery and suffering. Without the experience of a direct connection to the greater cosmic forces, one has nothing within to bolster one in dealing with life's trials. Life itself seems to have no purpose. Without a cosmic connection within one's being, one will always flounder in the world.

REACTIVE NATURE – REGIMENTED

The reverse pole of this Shadow is the enforcement of an external rhythm or structure over the top of life. This stems from deep anger that has never been resolved. Regimentation actually describes many of the world's great religions, which put themselves between an individual and their direct experience of the Divine. Regimentation can also describe science, which attempts to organise life into some form of meaningful and logical framework. Anything that tries to control life and pin it down emerges from the reactive side of the 2nd Shadow. None of this is to say that religion and science are wrong, except when they serve to obscure the hidden harmony that lies within an individual. The true meaning and purpose of life is only to be found within one's heart – in the mystical experience of moving in perfect synchronisation with all that is.



GENE KEY N° 2

Returning the One

Extracts from GENE KEYS © Richard Rudd

SHADOW : Dislocation
GIFT : Orientation
SIDDHI : Unity

2nd Gene Gift : Orientation

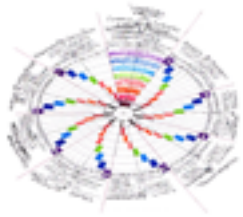
"The Gift of Orientation has two faces. It either comes as a shift in your awareness that then affects your actions, or it comes as a shift in your actions which then catalyses a shift in your awareness. Whichever tone your experience takes there are a number of indicators that precede your permanently residing at the Gift level of frequency. One of the key experiences that people have is an increased feeling and occurrence of synchronicity. Synchronicity is the direct manifestation of the Gift of Orientation – it allows you to peep through the keyhole of existence and place yourself in a wider perceptual context. Synchronicities cannot be forcibly created but flow out of the feminine nature of the 2nd Gift – in other words, they happen when you are not looking. As your awareness begins to operate at its highest biological level – through the solar plexus system – so you fall into an easier rhythm of life. You no longer feel dislocated but begin to experience life in a more and more magical dimension." "As the frequency through the 2nd Gift rises, you live more harmonically and the electromagnetic power of your aura increases. The more you let go into the feminine yielding quality of this Gift, the more universal power floods through you. Your timing becomes more and more fine tuned, so much so that if you find yourself out of harmony the magnetic mineral transducers in your body immediately convey this to your brain. It is through the 2nd Gift that you can see the hidden agenda of life – to bring all beings into awareness of their unity. The magnetic attractor field around a person who is centred in the 2nd Gift exerts a powerful effect on all those around it, meaning that harmony is catching. This is why people who are deeply surrendered and attuned to life's processes can be so empowering. They can intuitively sense how surrendered or resistant others are to the great truth of their universality. Over time, such people bring others into their own personal harmony through the magnetic power of their aura."

2nd Gene Siddhi : Oneness

"The 2nd Siddhi describes the experience of enlightenment or awakening. It is the cornerstone of all the siddhic states, being as it is the essence of the Divine Feminine. The Divine Feminine pole has a great mystery within it, because in a certain sense it cannot be said to be a pole at all. The masculine pole is very simple and straightforward, but the feminine is beyond any sense of reason and understanding. The masculine principle is really an externalisation of the feminine rather than a duality. At the siddhic level there is no such thing as duality. Duality is destroyed by a strange kind of Divine logic. At this heightened level of awareness, mathematics works differently than on the mental level. One plus one doesn't equal two, but always makes three. The only numbers that really exist at the siddhic level are one and three. One is one – it is consciousness resting in its own nature. It is the ultimate state of yin or femininity, or as this 2nd hexagram is often known – it is the receptive." "Words such as receptive, feminine, yielding or mother can be misleading as we tend to understand them as poles with opposites. However, they hint at what lies beyond them, so we need to consider them in a different way if we are to grasp what the 2nd Siddhi really means. This is something that can only be grasped intuitively. Thus when the One externalises itself as a manifestation in form, it has not created a duality, but a trinity. Every duality is really a relationship, and every relationship is really a three – there is a man, a woman and instantly there is also a couple – the relationship itself. In Divine mathematics, the number two is always an illusion – it cannot logically exist. If you can say anything at all about the number two you might say it is a bridge – a dynamic process that is instantaneously transmuted before it is even born. These are concepts that cannot be approached with ordinary logic. Just like the quantum particles in physics that avoid our definition because they appear to be linked to our very perceptual apparatus, oneness cannot be comprehended, only lived. Enlightenment is not an experience. This is a sentence to meditate upon like a Zen koan. If you see oneness as an experience to be attained or that may one day happen to you, then you are caught within that straight line between two points. The third thing is transcendence. It does not occur to you – rather it negates you. Ironically, transcendence does not take you away from life, as its name might suggest – it places you right in the heart of life, where you have always been. It unifies all opposites, ends all riddles, leaves all mysteries just as they are and brings a sense of trust that cannot be described. One cannot even really use a word like trust to describe the Siddhi of Unity because trust suggests duality again – that there is somehow a truster and a trustee. This is the wonderful dilemma of the siddhic state."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 3



SYNERGY AWAKENING CODE N° 3

The Gate of Ordering

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

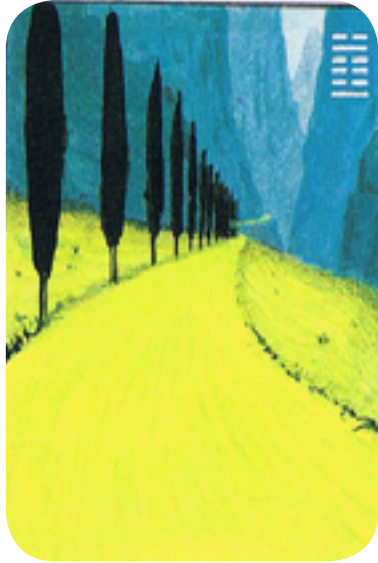
SHADOW : Disparity **GIFT** : Response-ability **SIDDHI** : Tabula Rasa

The 3rd Life Code is of ordering. The original I Ching name is "difficulties at the beginning". And in Human Design, it is the gate of order, the same name used in the synergy awakening codes. Order appears out of the depths of the shadow of chaos.

So, obviously, chaos is the lack of order. If you think about that in your life, and how you try to manifest in the world in an orderly way, and that's the best way to manifest, that if you're in your mind, you're just going to get chaos, because you're going to get other people's ideas of how that ordering is supposed to occur. You're going to get lost in your mind about other people's interpretation and their conditioning upon you of how that ordering is supposed to occur.

And then, as you move into the heart and move down from your mind into your heart, you get into innovation. You tap into the power of ordering as it moves through your heart. As it does so, you realize that you're a unique expression of order. That's what brings about innovation because only you can innovate the way you innovate because it's your unique design that allows you to innovate. And as you tap into the siddhi of innocence, you become one with the universal life force. And every time we hit a siddhi, we become one with the universal life force.

At the gift level, it's more about being in harmony with nature. At the shadow level, it's about getting lost in other people's opinions, ideas and forceful interpretations that were imposed upon you, that created conditioning and created a filter over what the actual force or energy or talent is that we're describing. And that's just that you're an open slate. And existence can write through you into the world, something new that takes the essence of innovation and brings it to the level of, again, the mystical, because the siddhis seem mystical to us, because we're not used to it. But it's actually exactly the way things on the universal level happen.



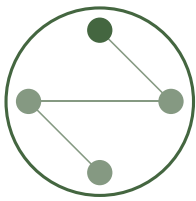
Thunder/Water

Initial Difficulty

The movement of thunder leads to the abyss.

Upon beginning a difficult task, one must prepare oneself well and arrange everything clearly in its proper place. Wait and see, call in helpers. Perseverance brings success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 3

Through the Eyes of a Child

Extracts from GENE KEYS © Richard Rudd

SHADOW : Chaos
GIFT : Innovation
SIDDHI : Innocence

3rd Gene Shadow : Chaos

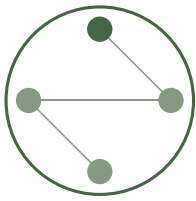
"The original Chinese name for this 3rd hexagram of the I Ching is an unusual expression that is traditionally translated as Difficulty at the Beginning. This is a profound insight because chaos is about beginnings. Modern scientific chaos theory is founded upon tiny variations in initial conditions within a system. In terms of the evolution of life however, the single cell's prime directive is indeed to survive at all costs, which is what forms the consciousness of this 3rd Shadow. The greatest challenge in evolution is always at the beginning because every cell has to learn to fend for itself. Only those that become strong will survive. Likewise, human beings are locked into single-celled consciousness at the frequency of the 3rd Shadow. This is the same consciousness that dominates across our planet, and its by-product is what we call chaos. However, chaos is really only a perspective that conceals a hidden pattern that inevitably leads to order. If life truly were that selfish, it would never have made it off the starting block. According to the law of fractals, the same law that governs single cells also governs individual human beings, which means that early in our evolution we were programmed to survive. Our survival instincts are rooted in the primitive aspects of our brains, which became dominant as we learned to evolve from our apelike ancestors. Most of our modern beliefs and ideologies are based on these ancient aspects of our awareness that are rooted in fear, and we remain walled off within our individual cells. Our mainstream scientific thinking is still based on the divisive worldview that there exists no organising force in the universe other than chance. Likewise our religious thinking is locked into the same single cell consciousness and so we have divided the world into an inside and an outside – an us and then God. What then does all of this really mean, and how does it affect you in your daily life? One answer lies in the polarity of this Shadow, the 50th Shadow of Corruption. It means that you are only trapped by your own thinking – it is you who corrupts the data within your DNA by only allowing in a frequency that activates its most primitive components. The wider you open yourself to the chasm that lies ahead of you, the more you will realise that there never was any chaos. It was all simply the difficulty at the beginning. It is this 3rd Shadow that makes human beings afraid to change, despite the fact that we are wired to change. In order to evolve, a human being must embrace chaos rather than try to protect against it. The 3rd Shadow causes human beings to distrust life itself and therefore adopt the old survival strategy known as dog eat dog. Incredibly, when you trust in chaos and allow your environment to mutate you, rather than trying to control it and stay the same, the greatest magic is revealed to you – that in chaos there is and always has been a vast underlying transformative order."

REPRESSIVE NATURE – ANAL

Our deep-seated fear that life is simply based on chance leads to one of the first great human control mechanisms – that of anal retention. Despite the discoveries made by Freud regarding this phenomenon, it has been known about for millennia by many systems of yoga and meditation. Fear activates a very subtle restriction of the muscles around the anus, which in turn affects our entire breathing pattern. As our breathing becomes shallower, the fear manifests through our need to maintain control over our lives. Almost all human beings suffer from some level of anal retention, ranging from mild to acute. It is only when we begin to touch the core of the primal fear within us that our system begins to let go of this deep-seated tensing of our being. The more we feel and allow the fear, the more we let go into the embrace of the cosmos, and the more we realise how deeply we are held and protected by it.

REACTIVE NATURE – DISORDERED

The adverse reaction to our fear of life is to express it outwardly as rage. The result of this is the creation of the very thing that terrifies us – chaos and disorder. These natures have absolutely no predictable direction, rhythm or purpose. They bring into the world the very vibration that terrifies the repressed nature – sometimes in the form of aggression, sometimes anarchy and always destruction. Again, there are varying degrees of this disease, from the mild to the acute. Every time we stop trusting in life and believe in our fears, we begin to create the vibration of chaos. Whenever that fear turns into anger, even in the most mundane circumstances, it carries a destructive force that will inevitably come back to haunt us. In this sense, all anger that is not owned fully strengthens the frequency of the 3rd Shadow in the world.



GENE KEY N° 3

Through the Eyes of a Child

Extracts from GENE KEYS © Richard Rudd

SHADOW : Chaos
GIFT : Innovation
SIDDDHI : Innocence

3rd Gene Gift : Innovation

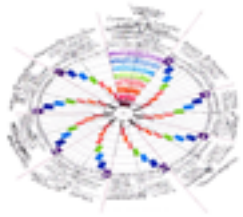
"The Gift of Innovation is far more exciting than simply being creative. It implies that you have permanently escaped the fear-based perspective of the Shadow frequency. Innovation thrives on optimism, although this is not the kind of optimism that is built upon hope. True optimism is the dynamic energy at the heart of creation." "Innovation implies cooperation by its very nature. In order to mutate life to a higher order, you must integrate and synthesise. The path of innovation broadly means to improve something through the introduction of a new element or elements. Those who work with the 3rd Gift are life's great synthesisers because they understand the primal law wound into the substructure of all life – that unity equals efficiency." "The 3rd Gift also teaches us something else wonderful about synthesis which has to do with another often-overlooked human gift – the gift of play. If you truly want to see the genius of innovation, you only have to watch a young child at play. When seen through the eyes of the 3rd Shadow, children appear to create nothing but chaos, but to the higher eyes of the 3rd Gift, a child is the living expression of genius. If we can recall the image of the cellular membrane allowing in certain frequencies from the environment which then impact on our DNA, this is exactly what a young child mirrors back at us. The child both mutates its environment (as any parent knows!) but is also mutated by its environment. The Gift of Innovation requires then that adults also allow themselves to be shaped by their environment. This means that you must be as open-hearted and open-minded as a child. All preconceived notions, dogmas or beliefs must be discarded when they no longer serve the developing synthesis. Innovation also requires a deep sense of inner trust. As you continue to work with this Gift, you continually update and change your position. Even though you may not yet see how everything fits together, you feel the underlying unifying spirit, and above all else you have enormous fun."

3rd Gene Siddhi : Innocence

"This Siddhi reminds us that all of life, and that includes human beings, is essentially innocent. Our most common misconception as human beings is that we are not a part of life. Our mind seems to tell us that we can control life, but in truth this is an illusion born of the brain. Human beings are an instrument of life, an experiment in life, but we can never be masters of life as long as we are only a part of life. Human beings remain a brain-centred species today. We have seen how deeply we feel the need for a centre or a nucleus to be in control of life. This need is expressed within every level of our thinking and at every level of our society. It is epitomised in our need to find a God. The thought that no one might be in control terrifies us! What would happen if the world had no governments? What might happen if we had no religion, education, police, army or money? Because we do not trust life, the only answer we can give to this question is chaos. The truth is that we do not know what would happen, but the child inside us longs to find out. That is what this 3rd Siddhi is all about – it is about no barriers, no laws and no work – just play!" "From reading this 3rd Gene Key and its various levels of frequency you can perhaps feel the wonder and the scale of the experiment you are involved in. As Einstein said: "God doesn't play dice." The human brain was not designed to grasp insights as profound as these. The certainty of order within the universe is a feeling that can only be captured by a more advanced system of awareness in human beings that our mystics have called by many names. Above all it is equated with the human heart and the feeling of love and unity that lies between all creatures. Your true home is not located within your body, nor is there somewhere in the universe a single centre through which everything is orchestrated. The centre you are looking for is the feeling of love itself, which is the omniscient manifestation of your eternal state of innocence."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 4



SYNERGY AWAKENING CODE N° 4

Gate of Formulization

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Rejection GIFT : Concordance SIDDHI : Future Now

The 4th Life Code, which, not only in Human Design but also in the synergy awakening codes, is the gate of formulization.

And in the original I Ching, it is "youthful folly". At the level of the shadow, youthful folly produces intolerance, like handing a child something it doesn't like. It rejects it immediately, says, "nope, not interested, don't even want to check it out, get it away from me." But this, at the level of an adult, it is quite something you know. You can see that it happens to people who have fixated points of view and brings to mind certain religious people whose beliefs have become crystallized and fixated around certain points of view about how reality is or how human beings are supposed to behave. Things like that, that came from centuries old traditions, that are no longer relevant. It's an idea of what formulization at the shadow level of intolerance is about.

As we shift into the heart, we come into the capacity of understanding as we allow other points of view to exist as well as our own. And out of that, we can share an understanding that's more relevant to the now, a formula we can offer that is relevant to the now.

And as we jump into the siddhi level, we're literally coming from a place in the future, because it's the siddhi of forgiveness. Once we get there, we can understand that, even in our evolution, in certain periods and stages when we were less evolved, we didn't have access to the resources we have now, we didn't act in ways that were fully in line with the truth, which in the end is that which supports everything. And so it's easy from that place to preview because we realize, and like with children, we have to forgive in the end because they don't yet understand fully. So forgiveness is a great way of releasing burdens. It's actually the key to release burdens. Your burdens are the conditionings you received from others that you weren't meant to carry. We all have to carry our own cross but that's it, end of story. If you find yourself stuck, forgiveness is one of the quickest ways to move forward in your life. That's the key here.



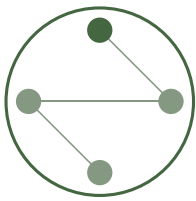
Water/Mountain

Youthful Folly

Water bubbles up from spring, seeming to depart from the mountain. It does not yet suspect that at the end of its journey stillness awaits it again.

Much strength, but little experience. Recognise your situation and look for a teacher. Clear instruction is necessary. Avoid useless questioning. Perseverance brings success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 4

A Universal Panacea

Extracts from GENE KEYS © Richard Rudd

SHADOW : Intolerance
GIFT : Understanding
SIDDHI : Forgiveness

4th Gene Shadow : Intolerance

"The 4th Shadow is essentially a misuse of one of the great gifts of the human mind – logic. The power of this 4th Gene Key is the power to read and solve logical patterns, and as we shall see in the case of the 4th Gift, this ability leads you to a universal understanding of the rhythmic patterns and tendencies of all life. However, at a low frequency based on emotional reaction or over-reaction, this Shadow uses the power of distorted logic to support and uphold its volatile nature. In other words, if the 4th Shadow has a bad day and decides it doesn't like someone, it will find a whole list of logical reasons to support its dislike. This is what intolerance really is – a slanted perspective of logic. At the Shadow frequency, the mind is actually given the authority to make important life decisions, and this is often disastrous because its true role is not to decide anything. Its true role is to understand and communicate."

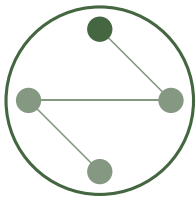
"The human logical mind is actually not designed to take sides. The essence of logic is its foundation upon objectivity, but in the hands of fear, objectivity dies and logic becomes subjective, even at a collective level. You may wonder how something can be both collective and subjective. Racism and prejudice are examples of genetic or ancestral fears that manifest through certain population groups who then reinforce these fears through subjective logical argumentation." "The underlying nature of all the Shadow states is fear; in the case of the 4th Shadow, fear is projected onto others and then reinforced through taking a defensive (and sometimes offensive) mental position. This is how intolerance is created, and it is sometimes extremely subtle. Intolerance bases its position on opinion rather than fact. If you took the time to examine the other side of the argument, you would immediately understand that your opinion is rooted in a deep-seated emotional fear of something." "The 4th Shadow is endlessly restless in its need to examine patterns and resolve questions. One answer is simply replaced by another question. The role of this Gene Key is to understand, but understanding cannot come through the mind itself. This is the essence of the 4th Shadow's dilemma, and it keeps many people from realising its Gift. Understanding, as we shall see, only comes when you realise that your mind can never truly understand anything! Before you come to this huge inner realisation, you will live your life under the influence of the 4th Shadow and its persistent promise that it will one day arrive at an answer that brings you lasting peace. This is youthful folly, because only after much anguish and experience do you come to realise that there are no intellectual answers that bring about such peace. There are only two options for the 4th Shadow – you either settle for a one-sided opinion and deny the other side, or you become lost in the fruitless quest to bring an end to the feeling of uncertainty that lies deep within you. Unless you make the leap into the true understanding of the 4th Gift, you have no choice but to be caught in eternal misunderstanding and intolerance."

REPRESSIVE NATURE – APATHETIC

When the mental dynamism of this 4th Gene Key is frozen by the unconscious fear of a repressive nature, the result is an apathetic mind. An apathetic mind is a collapsed mind that is no longer bright or intelligent but has given up on understanding anything and sunk into a kind of mental lethargy. These people believe themselves to be less intelligent than others, when in fact they are really paralysed by an unconscious fear. Their fear is that they will have to assume responsibility for themselves, their decisions and their actions. Instead they choose to have no opinions about anything. Such people can pretend to be quite enlightened and very open, but there is a vital energy lacking inside them. Thus they can have problems in motivation as well as with their health. To escape their apathy, they simply have to start thinking again, but without letting their thinking rule their lives.

REACTIVE NATURE – NIT-PICKING

In the reactive nature, thinking does rule a person's life. The reactive nature projects out its eternal need for answers to questions, and it does so in the belief that these answers will bring them a sense of security. When they discover that this is not so, they become angry and blame someone -often the person or system that they supposed would give them all the answers! These people cannot let go of their need for some feeling of resolution so they make their mind the authority for bringing about this feeling, only to be endlessly disappointed. These people, above all, need to find a way to let go of the hope that their mind can ever bring them solace. When they do this, they can finally stop projecting their eternal disappointment onto others and begin to find a new awareness arising in them, outside of their mind.



GENE KEY N° 4

A Universal Panacea

Extracts from GENE KEYS © Richard Rudd

SHADOW : Intolerance
GIFT : Understanding
SIDDHI : Forgiveness

4th Gene Gift : Understanding

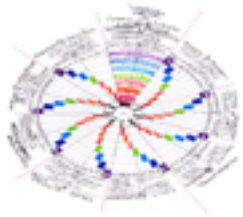
"The Gift of Understanding has nothing whatsoever to do with knowledge. Knowledge is what your mind thinks it needs in order to take away its permanent feeling of unease."
"Only true understanding can bring peace along with it because true understanding lies outside the domain of the mind. Understanding is of the whole being, and it does not and cannot require agreement from the cognitive capacities within your brain." "If you allow the 4th Gene Key to run its natural course without giving it the responsibility to make decisions, it actually does something quite magical – it propels your awareness out of the mind." "The Gift of Understanding is the only answer that will satisfy a person's dissatisfaction, and it must come about through the exhaustion of your mind rather than any other way. When you look logically at all angles of any concept, you begin to realise that nothing can ultimately be proved through logic, because logic can always be used to prove the opposite. When you finally see this, your whole being lightens because you realise once and for all that the mind is of no use for resolving anything of real importance. This in turn releases the mind to do what it loves best – research and communicate and play. When the 4th Gift is freed from having to solve your existence, it finally comes into its real genius– to play with the patterns of existence and arrange them in new and original ways. When you have the feeling of visceral understanding deep in your belly, your mind is no longer hampered by the need to defend your own viewpoint. In fact, you realise that all logical formulae can be manipulated to prove or disprove anything. The higher frequency of such understanding also brings with it the urge to be of service to the world, and you can use the mental alacrity of the 4th Gift to follow the dictates of your higher self. This newfound genius at seeing the underlying patterns of life also affords you direct access into another aspect of this 4th Gift – the ability to understand people." "The very nature of understanding is to bring about improvement for society in general, since the dynamic energy within this 4th Gift is still experienced as a certain restlessness. Whereas at the Shadow level, this was the restlessness to resolve your own insecurity, at the Gift frequency this becomes the restlessness to resolve the insecurity within society in general. Thus understanding always carries within it the seed intention to solve the problems of intolerance and division in the world."

4th Gene Siddhi : Forgiveness

"The 4th Gift forms the launch pad for an even more refined frequency – the Siddhi of Forgiveness. Forgiveness is born out of understanding, but it occurs when a being makes a leap beyond understanding. Forgiveness is a stage further on from social revolution." "Forgiveness is the thunderbolt that is released when a being attains Christ consciousness. It is like a kind of cosmic warmth that melts the borders and boundaries within the world of form. Forgiveness allows the Truth behind all form to be seen. Further than that, it allows one to see through and thus become one with Truth. There exists a great mystery about the power of forgiveness concerning time. Forgiveness represents an involving force rather than an evolving force because it literally comes from the future towards the past. It is a Divine quality that descends, like Christ, into the world of form. In descending into human form, forgiveness lays its hand upon all humanity and works its way back through time, burrowing into our collective past, releasing and freeing energy that has lain trapped and stagnant for aeons. Forgiveness moves down the ancestral bloodlines of all humanity in this way, dissolving genetic blocks and lifting karmic curses wherever it travels." "The 4th Siddhi is a primary agent of Divine Grace, that is to say it does not adhere to human laws. It concerns the resolution of old debts, at all levels. At a purely individual level, the whole process of human incarnation is based around the notion of karmic debt. Until you have paid off all your debts, particularly through your relationships, you cannot escape the game of incarnation and reincarnation. Because it is also a part of the Ring of Union, the 4th Siddhi's ultimate role is to bring humanity into a collective union through the resolution of karmic debt, individually, racially and mythically. In the material realm we will see this manifesting one day through nations forgiving each other their financial debts. Forgiveness as such is really a collective phenomenon, which is why we humans have never been able to control it or fake it. It falls upon you like a surprise, and something inside you opens up that was previously choked. It really is a miracle."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 5



SYNERGY AWAKENING CODE N° 5

Accordance

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Resistance GIFT : Flow State SIDDHI : Eternal Now

The 5th Life Code is the gate of waiting in the original I Ching hexagrams, and in Human Design it's the gate of fixed rhythms. In the synergy awakening codes, it's about being in accord. If you're in tune, you're in tune with all things and whatever you're tuning into, you're in accord with it.

But obviously at the shadow level of resistance, instead of a fixed rhythm that's naturally in accord, there's going to be resistance and a lot of impatience. We know when we get into impatience and wanting things to happen in a way that's not in synchronicity with the flow of things, and the flow and the opening of events, because everything takes its time. And the more things you put together, the more time that's going to take for those things to come into accord with each other. And so impatience is basically defeating the purpose, going against the flow and creating a field of resistance. Resistance is nature's way of slowing down a process that is out of synch with its surroundings.

And when you realize that you are out of synch and from the heart space you accept that you will immediately mature that into what the gift space is, at least the possibility of tasting what the gifts space is. When you do that here, at the fifth life code, you enter the flow state and patience. Patience is that you allow each thing to open as it is when it opens, and you're perfectly in harmony with that. And then when you drop into your being and are touched by the emanations that can appear to everything in existence through the Fifth Life code, you open into the eternal now of timelessness.

There are so many things that become accessible when you get to the siddhi levels. In this case, when it comes to timelessness, allow yourself to be at one with whatever it is you're doing. The more you can drop into whatever the situation is, without any resistance whatsoever, and just get into the flow of the energy of it, it will allow you to touch the divine in that moment and enter into a space where the original pattern is encoded throughout all existence that's beyond any specific localized form of its expression.



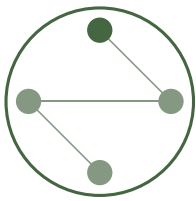
Heaven/Water

Waiting

The rising force of heaven is facing danger in the form of rain clouds.

Gather strength calmly and wait for fate to be fulfilled. Do not worry and take everything as it comes. If one does not deceive oneself, the path is clearly visible. Strengthen body and spirit. Perseverance brings success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 5

The Ending of Time

Extracts from GENE KEYS © Richard Rudd

SHADOW : Impatience
GIFT : Patience
SIDDHI : Timelessness

5th Gene Shadow : Impatience

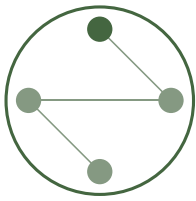
“Within the 5th Gene Key lies the great secret of the timing of life. This Gene Key is about trusting or not trusting universal rhythm and natural timing. It sets the rhythms of the seasons, it fixes the timing of cell growth and decay in every living creature and it governs all patterns of animal and human migration. As we have seen, all distrust concerning the timing of life manifests in human nature through the 5th Shadow of Impatience. This impatience is one of the greatest causes of disease on the planet, for it will undermine your health and well-being and cut you off from the very heartbeat of life. In a certain light, impatience can be viewed by human beings as a positive trait, since it can goad you into action instead of remaining complacent. This is a mistaken impression since impatience is rooted in agitation and all action arising from agitation is out of harmony with the whole. There is a vast difference between acting out of impatience and acting out of resolve. Impatience is not a natural feature of human character; rather it is the result of a loss of your natural rhythm at a biological level. If you are feeling impatient, your breathing has become shallow and your nervous system is over activated. Your core feeling is that all is not as it should be. Of course this feeling is absolutely untrue. Everything is always exactly as it should be. What has happened is that you have fallen out of your natural state – the state of trust. Impatience is always rooted in the mind and as such is unique to human beings because of the unusual nature of our neocortex which processes information in such a way that we perceive everything as happening in time – with a past, a present and a future. The only way to escape impatience is to escape the mind and its realm of time, which is precisely what happens at the higher frequencies of this Gene Key.” “In summary, this 5th Shadow of Impatience is nothing more than a low frequency human response to a particular set of environmental conditions. Like all the Shadows, it is simply a matter of perception and attitude. Time always moves according to your perception or mood. If your breathing is calm, rhythmical and deep then time appears to dissolve. At the highest frequencies of this 5th Gene Key, you do not even notice time. The more you become aware of your own impatience and restlessness, the deeper you begin to sink into your true centre and the less you are concerned with time and timing. This is the birth of a higher frequency, and that frequency is what we call patience. This 5th Gene Key contains the most beautiful of equations – acceptance equals patience because the deeper you enter into your fears the more patient you become.”

REPRESSIVE NATURE – PESSIMISTIC

It is interesting to consider that pessimism is really rooted in impatience. One of the key features of all repressive natures is collapse. If you have a repressive nature, then you have at some level moved through some kind of energetic collapse. When impatience drives a person to give up on life, it manifests as pessimism. Pessimism is nothing but the vestige of a complete loss of rhythm in one's life. It is an expression of a deep-seated fear that nothing can or will ever get better. Pessimism pulls one into a downward spiral, feeding on itself over and over until it finally ends in crisis or some kind of psychological and/or nervous collapse. If a person has been swept into pessimism there is nothing proactive they can do to break free. As their friend or an observer, you must trust that life will create a crisis for them, because eventually it will. Only such a breakdown or breakthrough has enough energy to snap them out of their pattern.

REACTIVE NATURE – PUSHY

The anger-based version of pessimism is pushiness. This is simply a different type of nervous system, and it reacts to impatience in an extroverted manner rather than collapsing inwards. Pushy people are constantly trying to force life's flow. They push others around, becoming tetchy and aggravated, and can suddenly lash out for no apparent reason. These people also tend to manifest very inharmonious situations where natural timing is out of synchronisation and nothing seems easy, as though life were deliberately blocking one's path. Even so, these kinds of natures stubbornly push on, making the situation worse and worse until something or someone has to snap in order to release the pressure. You can see how resistance to the natural patterns of life eventually brings one to a turning point, both in the repressed or reactive natures. At such turning points, the only decision is really – do I want to begin living again? Whatever a person decides, it must be respected as a part of the wider pattern of life.



GENE KEY N° 5

The Ending of Time

Extracts from GENE KEYS © Richard Rudd

SHADOW : Impatience
GIFT : Patience
SIDDHI : Timelessness

5th Gene Gift : Patience

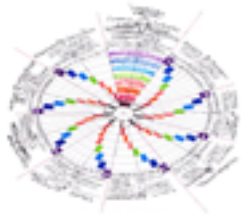
"Patience is about Trust. These two words have very similar meanings. If you trust in life, you will trust life in every moment, even the challenging moments, and in so doing you will always remain in the flow. As you live your life you may notice many rhythms all around you and it is the underlying presence of these rhythms that makes you feel stable. The most obvious annual rhythm can be seen in the shifting of the four seasons. If you are inwardly quiet, the passage of the seasons will make a very powerful impression within your psyche. It tells us some very deep truths – that spring always follows winter, for example. In your daily life you will experience periods of winter where resources may be scarce, where you may feel lost for a while, or when you simply feel melancholy for no apparent reason. Such stages are built into life, and if you are patient they change of their own accord and they always reveal some magic." "The 5th Gift of Patience is a far greater gift than it may sound. Patience, when really experienced deep within the body, leads to the opening of your heart and the consequent turning on of a higher code within your DNA." "The more you are able to settle into a deep trust and patience with the rhythm of your own life, the more your heart will open and the softer and more yielding you will become in your attitude to everything and everyone that comes your way." "The gifts that come to the patient person are not only inner quietness, but also integration. When you wait and allow life to reveal its natural rhythms, you also come to realise that life knows best. Hindsight shows you repeatedly that life is constructed of beautiful and perfect patterns woven into wonderful tapestries and that your individual life follows such cosmic patterns. If you know how to wait calmly, you will realise that you are always a part of these wider patterns, and that they actually support you at all times – even the most challenging times. Above all, the Gift of Patience allows you to hear life's music. It tunes you into the subtle metronome behind your life. It allows you to breathe deeply into your belly and never feel trapped by your outer life situation. Patience smoothes rough edges, keeps your heart and mind open and makes life seem simple and easy. When you become impatient, even for a moment, you have stopped listening and trusting in the greater life. For these reasons, it is patience that has always been the true gauge and measure of the greatness of a person's soul."

5th Gene Siddhi : Timelessness

"It is here in the 5th Siddhi that the great secret known as enlightenment lies waiting. The highest code can only be awakened by the flood of high frequencies contained within the spectrum of light. This is why the ancients named the phenomenon of awakening enlightenment. The more you open yourself to higher frequencies of light, the more heightened the vibration becomes within your cellular DNA. Awakening usually occurs in a rhythmic or logarithmic manner. That is to say that the body is periodically flooded by higher siddhic frequencies prior to full-blown enlightenment. The distance in time between such events decreases by approximately one half every time it occurs. The body is readying itself for an experience that will alter its own functioning permanently." "At the level of the 5th Siddhi, patience itself is completely transcended and something wonderful happens – you as a separate entity cease to exist! Impatience and Patience are two ends of the same spectrum and as such they are rooted in the existence of time. There is a fascinating lesson to be learned from the Spectrum of Consciousness, and patience is the only key that allows you to see this lesson. All beings in life are waiting. Life itself can be seen as a waiting for death. We each wait for the future to reach into us, and as it does, so we see what life has planned for us. Consciousness dances through our vehicles in unique archetypal patterns. Sometimes we may find ourselves struggling in a Shadow state, whilst at others we feel a deep sense of peace. Our lives are like the candle flame flickering in the winds of duality – impatience to patience – fear to trust and back again endlessly. A siddhic state is different from this. In the siddhic state, you have jumped out of the game. You are not identified with the candle flame, even though it may go on flickering. You cannot talk in terms of patience or impatience because you cannot talk in terms of time or identity. This is the meaning of the Siddhi of Timelessness. Timelessness is the nature of consciousness itself. It is unborn and undying. Timelessness does not care whether the body is exhibiting patience or impatience. It simply is. Timelessness is thus the death of all fighting. Patience and impatience are not absolute states. They are the poles within life, experienced through human awareness. Only timelessness is an absolute state, a siddhic state." "In other words, when you stop trying to leave the Shadow frequency, only then can the paradox happen – when there is no more fight left in you."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 6



SYNERGY AWAKENING CODE N° 6

Friction

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Conflict GIFT : Diplomacy SIDDHI : Peace

The 6th Life Code is the spectrum of emotional possibilities in the human experience. In the original I Ching, it is the hexagram of "conflict". It is also the gate of friction in Human Design, the synergy awakening codes and the gene keys. So the shadow is conflict.

At the shadow level the energy is of conflicting emotions coming together arising from a mentally created condition of unresolved tension and that wants to force something through and there's always going to be conflict. It's literally like two things scraping across each other and creating sparks. That's what the shadow level of the sixth life code brings about.

But as you accept that, and let it drop into your heart, love yourself in that place. The constrictions are released from around that. You enter into diplomacy. With diplomacy, you're tactfully learning how to express your emotion while also allowing an exchange of other people's emotions through you. So each of you are feeding each other with your emotions and adding to each other's emotional experience. That's diplomacy and it opens up a completely different energy.

And then, ultimately, at the source. In the creation of what is, truly the source of emotion of all emotion is peace. It's the subsistence, the peaceful subsistence and coexistence of everything, at all levels of existence, and allowing everything to exist within everything else. Everything to be mirrored through everything else from the emotional level.



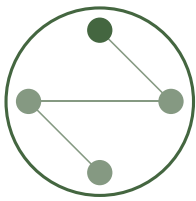
Water/Heaven

Conflict

Water strives downwards, heaven upwards. Father and son have different views.

Conflict arises when each party believes himself to be in the right exclusively. Do not take any important steps, nor try to finish your task now. Stop and seek advice.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 6

The Path to Peace

Extracts from GENE KEYS © Richard Rudd

SHADOW : Conflict
GIFT : Diplomacy
SIDDHI : Peace

6th Gene Shadow : Conflict

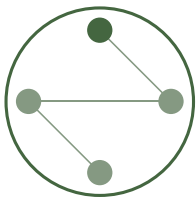
"The 6th Shadow can be interpreted individually through relationships or collectively through communities. At an individual level, this Shadow manifests through your emotional state. If you have ever been emotionally repressed through shame or guilt or abuse, the entire culture within your being has been disturbed. Likewise, if you are utterly ruled by your emotions, there can be no sense of harmony inside you. It is well known how much your emotional state influences your biological health. If you are stressed emotionally your body will suffer." "Human beings are unconsciously addicted to conflict. We long for peace individually and globally, but our collective low frequency ensures that we keep reinforcing the patterns of conflict. Nowhere is this seen more clearly than in our relationships. The conflict between male and female is part of the oldest wound there is, and it is hot-wired into our genetics. You are genetically sub-programmed to defend yourself from the opposite sex, and until your frequency rises above the emotional gravitational pull of the opposite sex, you can never really know peace. This is the deep irony of the 6th Shadow – to bring an end to conflict, you have to give up your attraction to the opposite sex. Sex and war are deeply interrelated. This is a profound and perhaps disturbing truth for many people, and especially so because there is nothing we can do about it. Human sexuality can only be transcended through physiological mutation, which is dependent on the extent of your connection to the higher planes of reality." "The 6th Shadow is about maintaining boundaries and borders. It is about who is included and who is excluded, and its entire basis is defence. The 6th Shadow causes you to believe that you have to defend yourself from danger. You can see this at both an individual level and a national level. Your emotional defence strategies are primarily laid down during your second seven-year cycle – from the age of 7 until 14, as you navigate puberty. An enormous amount of life energy is tied up in protecting ourselves from the volatile emotional situations we felt as children. Unless we enter some deep process of de-conditioning, we will continue to carry these defences throughout our adult lives. In the same way, on a national level, we invest the majority of our energy in defence. The aggregate world defence budget is equivalent to well over one thousand billion dollars. One can only imagine how different the world might be were even one tenth of this sum used in a creative way. The 6th Shadow is the reason we cannot create world peace. Until such time as human beings move through an emotional revolution at an individual level and find peace in our relationships, this Shadow cannot be transcended. However, as we shall see, it is also written into our human story that revolutions do occur, and in fact one of the biggest is beginning right now."

REPRESSIVE NATURE – OVER-ATTENTIVE

The repressive nature of the 6th Shadow is concerned with maintaining peace between people, regardless of the cost. This pattern is based entirely upon fear and means that these people will totally compromise themselves in order to maintain control of their emotional environment. This is the defence pattern of over-attentiveness, and these are the people pleasers. The repressive nature will sweep conflict under the carpet by adopting any behaviour that will keep it at bay. The problem here is that unless conflict is dealt with transparently it tends to eventually explode. The over-attentive nature is at its core deeply false, which means that it will invoke unconscious distrust in others. Overattentive natures also tend to draw tactless natures to them, resulting in some spectacularly dysfunctional relationships and family dynamics. When these people finally develop the courage to face conflict, they realise it is never as bad as they feared.

REACTIVE NATURE – TACTLESS

The other side of this 6th Shadow is unable to contain its emotions at all. Lack of emotional tact and timing betrays a low frequency nature that inevitably results in a backlash. These people are always finding themselves in difficult emotional situations, which they make worse by giving vent to their anger, as well as projecting it onto others. They are unable to take responsibility for their own volatile feelings. Their most common defence is to lash out and then storm away. The dilemma of the tactless nature is that it is deaf to its own lack of tact. These people assume that the problem is always in the other person which, unfortunately, earns them no friends and makes it very difficult for others to get close to them. The only kind of person who will remain with such a pattern is the over-attentive nature described above. The secret to breaking this pattern is for reactive natures to take full responsibility for their emotions, instead of remaining stuck in a teenager mentality.



GENE KEY N° 6

The Path to Peace

Extracts from GENE KEYS © Richard Rudd

SHADOW : Conflict
GIFT : Diplomacy
SIDDHI : Peace

6th Gene Gift : Diplomacy

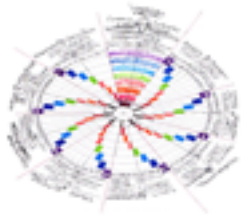
"At a heightened frequency, the 6th Gift pulls rapidly away from the world of conflict and argumentation. This is the Gift of Diplomacy – the ability to adjust your own behaviour to create a harmonious exchange with others. This gift is a by-product of opening your heart to another person. As you become clearer about your own emotional conditioning, you begin to feel more peaceful. Because this Gift is so deeply connected with the pH balance in your physical body, it also has the effect of stabilising the emotional aura in your environment. In other words, when one is able to see and own their unconscious projections, they actually rupture the collective Shadow patterns wherever they go. If one person is not playing the reaction/blame game, the other is forced to come to terms with his or her own demons." "People displaying the 6th Gift are always attuned to the right timing of how to act and what to say through the strong resonance field of their aura. These people can physically feel into another person's aura. They can do this because it is a specific genetic gift and also because they are emotionally mature. Emotional maturity means that your awareness operates even during the most profound emotional states. As you become more and more aware of your own emotional patterns, the frequency passing through your emotional system is released and quickened. This makes you much more sensitive at an energetic level, like an early warning system for conflict. When you are operating out of this 6th Gift you can sense conflict in others before it even arises. This enables you to temper your own actions and/or words to disperse the conflict." "The Gift of Diplomacy is far more than the ability to speak the right words, however. That is a mere surface skill that can be mastered by anyone even at a low frequency. True diplomacy is an energetic gift operating through a person's aura. Because this 6th Gene Key is so embedded within human sexuality, it is about the penetration of borders and boundaries. Because of the 6th Shadow, there is tremendous friction between the opposite sexes. Both sides are so busy defending their individuality that there is very little real love or connection. But this friction is maintained only as long as each party hangs on to its defences. As the 6th Gift enters into human relationships, the emotional barriers begin to break down between people. The 6th Gift catalyses the process of dissolving the natural friction between opposites and in doing so, it allows a far greater exchange of energy between them."

6th Gene Siddhi : Peace

"The 6th Siddhi is the final result of the process that occurs in the 6th Gift. The 6th Gift is marked by a constant balancing of opposites. In this sense, diplomacy requires a subtle effort since it is juggling within the realms of duality. However, at a certain point, this process spontaneously gives way to the 6th Siddhi and duality itself is transcended. You might say that whilst the 6th Gift is the activity that maintains peacefulness, the 6th Siddhi is peace itself. Peace is the reality that is experienced once all boundaries have dissolved. It is the true nature of humanity." "The sense of peace that emanates from these revelations is indescribable. All your defences disappear and your boat becomes empty. Paradoxically, at the same time, this very emptiness is flooded by everythingness. Profound changes occur within your physical body before, during and after this realisation. Since your outer walls have dissolved, the process is mirrored within your body chemistry and all inner conflict comes to an end. It is as though all the cells within your body make peace with each other and experience their own inner Garden of Eden. In this sense, the true Garden of Eden is the body itself. The waves of peace that accompany this event travel deep into the collective consciousness of all humanity. To be in the physical presence of the 6th Siddhi is to bathe your body in its truth. It is to experience greater awareness than your own, travelling physically and emotionally through your body. Because the current human form is not designed for these heightened states of consciousness, some strange phenomena can occur within the body of someone experiencing this Siddhi." "On a collective level, the 6th Siddhi will be the very last Siddhi to fully mutate in the coming shift in global consciousness. Only when peace is recognised on earth as the natural state of our collective consciousness can the future vehicle of humanity be built. In other words, the myth of world peace is the pretext for building the future body that will take us beyond form itself."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 7



SYNERGY AWAKENING CODE N° 7

Collective Intelligence

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW :Division based on superficial comparison **GIFT** : Guidance - The Way of The Heart **SIDDHI** : The True Dharma and The Natural Order

The 7th Life Code in the traditional I Ching hexagrams is called "the army", but as we're moving into the future, the whole concept of the army is dissolving into collective intelligence, the "our me".

In the synergy awakening codes this is the design of the power of collective intelligence, how we organize ourselves as a collective to move into the future, in the most optimal way, on all levels. And the shadow of that is division based on superficial comparison. In other words a race to see who can do that the best, i.e., the most efficiently.

Division is the shadow of this life code in the gene keys. Because at the level of the mind, we're making conditioned judgments about how things should be organized based on the surface of appearances and not taking anything in through the heart space.

The heart space, which is the gift of guidance, is about the way of the heart, and it moves you in a totally different way and here it is the mind follows the heart. That's the way of nature. We are all designed to follow our hearts and use our minds to organize our experience based on what comes from the information we get from our heart, because our heart is based on holograms, and taking things in as a whole. And it's much smarter and quicker, infinitely quicker than the mind. The heart sees the whole picture, it literally gets it all in one intuitive flash, and then it is up to the mind, through its innate intelligence, to figure out the best way to bring about that vision into life in the most practicable way.

And then as we dive into the siddhi, which is the siddhi of virtue, that in my experience is the true Dharma and the natural order, because everything has a way of being in existence. And if we can reflect that in this world, we will have a definitely enlightened society.



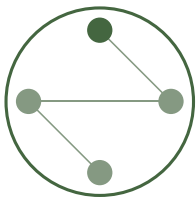
Water/Earth

Army

Water is hidden in the Earth. Inwardly danger hides, outwardly discipline rules.

Organisation and discipline are the most important elements. A strong leader can guarantee it, but only if he knows how to maintain good relations with his subordinates. Perseverance brings success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 7

Virtue is its Own Reward

Extracts from GENE KEYS © Richard Rudd

SHADOW : Division
GIFT : Guidance
SIDDHI : Virtue

7th Gene Shadow : Division

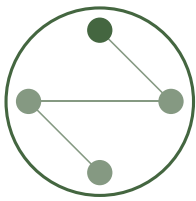
"The 7th Shadow of Division is one of the main reasons human society operates in hierarchies. Not only is this Shadow responsible for the manifestation of hierarchy, but it also makes you think in terms of hierarchy. We have become so used to thinking this way that we no longer conceive that another way might exist. Hierarchy is based upon division – it divides human beings into social classes, economic classes, racial castes and political wings. The reason for this division is rooted far more deeply than our psychology – it is actually stamped upon our genes. It is through the 7th Shadow that we are programmed to follow leaders, and it is also through this Shadow that certain people are programmed to behave as leaders. The entire issue of leadership and power are contained within this Shadow. The ancient Chinese named this 7th hexagram of the I Ching The Army, which is extremely fitting. The army represents the real power in a country on a political level and if you don't control the army you have no real power. This symbol of an army also represents the idea of power through force, rather than power through inspiration, which is the true nature of leadership expressed through the 7th Gift and Siddhi. This Shadow always rules by force, and today it runs the political systems across the whole expanse of our planet." "Wherever you recognise another as an authority or guide, the 7th Gene Key is at play. In the case of the Shadow frequency, like attracts like – in other words, someone at a victim level of consciousness will be drawn to someone who further strengthens that same energy frequency. If you are weak, you will magnetise those who reinforce your weakness and even play on it for their own benefit. It can be a huge shock to people when they realise for the first time that they have been playing out this victim consciousness all their lives. An even deeper shock is the discovery that most authority figures in the world today – our doctors, therapists, business advisors, even our spiritual teachers – are in the business of serving the Shadow of Division." "On an individual level, you must be ever watchful of your own tendency to give other people authority over you. The 7th Shadow usually does not see the hidden agendas of certain leaders until it is too late. It is all too easy to compromise your own authority to someone in a position of power or to someone with a great deal of charisma or personal charm. The mark of a true leader is one whose main interest is in empowering you to lead yourself rather than binding you to them. Ironically the false leader always tries to hold onto you whereas the real leader always tries to get rid of you! There is absolutely nothing wrong with looking to another with respect or reverence. It is a completely natural stage of the human journey. The trick is to find a person who can truly listen to you. The real leader is the ultimate listener – he or she will empathise so deeply with your suffering that you will finally give yourself permission to embrace it without fear, which will enable you to transcend it."

REPRESSIVE NATURE – HIDDEN

When the 7th Gene Key is repressed, it simply fails to manifest in the world. These people carry the genetic imprinting for recognition as leaders, but remain hidden. This creates immense pressure within them as well as frustration and resentment, all of which can manifest as physical symptoms in the body and emotions. The world today is actually full of hidden leaders living behind shadow veils that prevent others from seeing them and benefiting from them. The force that prevents a person's recognition comes from within that person and has nothing to do with what they do in the world. Thus for these people to step into leadership, they must first recognise the power within themselves. As they do, a great tide of optimism and intelligence is released back into the world, which instantly gains them recognition from society at large.

REACTIVE NATURE – DICTATORIAL

The reactive side of the 7th Shadow knows well that it is a leader, and takes full advantage of this by abusing its position. These people use those who follow them to their own advantage, thus reinforcing their status as followers. True leadership encourages people not to rely on others, whereas this style of leadership demands complete reliance, either through pure power of presence or through subtler means. These people are masters of patterns, and can manipulate others by locking them into certain patterns. These can be intellectual patterns of thinking or belief, powerful emotional games, or materialistic patterns involving money. The game is to trap followers into believing that they need leadership. Naturally such leaders only attract followers who want to remain at a victim level of consciousness.



GENE KEY N° 7

Virtue is its Own Reward

Extracts from GENE KEYS © Richard Rudd

SHADOW : Division
GIFT : Guidance
SIDDHI : Virtue

7th Gene Gift : Guidance

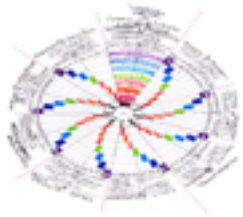
"True leadership, like true education, does not impose itself on anyone. It is the gift of being able to help others find their own way forward in life, rather than taking away their individual power. This is precisely what is meant by the name of this 7th Gift – the Gift of Guidance. As was discussed in the 7th Shadow, it is the driving force behind leaders that determines what kind of followers or supporters they will attract. At the Gift level of frequency, we see the move away from fear towards service. Leaders operating at this frequency are able to think at a collective organisational level – they know that unless individuals are suitably self-empowered the organisation will not thrive. To this end, people with the 7th Gift are strong supporters and implementers of schemes that allow individuals more power, creativity and autonomy at all levels of society." "The 7th Gift of Guidance rests upon the ideal of service. To truly guide another person or group of people, you need to put aside your own opinions and judgments and listen intently to their needs. Great guides are great listeners. Sometimes simply by being listened to in the right way, a person finds the answer to their problem without direct input from the guide. People with the 7th Gift have a powerful magnetic presence, and just from being in their aura, you can come to deep clarity about your own direction. These people can in particular help others to see future patterns. This does not mean that they literally can see the future, but that their guidance is in alignment with future trends. It is this quality of being ahead of the crowd that marks these people as leaders." "People with the 7th Gift do not lead from the front, but guide the energy of the group itself. They create a space in which an organic team harmony can develop on its own, with minimal interference. They are often content to allow others with the requisite gifts to stand in the limelight while they lead quietly from behind the scenes, and in this sense the 7th Gene Key is an archetype of the power behind the throne. This is the true meaning of Guidance – trusting in the life process, rather than forcing matters by taking control. This ability to surrender to life itself is the foundation of true leadership."

7th Gene Siddhi : Virtue

"Despite many interpretations of the word virtue, true virtue has nothing to do with our concepts of morals or behaviour. Anyone can behave in a pseudo virtuous fashion, yet have none of the power of this Siddhi. We saw throughout the 7th Gift how deeply this Gene Key is connected to the issue of leadership. In every pack of animals, there is an alpha – one animal that the others automatically follow. Among human beings this too is the case. Leadership is determined by genetics, but quality of leadership is determined by the frequency passing through those genetics. At the Gift level, we saw how the authoritarian style of leadership gave way to the more democratic style of the facilitator. Here in the 7th Siddhi, we find visionary leaders, but far more importantly, we find virtuous leaders." "True leadership is analogous with virtue. However, the world has seen very few true leaders. This 7th Siddhi waits for specific times in history when the frequency of the mass consciousness is elevated enough for it to be recognised. If the conditions are not right, then these people pass unrecognised at a collective level of society, even though they may have great influence on a local level. In the Tao Te Ching, the sage Lao Tzu speaks about true virtue as it impacts society through the superior man. Even though the language may be archaic, the message is pure – the secret of virtue lies in complete surrender to nature. Indeed, the word Te in the title of this profound work is a word generally translated as virtue. It was also through this book that a wonderful and oft-quoted saying was born: "Virtue is its own reward." Therein lies the other great secret of virtue; it lies beyond the need for recognition and beyond the need to be of service. Virtue is simply the unimpeded expression of nature through men or women living at their zenith." "Virtue has been a deeply misunderstood Siddhi over the centuries. Those beings in which this Siddhi has manifested have indeed led exemplary lives. The 7th Siddhi contains the seed of the future man and woman – an archetype of perfected behaviour that few normal people can live up to. The confusion has come about because people at lower levels of consciousness try to emulate the behaviour of those in whom the siddhic state is flowering. This creates deep tension because virtue is a final flowering, rather than a path in itself. The Siddhi of Virtue is a guiding purity that pulls humanity into the future. It constantly bubbles beneath the surface of humanity. Every truly virtuous deed done by human beings represents an upsurge in the consciousness of the totality. This Siddhi is in fact our insurance policy that we will never destroy ourselves. Everywhere, every day, people commit small and often unseen acts of virtue, and the power of these acts is incalculable. They actually offset the powers of chaos."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 8



SYNERGY AWAKENING CODE N° 8

Unique Contribution

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Herd Consciousness GIFT : Your Signature SIDDHI : Manifesting Spirit

The eighth life code, in the original I Ching is called "holding together". And in Human Design it's called the gate of contribution. And I would say that it is the skill of being able to see and give voice to anybody's unique contribution in a way that impacts the society around it as a valuable asset, one that is worth acquiring.

It's the agent that sells, you know, the actor, that's what this eighth life code is all about. So it has the capacity to see whatever the unique contribution the collective will entail and how to make that available and accessible.

At the level of the shadow, though, it's all based on mediocrity, and the herd consciousness where everybody's trying to be all the same. And there really is no unique contribution, it's more like making and forcing your contribution to fit into the herd consciousness for the benefit of somebody else.

As we drop into the heart, your signature, your unique design that is going to be imprinted on anything you do in life is what is supported. So that is where we begin, is that your unique contribution has to have your signature on it, in it, and all throughout it, just like a piece of art that's signed by the artist. And this is the person who is able to promote that and to prove that to the world. What a great gift that is for somebody to be able to see unique signatures and solely support that and not force people into the herd consciousness, and to give whatever is going to support them in that, and not just sell millions of albums or whatever because they don't really care about that.

And as we drop into our Hara, we tap into the emanation of the siddhi which here is about manifesting spirit to bring out the exquisiteness, the diamond like beauty of whatever being you're working with. And when I think of what that requires, I think of guilds and a master in a guild, who really takes somebody through the whole sequence of learning a certain skill. And they come from that place where they see the spirit that wants to manifest through this person who has come to them. And they nurture it to the point where that exquisiteness can come out, and that's the day they graduate. That's the day, the Guild Master can say, now you go and be a Guild Master.



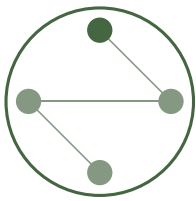
Earth/Water

Holding Together

Water pours upon the Earth and forms a connected system.

People can only hold together if each one sees himself as a member of a whole. Recognise your function in society, test your endurance and inner stature. For the insecure and hesitant it might get too late.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 8

Diamond of the Self

Extracts from GENE KEYS © Richard Rudd

SHADOW : Mediocrity
GIFT : Style
SIDDHI : Exquisiteness

8th Gene Shadow : Mediocrity

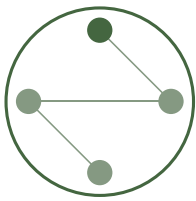
"The 8th Shadow, like all the Shadow frequencies, is founded upon a specific fear and in this case it is the fear of being different. The 8th Shadow prevents individuals from rising out of the mass consciousness and exploring the real adventure of life. The true nature of individuality is rebellion, but rebellion is unsafe, so the mass consciousness of humanity chooses the illusion of security instead. The 8th Shadow weaves a web across the world, and this web supports the planetary comfort zone. Only when life forces you to grow, through some kind of crisis or the death of a loved one, for example, do you come to experience your true nature outside the borders of this comfort zone." "One of the deep fears emerging from the 8th Gene Key is the fear of success. This fear is reinforced through its programming partner, the 14th Shadow of Compromise. You compromise your dreams not because you fear you will fail, but because you know that to succeed you will have to rebel against the whole of society and its expectations of you. You fear what you might become because you do not know who you are. The highest frequency of the 14th Siddhi concerns Bounteousness, which is the reward for the individual who dares to break free from the trap of mediocrity. In other words, the path less travelled leads to treasure. The 8th Shadow gives you a recognisable stereotype in the world which not only makes you feel safe about who you think you are, but also makes others feel safe about who they think you are. Without this stereotypical facade, who might you be and how would others approach you? The answer is that the mainstream would look at you with a mixture of both fear and awe." "Mediocrity is defined by others rather than by yourself and mediocrity has two main functions. Firstly, it keeps you from thinking outside the box. Under the influence of this low frequency you think like everyone else, look like everyone else and more or less behave like everyone else, and you will do this based on what others may or may not think about you. The second function of Mediocrity is to serve the machinery of society rather than evolution. In other words, you become a cog in the wheel of the systems established by man. In so doing, you become a part of the background of life rather than a major player. Mediocrity prevents people from being heroes or heroines." "The 8th Shadow makes you a follower of outside authorities. It even marries you to systems that then become your authorities. At every turn, this Shadow prevents you from breathing the cool fresh air of your true unbounded nature. It traps you in its twists and turns and prevents you from being a free thinker. What is a free thinker? It is someone who can see beyond the current structures imposed by life. It is a person who lives for the spontaneity of his or her own creativity. Free thinkers also live freely. They follow no one, even though they may have been influenced and inspired by others." "It takes great energy and courage to push through the darkness and fear of this Shadow and find out who you really are and what you are truly capable of. If you wish to escape mediocrity, you will have to find your own path and invent your own identity in the world. It will be like no other path and it will take you beyond your comfort zone into dangerous territory where there are no assurances that you will succeed except for your faith in your own deep and vibrant nature."

REPRESSIVE NATURE – WOODEN

Those who follow the mainstream path of mediocrity are essentially devoid of life force and lacking in a true sense of purpose. These are people whose words and actions may be of some service to the world but who, at the same time, lack fire and grit. Such lives are wooden lives and such people have allowed themselves to become hollow. They gave up on their dreams somewhere between being a child and growing into an adult. Without embracing their fears, they became swallowed up by their responsibilities and the many compromises they made throughout their lives. The result is that they live lives that do not belong to them or allow them space to breathe or create.

REACTIVE NATURE – ARTIFICIAL

The difference between the reactive and repressive nature concerns the human spirit. In the repressive nature, this spirit has collapsed inward at some point in life. In the reactive nature this spirit is channelled into the world where it creates an illusion of itself based upon its dreams. Such people live purely artificial lives. On the surface they may seem successful and even original, but beneath their patina they have compromised their spirit to some aspect of the system. You can spot the difference between the repressive and reactive nature through their relationships – the repressive side never leaves their relationships out of fear of change. The reactive side cannot stay in their relationships because their façade inevitably breaks down and rage rises to the surface, at which point they usually run away.



GENE KEY N° 8

Diamond of the Self

Extracts from GENE KEYS © Richard Rudd

SHADOW : Mediocrity
GIFT : Style
SIDDHI : Exquisiteness

8th Gene Gift : Style

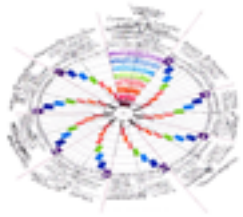
"True Style takes great joy in shattering the grey world of mediocrity that is considered the norm. This Gift does not sit happily within society, although the pure joy and freedom of expressing your true nature far outweighs any repercussions that may come with the territory. Individual uniqueness is something that our modern societies uphold and idolise, but in reality we are afraid to have too many colourful individuals. Style is more than skin deep. It is the cutting edge of creation itself. Individuals manifesting this Gift have surrendered themselves to a creative process that controls them, rather than them controlling it. Creativity can be a thankless business. Oftentimes an individual is so ahead of his or her own time that their uniqueness is not appreciated until after their death. However, the sense of expansive freedom that comes from letting go into such a process is so fulfilling that success or failure is no longer a major driving force or consideration in their lives." Style is dangerous to society and its logical structured system-based thinking and infrastructure. It is dangerous because it mimics nature, which so many systems try to control and explain. Like nature, style is given shape by a wild, organic and unpredictable energy. It is full of genius and quantum leaps. For the individual, the 8th Gift brings a deeply fulfilling sense of purpose, but so often these individuals find themselves unable to interface their Gift with the world. Style in and of itself does not make one an outsider – in fact it makes one an insider to the secret processes of life. But to the powers that try to maintain control of the world, style is considered dangerous or at best eccentric or quirky. This is why individual uniqueness is usually confined to those realms like art, fashion or music where it is acceptable and where there is some space for it to breathe. In most other spheres of society, individual style is generally suppressed because it is neither trusted nor understood." Finally, this 8th Gift is about actually manifesting individual dreams rather than simply dreaming them. When the 8th Gift is released from inside your DNA, you suddenly begin to make things happen, and it may seem to you as though the rest of the world is simply stuck inside a dream world. This is the by-product of operating at a higher frequency. Now anything becomes possible for you because in yielding to your inner spirit, the sheer force of creativity that comes through you frees up channels and opportunities that were previously blocked. Such is the power of genius, for it carries within it more than just a new concept – it carries intent from a higher realm that is far beyond the individual through whom it manifests."

8th Gene Siddhi : Exquisiteness

"Exquisiteness is experienced when the divine essence begins to shine through the individual." People in whom this truth is reflected shine as bright lights amidst the grey background of history. The great avatars and sages who walked among us expressed the true nature of this Siddhi. Our most common mistake lies in trying to emulate such people, which immediately takes us away from our own uniqueness and drops us back into the Shadow of Mediocrity. The people of the 8th Siddhi are not leaders. They are examples. They do not want anyone to follow or mimic them. Wherever such people see the inauthentic or imitative, their very nature exposes its ugliness. Because of this trait, they have a very powerful liberating effect on individuals. At the same time they are often criticised and spurned by society. Like Socrates, they wish for people to find their own answers and their own questions. Their very presence acts as a light to free individuals from structured systems. Their language is the language of the rebel, and they use beauty as a means to reflect an individual's true nature. They are not limited to any single form of expression but will play with science or art, yoga or tantra, logic or poetry, since to them all expressions can be a means to display the exquisiteness of the Divine in form. To the person immersed in the blissfulness of this 8th Siddhi, all life is absolutely clear. This clarity moreover is paradoxically found in the very uncertainty and wildness of life. These people leave no tracks for others to follow. They know life as a rush of contradictions and mysteries never designed to be solved." People of the 8th Siddhi sparkle like exquisite rare jewels. Such people create their path as they walk it. Their legacy to the world is to dismantle all concepts of how one should live or what one needs to do in order to attain any particular state. These are the only people who are not strangers in the world, since they are inside existence itself. To them, the only outsiders in the world are those who look outside themselves for guidance or definition, and the only strangers in the world are those who spend their lives in imitation of someone else, because that is what makes them strangers unto themselves."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 9



SYNERGY AWAKENING CODE N° 9

Unbending Intent

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Automatic Pilot GIFT : Single-pointedness SIDDHI : Unbreakable Resolve

The ninth life code which is derived from the original I Ching hexagram of “the taming power of the small”. It’s the gate of focus in Human Design, and in my synergy awakening codes, as you can see, It is unbending intent. And that’s the skill in allowing a pattern through sustained focus over a period of time to become part of the dance of existence.

At the shadow level, when you’re on automatic pilot, you’re stuck in inertia, you can’t let that come through. For some reason you’re experiencing the, I guess you could say, in a drag race, all the stuff that comes out from the behind the back of the car, you’re stuck in that place of inertia and you are not going anywhere and where the other cars have already taken off down the track at 250 miles an hour. You’re in the back blow. That’s kind of what inertia is. And that’s what being on automatic pilot gets you. It’s like you’re just not going to get connected into this unbending intent, because you’re lost in other people’s idea of how you’re supposed to actualize that, and you are lost in your mind.

And if there’s anything in your life you’ve ever done, where you tapped into your heart fully, and it just took you and you’ve spent and you’re probably still spending years developing it, that’s single pointedness, that’s what that gets you, when you tap in your heart, then you become that, you become literally that, like that rocket ship, and you are going to get to your destination, whatever planet that is, whether that’s planet master music or planet, you know, become the head of a corporation, whatever doesn’t matter. They’re all good As long as you’re coming from your heart, from the gift.

And then we come to the siddhi of unbreakable resolve, and it carries this energy that is invincible. It’s an invincible thing. It’s like in that very moment when your spirit comes through. And that’s when you are lucky enough to be in a, I’ll just say it when you’re lucky enough to be in a lifetime where the spirit is guiding. And it’s going to give you an unbreakable resolve, because you have something to share with humanity, and you need to be able to have perfect focus on that one thing. And then everything can be like a beautiful seed that flowers into a tree and then into the leaves and on into the flowers and perfume, everything. That’s what unbreakable resolve inside of your being is as you create something beautiful and that beauty is the very design of your life revealing the unique and irrepeatable creative expression as it flows out of your essential nature and into the world for the benefit of all beings everywhere.



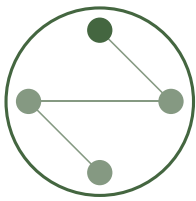
Heaven/Wind

Domination by Weakness

The rising force of Heaven is hindered by the gentleness of the Wind.

Momentarily, weakness predominates over strength. This is achieved by gentleness and adaptability. The time has not yet come for energetic action so it is advisable to show restraint.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 9

The Power of the Infinitesimal

Extracts from GENE KEYS © Richard Rudd

SHADOW : Inertia
GIFT : Determination
SIDDHI : Invincibility

9th Gene Shadow : Inertia

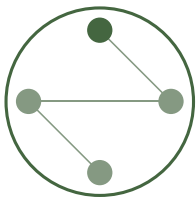
"In the case of the 9th Shadow, the Taming Power of the Small refers to the human tendency to become submerged in unnecessary and irrelevant details. Most human beings live lives where they simply get by, lives in which they become victims of all the details around them." "This 9th Gene Key is about finding the right activity in your daily life. Every step must lead you in the direction of your dream, whatever that may be. Included within this path are the many, many small acts we take on the mundane plane – eating, washing, shopping, cooking, etc. Because all the steps, even the mundane daily chores, lead you in the direction of your dream, it is impossible for them to be unfulfilling. If your activity leaves you cold or bored, it does not necessarily mean it is the wrong activity. It probably means that you have lost contact with your greater dream – you have allowed the small to tame you. Every time you allow life to leave you bored or indifferent or you feel this lack of energy and inertia, it is up to you and you alone to reconnect with your dream." "Without a sense of higher purpose, human beings move in circles creating energy fields that prevent abundance. Even worse, the inertia of the 9th Shadow feeds off the victim mind, which also goes round and round in its patterns of either blaming or worrying. In our hearts however, all human beings are natural rebels. We are wild creatures. We are not here on earth to have our dreams tamed, clipped or domesticated. We are here to make magic happen and we cannot do that unless our every waking moment is directed and focused towards a single over-reaching vision or ideal. The 9th Shadow sucks all the hope and enthusiasm out of you when you do not see immediate results and improvement in your situation. It takes you away from the focus and fulfilment of the moment and disturbs your concentration and patience." "The 9th Shadow draws your energy away from that which truly matters to you, which is beauty." "The only way out of this field of inertia is to punch through it with one huge act of will. This first step out of the victim frequency resets your course onto a path that leads ahead rather than around. This 9th Shadow deeply affects the energy systems within the body, closing them down to higher voltages and cosmic high frequency energies. It also has an adverse jamming effect on your inner directional guidance system – your heart. If your heart is not behind your every act, not only do you choose an inappropriate course in life, but you also continually wear down your health. In summary then, if your life force seems low or lacking in energy and you are finding it hard to get enthused about your life, the answer may well lie in the 9th Shadow. You are either too focused on the future instead of giving your full attention to whatever is right in front of you, or there is no sense of overall purpose moving beneath your daily acts and activities. Without this sense of inner focus, a great deal of your energy goes into complaining, whether vocally or mentally. All this energy needs to find a higher purpose – something it can serve that takes you beyond the mundane world and all its details. Most human beings are unaware of how much energy they are sitting on inside their own bodies."

REPRESSIVE NATURE – RELUCTANT

There is an inner reluctance in the repressed side of this 9th Shadow. It manifests as our seeming inability to do anything about our situation despite the fact that we understand it and even see our way out. The reluctance to move out of one's patterns is not a conscious choice but an inner dynamic where all one's life force remains frozen. This reluctance is essentially a paralysis of our will, brought about by following familiar, repetitive patterns that do not serve us. To break out of our inner reluctance is to leave our safety zone and move directly into our fears. It can be frustrating to onlookers that these people are unable to break their patterns, but it is just as frustrating for those in the grip of such deep-seated fear. Ultimately, it comes down to the power of the human will to either break through or fall into a continual and miserable decline.

REACTIVE NATURE – DIVERTED

The reactive nature of the 9th Shadow involves a totally different kind of inertia. These people can be highly restless and fidgety, as though nothing inside them can sit still. Their tactic is diversion, and they unconsciously seek any stimulus to draw some of their energy and fury out of their body. Naturally, such people cannot sustain this escapist pattern indefinitely and it takes an enormous toll on their health and often their finances. These people cannot find a fixed pattern in life at all. If they were to do so, all their rage would explode out of them. This makes it impossible for them to maintain serious commitments for any length of time. Although their lives are not inert in the strict sense of the word, they are inert in terms of fulfilment because they can simply never rest or relax.



GENE KEY N° 9

The Power of the Infinitesimal of the Self

Extracts from GENE KEYS © Richard Rudd

SHADOW : Inertia
GIFT : Determination
SIDDHI : Invincibility

9th Gene Gift : Determination

"Actions made out of resentment or fear reinforce the Shadow frequency both in the world and in the individual. Indifferent acts reinforce indifference, whereas acts done in joy or service create more joy. Wherever we look into the matrix of this 9th Gene Key, it keeps pointing to the same truth – that a person without an ideal burning inside them is essentially destined to remain a follower of the crowd. However, it is important to distinguish that this is not a Gift of dreaming but of sustained activity and work towards a single powerful goal."

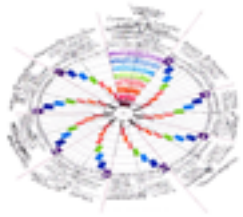
"The power of the 9th Gift is the power of repetition. This gift creates a groove and once that groove is dug, all energy in your life will tend to follow the same pattern. This explains why the Gift of Determination is so powerful. It also explains why it is so hard to escape the inertia of the 9th Shadow at its lower frequency. When you break out of the lower frequency and connect with your vision or ideal as a feeling and a knowing deep inside, you have truly begun the journey of a thousand steps. Every single step you take from that moment on – which means all acts, no matter how inconsequential they may seem – lead in the direction of that core vision. As you continue in the direction of your heart, you begin to carve for yourself a powerful groove that becomes easier and easier to follow and is what the world knows as determination. This changes the whole shape of your life, as finally you will begin to feel the inner strength that comes from following your life purpose. The strange thing about the Gift of Determination is that the more determined you become the less energy and willpower you have to use. This is contrary to the common view of determination, which is generally held to be a great battle or struggle. However, the secret of determination is about momentum. All those little acts done with heart begin to build up an inner momentum that eventually becomes unstoppable. The force of the entire universe begins to gather behind such a person. It is only at the beginning that you have to use great force because those first few steps out of the Shadow frequency take such enormous strength of will and courage. Thus the 9th Gift reveals one of the great secrets of the Gift frequency – the more you tread the path of heart the easier it gets. Instead of being tamed by life, you forge your own direction and destiny through taming the smallest and most inconsequential acts in your life." At the height of the Gift frequency as it begins to prepare for the leap into the siddhic consciousness, you become aware of the vast power that can move through the very smallest of things. As your vision of reality expands to contain universes, you realise how small you really are. At the same time you get to see how enormous your contribution to the whole is when you truly take the plunge and listen to your heart."

9th Gene Siddhi : Invincibility

"The 9th Siddhi is about the power of the infinitesimal – the infinitely small. The infinitesimal is also the paradoxical – if one goes on dividing a piece of string in half, one could theoretically go on forever. Thus the infinitesimal becomes the boundless and inner space leads to outer space. At the highest level of consciousness, levels themselves disappear. Outer space becomes inner space, time becomes infinite yet absolutely present, and all boundaries are absorbed by consciousness itself. Now the moment something loses all boundaries, it becomes two contrary things – it becomes simultaneously defenceless and invincible. Invincibility can therefore be defined as merging your individual awareness back into the consciousness of the universe. To be invincible is to surrender to all possible foes by dissolving your entire reality into them." Invincibility means to dissolve into the will of the universe, and it is a Siddhi that has been deified in many different cultures. In Christianity for example, the archangel Michael holds the archetype of invincibility. The only force in the universe that is truly invincible is love. Love knows only giving, so it creates a vacuum which in turn continually floods with more love. It is impossible to fight against such a force since it renders all other energies defunct by returning them to their source. When a human being attains this Siddhi, their life becomes an expression of the invincible power of such love. These people have discovered that the entire universe exists in microcosmic form within the human body, and they may become teachers of this truth. In this respect they can be masters of techniques wherein the macrocosmic can be mapped onto the microcosmic. Such people become the focal point for an intense frequency of Divine light with a very specialised task to fulfil on earth. The Taming Power of the Small is like a laser that can pinpoint a very specific aspect of life, bringing enormous power to bear on that area. An ordinary person may find the aura of such a person almost unbearable, since it spotlights those aspects of your shadow nature that you most fear. If you are blessed to be karmically tied to such a being, it is highly likely that full realisation will occur within your lifetime."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 10



SYNERGY AWAKENING CODE N° 10

Entering the Action

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : The Narcissist GIFT : Authenticity SIDDHI : Man the Microcosm

The 10th life code "entering the action" is all about behavior, it's all about the behavioral codes. And in the human designs, the gate of the behavior, behavior of the self. And in the original I Ching hexagram, it's "trading on the tiger's tail".

Take that in deeply, because behavior has to have that kind of awareness, if it's going to be effective in the world. Trading on the tiger's tail, how do you do that? Entering the action. Through the shadow of coming from that narcissistic place is all about self obsession, you're just so worried about how you're going to look how you're gonna feel how you're gonna come across how it's gonna seem like, see where that gets you. And then of course, there are some people that are very skilled at that, they look very calm on the surface, while they're screwing everybody's life, all around them with their behaviors, that inside are doing all those things I just did. But outside it appears different. But what's inside is what's going to come outside. So if it's if it's narcissistic, it's going to just it's going to be you imposing yourself on everybody and everything with your behavior without any concern for them. very selfish, very disconnected from the rest of reality.

As we drop into our heart, we find our authentic self, and nobody can show you that. But the more you relax into who you are, the more you take pauses, and allow yourself to just be in your heart, especially when you're in the midst of an action, entering action, you will be surprised your authenticity will come out and it will take over and it will guide you exactly where you need to go. And that's a deep thing about when you move into gifts. It's about trust.

The shadow is all calculated. It comes from people who've been calculating because their heart got shut down. So they had to figure out how to survive with that shutdown heart. That's the essence of shadows right there. But as you release that as you really love that place and come back into because nobody's going to tell you there anymore. That's when you were a child, you were an adult that you can drop into your heart you can find that authentic expression again.

And then at the Siddhi, you discover that you man the microcosm, and the siddhi of being you literally are the universe. Just in its most compact form. We humans are the universe in its most compact form. So everything we do is like the movement of the universe. Same thing, just on our scale. Just tap into that for a moment. Just feel that from your being, allow the emanations of being to really tap into your source into your hara into that place in the center of who you are. The center, just think of center of gravity because it's the same place where your physical center of gravity is also your essential center, your universal center of gravity, the same place. So just think of center of gravity in your body, your heart, and your being. man the microcosm, when we move the universe. That's how you understand it. It's not like we can move the universe that's God's job. Or the source however you want to call it, but when we move, the universe moves because we are universe. And that's what the 10th life code is about. Tapping into that at the siddhi level.



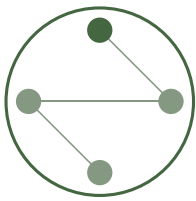
Lake/Heaven

Stepping

The Lake rises toward Heaven. The weak face the strong.

If the weak proceed courageously but respectfully and without evil intention, the strong will not be provoked. Recognise the inner nature of a person, and do not be impressed by external differences of rank.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 10

Being at Ease

Extracts from GENE KEYS © Richard Rudd

SHADOW : Self-Obsession
GIFT : Naturalness
SIDDHI : Being

10th Gene Shadow : Self-Obsession

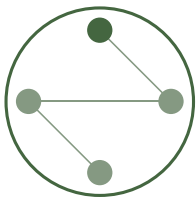
"The emphasis of the 10th Shadow is on the individual, which can be both a blessing and a curse. Individual differentiation is the cornerstone of evolution itself. If we humans do not discover our own identity and uniqueness, we cannot transcend it and move our society to a higher level. The blessing is that the more different we each allow ourselves to be, the more we operate as a unity. This is one of the most beautiful of all human paradoxes – that only through our very diversity can we arrive at our unity. But there are forces that tug against evolution, and these forces, coming from within, keep us from experiencing our true uniqueness." "The 10th Shadow does not and cannot consider anyone outside oneself. Through this shadow, you become so self-obsessed that you no longer see or hear the feelings of those around you. This makes it very difficult for other people to relate to you, even though you may feel that you can relate to them. Even though you may have many relationships, the truth is that you really don't have enough space within your psyche for the concept of others. Everything and everyone is viewed through your own subjective projection field and this loss of objectivity can lead to only one result – it creates havoc in all your relationships. Through the lens of the 10th Shadow, all you see when you look at others is people you would like to change. Thus you find it extremely difficult to accept anyone else for their uniqueness. In psychology and psychiatry, such self-obsession is known as narcissism and in moderation it is considered to be an essential component of a healthy psyche. However, at the shadow frequency such narcissism, like the legend it is derived from, keeps human beings endlessly trapped by their own reflection." "This self-obsession of the 10th Shadow is driven by fear, and it is a very specific unconscious fear – it is the fear of losing your identity. As one of the deepest of all human fears, this fear forces you into a pattern of trying to find out who you are in order that you might find some kind of permanent definition in life. This quest for your true identity is the greatest quest there is. It is the ageless journey of self-knowledge epitomised in the famous axiom cut into the stone above the door of the oracle in Delphi – "Know Thyself." However, at the low frequency of the shadow level, this quest for selfknowledge becomes an obsession that actually keeps you from defining who and what you are. In your thirst to escape your fear, you create a journey that has no end, filled with drama and adventure perhaps, but ultimately one in which you never have to face yourself. This is the craft of the 10th Shadow – it tricks you into chasing the shadow of your own reflection, and your very journey towards your true nature becomes your own net." "Even when self-obsession takes the form of a spiritual search, it can become a trap. In fact, in many ways the spiritual search for truth that is gripping so many individuals in our western world today is the greatest self-obsession of all. The path itself easily becomes an addiction that keeps you from truly being yourself. The more you look for your own true identity, the more ephemeral it becomes."

REPRESSIVE NATURE – SELF-DENYING

The introverted nature of the Shadow of Self-Obsession is to deny oneself altogether. This kind of reversal of the energy of self-obsession becomes entirely centrifugal and focuses on everything and anything but oneself. These are people whose lives are lived for others and through others. However, such martyrdom does not have a positive spin and cannot serve evolution. These lives are made up entirely of compromise in which those who deny themselves become like zombies for the collective. Although this kind of language may sound shocking, a huge majority of the world population lives like this – with no real self-love and no true centre or heart within themselves. These people are the prime targets for the great world religions. Their self-denial does not allow them to recognise the Divine within themselves, finding it far easier to project such an authority outside them.

REACTIVE NATURE – NARCISSISTIC

When the self-obsessive force is externalised through the reactive nature, it becomes truly narcissistic in the sense that it excludes all others. Just as the repressive nature denies its own existence, the reactive denies the existence of others. These are people whose lives are based entirely around themselves. The fear within them lives as anger – they project their fear of losing their identity onto others and onto society in general. Such people cannot yield any part of themselves to others. They live in paranoia that the world or others will somehow rob them of their right to freedom. The reactive nature finds relationships the hardest of all, since they are essentially locked in a love affair with themselves, but not with their true self. The true self is everywhere and in everything, since its nature is love. However to realise such a concept, one has to drop the very thing that gives one the illusion of safety – the illusion of individual identity.



GENE KEY N° 10

Being at Ease

Extracts from GENE KEYS © Richard Rudd

SHADOW : Self-Obsession
GIFT : Naturalness
SIDDHI : Being

10th Gene Gift : Naturalness

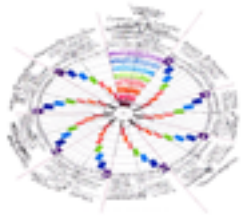
"To be natural means to be yourself. We are all trying to be who we are, but many of us have been conditioned to be other than who we are." There are so many paradoxes in this 10th Gift – the main one being that you cannot be who you are as long as you think you are someone, but you still have to set off and search for this someone in order to realise that they do not exist! There is much tension inherent in this simple little question Who am I? and it is the releasing of this tension around your identity that is the essence of the 10th Gift. The 10th Gift of Naturalness can dawn only when self-obsession exhausts itself. The first great revelation that comes from the journey into your own unique nature is that you cannot be defined by any kind of label. Once you understand that you are neither your name nor your actions, feelings, thoughts or beliefs, you realise that human nature is something far greater and wider than you ever suspected." At the Gift level of frequency, there is a huge releasing of energy through your being and out into your life as all attempts at defining who you are begin to subside. The usual manifestation of this energy is an intense creativity coupled with a new sense of playfulness. You lose your sense of identity and simultaneously begin to feel centred in a wider context." The second phase of becoming natural tends to be a deep inner questioning and questing in which you isolate yourself in some sense from your previous responsibilities and give time and space to understanding your own nature more. For most people this phase lasts a long time and it is also the phase during which most people become stuck in the lower frequency of self-obsession, falling in love with the endless quest for self knowledge. At a certain point however this phase gives way to a natural collapse and a subsequent letting go of all searching as you realise the futility of trying to find something that is clearly indefinable. This realisation marks a huge transition point in your life and represents the release from your self-obsession. It can also be a very challenging time as you let go of all the constructs and techniques with which you may have identified and from which you derived security. Fortunately this third phase swiftly becomes consolidated and integrated into your being, and you enter a new dimension in which you become more and more deeply relaxed. This fourth phase is something like a rebirth as you externalise what is truly inside you for the first time in your life. It is a time of deep joyousness and purpose and it is only as you find this sense of relaxedness that you begin once again to feel truly natural. The fifth and final phase of the process of becoming yourself manifests as the flowering of your individualised differentiated self. This is when you hit the peak of your own mythology and bring something entirely new into the world based on the high principle that has always lain latent within you. This final flowering of your inner being manifests as a challenge to the current norm, since your true nature is always found at the cutting edge of evolution. The idea, whatever it may be, represents the true beauty within the individual finding expression in the world."

10th Gene Siddhi : Being

"There is a sixth phase to the process of becoming yourself that brings an end to the whole notion of self-knowledge. In a sense it is a return to the stage before you asked the fateful question Who am I? This sixth phase is the 10th Siddhi of Being. When the 10th Siddhi dawns in a human being, then for that person even evolution itself has ended. In the 10th Siddhi, the differentiated self spontaneously dissolves in a higher mirror of the third phase in which the constructs of your search for self-knowledge end. However, at this siddhic level, everything dissolves – self, not-self, mind, form, purpose and meaning. The only word that even gives a hint of what the 10th Siddhi holds is the word Being. In the expressions of the mystical traditions, this is sometimes known as the I Am consciousness, although the very use of the word I can be misleading. In the 10th Siddhi there is no sense of I – there is only pure consciousness expressed as being." The 10th Siddhi is truly a beautiful expression of consciousness coming through the human form. These are people whose awakening encompasses all existence. The intense focus on oneself that comes through the 10th Gene Key finally breaks its identification with form and experiences everything as Self, with love as the fluid in which the multifarious aspects of the Self are floating. You can see how easily misconstrued the message from this 10th Siddhi can become – especially in today's world, in which we humans are being called to participate more and more in our own evolution. The 10th Siddhi is a reminder that it is all but a game, a leela or play, in which even our loftiest ambitions are ultimately meaningless." Being is the nature of consciousness in form, and it has no agenda or direction. It simply is. In that simple statement lies a power beyond all comprehension, and it establishes the 10th Siddhi as the sleeping giant within the human genome. Nothing has more power than being itself."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 11



SYNERGY AWAKENING CODE N° 11

Experiential Realization

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Obfuscation GIFT : Storehouse of Impressions SIDDHI : Light Pictographs

The 11th Life Code is experiential realization, which is the I Ching hexagram of “peace” and it’s the Human Design gate of ideas, of ideation. It’s how we see and structure the history of our experience and how we can put it together. And also, how we see it as we’re going through it so that we can really glean the most salient points of it to move into our future in the most artful and skillful way.

But at the shadow level, we are bewildered. And it’s obscure, it’s like moving through a dense dirty fog. It’s like being really drunk or being high on pot and you’re really wasted and everything is obscure. And you may think you are getting insights but as you will know if you have ever been in that situation and looked at what you have written afterwards, you can see it is often a load of nonsense! So, the shadow for the 11th Life Code is like seeing things through a stained glass, you don’t quite see things right.

But as you accept that in yourself and drop into your heart and give it space to be, allow it, embrace that place, love yourself, then you are able to just tap into the storehouse of impressions of everything you’ve been through in your life. It’s all there for you, depending on what’s happening in the moment, whatever’s provoking it in your experience, it will naturally be present there at that level. Whatever is out there will automatically bring up the relevant details in your experience if you’re in your heart, and you get to tap into the storehouse of impressions related to that. And you get to update those impressions through every experience that’s happening to you because everything comes in a sequence. And it keeps growing and growing. If you don’t stop it, if you stay in your heart, stay open to the experience, you’re constantly going to be updating that storehouse of impressions, you’re going to come to the place where you arrived. And then it’s going to take you further through the next experience that is happening to you now.

As you drop into your being, you realize that all of this is written into the very fabric of reality, that there are these light pictographs that actually exist and that they are the base foundation upon which any storehouse of impressions is built.. And there’s one for every single essential experience in existence from the highest levels of source, all the way down to the teeniest, tiniest little particles found in the string theory formulations, way down below the electrons and the atoms. And it’s written into everything. It all sounds a little magical and fantastical but when you start tapping into that, if you go through this spectrum of consciousness, and you get to that emanation of the 11th Life Code, it will start showing you things like that, you’ll literally see the way existence works very clearly in front of you. Because it’s all already always been there, it’s already been processed, there’s nothing new under the sun, there’s just you and your ability to express it. That’s what’s new. What’s new as you talk with awareness, just put yourself in the moment with awareness, and you’ll get the flavour.



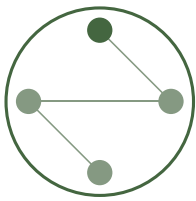
Heaven/Earth

Peace

The power of Heaven strives upwards, Earth downwards. Fertile union results.

Contradictions unite in harmony. The strong help the weak. See to it that this situation bears fruit.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 11

The Light of Eden

Extracts from GENE KEYS © Richard Rudd

SHADOW : Obscurity
GIFT : Idealism
SIDDHI : Light

11th Gene Shadow : Obscurity

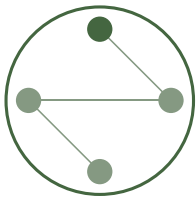
"The 11th Shadow places an interference frequency between light and the way in which the brain processes, translates and communicates that light. In other words, your whole experience of the world is pushed off kilter through the medium of the 11th Shadow. It therefore represents the field of illusion, delusion and obscurity." The 11th Shadow of Obscurity essentially places you inside a virtual reality – a construct created through a combination of programming via this 11th Shadow and its programming partner, the 12th Shadow of Vanity. This reality is a total obscuration in which you can only view life through a certain very limited set of parameters. Here is how it works: representing the feminine pole of the brain, the 11th Shadow creates a field of fear within human beings. The images that flood your mind from the right side of the brain can neither be controlled nor do they appear to make sense. In most cases, they are relegated to a backwater of your brain where they emerge as secret fantasies, repressed dreams, emotional issues and hidden agendas. The male oriented left side of the brain (encapsulated in the 17th Shadow) therefore becomes far more dominant, since it uses logic as a means of controlling your reality. Whereas the right brain seems chaotic, illogical and idealistic, the left brain is the voice of control and reason." In other words, the 11th and 12th Shadows only allow you to see and hear what they want you to see and hear. If this sounds familiar to you, it is because our outer world has a tendency to mirror the inner reality. Vanity is the name given to the false protagonist sitting in the middle of your screen, and it forms the basis of this planet's false reality. Many other systems and traditions have named this inner construct the ego. The ego or separate self is thus a figment of our collective genetic conditioning, and just as our conditioning can be picked apart, so can the ego gradually be dissolved. This is an extremely delicate operation and is the basis of most mystical systems and certain types of psychoanalysis. The great fear for human beings remains the repressed right hemisphere of the brain. As you begin to unleash the floodgates of this part of your brain, whether through some form of shamanic training, mystical technique, drugs, therapy or art, you put your whole constructed reality in great danger. You may begin to feel overwhelmed by the flood of imagery that rains down on you from your repressed unconscious, and your inner language may not be able to handle and integrate the results of such dissolution. This is why such inner events are seen as a death and can often result in delusional states where your fear tries to identify with the archetypes emerging through the right brain. "You try to avoid the particular archetypes that cause you the greatest fear, but you never can. The more you try to avoid them, the more they stalk you. Thus you keep recreating the very situations you hate, especially in your relationships, where the archetype often assumes the form of your partner. The 11th Shadow is a veritable minefield of lost dreams, escapist behaviour, denial, guilt and repression. If you could just begin to trust in the images that come to you in your dreams and allow them to incubate in your imagination, you would begin to emerge from the false dream that you have placed yourself in. To awaken out of such a state is a vast experience. It is to step out of the illusion of the rest of the world and to tread a new kind of path that is at odds with the majority. It is the step that you must one day take to move from the 11th Shadow into the 11th Gift. "

REPRESSIVE NATURE – FANTASISING

When the archetypal imagery of the right brain is repressed, it turns inward and creates a world of fantasy. There is nothing wrong with fantasy so long as it finds a healthy and creative outlet, but in most cases it does not find such an outlet. The foundation of repression is fear, and when this fear is not embraced it creates an enormous drain on our whole body and being. Unlived lives gradually drain the physical energy from the body, leading to all manner of physical health problems. Even worse than this, inner fantasies that do not find a creative outlet block us from following our true destiny. Our destiny is always hidden away behind these fantasies. The longer we hold them within, the more twisted they become until what began as a simple archetype becomes perverted into a much darker form. Until we can own responsibility for such a form, we cannot release the creative power that lies within us.

REACTIVE NATURE – DELUDED

The reactive nature, rooted in denial and anger, turns the inner fantasy into a projection field and tries to manifest it in the world. If the anger were embraced and the deeper fear owned, then the archetypes within us would indeed manifest in the world, but the reactive nature never allows this. Reactive natures use the outer world to hide from what lies within them. These are the kind of people who have a great idea in their minds but they never manifest it. Because of the depth of their denial, they cannot let go of the inner image they have of what they would one day become. Such people are headed for eventual disappointment and even breakdown. Delusion is the attempted externalisation of a false dream that conceals a deeper and real dream. Until the true dream is uncovered, what emerges is simply a veneer with no power to manifest.



GENE KEY N° 11

The Light of Eden

Extracts from GENE KEYS © Richard Rudd

SHADOW : Obscurity
GIFT : Idealism
SIDDHI : Light

11th Gene Gift : Idealism

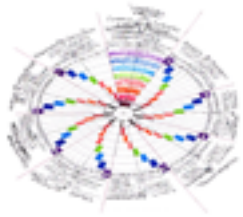
"What most people think of as idealism is really the Obscurity of the 11th Shadow that is unable to manifest its dreams. For idealism to manifest in the world, all it needs is a structure to manifest through. But, and it is a big but, first you have to discover what your true ideals and dreams really are." The moment you begin to entertain the archetypes of the 11th Gift, you open a floodgate of seemingly chaotic imagery in your inner life. If you are not prepared for this and the chain reaction that will inevitably follow, all kinds of delusional problems can result. The power of working with an archetype is that you know beforehand that no matter what you feel or experience, it is a projection of your own inner psyche. For example, if you have an altered experience of becoming the Buddha or experience messianic powers, instead of identifying with this experience you can see it as an alchemical stage in your own psychic process. The danger comes with identification. The entire notion of past lives is based upon such identification, and although it seems perfectly harmless to identify yourself with a past historical character, it actually prevents the archetype from flowing deeper inside you. Archetypes move in fractal patterns, flowing from the past to the future and vice versa. Only in the present are you safe, because the present is the only thing you cannot identify with." Idealism represents the steady flow of archetypal memory into the world of form. As long as it is allowed free movement, it will manifest your dreams in the world. One of the trickiest things about your dream is that you never know what it will become as it emerges into the world of form. You only know the feeling that it stirs deep inside your heart. Your mind conjures visual images around your dreams and ideals, and this is where potential blockages to the flow arise. You must believe in the power of your dream and at the same time you must give up what it looks like. Every image, archetype or mythical experience you have or see is a part of the river moving from the past towards the future and vice versa. Because of this, the real essence of the 11th Gift is the ability to play with the archetypes that pass before you and into your life. This very playfulness loosens your tendency to try to tightly grip your experiences. The 11th Gift, as you may sense, is a world of magic and fairy tale, but make no mistake about its real power. With the right structure, this energy of idealism will manifest great things in your outer life. Through the 11th Gift, all the forms of the natural world swirl within us. This is the land of the tribal totems – creatures infused with particular and potent ancestral power. In every culture, such totems abound. Even in our modern world, we use symbols and animals to represent our businesses and lives. Each one of these symbols carries real power behind it when it resonates with your inner ideal. In the world of the 11th Gift, everything is a symbol of the endless pattern of the great archetypes moving from the world of the formless into the world of form – from the past into the future via the vital artery of the present."

11th Gene Siddhi : Light

"Through the 11th Siddhi you will see the true nature of mind as emptiness or spaciousness, and that mind or no-mind is experienced through the brain as pure light. Light itself is seen as a metaphor within the world of form for the radiance of the Divine presence. The Light of the 11th Siddhi is nothing like the light that our eye perceives, although that is the closest words can come to conveying it to those outside of the siddhic state. With the light comes an ineffable breath of peace that continually breaks like a wave from within every single viewed form. What was viewed as magical from within the Gift level of frequency is now seen as the nature of reality. That the light is only to be found within the darkness is the greatest of mysteries. To the being within this Siddhi, nothing is obscured and no one can hide. Everything is now measured in terms of light and frequency and it is quite clear who is authentic and who is simply pretending. For the being that attains the 11th Siddhi, light is everything. They appear enrobed in light because that is all they can see. If they become teachers, which is more than likely given their understanding of the mind, they continually reflect their own light but at the same time guide others into their own darkness. A great irony of those who understand the pure light of the 11th Siddhi is that they actually appear to lead people directly away from the light in order to draw them closer to that light. The one who brings this Siddhi into the world brings a vision of the true future of all humanity. In travelling back to the beginning of time in their consciousness, such people see the underlying fulfilment of evolution all around them. Even though time may not evidence this state of Eden, such people live within it all the time, which is their great paradox." The 11th Siddhi itself has confused many people over the years. In the modern new age, there is a huge rise in people who are actively seeking the light that this Siddhi promises. However, no one who attains this Siddhi does so except through travelling the darkest aspects of their psyche. The movement to embrace the inner light may be paved with good intentions, but so much of it simply emerges through the obscuration of the 11th Shadow, which wants the light without having to embrace the dark."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 12



SYNERGY AWAKENING CODE N° 12

With Awareness

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Self Infatuation GIFT : The Finer Things SIDDHI : The Hollow Bamboo

The 12th Life Code in the original I Ching is the hexagram of “standstill”, in Human Design it is the gate of caution, and in the Life Codes it is the gate of awareness. Caution means with awareness.

At the shadow level, it is interesting because it's about vanity and vanity is basically a form of infatuation. So, all your awareness is placed on you, and you're stuck in you. The caution here is as a warning that you've looked at you and you can't get out of you. If you're infatuated with yourself it doesn't do much good for anybody else. If you've seen the Madonna video for 'Vogue', strike a pose, this is the perfect example of vanity and self-infatuation. That's the beauty of having a world where we have examples of things to help us get the essence of stuff .

The gift, the finer things, is discrimination. That's when you start to take that self focus off of yourself and put it out there and it's for the benefit of others too, you want to see what really is, are you really the best thing in this moment? Is this awareness towards you or is it towards something else? Whatever brings the greatest awareness and that's what you start to discriminate. You develop your discriminative awareness and naturally, you're going to find that there are finer things all around and that you can tap into that, that you can refine yourself with that awareness present, instead of just being infatuated with what you have you go beyond that and you begin to open up to the bigger world around. You see the beauty of nature, and you find ways of bringing that forth, of mirroring that from yourself and out to others in ways that are beneficial to yourself and those around you.

So as you continue to allow yourself to know through this discriminative awareness you will eventually tap into the siddhi for the 12th Life Code, which is that you are a hollow bamboo for the whole, you become a flute for God to play his songs through, through your chakras, through your centers, it's just coming through you. Then the awareness is that you become a vehicle, a vehicle for what needs to come through into the world because this 12th Life Code is the voice of the individual to the collective. It is a voice that has the capacity to mutate and what you say is going to have a definite impact on the world around you. And as a hollow bamboo, what comes through you is only going to the best for the benefit of everybody and it's also going to be in harmony with the whole.



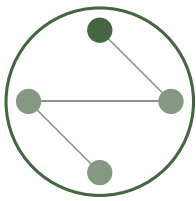
Earth/Heaven

Stagnation

The Earth strives downwards, Heaven upwards. They divide and their interaction ceases

Good recedes, evil increases. Retreat into your innermost self. By no means allow yourself to be enticed into participating in exterior life. Thus difficulties will be avoided.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 12

A Pure Heart

Extracts from GENE KEYS © Richard Rudd

SHADOW : Vanity
GIFT : Discrimination
SIDDHI : Purity

12th Gene Shadow : Vanity

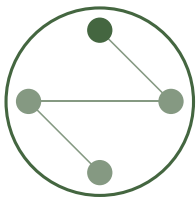
"Vanity, like pride (the 26th Shadow), follows us to the mountain peaks of consciousness. It is an uncomfortable word for most of us, and in our vanity we do not usually like to associate ourselves with it at all. Unlike pride, which thrives before an audience, vanity is a far more internal Shadow. ""No matter how far your awareness advances, vanity will cling subtly to you even at the highest of vibrations. In one sense, vanity is the very first human vice, and it is also the last Shadow to let go of you. The 12th Shadow is the love of your own uniqueness. It is about learning to love yourself, which is the true definition of vanity. However, vanity only stops being vanity when you realise that to love yourself is actually to love everyone else, a revelation demanding a quantum leap out of your self altogether. This 12th Shadow is therefore deeply involved with issues of personal power as well as the human yearning to express the purest qualities latent within your soul. It allows you to progress to great intelligence and artistry, but at the same time prevents you from stepping into your wider heart. Vanity is afraid that if you come from your heart you will lose your power."" The great secret of the 12th Shadow is language. ""The 12th Shadow is about loving the sound of your own voice, and as such it is the root of language. However, as we will see at the highest levels of frequency, it is not what you say that matters, but the frequency that lies behind your voice. Vanity can choose the most beautiful of words, but it can never hide the frequency of its tone."" Vanity also goes beyond words and can hide in silence. Sometimes your vanity is hidden in what you do not say. It hides itself away in your thoughts and your feelings. Wherever there is self identification, there is vanity. ""Even the very thought that you might be overcoming your own vanity leads to more vanity! All you need to know is that as long as you experience yourself as separate from life – as long as you feel the strength and wonder of your individuality – vanity will still be there, quietly keeping pace with you. It is only late in your evolution, as you approach the highest frequencies of the Siddhis that vanity will finally and suddenly release its hold on you. Vanity does however have an arch-enemy – which is love. Vanity keeps you from truly loving another because it keeps you isolated. You may be beautiful, intelligent and virtuous, but still with vanity you will remain defended against others. The more evolved your consciousness becomes, the subtler and therefore more powerful your vanity becomes. Vanity is a shield that, along with its programming partner the 11th Shadow of Obscurity, hides the truth from you. For the kind of people who are drawn to reading this material, vanity is one of your great challenges. As you refine your frequency, you naturally fall into the illusion that you are somehow different from others and are becoming purer than the rest of the world. You begin to identify more with your Higher Self, which your lower self takes great delight in! This is a most tricky time in your spiritual evolution because it is so easy for you to remain here, at a relatively high frequency. You feel powerful, individuated, wise and well meaning. However, you have yet to make the greatest leap there is – the leap into true purity – the leap into your own death."

REPRESSIVE NATURE – ELITIST

There are essentially two different types of vanity – coarse vanity and refined vanity. The repressive nature of the 12th Shadow is the refined version, which emerges in certain characters as elitism. Elitism is vanity working undercover. These characters may agree with you outwardly but inwardly feel very differently from what they say. Often they refrain from making any comment at all, preferring to remain detached. This is the domain of the spiritually evolved – those few who have done a lot of work on themselves. These people inwardly feel that they are clearer than most others around them. They can take great pride in being different, or in being beyond any creed or system. Such vanity ensures that such a person cannot make the leap that their inner being most longs for – the leap into permanent higher consciousness. This only begins when the awareness of our own vanity finally dawns.

REACTIVE NATURE – MALICIOUS

Malice stems from anger, which in turn stems from fear. The reactive nature of vanity can use the gift of this Gene Key, the Gift of Discrimination, as a means of hurting others. Whereas the elitist withdraws into silence out of fear of being seen as weak, these people openly use their substantial vocal gifts to inflict pain on others. Like all classic victim patterns, such people usually feel put upon in some way and react maliciously without thinking about the damage their words or actions might do. The 12th Gene Key has beneath it real emotional power – and it has a god-given talent for language and communication. These people really know how to push other people's buttons through the power of their voice. They can hurt people like no one else can. Their malice may not be premeditated, but it is usually brutal and ends in disaster for them.



GENE KEY N° 12

A Pure Heart

Extracts from GENE KEYS © Richard Rudd

SHADOW : Vanity
GIFT : Discrimination
SIDDDHI : Purity

12th Gene Gift : Discrimination

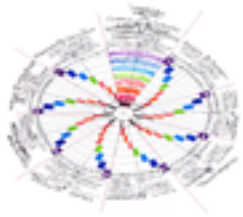
"To discriminate is to know inherently what and who is healthy for you in life. The energy of vanity is simply self-destructive unless it can be put to good use. Discrimination is exactly that. You take your vanity – the urge to be better or somehow purer than others – and you turn it into art. The 12th Gift is deeply associated with the arts – with music, with language, with dance, with drama and above all, with Love. The love within the 12th Gift is not universal love (as in the 25th Gene Key) – it is all about falling in love. This is human love with all its attendant drama, obsession, beauty and danger. Vanity is about loving only yourself, whereas discrimination is ultimately about loving the things and people outside yourself that make you feel good." This 12th Gift is about feelings. If this Gift is a powerful aspect of your hologenetic profile, you will be strongly motivated and moved by feelings and emotions throughout your life. Your Gift is to communicate these feelings to others, and you may do this in a myriad of ways. If you are strongly influenced by this Gift you will recognise the beauty of true expression, which means that you will also recognise when something or someone is not expressing true soul." Discrimination is about being attuned to a higher frequency, which means that it can metaphorically see through walls. Whenever a person is faking or has a concealed agenda, one with the Gift of Discrimination will immediately feel it as a deep discomfort. If they do not fall in love with something, they distrust it, and the same goes for the people in their lives. To such a person, authenticity is everything." Discrimination gives humanity a taste of a higher order operating behind the scenes of life. This is why it so often manifests through true art. They are true art lovers. The 12th Gift does not shy away from anything that is authentic – no matter how messy it may be. These people are the great food discriminators, music discriminators, and language discriminators. They can become the great artists, virtuosos, poets, actors and educators of humanity. Their Gift is to enter unafraid into the drama of life, allowing it to flow through their veins and be expressed through their feelings." Out of this 12th Gift come humanity's great educators – those rare people who can allow art to touch their hearts and at the same time transmit that essence to others through their language and expression. Wherever you see true passion moving into the world, there you are seeing the influence of this 12th Gift. It is both sweeping and consuming yet at the same time highly refined. Ultimately these people are driven by the myth of true love – that is what they are yearning for deep within their souls, and it is why their acts and words, at their highest, are a reflection of the beauty and anguish of this human yearning."

12th Gene Siddhi : Purity

"Vanity and purity are mirrors at the two ends of the spectrum of human consciousness. With vanity your lower self falls in love with itself, and with purity the Higher Self falls in love with itself. You might say that purity is when the Divine falls in love with You. This can only happen when you come within the sphere of Divine love. Your behaviour, your thoughts, your feelings, the very air you breathe must resonate to one purpose – what the Sufis call falling in love with the Beloved. The Beloved is not something out there – it is the essence of your true nature, and you do fall into it because it resides deep within you. Vanity, as we have seen, pursues you right to the end of your journey. Even when you are living from the higher frequency of your Gift, vanity is still there. Only when you have attained the highest peak of consciousness does the mystical event occur – you give up everything you have attained. You have to court annihilation." If you wish to play with the frequency of the 12th Siddhi, you need only keep reminding yourself of your own heart. Beneath the layers of karma, ancestral fear and inevitable childhood conditioning beats an aspect of the great universal Heart – and its purity can be remembered. Its colour is the white beyond white for it is the eternal child within you. It is the You that you cannot help but fall in love with. To look at the world from the 12th Siddhi is to see everyone through this crystalline vessel – it is all you can see in everyone you meet. However the very moment you view anything in a negative way, this presence within you will instantly vanish." Words used poetically and vibrated within the chambers of the heart have the power to pierce through the layers of fear that envelop the hearts of others. Purified thought has an even more powerful effect. Spoken language uses sound which restricts its impact to our solar system (sound waves eventually dissipate), but language cloaked in thought travels at an almost inconceivable speed and literally rebounds off the walls of our universe (only pure love can rupture the walls of a universe – see the 25th Gene Key). Therefore a pure thought will affect all levels of creation and all beings within creation almost instantaneously. "At a certain level, purity of thinking will take you to the edge of hyperspace."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 13



SYNERGY AWAKENING CODE N° 13

Entering

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Discontinuity GIFT : Attunement SIDDHI : The Whisperer

The 13th Life Code of entering was originally called in the I Ching the hexagram of the “fellowship of man”, and it’s the gate of the listener in Human Design. We refer to entering because when you’re listening you are allowing things to enter into you.

But at the level of the shadow, there’s a discontinuity, you’re not really listening here, you’re lost in this discordant place in yourself through the shadow of discord. And in that place, all you’re doing is holding some sort of internal grudge or resistance you’re at issue with, and not on whatever is entering you, and you’re literally more focused on that discontinuity than on what’s entering you, than on really receiving and listening to it.

Of course, as we drop into the gift and we attune then we start to discern, we have the capacity, the gift of discernment through attunement. And what discernment does is that it allows everything you’re listening to to strike whatever place it needs to strike within you. You do something about that when your heart opens, and you’re tuned into what you listen to. This will go to the place that needs to hear that information. So you’re literally allowing it in there, that information, that’s why it’s called an entry.

At the level of the siddhi, when you drop into your being, you become a channel of attunement from source. So literally, the source is entering you and being expressed to others, literally. You’re like a horse whisperer. But first let’s consider a different way of looking at ‘whisper’ by considering someone who can heal people of some ailment just by the way they speak, and what they say, to a person who has that ailment which dissolves it. A whisperer is somebody who allows the process of listening to become a very valuable process because they are truly taking in the being of the person in front of them. And what comes out of them comes from a true discernment which is at the source of gift level and it goes right into that discontinuity in the person and dissolves that discontinuity and dissolves that discord.



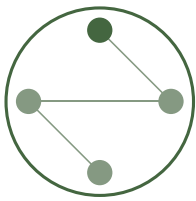
Fire/Heaven

Community

Fire strives towards Heaven. The sun gives life and belongs equally to all beings.

Inside reigns clarity, outside strength. Difference between men may be overcome if exposed.
Good partnership depends on common purpose. New ventures materialize, great deeds succeed.
Perseverance brings success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 13

Listening through Love

Extracts from GENE KEYS © Richard Rudd

SHADOW : Discord
GIFT : Discernment
SIDDDHI : Empathy

13th Gene Shadow : Discord

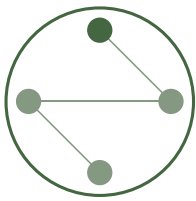
"At the Shadow frequency this is the Shadow of Discord, which is the inability to listen to and learn from your experiences in the world. Listening is entirely different from hearing. Hearing refers to the acoustic absorption of auditory information, whereas listening is something that can only be done with your whole being. Often listening requires withdrawal and time in order for it to function effectively. Listening is also highly linked to the way in which you process your life experiences on an emotional level. The link between listening and the emotions has profound implications for the future of this Gene Key and in particular its Shadow frequency." Discord refers to the inability to escape your own past. Stacked within the human genome lies a library of collective human experience, and your inability to process all this memory is what keeps you locked into the same self-destructive patterns." The ancient Chinese name for this 13th hexagram of the I Ching is The Fellowship of Man. It is a beautiful name, seemingly filled with hope, and it does in fact describe the higher frequencies of this 13th Gene Key. However at the lower frequencies, because of our inability to listen, we go on pursuing our own short-term agendas with disastrous consequences to the greater society. Ironically we find no solace from our own desires either. No matter how many of our desires we sate, more appear. We hear only discord in the world because we are unable to listen to the overall dilemma. We cannot yet see it at a collective level, so we are not ready to find out what the Fellowship of Man really is. This is why we keep programming our future direction (through the 7th Shadow) as a future of division. Not listening to the real problem, all our actions create more and more divisions within our societies. Out of all this ancestral memory and our inability to create or find the Fellowship of Man, a huge pessimism emerges at an unconscious level. We no longer believe collectively that we can surmount our own nature and create a truly peaceful world. History provides compelling evidence of this. In fact our pessimism emerges directly from our genes because, shockingly, our pessimism is in actuality correctly founded – we cannot surmount our own nature. Only nature can overcome us, which is precisely what lies in the pipeline right now. Nature is preparing a new kind of human being. Nature as a whole has learned and listened to her past experience, and through us, she will create the giant leap that is needed to free us from a web that we have no hope of escaping. Nature will create a human in whom the art of listening will no longer have to compete with raw desire. In a single unprecedented and radical sweep, she will do this by killing off desire itself."

REPRESSIVE NATURE – PERMISSIVE

These people pretend to be empathic and sympathetic to others whilst at the same time doing nothing. The repressive side of this Shadow may make a show of listening to everyone but it soon becomes apparent that they have no real backbone. These people are permissive in the sense that they let others walk all over them without learning anything. They will agree with you no matter what you say. They mistake hearing for listening and in doing so they cut themselves off emotionally from others and from their environment. This is one of the deepest forms of emotional repression that does not want to take in the pain/pleasure cycle at any level, so it sacrifices both extremes and settles for a false sense of safety.

REACTIVE NATURE – NARROW-MINDED

When discord manifests through a reactive being, it becomes narrow-mindedness and/or bigotry. These people will disagree with you no matter what you say! Narrow-mindedness is about getting stuck in a reactionary emotional pattern and then making a lifestyle out of it. These people are literally unable to see beyond the limits of their own desires and they are filled with pessimism. Their philosophy is founded upon the fear patterns that have guided all human beings to where they are now, and they are not open to the possibility of real change. Such people harbour a deep bitterness about the nature of human beings and this comes out most frequently as anger, especially at those who do not see things their way. With such people it often becomes their mission in life to debunk the views of those who are optimistic about the future and about humanity.



GENE KEY N° 13

Listening through Love

Extracts from GENE KEYS © Richard Rudd

SHADOW : Discord
GIFT : Discernment
SIDDHI : Empathy

13th Gene Gift : Discernment

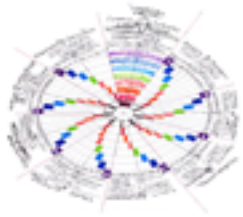
"Discernment emerges as your emotional nature comes more and more into awareness. As you realise how deeply in the thrall of desire you are, you begin to understand the whole of humanity as well. Out of this incredible swelling of awareness arises the 13th Gift of Discernment. Discernment begins at an individual level as you come to see how deeply your view of others is connected to your feelings. Only when personal feelings are witnessed and examined can you begin to see things in a more objective manner. Over time, your personal agendas become more lucid and you reclaim the ability to listen to others and the world from a broader perspective. At this level of frequency, you become fully aware of the desires coursing through your body and although you cannot do anything to stop them, you are no longer the victim of them. For the first time you see your own individuality clearly and you realise that something else exists behind that individuality – a kind of witnessing awareness that is greater than your sense of individuality. This is the birth of your ability to listen. With the rising of your discernment comes many gifts. It may appear to you now as though a great veil has been drawn back from the world. As we have seen, the 13th Gene Key is a repository of the collective past experiences and memories of humanity. Instead of reacting out of this karmic library, you now begin to demystify your own past. What you may have thought of as a random series of experiences can be seen as following a discernible pattern. Without being caught in the drama of subjective emotional personification, you can begin to view life at a mythic level. This mythical thinking is the way in which the mind interprets your ability to listen behind the veil of your desire. To view life at a mythic level is to see the great archetypes playing out in our lives – both our personal lives and the greater collective history of man. Through understanding your own past in this way, you can see that the storylines of all individuals play out variations of the same themes. At this level, we can recognise these same archetypal themes in every culture's rituals, fairy tales, legends and myths." "Once you stop viewing life on a subjective emotional level, a new landscape of feeling opens up inside you. This feeling is the early manifestation of your future ability to transcend your emotional system – and it is experienced as optimism. Optimism is the gradual swelling of awareness within your solar plexus system transferred and projected outward onto the world. One might also view it in reverse. The awareness connecting all life forms is received and drawn into your solar plexus system, thereby expanding your sense of Self to include a far wider reality – the true Fellowship of Man."

13th Gene Siddhi : Empathy

"It is through this 13th Siddhi that information from our collective past can be recovered. Like a kind of cosmic librarian it has all the access codes to every volume every written on the pages of life. We are not just talking information here, but experience. The 13th Siddhi can unlock the essence of what it is to experience being a wild panther, or a strawberry, or a mollusc. This is the power of empathy." "We have seen that the foundation of this 13th Gene Key is based on listening. Indeed, at the level of the 13th Siddhi, listening becomes all there is. Like a black hole, this listening absorbs everything that moves into it – space, time, everything. Eventually listening becomes so total that it fuses together subject and object so that the concept of listening itself disappears. This gives a small hint of what the Siddhi of Empathy really means. It is interesting to note how vehemently mass consciousness has always feared the number thirteen. In traditional folklore, thirteen gained a bad name through the system of tarot, in which it stood for the Death Card. These ancient esoteric codes are always founded in an original truth. Empathy is indeed a death – the death of the separate self that reveals the underlying nature of humanity. Empathy is the truest sense organ of humanity, but it cannot function through the individual – only through the collective. Those who awaken to the truth of their consciousness through this Siddhi will become beacons that live on in our history. These people have learned the deepest art of all – the art of listening. To sit in the presence of such a person is to be healed through being listened to. Listening at this level is no longer a passive phenomenon. It is actually quite a forceful cleansing at an auric level. To be listened to by the great cosmic mother is to have all your fears brought to the surface and loved into oblivion. These people are the most powerful of all shamans – they can open the portal of the past within you so widely that you become aware of yourself as a great cosmic receptacle rather than a point of focused identity. They can show you that all creatures and beings dwell within you, and that if you open yourself widely enough to our collective past, you will also see our collective future. To such being, the holy state of perfection known as the Fellowship of Man is a constant and manifest reality."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 14



SYNERGY AWAKENING CODE N° 14

Empowerment

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Discounted Experience - Strife **GIFT** : Circle of Excellence - Thriving **SIDDHI** : Locus of Manifestation - Cornucopia

The 14th Life Code in the original I Ching hexagrams is called "possession in great measure". It's all about power skills. At the shadow level of discounted experience and strife you're always compromising when you discount your experience. That's the shadow. You give up yourself for somebody else's opinion of you, and take that over your own true experience, that creates strife. Instead of empowerment, you get anti empowerment.

At the gift level, you enter into your own circle of excellence and you tap into all the resources you've developed out of thriving in your life. Which have allowed you to tap into competence into your own unique way of developing that gift of competence. And you become very competent. So, by you empowering yourself, it literally invites others to empower themselves. And you not only empower yourself but you empower yourself in a way that others feel empowered. That's truly the gift of the 14th Life Code.

And as you tap into the siddhi, you come to that place that is literally the locus of manifestation, and it is that place that is the cornucopia which empowers everything, empowers all of us to be who and what we are, from the largest galaxies to the smallest electrons and what's inside electrons. Once you tap into that, then you're going to really become the Genie, and you can empower others just by being in their presence. They can do anything they want. And it may take them a while to tap into that and manifest it, but you literally open that space up.

An example of this most potent power skill was/is the Buddha Osho. Being directly in his presence and living right near him and working in his commune what I experienced is that whenever someone thought of something that they wanted, it would happen. Osho is a perfect example of that occurring and that this is a real thing, if you're around the Buddha, that can happen, because he was definitely tapped into all of this. Osho was one of the great teachers, that like Buddha, or Christ could just tap you into anything. And that's the siddhi: if you think of it, it will happen. But you need to be in your heart. It has to feel like something that you want to share with somebody else, that you're coming from a space of this will feel good and I want to exchange this something with you so that it will be beneficial to all of us.



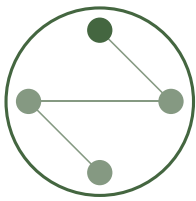
Heaven/Fire

Possession of great things

What Heavens give to mankind becomes visible in the light of Fire..

Encourage goodness and prevent evil. Such effort, undertaken with moderation and clarity, accords with the laws of Heaven and leads to great success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 14

Radiating Prosperity

Extracts from GENE KEYS © Richard Rudd

SHADOW : Compromise
GIFT : Competence
SIDDHI : Bounteousness

14th Gene Shadow : Compromise

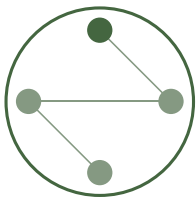
"The source of the 14th Shadow is compromise, and compromise has become the norm for the majority of people on this planet. Compromise has become so embedded in our psyches that we don't even realise that we are doing it anymore. Compromise is the by-product of living without a sense of personal freedom. It implies a lack of imagination and an inability to believe in the power of your own uniqueness and individuality." Compromise begins deep inside us. It begins when we are very young, as we inherit the world Shadows from our parents and our schooling. Many people dream and aspire to greatness when they are young, but most have given up on their dreams by the time they reach their forties. Many give up much earlier, and some of us never even get off the ground. Most young children growing up in today's world dream of being film stars or footballers or famous singers. And most adults see these dreams as passing phases in a young person's life. However, these young people are unconsciously projecting their own inherent urge to excel in an area of life. This kind of early dreamy aspiration actually burns at a very high frequency and if it can be maintained, harnessed and given direction, it will eventually lead these children in the direction of their excellence." Compromise is bred into us through society's systems. Whenever you compromise you are settling for second best, and so you can never fully enjoy what you do in life. If you do not enjoy it you can never excel in it. Enjoyment and enthusiasm are the fuel in the turbine that drives you to excel. All children are born with a certain genius, and if allowed to develop in the right direction that genius will inevitably emerge and the work that they do will inspire others to achieve the same high standards. Genius itself is highly contagious, just as compromise is. Because genius is so contagious and empowering, individuals can truly change the collective frequency of the whole of humanity. Compromise is often a very subtle thing at the beginning. It is not really about your action but about your spirit. If you do something that you don't really like but it is a stepping-stone towards your dreams then that will transform the way in which you do it. If however, you do something that you don't like because society has in some way pressured you to do it, then you are on a slippery slope. That kind of compromise can easily become a habit, and in the end it will sap your spirit and draw you further away from your true potential. You need to keep your enthusiasm alive by seeing what you do as a part of your overall direction in life. This is how you can bring meaning into even the dullest of jobs." Finally, compromise cannot bring you prosperity because it makes you a follower rather than a creator. True prosperity emerges from doing what we are here to do rather than being simply another cog in a collective machine. Prosperity is the by-product of individual creative endeavour and requires a sustained sense of empowered direction. The moment you make a compromise, your wagon begins to leak energy. The riches that you were born with begin to decay. The very frequency of compromise negates the possibility of good fortune and synchronicity – it is a no-man's land where nothing of beauty can ever occur, and no trace of inherent genius and purpose can be realised."

REPRESSIVE NATURE – IMPOTENT

The more one compromises in life, the more powerless one feels to escape. A great deal of our actual vital life energy is held within this 14th Gene Key, and when we do not release this energy through work that we find fulfilling, our power becomes choked up inside us. The word impotent has the double connotation of applying to our sexuality, which is also deeply connected to this 14th Gene Key. Sexual vibrancy and fertility in part rises and falls upon how much fulfilment we get out of our lives. Making compromises out of fear will actually deplete our fertility. Impotence does not necessarily mean that one appears weak. Repressed natures often do a good job of hiding their weakness by going along with whatever happens. True impotence in this respect is about not having the courage to stand alone and pursue one's unique path.

REACTIVE NATURE – ENSLAVED

The reactive nature of this Shadow is also based upon basic insecurity, but instead of collapsing into impotence, these people react by trying to prove themselves. This is a classic pattern in the world today – we see people working hard in jobs that are not really right for them in an attempt to prove to themselves and others that they are special. These people are enslaved to their own need for recognition. Ironically, even if they receive recognition, it doesn't fulfil them because they have never unleashed their true potential in life. Such people are merely pretending to be powerful in life. If you provoke them, they will soon show their insecurity through their rage. True power never needs to prove itself to others or the world. True power is only concerned with the job at hand.



GENE KEY N° 14

Radiating Prosperity

Extracts from GENE KEYS © Richard Rudd

SHADOW : Compromise
GIFT : Competence
SIDDHI : Bounteousness

14th Gene Gift : Competence

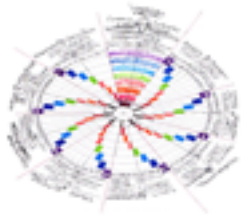
"As we have seen, within every human being lies a latent genius, and this genius emerges when you stop making compromises in life. Competence is the quality that accompanies a person who loves what they are doing. It is one of those gifts that cannot be taught because true competence hints at much more than simply doing things well. Competence carries within it efficiency, enthusiasm, flair and flexibility – the four keys to material success. It is efficient because it finds the quickest and simplest solutions to any obstacles along its path; it is enthusiastic because it is deeply fulfilled by what it does; it has flair because it is doing something in a manner that no one else can; and it is flexible because it can be applied to any sphere of human enterprise imaginable. To be competent means to be able to think both logically and laterally whenever needed. The key to efficiency is the ability to switch spontaneously between creativity and receptivity, which means that it is self-adjusting. At the same time as acting, this Gift is simultaneously listening and responding to its environment. "" The 14th Gift of Competence is one of those gifts that is extremely contagious. As noted, one of its manifestations is enthusiasm, which is such an essential quality within any group enterprise or business. Indeed, this 14th Gift is the main ingredient of any successful business venture or team. The enthusiasm that comes from this gift is the binding force that creates cohesion within groups. Those who have the 14th Gift strongly activated in their hologenetic profile are often the driving force that can implement a particular vision or idea. Theirs is the gift of rousing the team spirit that is necessary to get an idea off the paper and into the world. It is also interesting to note that a competent team cannot contain members who compromise. All team members must be joined together in mutual enthusiasm for the same ideal. "" The 14th Gift also has another latent power – the power of attraction. Competence creates a powerful magnetic field that not only draws in the right support but also has the ability to magnetise material wealth. Once you have attained the Gift frequency, the tendency is for consciousness to keep expanding. "" Competence is unafraid of success and power, and radiates confidence and assuredness wherever it goes. It is a force field that naturally creates prosperity. It cannot do otherwise because it has so much creative power within it. It has only to find the right outlet in the world. "" Finally, the 14th Gift has great flexibility. You cannot be rigid and competent at the same time. "" This flexibility is not the same as having skill. It is a fearless openness to grapple with any task in a realistic and focussed way. If you do not know how to do something, you learn, and once you have learned it, you can apply it to other areas of life."

14th Gene Siddhi : Bounteousness

"One needs to try to understand the import of this last statement. Inside every human being's DNA is stored the collective memory of every human who has come before him or her. That means every feeling, fear, aspiration and desire dating back to the beginning of man's journey and, before this, every instinct within all the creatures from whom we have descended, going right back to the amoeba – all of the immeasurable genetic history of the evolutionary life on this planet has to be erased from our DNA. Only when this has occurred can humanity's true power be experienced without limitation. This is what the 14th Siddhi is about – and it is encapsulated within the name the ancient Chinese gave this archetype – Possession in Great Measure. The 14th Siddhi is the core archetype of your power as an individual. It is the Siddhi of Bounteousness – the ultimate legacy of what it means to be a human. This Siddhi is the true genetic inheritance of man – the ability to create in abundance. But the 14th Siddhi is not about accumulation – it is about fertility. Your true latent fertility lies mostly dormant in your genes. When the 14th Siddhi flowers inside a person, they become a driving force for humanity itself. Their every word, thought and deed reaches deep into the morphogenetic field and pushes the whole of humanity in a new direction – the direction of abundance. The overflowing fertile potential within humans is almost infinite. As this Siddhi testifies, if a single human can influence the entire direction of the species in a beneficial direction, one can only imagine what might happen if all humans were to manifest this Siddhi. The mass dawning of the 14th Siddhi would be what almost all cultures have at some time referred to – the uniting of heaven and earth. Not just a golden age, but a permanent state in which all humans take the helm together – a state in which individual power and collective power become one and the same. "" To conclude this 14th Siddhi, we need to understand one thing more – a difficult truth for some to stomach. Individual power is nothing more than a myth. Despite the fact that this 14th Gene Key is all about personal power, the 14th Siddhi is about the end of all things personal."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 15



SYNERGY AWAKENING CODE N° 15

The Resonance Field

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Homogenization **GIFT** : Complimentation **SIDDHI** : Intrinsic Radiance

The 15th Life Code is the resonance field, which in the original I Ching is the hexagram of “modesty”. And in Human Design is the gate of extremes, which is referring to extremes of human behavior. If you imagine the whole spectrum of all possible types of behavior in the sense of an attraction field, because the resonance field is what attracts things to you.

And at the shadow level of homogenized behavior where everybody's the same, it's pretty dull. The resonance field is pretty dull so you've got to meditate and learn to wake up a bit and get out of that homogenized “I'm going to just follow whatever everybody tells me to do” kind of space.

And then as you drop into your heart, you'll learn the art of complementation. Complementation means different things: you can start complementing somebody, Yin and Yang'ing with somebody, playing off of and opposing somebody, but in a way that allows them to oppose you back and create a spiral of energy that's magnetic. That kind of complementation creates a wholeness that's interesting. That's how we actually are when we meet somebody new that we like, that's what we're actually doing and whether we know it or not, we're creating a resonance field that's complimentary. This compliment, creates a magnetic attraction. And as Gurdjieff said, it creates a magnetic center. If you're serious about waking up and getting onto the path of awakening then you create it with life itself. You start to engage yourself and struggle with your shadows, all your shadows. And that's a deeper understanding of what complimentation is, not just with others, but with life itself and the path of awakening. Because this is the gate of the love of humanity as well in terms of Human Design.

The path of awakening is the way out of whatever problem you have in life as we step into this siddhi. Intrinsic radiance is what florescence is. The siddhi is florescence when you tap into the intrinsic radiance. That's what attracts a Buddha field around the Buddha. That's why so many thousands of people are attracted to somebody who's fully awakened and not just fully awakened within themselves, but they've also spent a life of being around everything from politics to corporations, so they understand humanity's way of being as well as their own luminous presence. And that's what creates a florescence that attracts people from all walks of life.



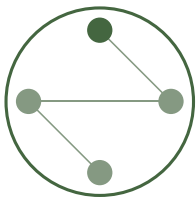
Mountain/Earth

Modesty

The Mountain carries Earth. What is high is brought down, what is low is raised.

Finish your work with modesty, do not expect fame. Weigh things up and balance them one with another. Success is assured.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 15

An Eternally Flowering Spring

Extracts from GENE KEYS © Richard Rudd

SHADOW : Dullness
GIFT : Magnetism
SIDDHI : Florescence

15th Gene Shadow : Dullness

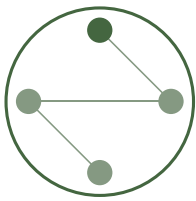
"The 15th Shadow of Dullness describes a low frequency human attitude to being alive in a body. It is the fear of the ordinariness of life." "One of the greatest fears of the 15th Shadow is just this – to be locked into a repeating rhythm that never changes. And yet the huge irony here, which Dante captures perfectly in his great work, is that life does indeed consist of endless repeating patterns and rhythms." "The 15th Shadow highlights the dullness of life. It represents an attitude of human awareness, and indeed of animal and plant awareness, although in the case of other life forms, one might not use the word dullness. A dog can sit on a doorstep for a whole month doing absolutely nothing and never be bored. Indeed when we humans observe animals, we often feel a sense of envy that they seem to have no worries – that their lives are so simple. With our self-reflective awareness, we humans are capable of something truly magical and at the same time quite terrifying – we are capable of attitude. Only the human neocortex makes dullness possible. Two humans going through identical experiences can literally taste two entirely different worlds. One can be in heaven and the other in hell. Not only that, your attitude affects life's events, which is the first great Law of Magic. Experience mirrors attitude. Attitude is in fact one of the great mysteries of life, because its source is indefinable." "The 15th Shadow manifests in human behaviour whenever a person's spirit feels low – for whatever reason. One of the great causes of shifts in your attitude is light or the lack of it – epitomised for example by changes in the weather. On a cloudy, grey day all human beings experience subtle changes in their physiology, as do animals and plants. It is how you interpret those changes that dictates your attitude. No human can escape the dullness of existence. It is all simply a matter of how you deal with it." "The moment your perspective shifts, whether because of inner or outer light, the feeling of dullness can actually become incredibly exciting and vibrant. We can see how this occurs at a higher frequency in the 15th Gift – the Gift of Magnetism. This word gives us a clue that helps to understand the true nature of what we are calling dullness – it is based upon the lack of magnetism or polarity. Dullness is neither the top nor the bottom of a spectrum – it is actually right in the middle where there is no polarity at all. Herein lies the rub – polarity is never dull. Rage is not dull. Violence is not dull. Only the lack of any charge – positive or negative – is dull." "The more deeply you embrace the dullness, the more mystical it becomes – like the emptiness described by the Buddha. The deepest truth of all is that life itself is meaningless. What you do with this truth determines what kind of universe you inhabit. If you get stuck at the level of your mind, you will probably try to find something – anything – to distract you from the dullness. If you get stuck at the deeper level of your feelings, you will probably fall into a kind of depression as your physical energy sinks."

REPRESSIVE NATURE – EMPTY

When Dullness takes hold of someone with a naturally repressive nature it manifests as emptiness. This dullness is very different from boredom, which has a certain restless energetic quality hidden within it (see the 35th Shadow). This kind of emptiness is very close to depression and, in fact, will inevitably lead to depression. Such a person has at some level given up. It is a kind of negative acceptance or resignation. It is acceptance that has only gone to a certain depth within one's nature and has become stuck. Repressive natures are fear-based natures, and such people get stuck because at some level they become afraid of fear itself. This causes the locking mechanism within that leads to depression and other disorders of a similar nature. Such people can only escape these states when they discover the fear that is preventing the emptiness from moving deeper inside them. As we have seen, once someone allows this primordial emptiness to saturate them entirely, it is no longer experienced as something separate from them, neither is it experienced as emptiness. Rather the opposite – it unleashes a great surge of energy and vitality.

REACTIVE NATURE – EXTREMIST

If you have a reactive nature, then you will rebel against the dullness. These people do not accept the dullness either, but their nature is to escape through denial. They often hide behind a kind of vagueness, moving from one experience to another with no real sense of rhythm or purpose. Being extremists they can find themselves in all kinds of diverse situations and places, but again, with no real directed sense of passion. These people are always on the move, never really able to commit to anything or anyone – running from their own shadows. Such people have a hidden rage within that prevents them from being with others for very long. Only when they see through their own patterns of reaction can they begin to accept what they are running from.



GENE KEY N° 15

Radiating Prosperity

Extracts from GENE KEYS © Richard Rudd

SHADOW : Dullness
GIFT : Magnetism
SIDDHI : Florescence

15th Gene Gift : Magnetism

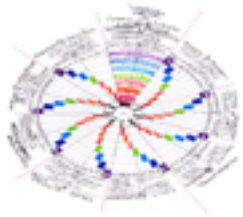
"People displaying the 15th Gift as a powerful trait emanate a tangible physical presence. They stand out from others in this respect. The Gift of Magnetism makes a person physically glow with life force, literally making them appear larger than life. It is a Gift filled with enthusiasm and openness and above all it is a Gift of Love. As a universal unifying force, the magnetism unleashed by this 15th Gift allows you to harness all the power of the natural world. Such people often have a very strong connection with nature or with the animal, plant and organic kingdoms either personally or through their work. Being rooted in the natural world and its diversity of rhythms, the 15th Gift has a natural respect for all sentient life. Just as magnetism holds families of the same species together, people with the 15th Gift feel a deep kinship with humanity. This is a Gift that will readily accept and work with any extreme human behaviour or sphere. Magnetism does not exclude anyone, and the more diversity these people encounter in life, the more fulfilled they are. The real beauty of the 15th Gift however lies in its acceptance of ordinariness. To experience life through this Gift is, in the words of William Blake, "to see heaven in a wildflower." It is to view the holographic vista of life as complete exactly as it appears before you. To the 15th Gene Key there can be no separation between the mystical and the mundane because life is experienced as an immortal journey through all the mythic strands and stories of human culture. Through the 15th Gene Key, you stand amidst the mundane as a warrior. The most boring everyday issue can seem to you no less than an opportunity for personal transformation. The great spiritual trials are not met in the extremes but in the everyday – in your relationships, whilst doing the dishes, cleaning the house or going to work. This is the origin of the mystical saying that in order to find heaven you never need even walk out of your own door. You could summarise the Gift of Magnetism as being the power to influence and be influenced by means of the aura. Magnetism is all about the power of aura. ""It is this 15th Gift that unlocks the power of the aura to conduct and relay information between different forms. The more resonant your aura becomes with the earth's natural frequencies, the wider your aura spreads, bringing you into contact with many of the hidden realities and kingdoms within nature. Eventually, as the frequency of your aura comes into perfect resonance it interlocks with the earth grid itself and your consciousness expands exponentially, becoming one with Gaia and all creatures."

15th Gene Siddhi : Florescence

"The 15th Siddhi is a quality known as Florescence, a word that essentially refers to the process of bursting into flower. Each of the Siddhis in fact represents a process of Florescence. That is what the Higher Self represents – your ultimate flowering. Florescence cannot be chased, hurried or enforced. It is a state that occurs to humans sporadically – meaning that no one can predict if or when it will occur to a particular person. One thing alone is certain – we humans recognise it when it occurs in another. A person in whom consciousness is spontaneously flowering is a person surrounded by magic, by light and by a tangible magnetic mystery. As the zenith of human magnetism, Florescence manifests like a supernova through the human aura, and once it has begun, it keeps expanding and expanding into deeper and deeper dimensions. Such a person becomes a magnet for the many others who hunger for such higher states. Although Florescence cannot be predicted, there are certain signs that may appear before it occurs. If we look to the 10th Gene Key – the Gift of Naturalness, which is the programming partner of the 15th Gene Key – we find a clue. When a person becomes truly natural and comfortable with who they are, when they become truly accepting of theirs and others' lives, they are close to flowering Florescence is experienced when awareness finally comes to rest because only when awareness stops seeking itself can it truly rest. When it does come to rest, consciousness – which was within it all along – finally shines through. The ancients and sages said that the mind must be still, or that all thought must stop, in order for reality to be perceived. This has actually been misinterpreted down the ages – it is not thought that must cease, but identification with thought. It is the thinker that must cease! Hearing the above truth, many have sought and continue to seek the source behind awareness. However, no amount of tinkering with awareness can reveal the truth. This is why there is no technique or system that can ensure enlightenment. Awareness has to come to rest of its own accord. It is a great and wondrous mystery. The fact that there is nothing that can be done to speed up our flowering can be seen as both a blessing and a curse. To the mind it seems a curse because the mind likes having something to do. To the inner being, it is a great blessing because the embodiment of this truth will lead to progressive levels of relaxedness. Ultimately, Florescence depends on nothing. It cannot be created – not by meditation, not by good karma, not by any form of effort, not even by effortlessness. Florescence is Grace. It occurs whenever and wherever it feels like occurring!"



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 16



SYNERGY AWAKENING CODE N° 16

Inborn Capacity

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Diffusion of Attention **GIFT** : Natural Ability **SIDDHI** : The Essential Thread

The 16th Life Code is inborn capacity and it's the hexagram of "enthusiasm" in the traditional I Ching. And it is the gate of skills in Human Design. We can tap into inborn capacity but it's hard to do when you're in your shadow.

In the shadow your attention is diffused. You are basically distracted away from yourself, you're indifferent. You're not even tapped into your natural abilities. Indifference indicates that there's no energy for developing anything out of love for yourself so that your talents can come out. And that's because when you were a child and chasing that butterfly, and you had total focus on that, and you were totally developing that, somebody came along and diffused your attention by saying "stop that you need to come eat right now". Instead of saying "when you get done with chasing the butterfly, there's a wonderful dinner on the table". Once the butterfly flies away, you can naturally come in to where you were invited to eat.

That's versatility, that's supporting versatility, the gift of versatility, you can chase the butterfly, you can eat dinner, and it can all be done in a way that supports who you are, rather than diffusing your attention and making you indifferent to all that because somebody said in a direct way, come in and eat dinner, and you totally lost the attention on the magic of the butterfly.

The essential thread of the siddhi is the ability to tap into source's expression of you through you. That inborn capacity is literally a gift from source and source has created all of you. When you tap into that essential thread that taps you back into source's ability to create you, what comes through you, and is created through you, becomes the essential thread of the source as "man the microcosm", you are a universe unto yourself. What a fascinating person that would be to meet, when you can tap into that and start to express that.



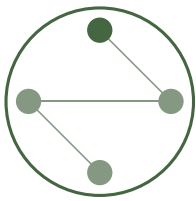
Earth/Thunder

Enthusiasm

Thunder erupts out of the Earth and awakens new life, as it happens in springtime.

Collect helpers around you and show your power. Do not fear an argument. Remember your faith and your origin.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 16

Magical Genius

Extracts from GENE KEYS © Richard Rudd

SHADOW : Indifference
GIFT : Versatility
SIDDHI : Mastery

16th Gene Shadow : Indifference

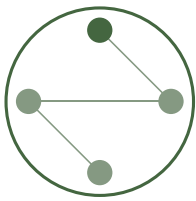
"At the Shadow frequency one of the most powerful and pervasive forces that keeps you from perceiving a higher reality is indifference. As long as you are indifferent, you can't ever be different. This is the key to the 16th Shadow, which concerns the very human fear of leaving your comfort zone and fully embracing change in your life. As an aspect of the Codon Ring of Prosperity, the 16th Gene Key is about excellence. To prosper truly in the world is to find the one thing in life at which you excel above all others. This is the true destiny of every human being, but to bring this dream to fruition you must first step out of the shadows and take the risk of being different. Indifference is an energy field that gets you to focus your precious time and life force on the inessential. The inessential in this context is anything that takes your attention away from the present moment and its limitless potential. As long as you are focussed on the inessential, you will be indifferent to the things in life that really matter." "Indifference is an energy field created by all the human beings on this planet who are not doing what they would really love to be doing. The only reason for this state is fear. Whoever you are and whatever your life circumstances, if you transcend your fear you will suddenly become so much more capable than you were before. To break out of the field of indifference is to make the courageous move deep into your own fears and overcome the lethargy that prevents you from making something truly beautiful of your life. Indifference has many faces and excuses. One of the primary excuses human beings use for not doing what they truly want in life is the excuse that they don't have enough time. This habit of making yourself a victim of time is the core escape strategy of the 16th Shadow, but time actually has nothing to do with it. You have become a victim of your mind rather than of time. Time itself is as fluid as water, and as the 17th and 5th and 52nd Gene Keys testify, it can be bent, shortened, twisted, lengthened and even stopped. The moment you take a stand and begin to follow your dreams, time becomes your ally rather than your enemy, automatically adapting itself to fit your needs." "The 16th Shadow has much to do with the unique gifts concealed within every human being, but at the Shadow frequency this can be very confusing. The 16th Shadow puts all its emphasis on skills, techniques and systems rather than on the human spirit that enlivens them. These people can become addicted to information and techniques, but rarely transcend these techniques. The 16th Shadow creates experts, whereas the 16th Siddhi creates masters. The distance between the two is almost unfathomable. To be an expert is to remain indifferent and unenthused because once enthusiasm has been unleashed, skill gives way to something far more magical – it opens up the amazing Gift of Versatility. As you become more versatile, you for the first time become truly different – you become special, and the moment that happens, you have finally killed indifference."

REPRESSIVE NATURE – GULLIBLE

When indifference is repressed it manifests as gullibility. These people become victims of the mass propaganda of the collective. An example here is people who use the excuse that if governments cannot help the world situation, how can they? This gullibility essentially allows people to hide their indifference behind the indifference of others. At the deepest level this gullibility fosters individual weakness and a feeling of powerlessness. Every time you turn on the news on television for example, you meet this huge negative conditioning field. How you respond to this field determines your frequency. The response of the repressive nature is to bury your head in the sand in the belief that nothing can be done.

REACTIVE NATURE – SELF-DELUDED

The nature of indifference actually makes it impossible for a person to react, so the reactive nature in this instance appears to be something of a misnomer. These people hide their fear in their obsession with structure, systems and techniques. They become so deeply identified with the structures their minds are following that they forget about the reason for the structure in the first place. This gives rise to a deep self-delusion in which these people build powerful mental walls around themselves, keeping the world and others locked out. In a certain sense these people are also gullible like the repressive nature, but their gullibility concerns their own propaganda rather than anyone else's. They are convinced by their own minds. However, behind their mental walls seethes a huge anger that is far from indifferent, and which will eventually destroy them unless they can see through their own self-delusion.



GENE KEY N° 16

Magical Genius

Extracts from GENE KEYS © Richard Rudd

SHADOW : Indifference
GIFT : Versatility
SIDDHI : Mastery

16th Gene Gift : Versatility

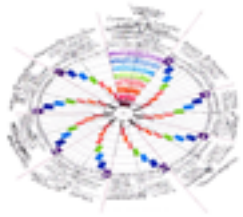
"In discussing the 16th Shadow, you need to realise something of great importance – indifference is an expression of the collective frequency of humanity operating through your genetics. Because of this, there can be no fault or blame placed on this trait. Indifference simply arises because the mass consciousness does not yet see its own true nature – that is, it doesn't yet realise itself as a holistic entity. However, our new awareness will enable us to identify as a single consciousness. This identification means, for example, that when someone turns on the television to watch the news and sees something unpleasant, they will no longer not identify with the people involved. There will be a deep-seated realisation that these people are an aspect of their own consciousness. This new identification with humanity as your own greater body will lead you naturally into service. It will no longer be possible to be taken in by fear propaganda, as the victim consciousness on our planet will be splitting apart. It is at this stage that the powers inherent within the 16th Gift will become apparent. The strength of the 16th Gift is its remarkable versatility. The 16th Gift encompasses learning and acquiring techniques and skills, but true versatility occurs when you transcend technique. Whilst at the Shadow frequency your skills actually trap you, here at the Gift frequency they become a ladder into the true self. At the Shadow level the focus is on the skill or the technique itself, whereas here at the Gift level skill serves only one purpose – to act as a bridge to a higher state of consciousness." In essence, the 16th Gift is not really about skill at all. It simply uses skill as its medium to reach this higher state. The Gift of being versatile is the ability to pick up any skill that is needed and use it for a single aim – for the betterment of humanity and the service of the whole. Versatility is driven by the dynamic energy of enthusiasm – the feeling that you are doing something thoroughly enjoyable, which also happens to improve people's lives and serve the whole." The Gift level is the level that we refer to as genius and the nature of genius is versatility. One has the ability to understand an energy signature that pervades all creation. Leonardo Da Vinci is a good example of a man who displayed this versatile ability to move between the arts and sciences with great ease. A true genius rarely restricts him or herself to a single branch, because that would limit their Gift. The great joy of versatility is to spread your wings as widely as possible."

16th Gene Siddhi : Mastery

"At the siddhic level a paradox opens up before us. We have gone from lack of identification at the Shadow level, to identification with a skill as you approach the Gift level and then a loosening of that identification in order that you become truly versatile. At the Siddhic level the issue of identifying with what you are doing is no longer relevant. At this heightened level of consciousness, your identity is erased and you become an empty vessel for life. Here all learning ends and there are no more levels. With talent and even versatility, there are still levels. Even the greatest pianist can still improve and expand. However, with the 16th Siddhi of Mastery the whole game of expanding or evolving, either horizontally or vertically, is over. The 16th Siddhi is a relatively rare expression in the world because it encompasses what some would call magical abilities." Rachmaninov's 3rd Piano Concerto is considered one of the most difficult and awesome pieces of western classical music in existence. To learn to play this piece of music takes years of sustained practice and discipline, even if you have genuine talent. However, the kinaesthetic knowledge of how to play this piece is actually already contained in every single human being alive. The 16th Siddhi allows direct access to this and all other kinaesthetic knowledge, which means that, if the 16th Siddhi is activated, you could play this piece of music as well as any piano maestro who ever lived without ever having touched a piano in your life." The enthusiasm inherent in the 16th Gene Key also has its manifestation in the Siddhi, where it shows its true nature. The word enthusiasm derives from the Latin and Greek meaning to be possessed by the breath of God. As the Divine currents flood human beings, shattering their identification with the world of form, so God has her play through us and one of the forms of this play is to display mastery over creation. It is impossible to be indifferent to a miracle, and this is the highest expression of the 16th Siddhi – after all, if God is not allowed to have fun, then who is? The special powers of the 16th Siddhi have only one purpose – to be of service to the whole, even if that manifests as a form of cosmic entertainment. True Mastery is to have absolutely no individual power whatsoever – it is to merge with the Divine Will and therefore become a master of nothingness. This is the ultimate theatre and the highest of all arts, and at the same time it has the incredible power of pulling humanity out of its indifference."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 17



SYNERGY AWAKENING CODE N° 17

Designs of the Spirit

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Fixated View GIFT : Balanced Perspective SIDDHI : Wholistic Vision

The 17th awakening code is called Designs of the Spirit, and in the I Ching it is the hexagram of “following” and in Human Design it is the gate of opinions.

At the shadow level, it is the fixated view of opinions that leads to a mind set of I’m right and you’re wrong and that’s it, we’re done, see you later. It’s also the right eye. So, it’s the left brain, right eye, logical, logical, logical, “this is how I see things”. I’m stuck in this position and you are not going to change my mind. And it also leads to a certain way of organizing things based on that because it’s also part of what organizes and allows organization to occur, being the logical view.

As we step beyond opinions and into our heart, we open up the gift of farsightedness, which allows for a balanced perspective, when we can accommodate other people’s opinions and use the best of other people’s opinions to blend with our own way of seeing things. We can come up with something that invites, includes and encourages and supports a systemic way of seeing things where we start to see things from a wholistic perspective, which is what the heart gives us. And then we start to see the meaning of designs of the spirit a little bit more fully and completely, more wholistically, which brings us to the wholistic vision of the siddhi of this Life Code, which is about omniscience.

This is not omniscience of the source that can see everything all the time, everywhere, at every level. It’s just that whatever it is that you’re seeing in that moment, you can see its interconnectedness to everything, that one thing that you’re focusing on. Gurdjieff created a technique called the objective prayer method, where you would take a simple sentence that had very deep and profound meaning and just comb through every single word, to see the wholistic vision open up and unfurl and unravel with each one of those words, and then put the whole sentence together and see how that enriched and expanded the essential meaning that is the wholistic vision. And that’s the true way to use objective prayer with prayer beads. You can start at level one with your 108 beads and just go deeper, deeper, deeper.



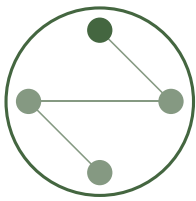
Thunder/Lake

Handing Over

The violent movement of Thunder changes into the pleasurable murmuring of the Lake. It calms itself and gathers strength.

Time for repose and relief. The one who inherits a situation adapts to it. Start your work cheerfully, with conviction and good will. Perseverance bring success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 17

The Eye

Extracts from GENE KEYS © Richard Rudd

SHADOW : Opinion
GIFT : Far-sightedness
SIDDHI : Omniscience

17th Gene Shadow : Opinion

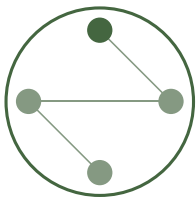
"As we examine in depth the pairing of the 17th and 18th Shadows, we will see two of humanity's greatest mental gifts and dilemmas – opinion and judgment." As an intellectual capacity within the human brain, the 17th Shadow of Opinion corresponds to the digital left hemisphere of the brain that specialises in pattern recognition, the basis of logic. Fuelled by the restless nature of the 18th Shadow, this 17th Shadow seeks an answer to its unease through the mind, whose nature is to project itself out on the world. In other words, the Shadow of Opinion is programmed to look for flaws in the outer world, in society, in people and even in oneself. When a flaw is discovered it becomes the seed for an entire worldview and a whole story is built up inside the mind of that individual. The projected flaw, which is always based on some form of comparison, becomes the point of focus for all that dissatisfied energy coming through the 18th Shadow. This is how human opinions form – they crystallise around a single projection, which is born of early conditioning, and thus over time a molehill turns into a mountain." In our modern society, opinions are actually considered to be a healthy thing, and it is true that they are not inherently unhealthy. The logical left brain thinks through taking sides and comparing. Problems occur when your dissatisfaction begins to identify with an opinion and turns it into a dogma. It is also at this point that another disease takes root inside you – the dis-ease of seriousness. The healthy expression of opinion is rooted in a certain playfulness that comes of having an equally developed right hemisphere of the brain. Whereas the left brain sees the parts, the right hemisphere only sees the whole. If the inner structure of the brain is balanced, the male aspect will always serve the female, since seeing the part without seeing the whole is limiting, divisive and dangerous. Whenever you become over-serious about your opinions you immediately find yourself having to defend them. It is this dynamic that is at the root of violence." In summary then, the 17th Shadow holds human thinking at a dualistic level, and it does this through over-emphasising the left brain approach. It makes the logical intellectual view the lynchpin of your neuro-linguistic reality. In this sense it compromises and represses the holistic right brain, a process described in detail through the 11th Shadow. It is only through combining and balancing these two viewpoints that a third transcendent view opens up to you. This is precisely what the 64 Gene Keys do inside your brain – they give you a new set of neuro-linguistic parameters that digitally reprogram your logic to transcend itself and find the third view. It is this third view that will ultimately allow you to perceive a wider and greater reality. It is this very same process of inner rewiring that generations of masters and mystics have called the opening of the third eye."

REPRESSIVE NATURE – SELF-CRITICAL

When the 17th Shadow turns inward it creates the tendency in the mind to consistently compare oneself to others, and furthermore to side with the others. This results in human beings who continually undermine themselves through self-criticism. As a pattern lodged deep within the unconscious, it also means they are rarely aware of what they are doing. The self-critical aspect of these personality types usually does not value itself enough to hold an opinion, much less express it. Such people lack the backbone necessary to stand up for themselves because they have no real sense of themselves. The power of the 17th Shadow is that once it has fixed a viewpoint, it can always find evidence to prove the validity of that view, since it is adept at pattern recognition. These people thus go on accumulating evidence throughout their lives to support the core belief that their life is of little value.

REACTIVE NATURE – OPINIONATED

Opinion can be understood as anything that requires defence to uphold. As the 17th Shadow turns outward, it creates the impressive systems of dogma seen all across the world. This Shadow has great appeal to the male population in particular since the male brain naturally favours the rational approach. These people use logic as a means to enforce their opinions and views in the world, thereby making others essentially wrong. The majority of the world is made up of those who create the opinion bases – sciences, systems and hierarchies, and those who then believe those opinions and unwittingly become their victims. Those who defend an opinion are ruled by their unconscious anger, which is the expression of their deeper fear. It is extremely rare to find a human being who is truly free from opinion. Such a person must have looked into their fears and embraced their rage in order to move into that magical place that sees both sides of life. Only in seeing both sides can balance be struck and control be yielded.



GENE KEY N° 17

The Eye

Extracts from GENE KEYS © Richard Rudd

SHADOW : Opinion
GIFT : Far-sightedness
SIDDHI : Omniscience

17th Gene Gift : Far-Sightedness

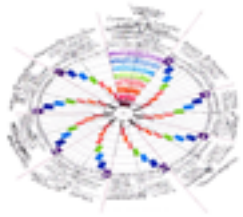
"All opinions are based upon seeing flaws in the geometry of life. It is only when you have transcended your fear of freedom that you can move beyond the opinion game and enter a higher sphere of existence. Moreover, to move beyond opinion you have to stop taking life seriously and personally. For most people the 17th Gift seems beyond their capacity, because to give up your viewpoint is to give up the deep-seated need of your mind to identify with something fixed. Your mind believes that in finding a fixed view or philosophy fear can be held in check and life will be under control." "And yet, the 17th Gift is not about having a great holistic vision of reality that takes no sides and is beyond opinion. The 17th Gift is a mentally dynamic Gift – it does not sit idly by with a philosophy of passive acceptance. This Gift has a purpose and that is to understand the minute mechanics of life as well as seeing the whole picture. Like its Shadow, the 17th Gift is driven by its programming partner the 18th Gift, which is Integrity. Thus the true purpose of the 17th Gift is to serve and uphold Integrity by challenging all misrepresentations of truth in the world. The very quality that leads to narrow-mindedness at the Shadow frequency has a mission to create open-mindedness at the Gift frequency." "The advantage of the 17th Gift over the mass-held opinions of the Shadow frequency is that it entails a higher form of cognition – far-sightedness. Because the 17th Gift doesn't dictate direction in a person's life, it is freed to do what it was always intended to do – differentiate between those patterns that lower your frequency and those that raise it. Not only does this Gift see beyond opinion, it also grasps the operating mechanism that gives rise to opinions and the human tendency to get caught up in them. It is through working with this Gift frequency that the process known as the opening of the third eye begins. The first stage in this process occurs when you see the futility of identifying with a specific opinion. This Gift brings access to a whole new inner language that circumvents the need for one-sided expression and highlights the deeper issues that underlie argument." "Instead of serving the intellect, the 17th Gift sees through the awareness emerging from the solar plexus system. It allows universal knowing to settle within the logical construct of the left brain, which can then express the mechanics of oneness in totally new and fascinating ways. In seeing the mechanics of life in this way, the 17th Gift also begins to demonstrate its other specific ability – prediction. The 17th Gift is peculiarly slanted towards looking ahead into the future. Wherever the focus of the 17th Gift is trained, it has the ability to see how one pattern gives birth to another related pattern, and since it can transform a transcendental view into a logical view it can see the logical progression of one phase of evolution to another."

17th Gene Siddhi : Omniscience

"This Siddhi directly corresponds to the complete opening of the third eye. At this level of consciousness, the one who sees and the object of their seeing becomes one and the same. All that is left is a single eye through which consciousness endlessly pours. This is called the Siddhi of Omniscience. In traditional religious dogma, only God or the gods are seen as omniscient, which is a wonderful example of how effectively the lower frequencies keep the third eye firmly closed. This other eye inside human beings is located within the higher functioning of the pituitary gland and it can be opened in a number of ways." "However, temporary activations of the third eye, whilst affording us a sneak preview of higher states, cannot compare to the Siddhi of Omniscience. In the alchemical sequence of awakening, the Siddhi of Omniscience can only flower after the full opening of the heart, and the heart-opening phase destroys all vestiges of self along the way. It is as though the eye can only open once the inner sun arises. This 17th Siddhi is something of an anomaly, since it is the only aspect of the mind to survive awakening. All other aspects of the mind are transmuted into the higher frequencies with the exception of this single eye – the mind's eye. Once the heart has bloomed, the inner eye provides a communicative link or interface between the brain and pure consciousness. The inner eye could be described as perfectly circular, seeing in all directions simultaneously. Whereas the 17th Gift can read the pattern of the future, the 17th Siddhi can see the future in precise detail. Just as time is distorted through the 17th Shadow, it is seen as illusory through the 17th Siddhi, which experiences past, present and future as a single eternal screen of consciousness. It is through the Siddhi of Omniscience that the world gets its true seers and oracles." "Omniscience testifies that whatever is happening at this precise moment is absolutely perfect because it is following the direction of consciousness as it burrows into the world of form. Perhaps this is the mystical meaning of the original name of this 17th archetype from the I Ching – Following. Everything that happens follows the plan and the plan is perfect, and the plan is both predetermined and created as we walk the path."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 18



SYNERGY AWAKENING CODE N° 18

Mirroring

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

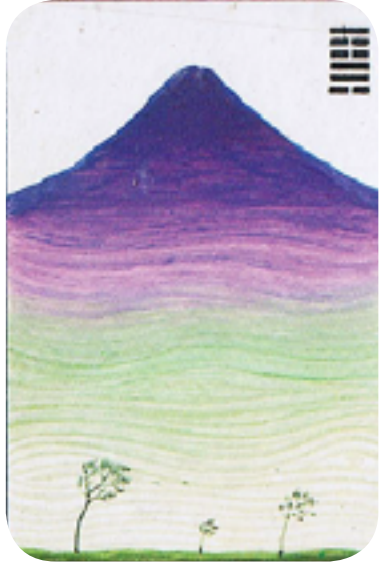
SHADOW : Projection GIFT : Clear Reflection SIDDHI : Integral Reality

The 18th Life Code, originally, in the Human Design is called the gate of correction and the I Ching it is the hexagram of “work on what has been spoilt” The 18th Life Code is all about challenging authority.

And interestingly at the level of the shadow, you are constantly coming up with judgements. And it arises primarily out of your take on what you’re receiving, rather than really receiving what’s being given to you through your senses. And so you end up reacting to what you’re perceiving, and putting some kind of evaluation on it, and then feeding it back to the other person as if it’s actually the kind of correction of the course that you see they might need in order to improve their performance, or their expression, or their action, or their words, or their thoughts, or their ideas, or whatever it is you’re judging. So, you have to be very careful as the shadow level comes from the mind and the mind is the storehouse of everything you’ve been conditioned by, it’s all the stuff that comes from the outside, from others. It’s not stuff that’s innate to you. So, you’re borrowing things, and you’re trying to make an evaluative judgment on something outside, without responding from the wholeness, the totality of who you are, you’re not even in your heart, you’re basically in your head. This is a very mental judgment kind of thing.

As we jump into the gift, you get much more of a clear mirror of what’s going on. And it comes from your integrity. Integrity only comes from your heart, it’s the things you’ve actually experienced, that’s what integrity is indicating, it’s your experience, you’ve been directly involved in it. It’s impacted you in all five sensory channels, plus your discriminative ability has gone in and made an evaluation of it based on your own experience. And then from that experience, as you look out into the world, you can attune to other people’s experiences and get a scale of where your experience stands in relation to that. So then when you reflect, based on all of that information and as you are coming from your heart, and holding a kind of a holistic view of your relationship to whatever process it is that you are involved, you’re giving a reflection to another, which is integrity, it’s integrated, it’s part of something that’s related to the whole picture of which you are a part. So, when you reflect it to another, they’ll get that sense of your integrity, which also puts them in touch with their heart and their integrity. And allows them to feel what you’re saying not only in the sense of an accurate reflection, but also in the sense of possibilities of a deepening of what’s being mirrored back to them in such a way that they can create more excellence through the process, they can grow, they can develop. So, the 18th Life Code is all about correction for the benefit, not just judging somebody and putting them in their place. It’s about releasing them from their place and allowing them to grow.

The space that’s been created at the siddhi is that we have the perfection of the pattern., it’s integral reality And that’s where you tap into the actual, essential pattern. That is the source of the pattern that basically everything in existence relies on as its backbone and it dresses it up, filters it according to where on the scale it is in existence that the pattern is being expressed. So at the frequency of the siddhi it’s like you stripped down all the outer coatings, all the glosses over this pattern, and you find your direct relationship as a universe in itself, because we’re all universes in ourselves and you find that place in yourself where the source of all patterns come from, and you realize you’re a pattern. Also, you’re a pattern that came out of that source too. And that’s it. That’s an experience that is really hard to put into words because it’s going to be absolutely unique for every single person. But again, the key is that if you can tap into that patterning essence of everything, then it’s going to obviously impact others in a way where if they’re silent and they’re still and in the present with you that they will start to resonate in harmony with that original patterning source of intelligence in themselves. And when it impacts, it is going to be different than when it’s actually expressed in the world, and when it comes out in the world it is going to involve your thoughts, your words and your deeds, not just like an isolated insight, but there’ll also be an action, and there’ll be an expression that impacts others.



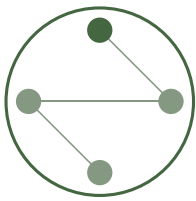
Wind/Mountain

Renewal

The Wind encounters the Mountain and loses strength. Development stagnates and must be revitalized.

Discover the cause of problems and overcome them. Then there are good prospects for success. Wake up, gird yourself for a decisive step.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 18

The Healing Power of the Mind

Extracts from GENE KEYS © Richard Rudd

SHADOW : Judgement

GIFT : Integrity

SIDDHI : Perfection

18th Gene Shadow : Judgement

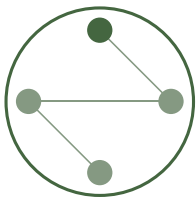
"The 18th Shadow gives rise to a collective phenomenon in the world known as the victim mind. The victim mind is a conglomeration of all the undermining, judgemental thought patterns throughout the world. If you sincerely examine your own thoughts during a typical day, you will probably discover that a great percentage of your thinking is affected by the victim mind. In other words you are allowing your mind to be influenced by the collective negative thought patterns of the whole of humanity. The true import of this last statement can come as a huge shock to many people. The world of the victim mind is an inner world of gossip, complaining and worrying. Most of us complain inwardly about all aspects of our lives, especially the people in our relationships, and we worry incessantly about mundane issues such as money and our health. Ironically, it is exactly this kind of thinking that keeps us from being abundant in terms of both our wealth and our health. You may think it is absolutely human to complain, but it creates a negative frequency in the human aura of both the complainer and the victim. In other words, the more you complain the more you damage yourself and the world." Morally speaking, judgement gets a bad rap in the modern world. We talk about being nonjudgemental as though it were one of the highest goals in life. In fact, it is impossible not to judge because judgement is the way in which the human mind thinks. What defines the low frequency of the victim mind is that you identify with what you think – in other words, your judgements define your identity and make you feel more secure. However, if you can make a judgement and at the same time be aware of judging then you are no longer trapped by your own mind and thus the frequency around that judgement changes. Because the 18th Shadow is twinned with the 17th Shadow of Opinion, these two genetic themes are inseparably linked through the structure of your DNA. All judgement is rooted in opinion and vice versa. The more you think you are your opinions the more you have to defend them, whereas the more lightly they are held the less attached you will be to being right. This 18th Shadow is about needing to be right. It takes a loosening and a lightening of your identity to let go of your need to be right. If this Gene Key is a part of your hologenetic profile then the most important question to ask yourself is: Would I rather be right or happy?" The 18th Shadow holds another of the key secrets of all human interaction – all judgement is selfjudgement. Because we humans perceive ourselves as separate from each other, we miss this vital fact. To challenge another person is to create a division within yourself. This does not mean that you should never challenge others, but it does mean that you need to remember that the other represents something inside of you that you are being given an opportunity to resolve. The key to raising the frequency of the 18th Shadow lies in this perspective that everything external in your life is a mirror of an internal process seeking resolution. This is why the highest aspect of the 18th Gene Key is Perfection, because life is continually offering you a pathway to the realisation of your own perfection."

REPRESSIVE NATURE – INFERIORITY

The repressive side of the 18th Shadow is about feeling inferior. This pattern first develops through our relationship with our parents, particularly during our teen years. If our parents judge us too harshly during these formative years, a pattern of self-judgement sets in. If you are one of these people then your pattern is to turn judgement in on yourself. Out of your own self-judgement you become a conformist, going along with the majority instead of standing up for yourself and your own convictions. All judgement is based on comparison, and with self-judgement you compare yourself unfavourably to someone who you consider to be above you. This in turn gives rise to a deep-seated feeling of inferiority and a constant habit of undermining yourself.

REACTIVE NATURE – SUPERIORITY

The reactive side of the 18th Shadow manifests as the judgement of others based on feeling superior. This judgement emerges as a constant need to challenge any authority figure, beginning with the parents. If the process of challenging one's parents is not permitted a natural resolution, this behaviour pattern becomes a permanent part of one's character. It occurs when our parents do not maintain strong enough boundaries around us and instead fall victim to their own self-judgements. The urge to challenge then becomes cemented by an unconscious anger in the child that the parents were not strong enough to maintain their integrity. This translates in the teen's life to a deep disrespect for authority and a belief that one is somehow above it. These are volatile people whose very identity is then built around the undermining of others.



GENE KEY N° 18

The Healing Power of the Mind

Extracts from GENE KEYS © Richard Rudd

SHADOW : Judgement

GIFT : Integrity

SIDDHI : Perfection

18th Gene Gift : Integrity

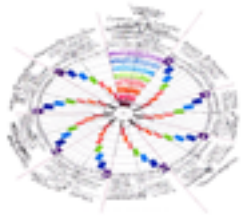
"The secret of the Gift of Integrity is to be able to hold your own space without reacting to your judgements or self-judgements. As a parent, you will be drawn in by the upheaval of this period in a child's life, but as a parent you also have to learn to stand back from it and trust in it. If parents truly understood how crucial their role is during this phase in their child's life, they might act with less judgement and feel much surer of themselves. Integrity as a vibration means far more than just holding fast to your values. It is actually a word often used by architects and engineers to describe the strength of material structures. Integrity is a deeply physical attribute and is actually a function of your immune system in maintaining the tensile strength within your body. For many people who have to resolve issues from their teenage cycle, it will take a full seven years – whether through therapy, bodywork or some other sustained system that targets your conditioning. Integrity is born into the human vehicle, but it also has to be earned – whether during teen years or later on in life. When a person has attained the Gift of Integrity or grown into it through a healthy passage into adulthood, it will remain forever because it is the true nature of every human being." "If the 18th Gene Key is prominent in your hologenetic profile, your life will continually bring you back to these recurring issues rooted in your childhood. You will have to understand what made you the way you are in order to release the aspects of your conditioning that do not belong to you. In time, this will make you a master of understanding the ways conditioning works and you can help others break free just as you have. When you are free from the trap of the victim mind, your judgement becomes Integrity – the archenemy of the victim mind. It is the same energy, the same archetype, but experienced from a higher level of consciousness. Judgement, criticism and correction are magnificent qualities when used in the right way. The Gift of Integrity is about demanding and maintaining a high standard in everything you do. As a fully healed adult, your purpose is to help others complete their childhoods so that they can finally enjoy their lives and pass on their integrity to their children. To uphold Integrity, you have to be courageous – you have to challenge anything and anyone who does not meet your high standards. To live with Integrity is to take on the whole world – to challenge it to meet the high standards you are setting. Wherever you see someone living with Integrity, you are seeing someone using the power of judgement in an objective and impersonal way. This is the great Gift of the 18th Gene Key – not to use or take judgement personally, but to learn to judge from your heart. Judging from the heart can never be cruel because true Integrity has only one purpose – to serve the whole in the spirit of truth and compassion."

18th Gene Siddhi : Perfection

"When you put your Integrity in service to the whole, an amazing thing happens – you become more and more dissatisfied! The more good you do, the more you realise how much more you could do. This is known as divine dissatisfaction. Everywhere you look, you see how the world could be improved. As you become more and more anchored in your integrity you aim higher and higher in your service. Perfection is the highest vision a human being can aim for, and you do begin to aim for this highest of ideals – not for yourself, but for the sake of the world. At this level you are using the archetype of judgement to challenge the fabric of reality itself. The higher levels are infinite and therefore seem impossible to attain, but like a Zen Koan that cannot be solved by the mind, if you keep aiming for perfection it will eventually blossom within you as a natural state. You will pass beyond the very definition of perfection." "The 18th Siddhi is not often seen in the world today. It involves the incarnation of an archetype of perfection. Such people are tireless in the service they give to humanity. Paradoxically, they know through personal spiritual experience that the world is perfect exactly as it is – there is nothing about the world that need be improved. Yet they are driven by this archetype of perfection to keep tirelessly improving both themselves and the world until the day they die. All beings within the siddhic state share this dilemma of having completed their inner evolution, yet find themselves still living in the world." "Another aspect of the 18th Siddhi concerns the way in which we think, and especially the way in which we think about others. One of the great universal laws is that energy follows thought. This Gene Key has enormous power over the mental plane and can completely reformat a person's mental reality. Someone demonstrating the 18th Siddhi is above the victim mind – when they look at someone, even someone who appears genuinely evil, they see only the Higher Self hidden in that person. By holding this high thought frequency around that person, they actually influence hidden currents of energy that raise the frequency of the other. This is called siddhic thinking, and it involves thinking with the heart. This is much more than positive thinking. Siddhic thinking is really an energy field surrounding the aura of the one manifesting the 18th Siddhi, and in this sense it should not be considered thinking in the normal sense of the word."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 19



SYNERGY AWAKENING CODE N° 19

The Law of Necessity

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Clinging GIFT : Attunement SIDDHI : Interconnectedness

The 19th Life Code in the original I Ching hexagrams is the hexagram of "approach" and in Human Design it's the gate of wanting and through the Synergy Awakening Codes it is expressed as the law of necessity.

At the shadow level it's very much about codependence and codependence creates that sense of imbalance between two people interacting based on needs and exchanging needs. And it's a misperception that you need to get something from somebody else, because you're not capable of getting it for yourself. So you are dependent and it could be emotional, it could be intellectual, it could be physical, it could be material. It could be ideational, it could be metaphysical, it doesn't matter. It's whatever it is that you perceive yourself of not capable of tapping into. So you have to literally grab onto something from the outside and it does not create a comfortable space, because you know that at any time it could disappear. And then you'll be thrown into that place in yourself that is kind of like a black hole in terms of that need, that necessity that you've come to depend upon. Which if you're ready for is a beautiful thing because if you allow yourself to fall through that black hole, you come out the white hole of your gift, which is sensitivity.

Listening, but listening in the Tai Chi sense of listening to energy, where two people are in touch with each other, actually touching each other on the wrist, and they're moving. And just by that contact and movement through the wrist, they're feeling everything inside the other's body and vice versa. That is the level of attunement that this 19th Life Code is talking about. It's also a way to tune into all the different types of mammals that we share the planet with. We're the most advanced mammal, but there are many other mammals we can literally tune in to, through this Life Code, just with the skill of listening. It's a different kind of listening, it's listening with the whole body, the nervous system, with the cells of the brain, with the skin, the surface of the skin, and the pores and pressure and everything. There are so many subtleties in here. It comes from facing that sense of lack in yourself and going through that, that gap, that hole in yourself. And then you come out into a place where you find yourself attuned in a much more deeper way.

And that ultimately, as we slowly settle into tuning into others, not only to humans, but then to animals, and then we start attuning to groups of humans and it starts to grow, it starts to eventually become a universal thing. Then we get to what's called sacrifice, and the only thing that sacrifice means is our willingness to give up our sense or position of either separateness, or anything that makes us separate, like superiority, or inferiority and we realize that we are actually an accurate representation of the whole, a fractal of the whole. We are a microcosm and when we start to realize that everything that we attune to on the outside, taps us into something on the inside, eventually we start to tap into the totality of who we are, and that directly connects to our capacity to tap into what's outside of us. And that's literally how the universe recreated itself by tapping into the inside of itself and constantly reproducing itself on smaller and smaller scales. And because the scales got smaller, the relationships changed. And then that same thing that was the universe at the greatest scale, as a hologram eventually became human beings. And so human beings, by law, are also able to reproduce everything that's in the universe too because it's within themselves, but it's on the smallest scale. So what we get out of that is the life we live, not this vastness, that's the universe. And we contain that vastness, in essence, within.



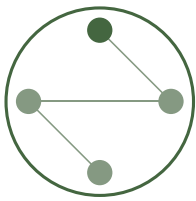
Lake/Earth

Approach

The Lake turns towards Earth, the hollow strives towards its innermost centre. The youngest daughter approaches her origin, the mother.

Take matters in hand. Perseverance brings success. Take heed quickly for circumstances may soon change.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 19

The Future Human Being

Extracts from GENE KEYS © Richard Rudd

SHADOW : Co-dependence
GIFT : Sensitivity
SIDDHI : Sacrifice

19th Gene Shadow : Co-dependence

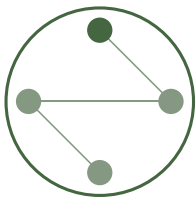
"The 19th Shadow of Co-dependence has its roots deep within our tribal ancestral past. Codependence refers to the state of consciousness below independence. To be independent means to rely only upon yourself, whereas to be co-dependent means to rely on outside agencies. As primitives we primarily relied upon nature for our survival and because we relied upon an outside agency we anthropomorphised it. In other words, we created gods to represent that agency. Thus it is out of the 19th Shadow that all the world religions have been born. Our relationship with God or a set of gods is a purely co-dependent relationship because it is based on this need for outside authority. It is here in the 19th Gene Key that one of the great human stories is coded – the story of our relationship to God. As long as man believes in a God outside himself, the frequency of our planet will remain at the level of the 19th Shadow. The vibration of human suffering depends upon the existence of a separate authority of a higher frequency than us. This last sentence is the ultimate definition of what it means to be a victim, which is what characterises the shadow frequency. The programming partner to the 19th Shadow is the 33rd Shadow of Forgetting. In creating a God out there, we have forgotten the power that lies dormant within us." For us as individuals, the transformation of the 19th Shadow will see its deepest manifestation in our relationships. The old-style co-dependent relationships of the working husband and the homebound wife are giving way to a new level of independence. The liberation of women is changing the infrastructure of our civilisation and children are increasingly cared for collectively, so that both mother and father retain a higher level of independence. Whether we like this or not it is occurring all across the developed world. Our children are growing up as the children of society rather than the children of a single tribal family. Because of the huge genetic shifts taking place across the board, male/female relationship dynamics are more challenging than ever. A great change is coming, and roles are changing to accommodate the birth of a new paradigm. Although it may be a difficult birth, in the not too distant future the 19th Shadow will have disappeared entirely from our world. The contemporary mutation moving through this 19th Gene Key is having an unprecedented effect on all life on our planet. As a vital aspect of the Codon Ring of Gaia, along with the 60th and the 61st Gene Keys, it is breaking down the very patterns of the world psyche. The reactive Rigidity of the 60th Shadow and the Psychosis of the 61st Shadow have long held sway on our planet. A great reaction is occurring within the chemistry of our DNA as the old ways appear to tighten their grip on the only reality they have known. There is enormous fear being generated through the Shadows of this Codon Ring and enormous potential violence as our co-dependence is broken. However, the truth is that all life is and always has been interdependent because all life is one. Even independence is an illusion, and this realisation is bringing an end to the world psychosis that operates out of the 19th Shadow's low frequency survival-based reality. It is through this Ring of Gaia that we must and will eventually see and will live once again in union with all beings that share this planet earth."

REPRESSIVE NATURE – NEEDY

The repressive nature of the 19th Shadow emerges as neediness or clinging. These are people who cannot let go of the past out of a fear of being alone. This creates catastrophic relationship dynamics based on making other people victims of their need. Repressive natures can be very cunning with the way they transmit their Shadow patterns – these people will very likely use subtle tools such as guilt to get their own needs met. They need to feel needed, and they will act out all kinds of dramas, often totally unconsciously, to get the attention they crave. They are masters of negative attention – drawing other people's energy towards them without caring what expression it takes. Even violence is a form of attention. The only way to break out of such patterns is to move into independence.

REACTIVE NATURE – ISOLATED

The angry expression of this Gene Key is isolationist. These people refuse any attention, loudly proclaiming that they don't need anyone. Such a nature only pretends to be independent while beneath the surface they seethe with rage. Of course, people that isolate themselves like this always take great care to do it right before everyone else's eyes. They make a point of showing you how alone they are, craving the attention it brings them and becoming even more embittered when others leave them alone. Ironically, when others do try and support them or offer them friendship, they usually explode, projecting all their pent up anger onto the other person. It is easy to see how the repressive and the reactive nature together create the perfect dynamic of the typical dysfunctional co-dependent relationship.



GENE KEY N° 19

The Future Human Being

Extracts from GENE KEYS © Richard Rudd

SHADOW : Co-dependence

GIFT : Sensitivity

SIDDHI : Sacrifice

19th Gene Gift : Sensitivity

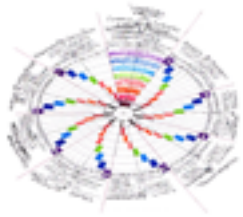
"The Gift of Sensitivity is about being highly attuned to the needs of others. In order to be able to sense others and their needs, you must first become independent from them, which is what this 19th Gift is about. The moment you reach the frequency of independence your natural energy becomes apparent. This 19th Gift is also a gift of touch. It does not have to be literal touch, although it can be – many of these people are gifted healers or therapists. It is more than just a physical sense of touch, but a touch with people as well as animals. As we learned from its Shadow, this Gene Key is rooted in material need, and when you elevate the frequency from your own need, you suddenly become aware of the needs of everything and everyone around you. This makes the 19th Gift a great environmental barometer." We may recall that the 19th Shadow finds its basis in the human dependence on external food. The 19th Gift simply shifts this perspective to a higher level. At a higher frequency food is really life energy, or what the ancients called prana or chi. This Gift allows you increased sensitivity to this living bio-energy that connects all creatures. When your heart and being opens to sense the abundance of this energy throughout nature, you become for the first time emotionally independent. Only the activation of the love inside your own DNA gives you this wider sense of being. Furthermore, because this 19th Gene Key is one of the first places in the human genome where the Great Change is having an immediate impact, the movement from co-dependence to independence is something we see increasingly throughout our human cultures. In its early stages, it is not an easy passage. Suddenly having increased sensitivity to your environment makes you more aware than ever of your old tendencies towards co-dependence. Even though you may have opened your heart to the Great Change, most of the world still has not done so, which puts you in a position of great responsibility, not to mention discomfort." In today's world, people with the 19th Gift are likely to use their sensitivity in any field where people are working together in groups. Their ability to unconsciously sense the needs of others means that they are often seen as psychic. However, they can also be very grounded in the reality of the needs of the material plane – for example they can use their heightened sensitivity to bring balance to the spheres of money, work and relationships. In fact their very presence brings focus to these kinds of issues. This Gift truly spans all realms and its future function, as we shall see, is to collapse the barriers that separate them thus fusing together the ancient magical realms with the modern material plane."

19th Gene Siddhi : Sacrifice

"The path of frequency through the 19th Gift goes from co-dependence to independence and finally to interdependence. Interdependence represents a quantum leap beyond the other two, and its realisation is the future destiny of our species. In many ways, it is the 19th Shadow of Co-dependence that contains the seed of the 19th Siddhi of Sacrifice. In a co-dependent relationship, both partners have sacrificed a part of their true selves to the relationship, and the resulting lack of synthesis they feel drives the negative patterns of the relationship. In a relationship that is truly interdependent, both partners also sacrifice their sense of individuality into a higher vision of their Divinity, holding nothing back for themselves at all. The true meaning of interdependence is about entering into a state of union with all beings in the cosmos, which involves the death of the separate self. This kind of sacrifice can only occur when you give your heart unconditionally to another. Instead of dying, you are actually reborn as a higher dimensional being. In surrendering your smaller self, you attain realisation of your greater Self." For those with the 19th Siddhi the focus is always on the future needs of humanity rather than the current needs. These people understand what is to come as well as what we must go through. Such people stand alone as heralds of a future consciousness and their lives are a magnificent example of sacrifice to that consciousness. They emerge during times of great mutation, since they themselves are in the grip of that mutation. With their hypersensitive mutated DNA, they see the new form emerging and do their utmost to prepare people for the coming consciousness shift. They are highly sensitised bridges to the new human and have the ability to siphon information about the new paradigm from behind the veil of the future into the present. Every Siddhi has to make its sacrifice in this way, because each of them represents a being from the future that works in the present." When the 19th Siddhi manifests in form, then a great being makes an individual sacrifice on behalf of the whole. This is the mystery and hidden meaning of the life of Christ. Through an individual's sacrifice, the 19th Siddhi allows the entire collective to pass through a group initiation. We can see how the Christian rites hold the codes of the great initiations, even though they have been effectively frozen into structures that have little or nothing to do with the initiations themselves, which occur organically and usually over the course of many incarnations. The Ring of Gaia then, of which this Gene Key is a vital aspect, connects all earth beings on this same initiatory journey."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 20



SYNERGY AWAKENING CODE N° 20

Opening Present Moment

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : External Observation GIFT : Self Remembering SIDDHI : Absolute Witness

The 20th Life Code in the original I Ching is the hexagram of “contemplation”, the gate of the now in Human Design. And with the Synergy Awakening Codes we develop the skill of opening present moment.

At the level of the shadow we get lost on the surface of things and we only are aware of what we can see, touch, taste, smell or hear. And that’s all that exists for us. There’s nothing we believe in that is any deeper than that. So it’s a very superficial, empirical view, based on empirical data, which is only stuff that can be observed. It’s useful in science, because you have to be aware of those particular signals. In those particular kinds of science, you have to keep track of it and notice the relationships with it in order to understand and evaluate your data. So, it’s also good to remember with shadows, they’re not always a negative, they’re just a limitation. That is based on a mentally experienced state. There’s not yet the heart or the being involved.

Being in the now and being in any situation like a warrior, in a situation facing another warrior, they’re definitely present in the now. And they are definitely aware of everything around them. And that’s what this is pointing to, although it’s only a type of warrior who’s probably very good at technique, because as you get deeper into that kind of work, you definitely start to become aware of much more, and it’s through this very word here, self remembering, which is a beautiful word. Gurdjieff used that word, and Buddha use the word witnessing as it was developed through the practice of the meditative technique of vipassana. Through self remembering, witnessing when we are observing on the outside, we start to remember ourselves, we start to remember that we’re the observer, while we’re in the now, while we’re observing what’s outside we’re starting to remember who is the observer. So that’s self observation. It’s an observation that shifts, we become the object of our observation as we’re observing what is going on around us. That’s the bridge between the shadow of external observation into internal observation. We start to sense energetically how we’re impacted by what we’re observing. And that develops a kind of self assuredness because then we start to become aware of and become very clear about how we respond to life, how what we’re taking in impacts us and where it impacts us. And so in future situations where we’re observing ourselves, that depth of remembrance will be there. And it will allow us to grow into a new experience of witnessing a new experience of being in the moment, and that’s the self assuredness, it’s being sure of yourself, because you’re aware of how things impact you. So you can stand behind how you’re going to feel in different situations, because you’ve remembered yourself in so many situations.

At the level of the siddhi, its presence and presence in this case is becoming present to ourselves as a complete hologram of the universe. Which is what a human being is in truth and we’re compressing it, that universe, we’re a hologram that’s compressed into that which looks like human form. And that is based on that original universal hologram compressing and compressing, compressing it all the way down to the human size. And then that’s what it turns out to be because at each level of compression, everything changes and all that is inside and all that is outside shifts, and eventually brings about different visible phenomena on every scale and eventually of which we’re the last in the long line of progression from the source. So the presence that we’re talking about here is our essence as a whole, our totality of being, our fundamental truth, our authenticity, our facticity and on the energetic level, it’s an ecstatic intensity to be present to the totality of yourself. To be yourself at maximum aliveness, but also totally relaxed and open and easy about it. So that is the formula for ecstatic awareness; it is total intensity but with total relaxation.



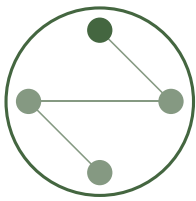
Earth/Wind

Contemplation

The Wind wafts over the Earth, and gently strokes its surface.

By contemplating the world around you, recognise ways and means of influencing people and events. Make journeys, pay visits. Be a good example and mentor to others.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 20

The Sacred OM

Extracts from GENE KEYS © Richard Rudd

SHADOW : Superficiality
GIFT : Self-Assurance
SIDDHI : Presence

20th Gene Shadow : Superficiality

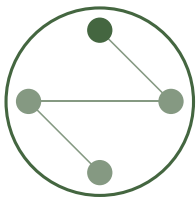
"This Gene Key is about the quantity of consciousness that can express itself through a human being, and in this sense it is one of the most mystical of all the 64 Gene Keys. In the case of the 20th Shadow, very little consciousness can express itself at all, so that we see a very watered-down reflection of life's real potential coming through human beings operating at this frequency. The role of this Shadow is to keep human beings just on the fringe of life, without really plunging in. It is the Shadow of Superficiality." "A strange thing happens when human beings begin to think – it appears that we leave the present moment. This illusion occurs because the mind can only think in a linear fashion, placing every object of thought into a temporal framework. This is the trade-off of the incredible abilities of the mind – for all its genius, it is limited to thinking within the domains of a false reality called time. To the extent that you are dominated by your thinking, consciousness is impeded from functioning fully. This is what we refer to in this Gene Key as superficiality. To live superficially means to live within the false illusions fabricated by the mind." "The interesting thing about human beings is that we are a mixture of ancient instinctive animal awareness, our current rational mental awareness and a future holistic spiritual awareness that is about to come fully online. Our nostalgia about the old days actually stems from a genetic memory inside us of a very early epoch in human evolution in which our spiritual awareness was fully developed. However, all evidence of this Eden period was completely obliterated by a great cataclysm, which also mutated our DNA, eventually bringing about the current intellectual age. You can learn more about this from the 55th Gene Key." "When superficiality is translated into action, it becomes blind activity just for the sake of activity. The only time you are really one with life at the shadow frequency is when you are busy, even though by its very nature this busyness lacks real presence. Rather it is an absence of awareness. This makes human beings seem similar to insects; we are programmed to be incredibly busy on an individual level. However, unlike certain insect societies, we do not yet operate as a collective. The programming partner of the 20th Shadow is the 34th Shadow of Force, which is about self-absorption. When your activity lacks awareness it becomes a destructive force that plays havoc with your environment. These two Shadows manifest activity or lack of activity in response to the situations created by your mind. Only when the mind has been overridden by our future awareness rooted in the solar plexus can consciousness begin to manifest activity that no longer meets resistance. This is what the Buddha referred to as right action. Right action occurs when the frequency of your DNA lifts you out of the Shadow states, at which point all your activity emerges naturally and harmoniously. Only in this final phase of our evolution will mankind begin to imitate the more complex insect societies such as ants or bees, as consciousness begins to breathe through every single individual, thus melding the collective into one."

REPRESSIVE NATURE – ABSENT

The introverted nature of the 20th Shadow gives the impression of being totally absent. This is primarily reflected in a person's eyes, which can appear staring or distant. This expression of the 20th Shadow can also be an intermittent theme rather than being permanent. The consciousness in such people is often frozen by an intense unconscious fear that temporarily displaces them. This withdrawing of consciousness from the body is actually a kind of mini death. It can also be brought about through an intense shock. These are people in whom life sporadically switches on and off according to the activity or inactivity in their minds.

REACTIVE NATURE – HECTIC

In the reactive nature, the mind will do the opposite to the repressed nature. Instead of numbing the fear, this kind of nature will immediately translate it into activity. Thus these people are ceaselessly on the move, unable to stop in their hectic self-absorption. Again, this is a state that is extremely widespread among human populations due to the deep connection between this Shadow and the way in which our mind translates it into activity. The world in which we live is increasingly hectic because our human programming makes it so. As new awareness begins to dawn in human beings, an enormous amount of human activity will simply cease, since it emerges as a by-product of the mind's restlessness.



GENE KEY N° 20

The Sacred OM

Extracts from GENE KEYS © Richard Rudd

SHADOW : Superficiality
GIFT : Self-Assurance
SIDDHI : Presence

20th Gene Gift : Self-Assurance

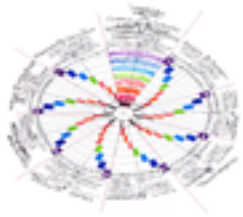
"The Gift of Self Assurance comes into being when a human being first learns to let go of their thinking as the authority in making decisions. With Self Assurance must come a profound surrender to life in every moment. As you begin to accept that life has its own plans and flow, you also begin to stop interfering with the process at a mental level. No technique can lead to this Gift – only life itself can show you how to let go. This Gift is in fact the precursor to a higher state of spiritual awareness. You begin to discover that decisions in life simply get made, so there is really no point in agonising over them. Decisions at a higher level of frequency are made in the moment rather than being premeditated. Your mind may decide on a certain course of action, but when the decision is actually made at the Gift frequency, it emerges instantly and clearly through the entirety of your being." "Self Assurance marks the end of the human tendency to worry about life. It also carries a certain sense of humour within it, although this is really an inner sense of humour or a sense of lightness about life. At this level of frequency, you begin to have the faintest inkling that you may exist at a higher level than you know. You also begin to have the feeling that some higher presence is actually looking after you. Human beings like to anthropomorphise this feeling in a whole host of ways – through spirit guides and angels, through contact with the souls of the departed or as the Godhead itself watching over us. In its purest sense, this state of Self Assurance is actually your own greater nature emerging. It is a sign that more consciousness is being allowed to incarnate into the physical vehicle. Ironically, the more you anthropomorphise this feeling, the less it grows, because that is taking it back into the realm of the mind where it truly doesn't belong. What is occurring at this Gift level is that you are beginning to experiment with humanity's future instrument of awareness – the solar plexus system." "What actually occurs with this Gift is that the awareness within your solar plexus begins to take over from your mind. In China and Japan, there has always been a profound understanding based upon the solar plexus centre, which is known in the Orient as the hara or dan tien. The practitioners of the ancient yogic systems discovered this latent awareness within the hara and based their entire philosophy around it – from medicine to the martial arts. The awareness that emanates from the solar plexus centre is based upon surrender. In this sense it is about tapping a very powerful universal feminine power. It may come as a shock to some that the power of Self Assurance is based upon surrender rather than assertion. Self Assurance is far more than simple confidence, which can be built up through assertion or technique. The 20th Gift can only be cultivated through trust, patience and surrender, none of which are techniques. As such, Self Assurance is based upon a philosophy of allowing everything to come to you rather than going out and chasing life down. It is because of this Divine laziness that the 20th Gift is the real foundation for inner relaxedness."

20th Gene Siddhi : Presence

"The 20th Siddhi is so unique that there is very little that can be said about it. Mythically it is represented by the notion of the breath of God or the word of God. Presence is the underlying nature of being. In fact the word Presence does not do this Siddhi justice. It would actually be truer to name this Siddhi The Presence since the use of the definite article gives us the distinct impression that this is a state of consciousness that has nothing to do with any individual. It is the manifestation of The Presence of the Divine through a human instrument. Whenever a human being attains the siddhic state, he or she is suffused with The Presence. Pure consciousness floods their being, silencing the mental activity and drawing the person into the eternal present moment. When this occurs, the whole world created by the human mind is suddenly seen as utterly superficial. The smallest thing such as a leaf or stone is understood to have more life within it than all the greatest ideas of man. The Presence is experienced as everywhere and inherent in everything and is where we get the term omnipresence. In the state of Presence, the individual is no more. You may find yourself sitting in the same spot for three days, and it seems as though not a single second has passed. Time dissolves into the background consciousness of all being. When you experience a brief moment of déjà vu, you are tasting the purity of a moment of true Presence in which the present moment becomes a funnel for both the past and the future, momentarily intensifying and transcending them. The Presence is also extraordinary in that it can be felt by anyone. When this Siddhi has flowered in a person, it actually creates a subtle atmosphere around itself – a kind of silent ease that pervades the aura of the person and radiates out to all creation. One of the great effects of being in The Presence is the deepening of your breath. The Presence links all human beings as one through the breath. Therefore people immersed in the atmosphere of Presence begin to breathe as one entity."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 21



SYNERGY AWAKENING CODE N° 21

Resource Management

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Manipulation GIFT : Allocation SIDDHI : Fulfillment

The 21st Life Code is very interesting. The 21st Life Code in the original I Ching hexagram is called "biting through". Through the Synergy Awakening Codes it is the skill of Resource Management. And when it comes to Human Design, they call it hunter/huntress and that last title can shift a little because of where the future of humanity is going. In the past, we needed to take life in order to support life, but peace on this planet is never going to occur until we stop taking life in order to maintain our own life. And that's in every form - from food, to clothing to you name it - if we take from our fellow brother mammals without any concern, or care or love for them. So one could change the hunter/huntress to "the one who procures and manages resources", because in the old times that's what hunters did: they had to go out and find the resources. They were the managers of the resources. They knew where to look and knew how to get them. But now, in modern times, we're looking at it differently.

At the shadow level, it is people who are only in touch with their ability to mentally calculate and manage with their mind and analyze, but their heart is not yet into it. They are not in touch with the resources they have within themselves. So they feel they have to micromanage and stay on top of everything and make sure that whatever is happening is according to their idea. And if it goes outside of that idea then they have to control it and change it. So there's a lot of manipulation involved at the level of the shadow, because one is trying to make things happen in a certain way based on the conditioned mental apparatus, and how it received training in terms of the resources that are essential to our life experience - food, shelter, and clothing. Those are the three basic essentials. And that's what this is all about. It's the resources that are necessary to the maintaining of life we're talking about.

At the gift level, it shifts into the word "authority". It doesn't mean you are an authority that's in control. It means you have found your inner authority and you are an authority of yourself. So while you're becoming a person who can channel and allow resources to move where they need to move, you're also in control of yourself. That's what an authority means. It means it's a two-way control. When you are in your gift, you are in your heart. You control the movement of things outside of you for the benefit of others and you're doing that because you're also controlling the way you do that with yourself. The only real control we have is control of ourselves. And that is in relation to what we experience originating from the outside. Not to overreact, but rather to react to each situation as it presents itself with as much of ourselves that we honestly can give. Whatever that is, without adding or subtracting. And just being honest. Every human knows what's needed from them in every situation that they're involved in. That's the authority we're talking about here in the 21st Life Code.

As you shift into the siddhi of the 21st Life Code it is valour. So in this case it's all about what the situation truly needs. You literally become that person who taps into the question "What is the essential moving force that needs to be supported in order to fulfill any situation? What does it truly mean?" And you will go above and beyond without any concern for your own safety. You're no longer lost in this self identity and "what am I going to get out of it"? Or "who am I doing good to?" You just tap into that place where you know what you need to allocate, where it is and what you need to do to make that happen. And you make it happen, because you're tapped into the essential place. So when you have tapped into things essentially, it taps you into a much deeper field of communication where you get intuitions and insights, you've become clairvoyant. And when you're tapped into siddhas, you will get the idea of where you need to allocate the resources and what you need to do to make that happen. It really opens up a magical domain when you get into siddhas. But it comes from practice and the bridge is the gift. You have to constantly put yourself on the line, and be that person who is allocating the resources, because you're going to be able to tap into those resources and be able to allocate them. It's about tapping into yourself in the right way to achieve that. That's what leads you. The gift is always the bridge into the siddhas. And ultimately the siddhi takes the gift and puts it wherever the shadow needs it. That's the art of all of this is that the siddhi is about the skillful, everchanging, continuously balancing blend of the yin and the yang dance of the gift and the shadow.



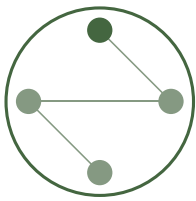
Thunder/Fire

Biting Through

Thunder and Lightning come together and split everything opposing them.

An impediment must be overcome, difficult matters sorted out. Identify errors and the ones to blame. Judge fairly and carry out decisions with firmness. Success is assured.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 21

A Noble Life

Extracts from GENE KEYS © Richard Rudd

SHADOW : Control
GIFT : Authority
SIDDHI : Valour

21st Gene Shadow : Control

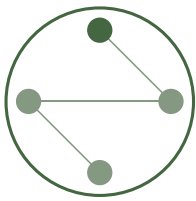
"One of the major issues to plague human beings and the cause of enormous conflict and violation of basic human rights is the issue of control. All control is rooted entirely in a single theme – territory. ""The first territory is yourself – the physical, emotional and intellectual confines of your own being and the boundary of your aura. If we extend that theme you might view your relationships and families as another form of territory. In turn, your home and land is obviously a further extension of your family territory. Then there is your entire community or race, the outer territory of which is made up of your nation. Finally there is the earth itself, which forms the current territory of all human beings. This constitutes a great deal of territory, which taken together creates the potential for a lot of human conflict rooted in control."" Wherever you find the 21st Shadow, you will find someone either too weak to control anything at all, or someone with a deep-seated need to control everything in their environment. In the past, control was about resources and food, and food depended on maintaining and defending your territory. In the modern world however, the battlefield has changed even though the genetic dynamic has not. Today the battleground is money, and this 21st Shadow has much to do with power and money. At the Shadow frequency, if you have money it appears that you also have power. However, at the Gift level and beyond we shall see that true power has nothing to do with money. Control is based on tightness and fear. It creates tension and boundaries throughout all our environments. Even more crucially it creates the notion of hierarchy, because there are those who control and those who are controlled. "" There are many misunderstandings about the issue of control and power. There will always be people who are naturally gifted leaders, but at the higher frequencies they see leadership as service, which means that those who serve with them or under them are never really under them – rather they are working alongside them. The problem with the old system is not the model but the frequency of the people in the model. The moment a system has everyone in exactly the right place, it no longer is patriarchal or matriarchal. It actually becomes synarchical. Synarchy is a model in which all people are equal but some still have more authority than others. This authority however is based upon frequency rather than fear. The reason that synarchy succeeds where hierarchy cannot is that every person in a synarchy is fulfilled by their role, regardless of how much or how little responsibility it carries. For a fuller description of such a model you can read the 44th Gene Key."" The ultimate root of territorial divisions across our planet is distrust in life itself. This is the real human disease. Territory and control through power and money are simply the manifestations of this disease. The programming partner of the 21st Shadow is the 48th Shadow of Inadequacy, which underpins all this fear of losing control of your territory. We simply do not yet know that we are a single entity. When the time comes that we see our true nature as a collective holistic human family, the need to control life will cease."

REPRESSIVE NATURE –SUBMISSIVE

All repressive natures are based upon the denial of personal power. Through the 21st Shadow this shows up as submission. These people let others remain in control without asserting their own authority. Added to this, the repressive nature has a tendency to defer control to life itself therefore not assuming responsibility for the direction in which it takes them. There is a fine line between surrendering to what life brings and influencing the path of one's own destiny. These people unconsciously blame life for whatever happens to them, closing down the centre of their willpower. The true nature of the 21st Gift is to control and manage situations, but the submissive side of this Shadow is afraid of being in control since it means they alone are accountable for their actions and potential success or failure. These people would rather not participate in life at all. They often masquerade as being laid back. However, the reality is that such people are hiding from their true responsibility.

REACTIVE NATURE – CONTROLLING

The other side of the 21st Shadow is the acute need for control. These are the people we sometimes label as control freaks. Their anger is so tightly coiled that they cannot allow any part of their environment to escape their control. As the repressed nature is loose, so the reactive nature is tight. These people cannot handle change unless they have instigated it. If others transgress the confines of their deeply controlled lives, all their pent up tension and anger is likely to be detonated. Such a nature strives to maintain control over others through hierarchical dominance or by taking the moral high ground. Unfortunately, such sustained insistence on control takes a great toll on your body and in particular on your heart. These are the kind of people who can only be humbled by a deep physical or emotional crisis, and because of their inability to let go, they often meet such crises in life.



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A Noble Life

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21st Gene Gift : Authority

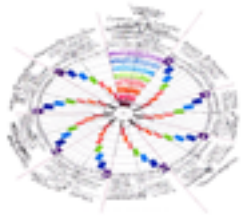
"If you have the 21st Gift in your hologenic profile and you speak and act from your heart, you will inspire loyalty in others wherever you go. Authority is the true vibration of this 21st Gene Key when it has found that delicate balance between allowing things to go their own way and assuming control of the way things are going. Authority is a frequency that is determined by intent. If you assert authority through the hierarchical base of the 21st Shadow, then you rule through control and fear, which never inspires true loyalty. In such cases, the people around you may appear loyal, but given the right circumstances they will quickly and easily transfer their loyalties elsewhere. True loyalty can only be maintained when the frequency of love outweighs the frequency of fear. Such people are given authority by others, and this is the real meaning of authority. Authority cannot be asserted through will. It can only be afforded through trust." "The beauty and magic of the 21st Gift occurs when both sides of the relationship surrender to each other. When the authority becomes the servant and the servant becomes the authority then the relationship really hums with power. On the outer plane, such a relationship may appear to be onesided, but on the inner plane the balance of power is reversed. Only when this happens does the real meaning of authority become clear. In large groups, communities, companies and even armies, if the authority figure represents and connects with all their subordinates, they will inspire the kind of loyalty that strongly binds the group. This kind of leadership is very different from that of the 7th or 31st Gene Keys, which is based upon the ability to completely let go of all control and trust the collective spirit of the group to make its own decisions. In the case of the 21st Gift, a pact is made that one person will become the decision maker for the group, and this person is thus responsible for the entire group." "Whereas the 31st Gift represents the voice of the group and the 7th Gift represents the heart of the group, the 21st Gift represents the will of the group. Thus, these people are designed to handle more responsibility than other human beings, since their will directly affects all those in submission to them. The key lies in the willingness of those in submission to be represented by the one who is chosen to be the authority. As has been shown, when these relationships work at a high enough frequency, the one in authority simply becomes the conduit of the will of his or her followers. When that happens, transcendence occurs." "Hierarchy is one of the oldest human wounds and like each aspect of our suffering it can only be healed by love. To activate the higher frequencies within this Gene Key you must have great courage. It takes a powerful human being to surrender completely to another, whether through authority or submission. The fact is that surrender makes authority submissive and submission authoritative, which is precisely what heals the wound and brings an end to hierarchy and control."

21st Gene Siddhi : Valour

"Valour is the by-product of another potent word – nobility." "Nobility, we have discovered, has little to do with breeding and much more to do with character. Indeed, most of our heroic myths centre on this notion of human nobility and valour. Valour then can be understood as nobility in action. It contains virtue, wisdom, love, courage and above all sacrifice. A truly valorous deed is an act of absolute self-surrender in which you lay your entire being on the line for a higher ideal. In our history books, this may have been recorded as dying for King and country, but in the language of the Siddhis, it is really about dying into a Divine ideal. At the Shadow level the need to control fosters fear and reaction in others. At the Gift level, authority inspires loyalty. At the siddhic level, Valour invokes Communion. There is a deep genetic connection between the 45th Siddhi of Communion and the 21st Siddhi of Valour. Communion is about merging your individual being into a higher collective being, and this is precisely what happens through the frequency of Valour. Valour need not even act – it is a vibration of such intensity that it makes the hearts of others weep. It is the recognition of true nobility in another and the realisation that the other is your own mirror." "Valour is the absolute courage and love of seeing the divine reflection within the face of another, no matter how unpleasant that other may appear to be." "The being that has attained realisation through this Siddhi never feels like an authority figure even though they may be. These rare people will commune with you as a friend, despite the exquisite fragrance of their state of consciousness. It is this very humbling quality within the Siddhi of Valour that creates such deep levels of human communion." "Even though the 21st Siddhi may be incredibly humble and friendly, it also packs a serious punch when threatened by the forces of fear. This is the energy field of true knighthood, symbolised by the courageous and chivalrous acts of all great heroes and heroines. These forces will fight for the highest of ideals and hold that ideal for all those who follow them. Those with this Siddhi will gladly die for, and as an example of, the highest ideal – the ideal of communion between all beings."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 22



SYNERGY AWAKENING CODE N° 22

Openness

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Disregard GIFT : Loving Kindness SIDDHI : Divine Intervention

The 22nd Life Code in the original I Ching is the hexagram of "grace". And in Human Design, it is the gate of openness.

At the shadow level, the 22nd Life Code is about dishonoring. Instead of receiving the beneficence, it is disregarding the majority of the beneficence of every moment, only tapping into that part of the beneficence through your mind which you selfishly think you can take advantage of, without any consideration for anybody else. There is a huge amount of disregard going on there as you don't really take in the fullness of the grace that is showering upon us all every moment. And the reason we don't even tap into that is because grace only taps into you as a whole in your wholeness as a microcosm of the macrocosm. If you're not tapped into that level, in your being and your center of wholeness of the totality of who you are, it's very difficult to tap into grace. At the shadow level, since this is the Life Code of grace, and that phenomenon is happening, you're going to disregard a great deal of information. And in that way you're going to dishonor which means not give presence to and recognition to so many aspects of what's coming into your field of experience that you could acknowledge. You end up disregarding that which can create a much richer experience for you and those around you. You can't help it because you are stuck in your mind and your mind only sees a teeny little part of things. Your mind is made to focus on the practical material world and figure out moves from one place to the next. It's not about discovering who you are which is a much deeper moment. It is simply not the job of the mind.

At the level of the gift, we tap into graciousness, and we start to realize that we're not here just for ourselves and that that graciousness is treating everybody how you'd like to be treated. And we do that by putting ourselves in the other's position ting accordingly. Everybody wants to be treated well. And when we can start to extend that to others, to everyone we'll meet then it will be at this point that we're starting to open to a bit of the grace. Once we tap into the heart, we start tapping into how that grace touches others. We start becoming sensitive to their way of being touched by grace. We can actually become a conduit to express that back to them, and share with them the way that they get touched by grace. And we are not talking about the whole as we are at the level of the siddhi. At the siddhi level is the grace itself. But at the level of the gift it is much more situation specific, but at least we're tapped into that and we are not disregarding what each situation means. So it's a skillful application of grace as graciousness applied to each situation. We approach every encounter in interaction with just the amount of energy that acknowledges that person, that takes them into account as a Being, so there's an acknowledgement of another presence there that we respect. And from that place, we move into the encounter, the interaction itself, even at the simplest level of going to buy something at the store. It can even come out there and it can even just be in a word. It doesn't have to be a big long drawn out thing. It's in your whole demeanor, how you come across, in a personal note when you're being gracious to them because they'll feel touched by you beyond whatever the encounter of the situation is in the exchange.

At the level of the siddhi, it is the grace. There are so many layers and levels that could be opened up here. But the most beautiful thing about grace is, it's the descending force from the source. And if you're really silent and really open, it can teach you about all the different layers and levels of our consciousness, energy, and form, all of that. There are seven layers of us to that. And that's the graciousness of the source to us. That's what's being extended to us from the source. That's what grace is in relation to us. It shows us that the hologram that we are, that started from the source, and traveled all the way down through to finally reach us has all of the source in it, all the stages from the seventh and highest at the beginning, all the way down to the first which is the material dimension of our body. That's the implication of grace. It opens you to it, the totality of yourself in a very beautiful way. And that just comes through sitting silently and being present, eventually being able to carry that silence and presence into everything you do in your life. But in the beginning, you need a little bit of space to do that, to tap into it. You need to be gracious to yourself, and not dishonor the being that you are and spend some time just with yourself. That's how you first began to break out of that dishonor, and move into graciousness. And then that can eventually be extended to others. And eventually you find the source of grace. You see that that implies the involution of the source, all the way down into the human being. All the bodies, the subtle bodies, the seven bodies, we are made up of, and the incredible intelligence that we are, that is the gift from the source.



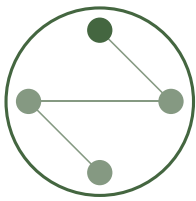
Fire/Mountain

Beauty

Fire illuminates the Mountain. Within Clarity and strength without stillness and serene beauty.

Grace decorates and adorns but is often "too beautiful to be true". Do not make any important decisions, for they require a more realistic basis. Success is possible in small things.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 22

Grace under Pressure

Extracts from GENE KEYS © Richard Rudd

SHADOW : Dishonour
GIFT : Graciousness
SIDDHI : Grace

22nd Gene Shadow : Dishonour

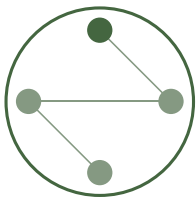
"The 22nd Gene Key is about the Truth of redemption." " Human beings generally have no notion of the great cosmic laws that exist behind the world of form. One of the greatest of these is the Law of Divine Memory. This law states that all thoughts, feelings and acts are recorded everywhere within the body of the universe. Science now shows that we live in a vast information field of subatomic particles, some of which are so tiny that they actually pass through matter. This ocean of consciousness exists in many dimensions and it responds to thoughts, acts, feelings, words and even intentions. It is a vast quantum field that acts like a great memory bank, holding and recording every impression ever made. In the language of the ancients, it is often referred to as the Akashic Record. The 22nd Gene Key is deeply connected to this Law of Divine Memory. It is like a massive receiving dish that responds to the frequencies, sounds and vibrations that it hears, and it hears everything. Like a cosmic Aeolian wind harp, reception is determined by the way in which the strings are tuned. In the case of the 22nd Shadow, the strings of your DNA are twisted out of harmony and your behaviour and experience in the world is similarly misshapen. This is the Shadow of Dishonour. It only exists in the world because most human beings do not realise that all their acts are recorded. We do not realise that every act, thought or feeling creates a ripple in the Akashic Ocean, and that each ripple must and will one day return to its point of origin." "The 22nd Shadow is one of the most powerful emotional Shadow Gene Keys in the human genome. It is highly passionate and sexual with a huge emotional range encompassing extreme highs of sweetness and extreme lows of violence. Because of its situation in the genome it is directly or indirectly responsible for most of the relationship problems on our planet. However, before we journey any further into this profound Gene Key it should be borne in mind that negative emotions in and of themselves are a natural part of the world in its current state. If they can be usefully transformed or sublimated into art, creativity or service, their power is awesome. It is a matter of how much responsibility you can take for your own feelings. However, most people in the world today are utterly ruled by their emotions and whenever you project negative emotional power at another being, you dishonour both yourself and the other person." "From the point of view of the 22nd Gene Key, every feeling, mood or thought you have is put there directly by God for you to trust in it. Trusting this process is obviously not the same as acting it out. Trust is a powerful internal process that requires great courage. One of the tricks of the 22nd Shadow is to con you into trying to change or fix your moods, rather than allowing them to simply pass through your system naturally. The fact is that you cannot reach higher states of consciousness without first passing through your own suffering." "This is the true purpose of the Akashic field and of the 22nd Gene Key – they invite you to receive your own slice of suffering. If you do not take responsibility for your own thoughts, words and deeds, the Akashic field simply sends the same forces back towards you again and again. This is the foundation of another of the great universal laws – the law of Karma"

REPRESSIVE NATURE –PROPER

The 22nd Shadow in its repressive phase gives rise to a deeply false sense of character. These people may appear outwardly very balanced, calm and proper. They can often be extremely socially adept. Inwardly however, their emotions are often seething. They can hide deep sexual lusts and often foster deep hatred and resentments. A good archetype of propriety is the Victorian Age in Great Britain. On the surface, the general culture was one of politeness and control, when in fact it concealed an underworld of repressed passion, sexuality and aggression. All the repressive Shadows are rooted in a deep-seated fear. The fear of the 22nd Shadow is the fear of losing control. We should remember that no Shadow is in itself bad. It matters how we deal with it. If you have a repressive nature, you can use it positively to transform inward negativity, rather than letting it stew and stew until it erupts. However, if there is no sense of virtue in these people, this Shadow can conceal the most violent and explosive of natures.

REACTIVE NATURE – INAPPROPRIATE

The reactive version of the 22nd Shadow manifests as inappropriate or antisocial behaviour. These people cannot control their emotional reactions. They often lead fairly disreputable but passionate lives, wearing their hearts on their sleeves. Their actions and behaviour are usually destructive, initially more towards others than themselves. Even in its Shadow, this archetype has such creative power that these people can produce wonderful art or music, but so often their inability to handle their own passions and treat others with respect leaves their private lives in tatters. Above all, these people have an inability to listen – either to others or to themselves. Thus even when their intentions are good, they are doomed to be mistimed and misunderstood.



GENE KEY N° 22

Grace under Pressure

Extracts from GENE KEYS © Richard Rudd

SHADOW : Dishonour
GIFT : Graciousness
SIDDHI : Grace

22nd Gene Gift : Graciousness

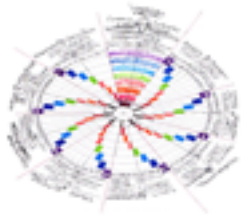
"The 22nd Gift is the Gift of Graciousness. It is a rare and beautiful quality that has a profound effect on everyone it touches. Graciousness means that whatever you do in life, you always consider the feelings of others. This is one of the great social gifts, and if it is a part of your hologenetic profile then your whole life is geared towards impacting people's emotions in a positive way. Even if this Gift is not a primary aspect of your profile, it still has a huge capacity to completely transform your life and the lives of everyone you meet. The 22nd Gift is not just about stirring people's feelings, but also about touching their hearts and even their souls. Graciousness means that you act with grace and consideration in everything you do." Just like its Shadow, the 22nd Gift is extremely powerful in its effect upon others. As the Shadow can leave another feeling utterly dishonoured and disturbed, the Gift of Graciousness can greatly help others become free of their negatively charged emotions. There is a profound kindness at the core of this Gift that can elevate others beyond their normal consciousness to states of love, laughter or tears. For this reason, many people connected with this Gift assume artistic, musical or vocal roles in life, where they can influence others through their natural social grace. As we saw with the Shadow, people at the lower aspects of this Gene Key do not acknowledge their accountability for what they say or do. At the Gift level however, you begin to see that all is interconnected – all things and all people. You realise at a deep level that we are all being listened to, and you inherently know that if you do someone an injustice, it will come back to you. This in turn means that other people feel deeply understood and listened to around this Gift." At the Gift frequency of this Gene Key you learn to temper your own emotions, releasing them safely without disrespecting others or yourself. With the Gift of Graciousness, you begin to disperse your own Karma and that of your ancestral DNA. This is a huge task and it means that even though your relationships may be deeply challenging, you always maintain a frequency of respect around others. The 22nd Gift also ensures that you balance your respect of others with a healthy dose of self-respect by not allowing yourself to become a victim of someone else's emotions. This delicate balance between service and self-love marks you as someone who profoundly understands the power of emotional suffering. Because of this, others will look to you for guidance and authority. The Gift of Graciousness might also be called the Gift of Soul. It is the ability to live life to the full, holding no feelings back, whilst at the same time having deep respect for the feelings of others. If you are fortunate enough to tap into the higher qualities of the 22nd Gift, your life can be filled with art, music, romance, deep relationships and enchantment. But above all else this is the Gift of living life from a place of deep love and soul."

22nd Gene Siddhi : Grace

"Although Grace is a word that is often used in spiritual circles these days, it should not be used lightly. Rather it needs to be treated with the utmost respect. We have learned that Grace has to be earned through Graciousness. This is the great message of the 22nd Gene Key – to find graciousness in the face of suffering, and perhaps even to find something more – holiness itself wearing a disguise. If the 22nd Gene Key happens to be an aspect of your hologenetic profile, then the theme of Grace will be very strong in your life, and you must not turn your face away from the pain life offers you. We are all here to be tested, over and over, until we show that our faith in nature herself can never again be lost. Grace is a presence that descends on humanity, and like all the Siddhis, it requires that we meet it halfway, which for us humans may seem a very long way. This is after all a perfected state in which everything about you and your life will be changed permanently. When true Grace descends, it wipes out all your past Karma in a flash. It also wipes out the Karma of all your ancestors and all their ancestors. Grace softens your rough edges, puts a permanent end to your fear and leaves you in no doubt whatsoever about your divinity. It also ensures that you never again forget. It is impossible to measure in words the sheer number of blessings that Grace bestows when it alights on us." Grace is the very breath of the Divine. It is always there, waiting for us high above, if we only persist in our sacrifices. Wherever there is oppression, there is the possibility of Grace. If you can face oppression with a gracious spirit and a forgiving heart, Grace will come to you sooner or later. Grace is a feminine spirit, and she cannot resist giving herself to those who smile in the face of adversity." If Grace touches you, you no longer create Karma. If Grace touches you, you no longer have your own destiny but become a musical instrument tuned and played by the gods. With Grace, all human emotion is instantly transformed into love. It is not a state with which most human beings are very familiar. As a species however, we are moving into a new epoch that will be marked by Grace." Above all, remember this: through Grace, the universe has but a single wish – for you to remember that you are love, and there is nothing in you but love."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 23



SYNERGY AWAKENING CODE N° 23

Assimilation/Symmetrical Entering

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Overcompensation GIFT : Synchronization SIDDHI : Ipseity

The 23rd Life Code in the original I Ching hexagrams is called "splitting apart." And in Human Design, it's called assimilation. It is the taking of an insight and giving it a voice. That is really the essence of what this Life Code is about. So we have to find a way to basically structure an insight in a way that makes sense to our fellow beings and also in a way that is mutative. Because if it is an insight, it's going to have an impact in the world around us that's going to change things; we hope for the better.

We hope that it comes from our genius and not the shadow aspect, which will add a lot of considerations and concerns around this insight that don't really apply to the situation, reflecting our own conditioning. This is because we all have many different points of view about many different things we've been taught in life, based upon our parents and the teachers and our friends and all the different groupings that we received information from in our life. This means that when something comes through, it's an insight that's been mutated, and in this case it has been mutated by our conditioning, and it's going to bring its impact, but it's going to bring a lot of reaction with it on the shadow level. It is going to come through, but it's going to come through loaded with a lot of thoughts and ideas that may not necessarily have anything to do with it.

Eventually, we may come through with an insight that impacts something around us that makes us think about why we did it that way, why we said it that way. We might have an insight into ourselves, about how we come across with things and how you know things. We have been deaf to so much of what the inside was trying to tell us because we were only listening to our own conditioning and not what the inside itself was doing. Therefore, the more silent, the more still, the more meditative, the more present we become, the more we become aware of things that come into us. In this way we can become more sensitive to everything: our thoughts, feelings and whatever we get impacted by. Then as we learn to understand that and integrate with it, then when we express it, all of that insight can come back out through that process. That's more what the gift is about. That is the gift that resides inside the shadow of deafness and it's not hearing all of what's being brought through. This gift really is a gift. It's really when you can share an insight that impacts the world around you in a way that is positive. In this way, things can mutate in a way that improves the situation for yourself and others. The result is you are synchronized with the greater world around you, because you have obviously taken something in from somewhere. Even if you don't understand what that somewhere is, you're able to convey it to others.

At the level of the siddhi, we are talking about epiphany, which is when you become so silent, that you start to remember, you start to hear the voice of the source, or however you want to call it, as it speaks to you. This did not happen when you were first created or sometime in the past, it is always there. When you become silent, you realize that the voice of creation, or however you want to call it, God, source, it is always there. And it is always ready to reveal something to you. That's what an epiphany is but you have to be ready for that, you have to be in a place where not only does it impact you, but there's no barrier in you at the most subtle level. At the moment it impacts, it's going to have an effect in the world around you that is transformative. It is mutative in a way that allows everything you are in touch with, to evolve, to go beyond prior limitations.



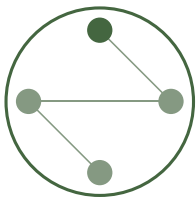
Earth/Mountain

Collapse

A Mountain emerges where the Earth folds itself. The ground is unsafe and may collapse at any time.

The situation is delicate. Only by making gifts to the lowly, can the great restore the balance and continue to exist. Do not undertake new ventures.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 23

The Alchemy of Simplicity

Extracts from GENE KEYS © Richard Rudd

SHADOW : Complexity
GIFT : Simplicity
SIDDHI : Quintessence

23rd Gene Shadow : Complexity

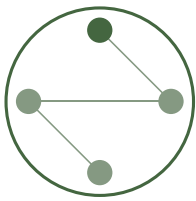
"The 23rd Shadow is one of the most potent contemporary Shadows driving humanity in our present post-modern age. It is the Shadow of Complexity. Complexity is the result of the human mind trying to control its environment. The more humans try to use their minds to create a feeling of security in the world, the more complicated and unsafe the world becomes. At an individual level this Shadow creates misunderstanding and division in two different ways – through individuals saying the wrong things, and through saying them at the wrong time. This human trait has been around for as long as language has been around, and it is responsible for some of the most horrendous events in human history. Some of the bloodiest wars on our planet have begun because of a few simple misconstrued words. When the Buddha introduced his great teaching known as the Eightfold Path, he spoke of Right Understanding, which leads to Right Speech. He hit upon this great and simple truth – that language flows directly out of your state of consciousness. The more profoundly you understand and embrace the Shadow, the freer of it you become." "Whenever this 23rd Shadow speaks, it complicates the situation, which in turn catalyses an exponential process of misunderstanding that can soon escalate from a mental process to an emotional one. The fear beneath this 23rd Shadow is of meeting intolerance and being excluded by others. Ironically, this very fear drives the behaviour that manifests the fear. The difficulty for the 23rd Shadow is that it tends to make human beings know that they are right, which firmly closes the door on their being open to the views of others. This is where the deafness comes into play. In conversation with someone strongly influenced by this Shadow they can seem like a stuck record. They simply cannot give you a straight answer to a question. You can even ask them specifically to answer in a single word, and they cannot do it! There is an unconscious assumption on their part that you are somehow inside their head with them and understand everything they are thinking with crystal clarity. Because of this pattern you often have the feeling that such people are simply talking at you, rather than communicating with you. This generally causes the listener to feel physically uncomfortable and back away or try to interrupt the stream. Either way, the situation can become agitated and complex when a misunderstanding could have been easily avoided." "Such problems are rooted in the subtle timing mechanism hidden within speech and language. Human speech is made up of many layers of intonations with spaces in between. Even though your brain may hear the language inside your head, translating that to the vocal chords is another matter. How successful this process is depends upon your overall level of frequency. If you are caught in the victim patterns of the Shadows, then the process of translation slightly misfires, as though a code has been copied incorrectly. This leads to a language pattern that is not harmonised to the situation or listener. This process of timing and mistiming happens at a level well below your conscious awareness. It is not the words themselves that cause the static between the speaker and the listener, but the subtle cadences of intonation itself." "The gift of communication does not lie in the speaker's linguistic skills, but somewhere much subtler – in the speaker's heart."

REPRESSIVE NATURE – DUMB

In a repressive nature or society, the expression of the 23rd Shadow will rarely be tolerated. Wherever you see societies that keep others silent, you are seeing fear at work through this Shadow. Depending on how acute the level of fear is the individual or group will probably never express what they really think. Language will be held back, either through internal repression or external oppression. It is interesting that the modern meaning of the word dumb has come to refer to a lack of intelligence, because that is often how such people are perceived. If you are choked by fear, you cannot speak clearly, if at all, and so these people slowly learn not to say what they really think, instead lapsing into silence or superficiality. This is particularly true of children who have very oppressive parents.

REACTIVE NATURE – FRAGMENTED

The other side of this Shadow is the expressive nature, which often cannot stop talking. However, because there is a general mis-timing within their neurology, they create enormous interference and fragmentation wherever they go. These are people who always say the wrong thing, or they say the right thing but at the wrong time. The language pattern of such people tends to over-complicate and miss the essential meaning of things. They spend an enormous amount of energy trying to be heard only to find that they are constantly pushed away. These people tend to talk in circles, over-explaining everything in an unconscious attempt to conceal the anger that lies within them at not being understood on a much deeper level.



GENE KEY N° 23

The Alchemy of Simplicity

Extracts from GENE KEYS © Richard Rudd

SHADOW : Complexity
GIFT : Simplicity
SIDDHI : Quintessence

23rd Gene Gift : Simplicity

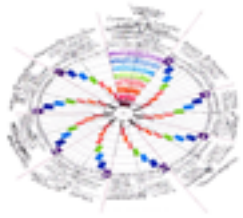
"The power of simplicity is to create efficiency wherever it goes. People exhibiting the Gift of Simplicity waste nothing in life. Their living areas usually reflect their thinking, with plenty of open space and room to breathe. They are able to cut through all the dross and get straight to the essential point. Simplicity is a state of being – an attitude towards life – and as such it cannot really be taught. It takes great sensitivity to be this simple. It is more of a knack, an aura – even a love. If you love simplicity, you will manifest it around you. The Gift level of frequency is a clearing-house for the process of preparing you to realise siddhic awareness. As such, the 23rd Gift is an ongoing process in which more and more clutter is gradually removed from your inner and outer life. As your mind clears, spaciousness opens inside you, allowing you to see things with great clarity. Another manifestation of this frequency is a slowing down of your internal system and a gradual lessening of your need to resolve everything in your life. Emotions are allowed to follow their natural course, thoughts begin to have more gaps between them and physical impulses are either observed objectively and dispassionately or are indulged without guilt. Everything inside your nature begins to become clear. The many problems of your life are seen as phantasms created by your mind acting upon your desires. You naturally begin to turn within and contemplate your own essence." "To be around someone exhibiting the 23rd Gift is a wonderful and powerful experience. Things that you thought were problems somehow dissolve in their presence, and through their insight and clear language, difficult things become easy. Above all, you begin to relax physically in their presence, and as this occurs the mind lets go of its need to constantly resolve complexities. Simplicity is deeply practical in the material world and these people are often very good at handling money. It is not that they know how to make money, but they know where not to waste it. They are not tight in any way but they find the simplest solutions to things. They are masters of efficiency in that they can come up with highly original yet utterly practical ideas that lead to quantum leaps in productivity. The 23rd Gift does not look at things in a logical way, nor would you describe it as artistic or abstract. It simply knows things spontaneously, without knowing where the knowing came from. It is the essence of genius. The quality that most often accompanies this 23rd Gift is playfulness. Although this can be a very intense Gift, it is not a serious one. These people think in very lateral ways, not in the normal way in which we understand thinking. They observe silently until the solution jumps into their awareness, at which point they can communicate it effectively and beautifully. The combination of all these traits makes them wonderful teachers. A final aspect to mention about this 23rd Gift is its incredible sense of humour."

23rd Gene Siddhi : Quintessence

"The 23rd Siddhi has an alchemical flavour to it. At a metaphoric level this refers to the ability to extract gold from base metal – the goal of all alchemy. Therefore people of this Siddhi are able to touch the gold hidden within other human beings. They can transmit the power of the awakened state through a word or a look or a gesture. This is the Midas Touch. Every person has a unique key that opens them to higher states of consciousness, and the people of this Siddhi hold all the keys. They do not necessarily know that they hold the keys – they simply respond spontaneously to each person, and in so doing, they touch the core of that person." "The real power of the 23rd Siddhi is therefore in its direct transmission in the flesh. The words that emerge from this Siddhi are phenomenally potent at the moment of their utterance. Once the 23rd Siddhi has fully dawned inside a person, they become an alchemical agent. Like quicksilver, they bind themselves to people and find their way into the cracks within their mental structure. Around such a person, you will undergo a series of spontaneous simplifications as the continued presence of their aura slowly begins to extract the quintessence from the dross placed within you by your culture and conditioning. As a recipient of this vibration, you will inevitably go through a complete deconstruction, which may be very difficult for you. Like all such alchemical processes, it can be extremely dangerous to your mental health unless you complete the entire process. This 23rd Siddhi is custodian of a sacred truth: trust your own inner path before any external teaching or teacher." "To follow the mystical path is to surrender utterly to that which is within you, no matter where it leads you. The Middle Way is not, as it sounds, a delicate path threading between the opposites. It is a path of complete abandon that is formed as each foot falls before you. It is a path sculpted from the void, untrodden by anyone before you and therefore without law, rhyme nor reason. To walk this path, you will have to dig deep within yourself and revel in that true quintessence that only you can recognise. This is the Buddha Fever."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 24



SYNERGY AWAKENING CODE N° 24

Progression

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Habituation GIFT : Acclimatization SIDDHI : Neutralization

Through the 24th Life Code we speak of progression and in the original I Ching hexagram it is the hexagram of "returning." In the Human Design it's the gate of rationalizing.

And at the shadow level it is all about addiction, addiction in terms of thought processes. It is how we become addicted and habituated to certain ways of thinking that make us feel comfortable. It relates to how people convinced us of something and our conditioning when we were very young. That when a situation came up, you had to see it in a particular way. When you dealt with these kind of people, you had to do it like this. When you were entering into this kind of experience, you had to be prepared in such in such a way so it gave us all these habits of thought that originally had the intention of protecting us, to keep us on track.

Unfortunately, it does not take into account our deeper genius and our much deeper capacity at the gift level of this Life Code to invent as we go along, to be tapped into nature, to realize how nature does things by being in synchronicity with it through the intelligence of the heart. We realise the value of spending time in nature and watching how nature does what it does, without any judgment, just open-mindedly, to receive the teachings of nature by being silent and being tapped into nature. This is really easy to do because it's very beautiful to be in nature. As we learn of nature's spontaneous response in the moment to everything, we also can tap into that place in ourselves that's capable of responding to things that are new and fresh leading to a new thought process. It is a clean and clear awareness that's able to answer the constraints of our life in a very inventive, ingenious and resourceful way. Where we constantly keep expanding and opening our mind to what's possible through the guidance of our heart.

At the level of the siddhi, it is about silence, about the stillness beyond the mind and it's activities. It's about how nature teaches you about its inventive ability. It is the genius of nature to constantly adapt, to constantly acclimatize to new situations. As we sit and be in nature, in our silence, we tap into that but as we go deeper, we go beyond just the surface of things and we start to tap into much deeper understandings based on much vaster phenomena that connect us into the universe at large. We recognize that we are the smallest universe in the universe. That is possible because we're just a proportionately scaled down version of the universe itself. Therefore, the more centered we become, the more we discover that truth within ourselves. That happens through silence, through having a mind that is completely still that is completely present and able to take in what is occurring in the moment, in the now. This is a mutative gate that works in the mind. That is the true opening of the mind, through silence into the universal mind, what they call in Zen No-Mind.



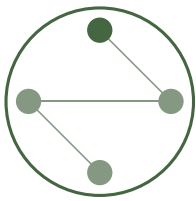
Thunder/Earth

Turning Point

Thunder has retreated to his place of origin, deep into the Earth. Now it moves upwards again.

The old comes to rest, the new begins to move. New power, however, needs to be sheltered and given time in order to gain strength. New friends can help.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 24

The Ultimate Addiction

Extracts from GENE KEYS © Richard Rudd

SHADOW : Addiction
GIFT : Invention
SIDDHI : Silence

24th Gene Shadow : Addiction

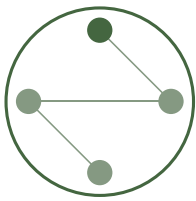
"The 24th Shadow, when correctly understood, explains much about the Shadow state itself as well as why human beings find it so difficult to resolve the deeper repetitive problems in their lives. This is the Shadow that keeps the psychology profession in business, and it is the Shadow that big advertising companies take full advantage of. We humans come pre-programmed for addiction, and the main culprit responsible for this is our minds." "The 24th Shadow creates a low frequency rhythm throughout your whole being, and this frequency prevents you from thinking outside your comfort zone, which exists on a physical, emotional and mental level. We generally follow the same predictable paths in our external lives that our brains follow neurologically. This gives rise to the phenomenon known as addictive behaviour. When we talk here of addiction we are not talking about specific psychological disorders, but of an entire human behavioural code that is so self-limiting it does not recognise its own addiction. The fact is that all modes of thinking are addictive. You can be a left-brain addict or a right-brain addict, and you will be equally addicted. The only thing that breaks addictive thinking is silence – real silence. As we shall see, it is silence that gives birth to the 24th Gift of Invention – the art of thinking and acting in totally original ways." "The Shadow of Addiction ensures that people don't really change. Even though we may seek new ways of being, we usually end up following our addiction on the outside and never changing on the inside. You only have to look at a person's actions in the world to see whether they are living in a state of addiction or the higher state of invention. If they are influenced by the shadow state, there is always an anxious part of them that never seems to rest. Even though they may make cosmetic changes in their outer life, they never create anything substantially original. This pattern also tends to play out in their relationships, where they often find themselves repeatedly reliving the same scenarios without realising why. Even if they change the outer relationship for one that promises to be completely different, the same tactics show up again, manifesting an inner neurological patterning that they seem unable to escape." "Addiction is the constant replaying of the same perceptive frame with no pause between frames and this is what happens at a synaptic level within the brain chemistry of an average human. Like mice in spinning wheels, we simply re-enact the same scenarios over and over without realising what we are doing. The question then is: how do you escape the wheel of addiction and reset the program to run without the glitch? The full answer to this question lies within the 24th Gift, but in a nutshell the very realisation that you are in an addictive pattern begins to shift the programming of the 24th Shadow. Your willingness to confront your mind creates the necessary pause between the frames, allowing the mental body to disentangle itself from the astral body. When this happens, then for the first time the astral body and its cravings are no longer fuelled by the grasping of your mind, and you go much deeper into the source of your suffering. You purify the astral body through starving it of external stimulation and thus you enter into the holy ground of pure desire – the desire to return to your true source."

REPRESSIVE NATURE – FROZEN

When repressive natures come across a gap in their awareness, the fear inside them causes them to freeze up. This freezing can manifest in many ways – physically as a complete lack of energy, emotionally as depression and mentally as a narrow-minded and guarded perception of reality. The secret to all addiction lies in how we respond to these gaps in the functioning of our awareness. The danger of addiction is that we seal our fate in these precious moments without realising we are doing it. At the Shadow frequency, we simply do not allow ourselves to experience the void that precedes a shift in awareness. The repressive nature shrinks from feeling that empty state of silence. If we were to face such times in our lives without either shrinking or reacting, something truly amazing would seed itself in us.

REACTIVE NATURE – ANXIOUS

The reactive side of the 24th Shadow, like the repressive side, is unwilling to fully experience their feelings of emptiness. This feeling of emptiness occurs to all human beings at different times in their lives. The gaps that open up before us can throw us into panic. If we react actively instead of passively, we do so out of anxiety. In order to escape the feeling of falling into a bottomless pit we translate our fear into activity, and that activity obscures the potential magic that could have occurred inside us. Essentially there are two kinds of addicts – there are those who numb themselves (the repressed nature) and those who stimulate themselves (the reactive nature). The reactive nature is more typically a workaholic or gambling type as opposed to the repressive nature, which might exhibit an alcoholic type of addiction. These people who cannot sit still, but are flooded with the anxiety that comes from avoiding the powerful and absolutely natural chemical process that is taking place inside them.



GENE KEY N° 24

The Ultimate Addiction

Extracts from GENE KEYS © Richard Rudd

SHADOW : Addiction
GIFT : Invention
SIDDHI : Silence

24th Gene Gift : Invention

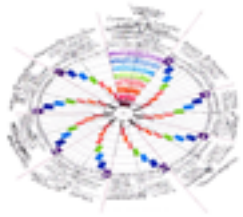
"The 24th Gift is truly magical and contains the secret to genius. Genius is far more than lateral thinking – it is the ability to make quantum leaps. For example, the difference between a very good tennis player and a truly great tennis player is to be found in the 24th Gift. The great player follows no set pattern that their opponent can break down, counteract and defeat. They will throw in shots that are totally unexpected and come at the most intense moments. This is the Gift of Invention, of bringing new things into the world. The 24th Gift is a birth canal for originality and surprises itself as much as others." "The brain can be loosely divided into gray matter and white matter, the former being largely involved in the processing of information and the latter in communicating that information. The 24th Gift involves the mysterious processes that take place within the deep grey areas of the brain, and this Gift seems to act as some kind of neural trigger that allows original thinking to emerge from these areas. The human act of pondering might be an apt description for what occurs through this Gift. As you ponder a subject, you first travel familiar neurological pathways around that subject until you arrive at one of those magical gaps. The moment you hit a gap, it is as though you change neurological gear and suddenly a new, more efficient network of synapses opens up in your brain. This allows you to suddenly see things in a totally new light." "The 24th Gift is the heart of the human creative process. The secret of the 24th Gift is really one of the secrets of creativity itself. It is in fact an acoustic field involving the raising of vibrational frequency through your genetics. Each time you hit one of these magical gaps, you have the opportunity to either shift up an octave in frequency or remain in the same loop. One of the truths about addiction is that it can be used creatively to elevate your frequency. Invention is really creative addiction. You simply experience a spontaneous rising of the frequency of the mind's tendency to think in circles. Addiction thinks in circles whereas invention thinks in spirals. All the great insights that have driven human evolution, from the arts to the sciences, have come across the bridge of the 24th Gift. Only one who is willing to face their own ignorance can cross this bridge. It begins with your willingness to admit that you do not know and that you may never know. This inner honesty creates the environment for invention to occur even though when it may occur cannot be predicted. It usually occurs when you are at rest, manifesting the gap in some external way yourself – sitting silently, sleeping, dreaming or simply doing nothing at all."

24th Gene Siddhi : Silence

"The 24th Siddhi is a challenging Siddhi to write about because how do you describe silence? Obviously you cannot. What you can do is consider the manifestations of this Siddhi and build a context around it. Thus far we have looked at the nature of addiction and how it can be elevated or transformed into creative invention. We have discussed the way that the brain follows patterns and how these patterns can mutate into newer, more efficient and more original patterns. When we come to the siddhic level, we really have to put away the mind altogether. Silence is the natural background state of all human awareness, and silence can only occur when thinking ceases entirely. Over the centuries, human beings have tried all manner of techniques to stop the mind from thinking. Thinking can in fact be masked by certain techniques, but that temporary quietness is not the same as the pure silence of the 24th Siddhi. The silence of the 24th Siddhi is a silence that descends on you, even though it already lives inside you. It occurs as a result of the shift in the inner geography of human awareness. True silence reigns when the mechanism controlling your awareness moves from your head down into your solar plexus. You cannot say that silence is experienced because silence invokes the paradox of there no longer being an experiencer to have an experience. Silence negates everything, fusing together both subject and object. For awareness to shift in this way, some kind of physical mutation has to occur within the human body. Certain chemicals must be created by the endocrine system that prevent the process of normal acoustic thinking. You no longer think but are thought by life. This is not something that can be described. At the siddhic level there is no longer thinking but there is both knowing and not knowing simultaneously. Not knowing is there when awareness is at rest and knowing is there when awareness engages in some form of communication with the outside world. Both expressions really amount to the same thing. When the mind ceases to think, then all addictive behaviour also ceases. The ultimate addiction of believing yourself to be separate from life is eradicated. In this sense, silence does not necessarily denote physical silence. The silence of this Siddhi is an internal silence that is permanently engaged."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 25



SYNERGY AWAKENING CODE N° 25

The Source Code

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Conditioning GIFT : Openness SIDDHI : Innocence

The 25th Life Code is the Source Code of the universal love. In Human Design, it is also known as the gate of the spirit of the self. In the original I Ching hexagrams it is "innocence". You think of the child chasing butterflies, and how universal love goes about teaching when you're not conditioned; it can happen through anything. You could even be in an argument with your friend and you could be as happy as the child chasing the butterfly if you're tapped into this Life Code in the right way.

At the shadow level, it is constriction, feeling constricted, as if you don't have any room to move, like you're being hemmed in on all sides by the situation you're in. But that is in the mind. The mind has certain ideas of how things are supposed to unfold, and how you're supposed to be backed up by life itself by the life force itself. What is really happening is that the mind is coming up against all these limitations that have been conditioned into you as you were being brought up. Every time you tapped into the universal love, and started chasing a butterfly or singing a song, it was always the wrong time. With the wrong people, you were always told to stop. It is that conditioning which shuts down that capacity of universal love. Universal love says to everything: "be yourself, be what you are". But at the shadow level, you're constricted by so many things, and as an adult, those constrictions may not be there but because you've practiced it so much as a child, that's all you know.

First, you have to start accepting these constrictions, that's the gift of this Life Code, this acceptance, you have to start to accept the existence of all these constrictions that don't allow you to tap into that quality of just beingness, of just being who you are. Universal love creates a banquet in which you get to step in and be yourself and get to taste that aspect of who you really are. Universal love stands behind you and says we absolutely support you. As we open more and more to that, we start to find greater and greater acceptance as we go deeper and deeper and deeper into our conditioning at different levels starting from the place of you as an individual and eventually into the whole collective in our relationship to humanity. There's conditioning there. And eventually we step through the threshold that goes beyond humanity and to all of life and then into all of existence. Then we tap into the siddhi, which is universal love. And universal love starts from the most material existence, that everything is accepted in this universe. Everything is here for a reason. Everything is loved as itself, even rocks and dust; the simplest things that are just material objects. It is that energy that is the source of all manifestation. Out of that all manifestation occurs all the way down to the simplest level. Universal love is the creative, it is the true field in which intent turns things into being.



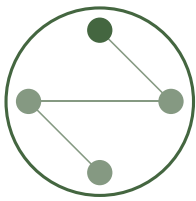
Thunder/Heaven

Innocence

Thunder moves towards Heaven. The eldest son is outwardly a man, but to his father he is still a child.

Act instinctively. Innocence is lost by any thought of personal gain, and misfortune follows at once.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 25

The Myth of the Sacred Wound

Extracts from GENE KEYS © Richard Rudd

SHADOW : Constriction

GIFT : Acceptance

SIDDHI : Universal Love

25th Gene Shadow : Constriction

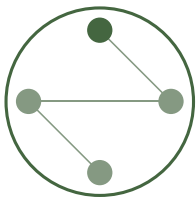
"Constriction exists wherever love is absent, and it is the underlying source of all human suffering. It is self-perpetuating because to constrict life in yourself or in another, is to welcome more suffering into your life. The Shadow of Constriction operates at all levels of society. In the individual, constriction occurs first and foremost in your breathing. It creates tightness around the chest and compresses tension into the abdomen. ""Here in the 25th Shadow we find the basis for the myth of the sacred wound – the source of all human suffering, and a trans-genetic anomaly literally wound around the helix of all human DNA. The 25th Shadow is the great turbine of human seeking. Everywhere you go you carry this constriction with you. If you tune into your body you will sense it deep inside you, and your response or reaction to the discomfort it brings defines the shape of your life. If you recoil from the pain, you will live a life of denial and distraction – a half-life, lost in the pale shadowlands of mediocrity. The harder you choke down the pain inside, the tighter it engulfs you. If, however, you have the courage to honour and listen to the wound within, everything will change for you. You will discover that if something is wound around you, constricting you, it must have a purpose, and that purpose is to unwind. Thus as you face your pain through the Gift of Acceptance, the wound begins to unwind and another higher destiny opens before you."" Constriction is also found in our communities, through our need for laws, territory, barbed wire fences, passports and money. Above all perhaps, are the massive constrictions we unconsciously place upon ourselves through our measuring of time. Our total dependence on time creates an enormous energy field of tension and pressure on a global level. The other great agent of the 25th Shadow is the human mind. Almost all systems of thought create more constriction inside you, with the exception of those that lead you into deeper acceptance of your true nature. Just as the 25th Gift opens avenues at all levels of creation, the 25th Shadow closes them down. The programming partner of the 25th Shadow is the 46th Shadow of Seriousness, which teaches you that the tighter you hold onto anything, whether an opinion, a person or an object, the more constricting it becomes for you. The 25th Shadow distorts the universal love of the Siddhi into the lust for matter. This manifests as obsession with materialism – the most obvious direction for the flow of constricted fear to take. The urge to allay the fear becomes the need to reduce the universe to objects and to hold onto them as tightly as possible. Anyone who clings to the objects around them is deeply under the influence of the 25th Shadow. This can also apply to relationships. In relationships, this human tendency to try to hold onto others as physical anchors distorts and restricts the natural flow of love between people. Love grows through freedom and dies through constriction."" It is very important that you understand the 25th Shadow because it represents the beginning of your journey into form. To be alive in a physical body can be experienced as the ultimate constriction, especially if your reality is rooted in fear."

REPRESSIVE NATURE – IGNORANT

The 25th Shadow teaches us something profound about the nature of ignorance. In reality it is a form of repression. All repressive natures essentially use their energy to maintain a state of ignorance. Ignorance in this context refers to the inability to look at your own pain. The deeper your personal wound is held captive inside you, the more your higher faculties shut down. Ignorance is not bliss. Ignorance is misery, but it doesn't recognise this unless something momentous happens. Because of the pervasiveness of the Shadow frequency, ignorance is still one of the greatest diseases in our world. It takes a massive collective effort to constrict the life force wanting to burst from our bodies. The moment something triggers the letting go of your pain, there is a flood of release and relief around your heart as the Shadow of Constriction is weakened. Whether you repress this pain again after the event is another matter entirely.

REACTIVE NATURE – COLD

Just as the repressive nature is unable to own the depth of the sacred wound within, the reactive nature is unwilling to own it. These people express their pain through projection. Thus they are cut off from their hearts in a different way. The repressive nature does not know how it feels, whereas the reactive nature hates how it feels. It expresses that hatred by being cold-hearted. As we repeatedly see through the 64 Shadows, all reactive natures express fear through anger, so these people take out their pain on the world, especially on those closest to them. In effect it is impossible for anyone to come very close to these people. Their volatile nature quickly pushes away any form of genuine warmth because it reminds them of their own pain. As with all reactive natures this often leads to abusive or very short-lived relationships.



GENE KEY N° 25

The Myth of the Sacred Wound

Extracts from GENE KEYS © Richard Rudd

SHADOW : Constriction

GIFT : Acceptance

SIDDHI : Universal Love

25th Gene Gift : Acceptance

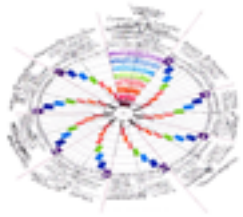
"Here in the 25th Gift we arrive at one of the greatest and most powerful of all human Gifts, the Gift of Acceptance. Because this 25th Gift represents the portal to the true nature of the universe as love, it has incredible relevance for all human beings. The flowering of love follows the burgeoning of acceptance. Acceptance is based on taking the soft approach to life, as the 25th Gift's programming partner, the 46th Gift of Delight, testifies. The path of love is the path of acceptance, which is not a technique but more of a seeing. In order to accept something about yourself, and especially something uncomfortable, it first must be recognised. This kind of acceptance takes place when you build up the courage to look into your own Shadow." "In the 25th Shadow we saw how fear creates its own biofeedback loop, which maintains this constriction of the life force inside you. The only way of breaking this loop is to have the courage to simply feel the fear. As soon as you reduce fear down to its essentials – that is a physical sensation deeply entrenched within the chemistry of your body – you discover the great secret of acceptance." "As the Constriction of the 25th Shadow loosens its hold, you also access far more energy and optimism. Optimism is not the opposite of pessimism but its true underlying nature when freed from constriction. The state of acceptance is akin to spiritual springtime – everything seems possible again as everything in your life begins to flow more freely and easily. This will manifest outside you as universal synchronicity is activated through the 25th Gift. However, even at the Gift level of frequency suffering still exists, and it keeps returning to test your level of acceptance." "If you have the Gift of Acceptance in your hologenetic profile or feel a strong connection to it, you will probably be the kind of person who feels like you belong everywhere. You will likely not judge others in the same way that most people do. Acceptance is not something you can easily learn. It is often something you are born with, and the more accepting you are the more life will tend to test you. You will quite possibly undergo challenges to test and deepen your sense of innocence and trust. The 25th Gift makes it difficult to hold a grudge or worry too much about life. You will walk through life with an air of another world about you, while at the same time being deeply grounded and open to others. In a nutshell, you carry the seed of love."

25th Gene Siddhi : Universal Love

"The 25th Siddhi is a special Siddhi, whether it happens to be within your hologenetic profile or not. Every Gene Key exists inside each of us, and the 25th Gene Key is the primary archetype of love. Behind the mystery of the 25th Gift lies the mystery of suffering, and as we have seen through the 25th Shadow, it is a theme integral to the evolution of human consciousness. This connection to human suffering brings the 25th Gene Key into close relationship with the 22nd Gene Key, by whose Grace deep acceptance and love may be found. The sacred wound only reveals its true purpose through the 25th Siddhi of Universal Love." "The 25th Siddhi is Love itself as the source of all, and in this sense it can be called Universal Love. In all cultures, this love is represented through the great myths and in many of these myths it is symbolised by the sacred symbol of blood. The symbol of blood has many meanings and levels. It represents the conduit for the sacred wound itself, the blood that passes from human to human down the ages and that contains the codes for our ultimate healing. On a more universal level, it symbolises consciousness, that which moves through and behind all forms, knitting them together into a great cosmic pattern." "The sacred wound that hides within each human being can be understood at the three main levels of consciousness – at the Shadow frequency the wound maintains human suffering, at the Gift frequency the wound provokes humanity to evolve, and at the Siddhic frequency the wound reveals humanity's true nature as an expression of Universal Love. Only at the siddhic level of consciousness can you understand the true meaning of the blood of Christ. When your frequency is lifted up to the siddhic level everything takes on a cosmic dimension and you have no choice but to take into yourself the suffering of all beings. In terms of our genetics, the blood of Christ represents the absolute acceptance of the suffering of all men and women from the beginning of time, all of which is encoded in the human genome. This is why it is said that a being at the highest frequency takes on the sins, the suffering, of humanity, whether they are termed a Christ or a Bodhisattva. This is the only way to attain the highest state of Universal Love. At the Gift level of frequency, you begin to take responsibility for your own suffering. As your experience of suffering deepens it is experienced as unending and you begin to transform the ancestral wounds of those who have come before you. The deeper you move into acceptance the more you have to open your heart to human pain, and the more pain you transform the more love you feel. At a certain level, the process loses its personal flavour and takes on a universal dimension. At the level of the 25th Siddhi, a permanent leap is made whereby everything becomes acceptance and the rose of Universal Love blooms."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 26



SYNERGY AWAKENING CODE N° 26

Controlled Folly

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Machination **GIFT** : Adornment **SIDDHI** : Harmony of Nature

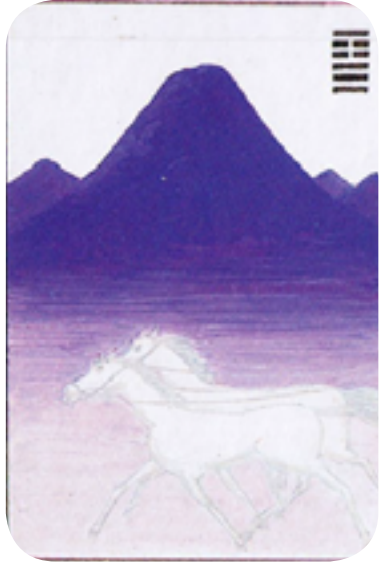
The 26th Life Code of Awakening is Controlled Folly and in Human Design is the gate of the egotist. It is actually about talking people into things. So it's just using your ego in a way to talk people into things they might not know they needed. That has many different forms and in the original I Ching hexagram, it is called "The Taming Power of the Great." It is the ability to use the big ego, which means you're able to tap into the collective ego and what it likes and excites it. It is that which advertisers use to get people into interactive spaces with their products.

At the Shadow level, it is given the interpretation of pride. Which means, you and your ego get all excited. You say, "look at me, look at how good I am at talking people into the things I want to sell them. I'm very successful at it, I can talk anybody into anything." What you're tapping into there is the automated system that everybody taps into on the collective of the ego. It is being perpetuated by all the things that keep us on the surface and chasing after objects in the form of what we buy, and what we wear, who we watch and who we talk about. When you tap into that, you know how to push those buttons in people to turn them on or turn them off. By turning them on and adding something you think it relates to, it's very easy to talk anybody into anything. What it is, is pride about how good you are at that without taking into account whether that's really appropriate or necessary or even needed by the people you're talking into this.

When you jump into the gift, you move into artfulness. And when you get into artfulness, it's kind of hard to lose touch with the other, you really have to put yourself in their shoes. It involves more than just you, there's always going to be you but there's going to be other elements in that picture. Your artfulness then starts to have to include your ability to not talk people into things anymore, but your ability to find the way that people talk themselves into things and allow that to come out. Then you may find that they don't need what you have.

Then you may have to ask them how you can support them to go where they need to go to find what they need. It becomes about turning people on to what's best going serve them, whatever product or whatever is going to serve them best. In this way, you start to become a vehicle for resource channeling, and direction and turning people on to the best direction to satisfy whatever it is they need to manifest and maintain their life. That eventually becomes something of an art, and you can become a person that works with people from all different walks of life to do that. At that point, it is no longer about you selling them something, it's more about teaching them how to best manifest what they need, and then supporting them in moving forward with that.

This moves us towards the invisibility of the siddhi. You don't need any credit anymore. You just enter into situations, because you're so tapped into the essential energy of providing whatever's needed in every situation and bringing it forth and helping people to tap into the places in themselves that truly will benefit life. You become invisible. You just tap into how nature takes care of everything. It is invisible, you can't see it, but everything grows and flourishes. The rain comes where it's needed. When you become like that you become a force of nature. You walk into a space and all of a sudden everybody's finding that they need to do certain things to create their life in ways that will really bring into their world the products they need that can best do that. For this reason, it is a heart gate, a gate of the heart. So it really comes from the depths of the heart and realizing that by benefiting others is the best way to benefit yourself. If you can tap into nature and existence, and you can benefit at that level, you can only imagine how that's going to benefit you. It helps us perceive that we are just such a small little mechanism. As we cooperate more and more with the vastness around us, we realise it is about the vastness coming into each person because then it reminds each one of us of who we truly are. That is something that doesn't really need to be sold. It just needs to be present in a space that everybody can start tapping into.



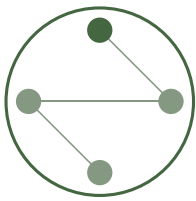
Heaven/Mountain

Domination by Strength

The power of Heaven is bridled by the steadfastness of the Mountain.

Focused strength enables you to do great things. Let these actions take effect outwardly, and be ready to make important decisions. Explore the past and learn from it.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 26

Sacred Tricksters

Extracts from GENE KEYS © Richard Rudd

SHADOW : Pride
GIFT : Artfulness
SIDDHI : Invisibility

26th Gene Shadow : Pride

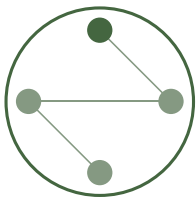
"If you have enough willpower, you can achieve almost anything. This is the language of the 26th Shadow, and it is important to remember that there is nothing wrong with this belief. It is a vital stepping-stone to a far higher frequency. However, there are two types of will – there is your will, which as we shall see is an illusion, and then there is thy will, which we will look at when we examine the higher frequencies of this 26th Gene Key. Your will is the foundation of human pride – it is the belief that you as an individual can control the forces of nature and come out on top. Nowhere in our society is this Shadow of wilful pride more dominant than in the sphere of business. All modern business is built on this rationale of individual willpower. If you are driven by the 26th Shadow then you, like many others, use your willpower for the sake of personal gain and recognition. In business this means that to climb to the top you must consciously or unconsciously push others down." The word most commonly used to describe the energy and effect of the 26th Shadow is the word ego. In spiritual circles, the ego is widely regarded as the archenemy of the higher self, but when we come to explore it through the 26th Gift, we will learn that it has a higher purpose. When you allow yourself to be governed by fear, you are giving instructions to your DNA to try to establish and maintain control over others or your environment by means of your ego. In doing so, you effectively cut yourself off from those others as well as from your environment. At the Shadow frequency, this is the only way you can see to create success and security for yourself in life, so the 26th Gene Key tells you to get on the ladder of competitiveness just like everyone else around you." In the modern world, hierarchy, competitiveness and ego are considered normal and even healthy. Unfortunately, the current definition of health on this planet is based on a very narrow set of criteria. Real health is only found when your inner being is completely at ease with life's inherent uncertainty. The 26th Gene Key has a strong link to the function of the thymus gland, which is vital to your immune system. Societal conditioning tells you that if you really want something badly enough, you make it happen. If you base your life on this premise, the lower frequencies of the 26th Shadow will gradually grind down your immune response, leading to increased stress and premature ageing, not to mention a host of potential problems or diseases associated with the weakening of your immune system. If you try to force life to follow your will, you may well succeed in achieving your goals, but at what cost? By moving against nature, you deny yourself true happiness and replace it with an addiction to stress. You can identify the 26th Shadow in a person because they simply cannot relax, even for a single moment." As we have seen, the 26th Shadow is about ego and pride. One of the underlying fears of this Shadow is being perceived as powerless. It has much to do with projecting an image of success and confidence. The activation of this Gene Key at its lower frequencies leaves you craving security in your identity and your natural reaction to this discomfort will be to seek that security by setting yourself above others through an act of will. Even deeper lies the core human fear of non-existence. In a great cosmic irony, the more solidly you become attached to a powerful sense of ego and identity in the world, the more profoundly this fear affects and undermines you."

REPRESSIVE NATURE – MANIPULATIVE

The 26th Shadow can be really sneaky. When pride manifests through a repressive human nature it becomes manipulation, but not in an obvious way. This is covert manipulation. These people manipulate others by putting them down, or use guilt and shame as subtle weapons. Often these patterns are acted out unconsciously, which means that such people rarely feel accountable for their actions or the effects they have on others. The 26th Shadow uses its natural cunning to make others feel bad or inferior, behaviour patterns rooted in fear. Pride that is rooted in fear always leads to manipulation. It is a simple and lethal equation.

REACTIVE NATURE – BOASTFUL

The more up-front version of pride is boastfulness. This is the pride that we all know so well as ego. All lower frequencies are inherently isolating. To boast is to try and draw attention to oneself – to render oneself more visible. When someone is boastful, they do not realise that their acts or words have the reverse effect of their intention. There are many ways of boasting, both conscious and unconscious. One of the most obvious is seen in displays of personal wealth, power and property. While the higher frequencies of the 26th Gene Key naturally draw positive recognition, the 26th Shadow and all its displays draw jealousy, resentment or at worst, inspire greed. These people suppress great anger, and when it inevitably explodes, it manifests as the ugliest form of pride and creates a strong repulsion in others.



GENE KEY N° 26

Sacred Tricksters

Extracts from GENE KEYS © Richard Rudd

SHADOW : Pride
GIFT : Artfulness
SIDDHI : Invisibility

26th Gene Gift : Artfulness

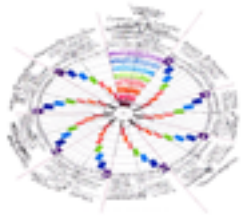
"When you get to the Gift level of the 26th Gene Key, you learn a very great secret in life. You learn the difference between will and intention. At the lower frequency, the 26th Shadow leads you to believe that you must exert huge willpower to attain your dreams in life. The problem here is that at the Shadow frequency you cannot possibly know what your dreams really are. Inside the coils of your DNA your higher purpose lies concealed. You cannot force that purpose out into the world by sheer force of will. Your higher purpose can only manifest when you surrender your individual will to nature as a whole. This process of surrender begins with the understanding that your higher purpose is something you must tune into, rather than impose upon the world." At the Shadow frequency, you respond to this intention through your pride and thus distort its manifestation by trying to pre-empt and force it. At the Gift frequency, your attitude invites a higher waveband of light into your DNA. This more refined frequency catalyses new micro-processes inside your body. For one thing, your immune system becomes stronger and your general level of health improves considerably." The 26th Gift includes natural-born shrewdness. Through this Gift, you can use the power of your ego to deliver your message. To do so, you must fully embrace it. We have seen that ego has a negative connotation in many spiritual circles, where it is often seen as something to be conquered and transcended. Actually, nothing can be transcended through conquest. Only through absorption, acceptance and even enjoyment can the ego be transcended. This is the gift of enjoying your ego. Through the Gift of Artfulness, your ego actually becomes an art form. Out of this Gift emerges the ability to manipulate racial memory – in other words, you instinctively know how to speak the exact language of the person before you. This ability to manipulate your audience can be devastating at the lower frequencies, since it is rooted in fear and sells itself through fear. But at a higher frequency, freed from fear, the 26th Gift sells itself through love. This is heart marketing. This word manipulation is another *bête noir* in the spiritual domain. However, as long as manipulation is open and honest, it can be a beautiful thing. Art is a subtle form of manipulation, as is music. Human beings can be moved from lower frequencies to higher frequencies through manipulation, and this is where the 26th Gift excels. It lets you know you are being manipulated so that you can give in and allow yourself to be swept away, or reject what is being offered. It is a game for the 26th Gift. Through this Gift you manipulate your own ego in order to manipulate someone else's ego. The difference between the frequency of the Shadow and the Gift is that when you are operating from the 26th Shadow you are effectively consumed by your own ego and its voracious need to feed off of success, recognition and dominance. When you are manifesting the 26th Gift you are not identified with your own ego – it is simply something you use, like a costume you put on before a show."

26th Gene Siddhi : Invisibility

"This 26th Siddhi dissolves all sense of individual will. Everything in the cosmos is driven by a single turbine and surrender to this impulse renders the individual ego invisible – not just your own ego, but everyone else's egos as well. The whole game just falls away. One manifesting this Siddhi stands nowhere. These beings cannot be pinned down to a single concept – wherever you look, they are there and whenever you try and pin them down, they are gone. This is the meaning of invisibility in this context – it refers to one who has become one with existence." The 26th Gene Key, as we have seen, carries the quality of ego within it and is adept at marketing. At the siddhic level, these gifts are played with for the sole purpose of Divine fun. These people will use whatever faculties they possess to transmit their sense of love for creation. "Whatever tricks, shortcuts and wormholes they use to draw you in, they do so to draw your attention to a higher truth – that nothing really matters. Nothing can alter consciousness. To truly integrate this simple truth is to realise that all human life is essentially meaningless. But this meaninglessness does not detract from the wonder of existence; rather it enhances the beauty around us. Above all, it leaves us alive to play. To dance with the 26th Siddhi is to let go of all agendas." Such people are invisible in a way that most cannot understand. They are invisible because they do not care what others project on them. They do not seek to enlighten anyone; they do not really want to influence anyone at all. They truly have no agenda. They are simply here as loose cogs within the machinery of existence. They love to defy the laws that we humans cling to. They are the tricksters who love to twist and turn in the currents of existence, for no other reason than that they can. Ironically, such people with no agenda have often left the greatest mark on the history of our consciousness. Because we cannot pin them down, because we cannot understand them with our minds, we either have to reject them or laugh with them. Laughter is the true legacy of the 26th Siddhi."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 27



SYNERGY AWAKENING CODE N° 27

Sustenance

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

SHADOW : Hoarding GIFT : Generosity SIDDHI : The One Substance

The 27th Life Code in the original I Ching is “the corners of the mouth”, which means nourishment. In Human Design it is called caring. It can be viewed as sustenance, whatever sustains, whatever keeps you moving. We need food on many different levels. Even air is food, even the sensory information we take in is food. It is all that feeds us in different ways. Sustenance is a bigger word as nourishment doesn't quite cover it all.

At the level of the shadow, if we think of the billionaires in the world, and all the starving children, and why is there a situation like this, it is because there's hoarding there is selfishness. Billionaires think they know better, they think they know the best way to handle the resources, but they've forgotten. Even if they are behind many businesses that do support and put out a lot of resources for people in the world, the benefit that they're receiving from that goes 1000s of times beyond their necessities. Those resources could be used to take care of the world around them in so many different ways. But at the shadow level, all they see is themselves, and all they see is how incredible they are for doing what they do. The world owes them, they feel entitled, because they're the ones behind all this resource, development and production and all the things they do to create what they create. They forget that it is existence itself that put them in that position. No matter how much they think they did it, they didn't do it as we are not in control of anything. The more we realise that and tune into what is really moving through us, the more we are going to find what we are here for. If it is a billionaire that does that, they might give most of their money away and realize they weren't here to be a billionaire, they were here to be themselves. Nobody is here to be a billionaire; everybody is here to be themselves. Just understanding this would lead to redistributing all of those the resources rather quickly. But whether we see that in our lifetimes or not, who knows.

The gift is altruism,. We start to tap into, and start to realize, that there are many different organizations that are taking and spreading resources in places where they're needed, where there is a real lack. Altruism is bringing resources to places where they're needed, and acting in accordance with that principle. It is all based on generosity, which is the first perfection of the Bodhisattva for those familiar with Mahayana Buddhism, that is really the first step on the path of awakening: to start to give of yourself. How do you do that? Firstly, you have to know who you are. How do you know yourself? You have to start looking within yourself. You have to get out of your head and into your heart. Because once you get in your heart, you'll start feeling everything around you. Through this Life Code you'll start seeing what's needed from you, what can be given to others that could benefit them from what you have to give them.

At the level of the siddhi, it is selflessness. It can be referred to as the one substance because when you do that, you tap into that thing from which everything has arisen. That is what is within us. As all the Life Codes say, it is because we are the smallest form of universe there is. We're the most compact, condensed, concentrated expression of a total universe, that includes the one source, the one substance out of which the universe arose. That is our witness. We tap into all of this through our witnessing, through our self remembering, and that leads us into our assets. If we tap into that, through this Life Code, what happens is whatever anybody needs from us, and that includes beings, when you tap into this at this level you're tapping into all of existence at the siddhi level. You are even sharing with beings, beyond human, beyond visible which is what we do every night when we're dreaming. We see all kinds of beings! So there are other worlds which we may not be aware of in our ordinary consciousness. The deeper we go into meditation, we can actually broach that barrier and start to tap into those kinds of things. Which is to say that the possibility of this Life Code, beyond just giving a nurturing assistance to all forms of life that we're familiar with organically on this planet is that it goes beyond that. By talking about beings from other dimensions we can illustrate that we're all interconnected, including the unseen, and what moves the clouds and grows the trees and spins the planets. Those are all beings. We just see the physical existence of things going on. We wonder how does that happen? How does gravity happen? How does the planet spin? How does a tree grow? All those things are other beings that we exist with, that we have forgotten. We have forgotten how to see. We have forgotten how to be in touch with everything around us because we're lost in our minds and in our minds we don't see anything.



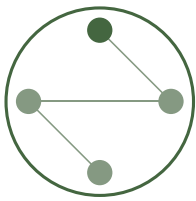
Thunder/Mountain

Mouth

The movement of Thunder is swallowed by the stillness of the Mountain..

Practise moderation with words (sounds that leave your mouth) and with food and drink (energy which enters through it). Perseverance brings success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 27

Food of the Gods

Extracts from GENE KEYS © Richard Rudd

SHADOW : Selfishness
GIFT : Altruism
SIDDHI : Selflessness

27th Gene Shadow : Selfishness

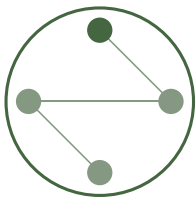
"Selfishness is where this 27th Gene Key begins its evolutionary journey in humans. The so-called selfish gene has been a requirement for us to survive, particularly for blood ties and close genetic groupings. However, selfishness must be transcended in order for the next form to mutate out of this existing form of Homo sapiens. This is how the mathematics of nature works. As the frequency within a species reaches its zenith, it pushes and stretches that form to make a quantum leap. For some time, the new form needs the care of the old form, even though ironically, the new form will ultimately eradicate the old form. Selfishness then is a stage in our evolution that is in the process of being transcended at a collective level. If it weren't, humans would die out. This is not a question of morality. It is a question of evolution. When we look at our world today, particularly through the world media, we have a tendency to focus on the negative aspects of life. That is due to the general low frequency of mass consciousness. But as a collective body we humans have already ascended far beyond individual or tribal selfishness. The structures that we have built into our society create opportunities for so many more people to be fed and nourished than ever before. It is true that an enormous amount of the world population still lives in poverty and suffers from malnutrition, just as it is true that selfishness is primarily responsible for this. However, collectively we have moved a long way from being monkeys. Even so, the current human vehicle is still designed for selfishness and is not easily suited to the higher frequencies. It is still relatively rare for humans to raise the frequency of their genetics even to the Gift level, let alone the Siddhic level. Thus our species must prepare itself to make the genetic quantum leap, because that is the only way that it can truly transcend its built-in selfishness." "By viewing selfishness in this way, perhaps we humans can begin to see through to the higher frequencies of the 27th Gene Key. Selfish acts cause devolution whereas selfless acts cause evolution. If we add to this a further equation from nature's mathematics, we will see that the 27th Shadow of Selfishness is equal to purposelessness. This equation is created out of the twin binary of the 27th Shadow and its programming partner the 28th Shadow of Purposelessness. This binary coding leads to a dead-end. Selfishness does not pay well since it makes us imporous rather than porous. In the long run it closes down the possibility of our being nourished, whether by food or love. Selfishness cuts us off from the collective. Even though it may ensure individual survival, in order for our species to take the next evolutionary leap survival must become absolutely communal."

REPRESSIVE NATURE – SELF-SACRIFICING

The repressed nature of this Shadow manifests as self-sacrifice, in the sense of giving away your personal power rather than giving from your heart. You give to others but without any natural sense of boundary, which either leads to your being taken advantage of or to a feeling of resentment from the receiver. The laws of life state that there must be a mutually beneficial exchange in order for a relationship to remain healthy. The repressive nature is afraid of its own dark side and tries to gloss it over by expending all its energy on others. Such self sacrifice also contains a subtle trace of guilt. The frequency of the giving does not come from one's true heart and can only be received in the manner in which it is given, without real gratitude. Giving in this way causes more harm than good, because you inevitably deplete your own resources and gradually wear down your own health.

REACTIVE NATURE – SELF-CENTRED

The reactive side of this Shadow is about giving with an agenda and not about being purely selfish in the sense of holding back your energy. These people give to others in order to get something back for themselves. This kind of political giving creates its own aura of manipulation and encourages distrust. When such people give to others and do not get back what they expected, the latent anger of their reactive nature suddenly explodes to the surface. All reactive natures have this capacity to lash out at others, and the 27th Shadow can often seem the most shocking because in the beginning it appears to be so generous and giving. This kind of giving comes entirely from the mind rather than from the heart.



GENE KEY N° 27

Food of the Gods

Extracts from GENE KEYS © Richard Rudd

SHADOW : Selfishness
GIFT : Altruism
SIDDHI : Selflessness

27th Gene Gift : Altruism

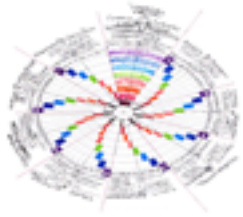
"The 27th Gift can be understood most clearly by observing it in the animal kingdom. Among the 64 Gene Keys there are certain Gifts that have a close connection with other species. In the case of the 27th Gift, the connection is with other mammals. This Gift represents the communal bond that exists between members of a group or family of mammals. For example, in a pod of dolphins, the 27th Gift is seen reflected in the pod mind – the invisible psychic force that unites these creatures and keeps them together. The pod mind monitors the safety of the pod as a whole. It functions through each individual dolphin but is instantly communicated to all members of the pod. The nature of this pod mind is Altruism, in the sense that if an individual member the pod is in danger, all dolphins will turn to assist it. Sometimes in mammals, an older member will even sacrifice itself to save a younger member, thus ensuring the continuation of the lineage. At a higher frequency, this communal altruism that exists between family groups extends to the species as a whole. In humans, altruism ensures our survival as a species. It ensures a happier, healthier life, even though it may not always be the life you were expecting. Giving from the heart can stir up unexpected cosmic forces that work to your favour. To give to others simply for the sake of giving activates healthy currents deep within your body. Through selfishness you may acquire much for yourself, but you will not acquire a true sense of higher purpose. Purpose flows from altruism like water from a spring – it bubbles up inside you making you feel warm as well as spreading this feeling to others." "The repressive side of the 27th Shadow – self-sacrifice – is about giving to the wrong people, exemplified in Christ's parable of the farmer whose seed falls on infertile ground. Altruism is actually a form of intelligence that knows, through its vital connection to the group mind, what is worth giving to whom. It does not feed victim consciousness. Essentially it supports the empowerment of individuals through a process of deep communal bonding. The 27th Gift's ability to give in a detached way also means that these people are willing to bend or even break laws or moral codes in order to give others the support that they need. When caring comes from the heart, it has no trace of morality. This kind of caring is akin to a parent looking after its child, and indeed this 27th Gift has much to do with the education and nurturing of children. Those who have children of their own understand this urge to protect their young at a genetic level. It is one of the strongest forces on our planet." "The true nature of the 27th Gift is generosity, which is primarily about caring for others and for nature in general. These people can also make wonderful gardeners since they have a natural connection to the cycles of life and the ebb and flow of nature's rhythms. This Gift also has a particular soft spot for those who are weak or afflicted. It is quite natural for those with this Gift in their hologenetic profile to find themselves involved in the service professions where they can offer nurturing to others. At a very high frequency the 27th Gift gives off a powerful aura of trust, which is immediately felt by others. Such an aura of trust often allows others to let down their guard and open themselves up to nurturing, sometimes for the first time in their lives."

27th Gene Siddhi : Selflessness

"Selflessness is an absolutely pure yearning to provide succour to others. There is no trace of self-consciousness in it. Such people have made a quantum leap, and the siddhic energy available to them is enormous. They can work in situations that normal people would find impossible. Despite endlessly giving themselves to others, they don't become depleted but are continually nourished by the refined currents of the aura of love surrounding them." "Inherent in the 27th Siddhi is the realisation of the divine law of philanthropy – the love of humanity. Philanthropy unlocks the secret of free energy because it gives selflessly of itself, and it gives intelligently. To give without awareness is charity, but to give with awareness is philanthropy. The 27th Siddhi knows how to distinguish between that which is alive and that which is decaying, and it gives unremittingly to that which is alive. At the siddhic level the 27th Gene Key becomes capable of miraculous healing. As long as there is an ounce of life force within something, the vast love coming through the 27th Siddhi can revive it." "One other way of approaching this Siddhi is through the analogy of music. There are certain Siddhis that have a deep relationship to music as the binding force behind all life. This 27th Siddhi concerns the music of the elements as they combine and recombine, endlessly feeding off each other. There are indeed precise fractal mathematical laws that govern the cycles of the elements on our planet. The way in which water and air combine, both through the global weather patterns and within the digestive tracts and respiratory systems of all creatures, creates an exquisite harmonic if we could but hear it. To reverse an old metaphor, on our planet love is the food of music, and it can be found everywhere. To those listening through the ears of the 27th Siddhi, this love is all they hear. One day you too will hear this music."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 28



SYNERGY AWAKENING CODE N° 28

The Game Player, Participation

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

Life Code 28 is the gate of the game player in Human Design, in the original I Ching hexagrams it is "Preponderance of the Great". If you think what is the great that propounds over everything, this is the gate of our relationship to death. This is our issue with death. And not just in the sense that death exists and sooner or later we all have to face it but also in the sense that it serves as the all encompassing backdrop upon which life plays itself out.

At the shadow level we have purposelessness. So if we look down the road and we consider our death and we think about what our life has been about, at the shadow level, it is purposelessness. Because when we are faced with the mirror of death, and we have been in our shadow and in our mind our whole life, we realize we didn't serve the purpose that we came here for, which was to be ourselves. We served everybody else's purpose and all our conditioning. That is what purposelessness at the shadow level here means. Faced with the possibility of looking into our own death, we ask ourselves, did we do anything here? Did we leave anything of value? And the only way we can do that is if we be ourselves. That is why the shadow is purposelessness, because you are lost in your mind with all the opinions and ideas and thoughts that were stuffed in there by everybody else. All with good intent, but none of that is you. You can use that, once you become you, once your mind knows how to follow your heart.

What is at the heart of the 28th Life Code? It is the gift is totality. It is about finding more and more of those things that literally turn you on. Because when you look into death, it makes you feel more alive. It brings up the Tai Chi, that is the yin and yang interplay of life and death. The more you are looking to your death and using that as a theme for meditation, ask the question: "If this was my last day on earth, what did I do? What have I done so far? And what am I going to do now?" You can make a meditation out of it every day, practice going into what it is going to be like when you enter death. You better be totally who you are, because that will create an opportunity for you to step into something bigger than what you have been in life. Because you will come right into that threshold with everything you are in existence. Whenever it sees a hole, it just wants to give more. It wants to reflect the wholeness back to you. So imagine yourself being reflected by the whole. You are going to take in as much as you can absorb. You are going to expand and you are going to grow. And then death can be an opening into a greater You. What else could it be?

At the siddhic level the 28th Life Code is about immortality. What has just been described is the process to tap into where you are going to go after you leave this life. When you are no longer in the body, there is no more life or death, you are immortal. If you were fully in your death, you are going to be stepping into something bigger than you. You are going to have to step into something bigger. So live that out, be total. Then a threshold will come and it will open you into a completely new dimension. But it will be different than a continuous organic growth process. Not like this physical thing we are in. We all have to go through this death process. Very dramatic, very traumatic, but maybe not so if you are total. Maybe it is something else.



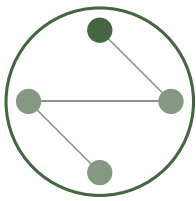
Wind/Lake

Predominance

The Trees are underneath the Lake which overflows its banks and inondates everything.

The powerful predominates, and the situation becomes acute. Great changes are impending, be prepared and remain self-assured. Act gently, serenely, without hesitation.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 28

Embracing the Dark Side

Extracts from GENE KEYS © Richard Rudd

SHADOW : Purposelessness
GIFT : Totality
SIDDHI : Immortality

28th Gene Shadow : Purposelessness

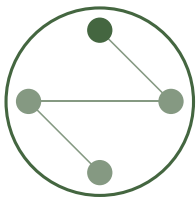
"The 28th Shadow simply sets us humans up in a falsely constructed reality peopled by good forces and by evil forces. The 28th Shadow is a major aspect of the genetic survival equipment that has led to the success of the human species. This Shadow with its fear of death has sharpened our individual instincts for millennia, and it has led us out of the darker ages of our prehistory into the current age in which individual survival is more ensured than ever before. The fact of death leads directly to the question of the purpose of an individual's life. The prime purpose at a physical level is to maintain your health for as long as possible, but there is another core purpose built into us – to evolve. For a human being evolution means creative uniqueness. We are each born with a creative purpose that no other human being carries. If you are to release your true creativity into the world, you must meet your own dark side. In other words, you must at some point face your deepest fear of death." "The most common way of avoiding your fear of death is to adopt a fixed mental philosophy and then live within that philosophy rather than living with your fear. These philosophies are our religions, beliefs, sciences and systems – anything that becomes dogma for you and numbs your fear." "The human mind would have you believe that your life's purpose lies in the future rather than here and now, so you keep postponing your life until you meet all your fears face to face at the end. You must look deeply into your fears now in order to find your purpose, because your purpose actually lies within your fears. This is why in the great mystical traditions, it is said that you must die before you can live." "Almost no one in a wealthy advanced country will die of starvation. Because of this, our fear has shifted to the fear of purposelessness. Now instead of being afraid to die, people are more afraid to live. The fear of not finding your purpose is still really a dressed up fear of death. The majority of people do not even want to think about whether they are fulfilling their true purpose or not because to do so is to look right into their deepest fears." "The 28th Shadow represents a deep attunement to the acoustic field and is rooted in frequency and sound. In this Shadow every fear can be perceived as a vibration. These vibrations have been personified by many cultures as demons or entities with a separate existence from their host. This very interesting phenomenon forms the basis of many systems that explore the darker unconscious side of human nature, from shamanism to psychoanalysis." "The 28th Shadow truly represents everything within your psyche that you do not wish to accept, right down to your core fear of non-existence. Only as you reclaim each of these dark aspects of your inner being can you begin to assemble and manifest the true purpose of your life. This is the magic and true purpose of the 28th Shadow."

REPRESSIVE NATURE – HOLLOW

When you repress the darker sides of your nature, your life appears hollow and devoid of real juice. To turn away from your fears is to live a lacklustre existence with no deeply felt sense of purpose. Your life may be glamorous and successful or dull and mundane, but it has no centre. Such people often try hard to appear happy and easy-going, even to themselves, but to anyone who knows their own dark side, they hide nothing. The deeper you go into your fears, the more you feel the authenticity of others. Those who will not face their own demons live a half-life, unaware of how transparent they are. These people often pretend to be happy or evolved, but they lack the depth and deep understanding of those who have dared to look into the deep, dark mirrors of their souls.

REACTIVE NATURE – GAMBLING

The reactive side of this 28th Shadow is about risk-taking. These people react to the fear that they feel by transforming their fear into activity. This results in rash and impetuous acts that temporarily cloak the fear. Such people quickly become addicted to this risk-taking pattern and live their lives at the other extreme – at such a fast and unpredictable pace that they cannot stop and examine the fear that is driving them. These people will try anything and everything to give them a sense of purpose, but they cannot stop moving. Their most terrifying space is their own inner silence and stillness.



GENE KEY N° 28

Embracing the Dark Side

Extracts from GENE KEYS © Richard Rudd

SHADOW : Purposelessness
GIFT : Totality
SIDDHI : Immortality

28th Gene Gift : Totality

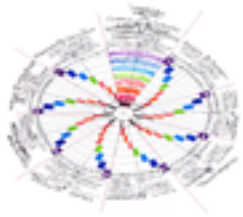
"The Gift of Totality is a wonderful Gift to have, and it belongs to anyone who really knows how to trust in life. Totality means to live alongside fear – to live with the unexpected and to stay open to continual change whilst remaining committed. Totality is the balance between the extremes of the 28th Shadow – one extreme that cannot change and the other that cannot commit. The Gift of Totality means to embrace the whole of your nature and the whole of life – the pleasure and the pain. To be total in the sense of this Gift also means to live without allowing your mind to dictate your life. This is life lived for the moment, in the full knowledge that life purpose can only be found in the present moment rather than in the distant future. To have the Gift of Totality is to follow a mythic path. As you steadily embrace the various challenges that life brings, you gather and compound the various aspects of your psyche until you reach what Jung called the state of individuation." "The state of Totality appears to be a continual state of taking risks – not the unfounded risks of the 28th Shadow but the risk of building something that you cannot really see until it is complete. What you are building of course is the path of your true destiny. This is a path of deep trust in which the individual strikes out on their path, surrendering their whole being into the mystery of life and its hidden rhythms. To be total is to be alive in every sense – it is to be acoustically alert to the vitality of every moment as it comes. In the resonant vessel of each moment fear cannot survive and thus you experience a deepening calm and quietness growing naturally within." "When you meet life through the Gift of Totality you meet life as a game to be played or a stage on which to act. This is life lived as a romance – a romance that includes both comedy and tragedy. There is a deep sense of thrill that comes as you progressively face your inner demons. Your demons, as we have learned, are really your angels in disguise. Every situation in your life is devised as a form of initiation that allows you either to remain as you are or to evolve. At the individual level this Gift gives you a profound sense of freedom even when external forces appear to obstruct, challenge or entrap you. On the inner planes, Totality gives itself to every situation, allowing the game to play itself out with no expectation but with absolute conviction. When lived in this intuitive way, life shows you that it has an underlying purpose in everything that it brings you. You simply have to align yourself to the dramatic plotline as it unwinds before you. People aligned with the 28th Gift have the wonderful knack of handling adversity lightly. The more deeply they accept each feeling of fear that comes the lighter they grow and the more love they feel towards life. As you begin to feel life's purpose moving like a wave beneath you, you will feel the programming partner of this Gene Key, the 27th Gift of Altruism, become more influential. As your own issues begin to subside into the background, your life energy begins to direct itself towards others. One of the great mysteries of existence is that the only true sense of purpose in life comes from the impulse to serve something greater than one's self."

28th Gene Siddhi : Immortality

"When the human mind imagines the concept of immortality it does so from within its own limitations. The mind can only conceptualise something within time, so it sees immortality as time that simply stretches into the future forever. This is why the mind cannot really grasp what immortality means. True immortality is actually the cessation of time altogether. This is the only way to escape death – to live so entirely within the present moment that death cannot exist. This is why the Gift of Totality must eventually lead to such a state. Whereas Totality means to live life to the utmost, Immortality means to die into the everlasting moment. To do this, your sense of identity and separateness must first die, leaving only life in its place. Once there is no localised centre of awareness, there is no death because there is nothing to die. Only consciousness remains, moving from one form to another endlessly." "The Siddhi of Immortality requires that the individual surrender him or herself into his own deepest fears and in dying, he or she is reborn as pure consciousness. Such a being realises their true purpose as the purpose of life itself – to live in the immortal truth of its own nature, beyond time and form. When a being attains this state through the 28th Siddhi, they take on a particular mythology. Their specific gift is to highlight the fears of others wherever they go. This is simply an aspect of their awakening operating through their genetics – thus they are said to have the gift of casting out demons, because this is precisely what their aura does. Through its grace, it highlights the darker, unaccepted aspects of one's nature and absorbs them into its deathless state of consciousness. As all siddhic states are really one and the same state, this is an aspect common to them all, but it carries specific mythological power in the 28th Siddhi's destiny."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 29



SYNERGY AWAKENING CODE N° 29

Synchronicity

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 29th Life Code is called Synchronicity and in the original I Ching hexagram is “the abysmal” and it’s about overcoming obstacles. In Human Design it is the gate of “saying yes”. There is a place in all of us that has to say “yes” to things, because that is how stuff starts. That is how you begin a new process. You have got to say yes. Then that opens a door that wasn’t open before. That is the essence of the 29th Life Code.

But at the shadow level, you have half-heartedness. Again, you are in your mind, you said yes, but it is really somebody else’s voice inside you, that you trained yourself to get really good at answering for you. It is not you who said it, so you are going to be half-hearted, because you can’t be wholehearted if your response of a “Yes” is coming from somebody else. So you get a half-hearted response. You enter into things with only a part of yourself, that part of yourself that agreed to the conditioning. And what it does, it that it reproduces the situation you were in when you were conditioned in that moment to be half-hearted. And there are tons of situations like that. Every situation you got conditioned in where you wanted to express the totality of your childlike innocence, and you were stopped. And so what is going to come out is the outer situation you said yes to, but how you are going to behave is how you were conditioned in that moment to behave. You can only imagine it. It might not even be appropriate, it might not be relevant to what you said yesterday. It might be totally off track. Just use your imagination, it’s not that hard to see how that could be.

So at the gift level, you tap into commitment. And think of your life partner, or your parents and your connection to your parents, or to your siblings, brothers and sisters. The life force is powerful, it brings us into these lifelong commitments. That’s what this is indicating. At a deeper level, it is like when you look inside yourself, and you realise that everything you’ve been told in your life means nothing. If you died in this moment, and you need to find meaning in your life, you need to search deeper, you need to go beyond the surface. That’s a whole different kind of commitment. Here is an example: A boy got an insight for the first time about commitment at the age of 13 years old whilst walking down the hallway of his junior high school. He stopped dead in his tracks with the thought that he is going to die someday. He thought “Oh, my God, everything I’ve done up to now doesn’t mean anything to me.” And so he became focused on endings and transformations and death. He became absolutely committed and dedicated to finding out not only who he was, but where we humans come from, why we are here, and where are we going? Because the more we look into ourselves, the more we realize that it is already written into the codes of our DNA, we are already a done deal, in the sense of those questions. They are not going to be answered, but what’s going to happen is we are going to open up to the experience those questions are pointing to. And it just gets better and better and better. Commitment in truth, when you commit, you are committed.

In the siddhi it is devotion. The best picture of devotion is Radha, which is a historical character, who is a devotee of Krishna, who was a person like Buddha and Lao Tzu and Christ and one of these enlightened beings 5000 years ago. The Mahabharata is a whole big thing written in Hindi about all that, but in this case, it was about a woman who came to be around Krishna. And she is the iconic symbol of what devotion is. She disappeared into his energy and forgot herself. And whatever came through her, she allowed it to come. And she became entranced and enhanced and expanded all at the same time. So not only was she overcome by it, but she became awakened through that. What she saw was his connection to source. And she started to become an energy field that was fed and was circulating around and receiving that source eventually to the point where she also became like the receptive Yin to the creative Yang with that source. A Unio My



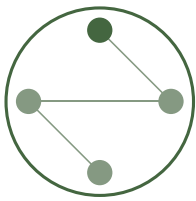
Water/Water

Abyss

Water repeated. It flows on without interruption and does not shy away before the abyss. It changes its shape but not its character.

A dangerous situation. Behave like the water : be true to your inner self, do not stand still, do not be afraid. Act consistently.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 29

Leaping into the Void

Extracts from GENE KEYS © Richard Rudd

SHADOW : Half-Heartedness

GIFT : Commitment

SIDDHI : Devotion

29th Gene Shadow : Half-Heartedness

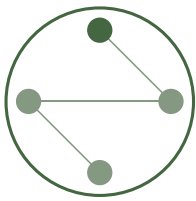
"In essence this Shadow is about two things that ultimately stem from the same source – over-commitment and lack of commitment." The secret to all commitment lies in the way in which you begin. It is the energy behind your actions that creates your future rather than the actions themselves. There is nothing that is worth doing in life unless it is done with absolute commitment. It doesn't matter whether you love it or hate it, if you attempt anything half-heartedly you might as well not attempt it at all. Without commitment, action lacks power or direction and above all, it lacks luck. This last comment may sound rather odd, but there exists a universal law that anything that is done with full commitment carries within it the seed of good fortune. Likewise, anything done without full commitment carries the seed of misfortune. All life is a continuum and every action you take leads you down a certain path. It must also be said that there is no morality behind this universal law of commitment. It simply represents an invitation for you to trust in life. Half-heartedness robs you of your opportunity to participate in life's mystery. It stalls life's natural tendency towards the magical and the profound. This Shadow keeps you a victim of fate rather than being a player in the great play. It keeps you in the sidelines, ensuring that you play roles in life that are dull and monotonous or else fraught with emotional agony. In a nutshell, when you enter into something half-heartedly you invite misery into your life. This 29th Gene Key is about human feelings. It's about sex and relating, failure and success, desire and expectation. No matter who you are, your life depends upon your honouring the laws of this Gene Key. When you do something half-heartedly you are actually behaving dishonestly. You may not be literally dishonest with others, but you are being dishonest with yourself and with life and this always has unpleasant consequences." The 29th Shadow keeps most human beings in repeating patterns because they do not follow things through to their natural endings. True commitment includes the energy to overcome obstacles and adversity. Half-heartedness is about giving up at the first sign of trouble or discomfort and, ultimately, all half-heartedness is rooted in deep un-embraced fear. The lesson that comes from the 29th Shadow is really simple. If you quit something too soon you will stay in the same old loop, but if you follow experiences through to the end you will make quantum leaps, both in terms of your good fortune and your fulfilment." In this 29th Shadow lies the secret of what is generally seen as success. Success in life hinges upon two things – commitment and luck. Commitment actually engenders luck. Failure means that you have remained stuck in the same old cycle, and nowhere does this Shadow have more relevance than in the field of human relationships." The 29th Shadow responds to most sexual desire out of fear, which usually manifests as behaviour rooted in either guilt or shame. In this sense, halfheartedness means to hide your true feelings or follow them through in secret. Thus this 29th Shadow can lead to all manner of unfortunate emotional situations and relationship disasters in life." To live half-heartedly means that you never fully embrace and trust your decisions. This Shadow makes you constantly worry about your decisions and where they might or might not lead you. The great illusion of failure and success is that they are simply inner attitudes linked to your beliefs about yourself. To move beyond the domain of this 29th Shadow you will have to let go of all such ideas and allow life to catapult you into and through the abyss of the unknown. You must hold back nothing and be totally honest, both with yourself and others. There are so many rewards and fruits waiting for you if you can stand by your decisions and follow them through to their natural, organic conclusion."

REPRESSIVE NATURE – OVER-COMMITTING

These people are conditioned not only to make commitments but also to keep them no matter what happens. In other words, these people are unable or unwilling to recognise when natural cycles are over. Such a nature takes on far more than it is capable of handling and then becomes gradually exhausted by the magnitude of its commitments. These people often become victims of others, or they become slaves of large organisations. Because of the fear in their nature they do not have the courage to admit when something needs to end and they continue to allow others to abuse them, either consciously or unconsciously.

REACTIVE NATURE – UNRELIABLE

When the 29th Shadow is played out through a reactive nature, it hides a deep fear of commitment that is seen by others as a lack of reliability. When one does something without true commitment, then one can rarely follow through an action or a cycle with confidence and competence. The usual result is the breaking off of the cycle and a consequent disappointment and sense of failure or shame. These are natures that may say yes to all kinds of things but then react to the pressure by pulling out of their commitments. The anger inherent within their nature is usually triggered by someone else's expectation of them, and thus they tend to talk things up whilst lacking the ability to deliver on their promises.



GENE KEY N° 29

Leaping into the Void

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SHADOW : Half-Heartedness

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29th Gene Gift : Commitment

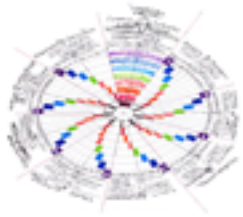
"As your frequency becomes clearer and more refined, your decision-making process naturally becomes cleaner and quicker as well. The 29th Gift is not subject to the pressures of conditioning and expectation from others, but opens into a deep connection to the direction of the life force within. This Gift inherently attunes to the cyclic flow of life. People with the 29th Gift have the knack of getting out of the way of life, and through this Gift they can watch their lives unwinding in powerful and mythical ways. Without the 29th Gift and its ability to make crystal clear commitments, life becomes choked and confused, and nowhere is this truer than at the emotional and sexual level." Commitment is akin to trust, which can neither be forced nor willed. It flows like a great river from deep within your being and out into your actions. With commitment you have no need to think about the future or the goal because the commitment contains the seed of the goal within it. Only time will show where the river of each cycle of experience will lead. Thus for the 29th Gift the goal is not what is important. What really matters is the commitment to keep following the journey until its end. Life is latticed with cycles within cycles – some journeys last five minutes and some last a lifetime. The ultimate journey is your entire life, and the shape of your life is formed by the millions of tiny decisions that are made over the course of your life. To live your entire life with this profound level of commitment means to make every decision with the same commitment – from the way you have sex to the way you wash the dishes!" Through the 29th Gift we can experience a new definition of the word commitment, which has less to do with social expectations and everything to do with saying yews to life. The only real commitment is commitment to your own inner guidance in the now (the 7th Gift). Finding this guidance is dependent on your surrendering to the life force within you, which involves utter trust in life's natural cycles of commitment. It is this trust that is moving into the world today, and as it comes it is smashing apart all our false moralities. True commitment is an energetic dynamic felt within your whole being rather than a social requirement. Many people view commitment through morality. You see this particularly in human relationships, where commitment is generally enforced by social pressure." At the frequency level of the 29th Gift, all relationships form a part of the evolving storyline of your life, and thus they are appreciated for adding richness and depth to life rather than being seen in terms of failure or success." With the 29th Gift, a clear decision is felt as a quiet and powerful warmth that courses through your whole being. These are not emotional decisions, neither are they excited or nervous or explosive. Commitment is a wholesome energy, as though nature itself were taking control of your destiny and showing you the way ahead. It is at this stage that you begin to understand that to commit is also to surrender. Rather than expending a huge effort to maintain your commitment, you simply surrender yourself to it. Sometimes if you feel a lack of commitment, it is because you need to surrender even more deeply into your process. Whether you have the 29th Gene Key as an aspect of your hologenic profile or not, luck is made or unmade here, every time you make a clear decision in life."

28th Gene Siddhi : Devotion

"At the Gift level, commitment can still have traces of selfishness even though it is surrendered and contains great power. However, the more the frequency rises through this 29th Gene Key, the more you find your commitments directed towards the service of others. As the frequency gets higher and higher, your commitment takes on a devotional quality and begins to activate the heart centre. At a certain stage in this process, you cannot help but become a devotee of some higher cause or being, and yet still the process goes on. As the energy of love pours outward into service, it requires you to surrender your very identity to what appears to be an outside being or symbol." When the quantum leap from the 29th Gift into the 29th Siddhi occurs, an extraordinary thing happens. All the love that has been poured into the object of devotion suddenly begins pouring back into the devoted one from everything in their universe. At this point, the one manifesting the Siddhi often refers to everything, including themselves, as the Beloved. Thus it is said by such people that the very rocks and the trees bleed their love towards the beloved." When it first pours into you, this 29th Siddhi often appears to be a chaotic energy without structure or rhythm. As your devotion deepens you adjust your inner being to the organic nature of the heart, which knows no rules and takes its own strange twists and turns. What appears to be chaos to the outsider is really a deep state of wild, harmonic transcendence in which the boundaries of normal reality have utterly melted. This is the Siddhi of saying yes to life it gives itself to absolutely anything or anyone that comes its way. The message of the 29th Siddhi is exactly this – trust your heart above all else, and never worry about the consequences. To be devoted means to lie forever in the lap of the Divine."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 30



SYNERGY AWAKENING CODE N° 30

Clairsentience

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 30th Life Code of Clairsentience in Human Design is the gate of recognition of feelings. It is the trigrams of fire over fire which signifies inner and outer awareness. And in the traditional I Ching it's "the clinging fire". Because if you think about the light of the sun, everything it shines on, it clings to, the light clings to you. That is why we can see each other. That is why we can see objects, the light clings to it, and it illuminates it. So kind of insightful, those old makers of the original I Ching hexagrams 5000 years ago in Chinese culture.

The shadow is desire. There has been volumes written on desire. What is it that pulls you? If you are in your mind, you are going to chase after everything that you think you are supposed to chase after. Turn on the TV, go on facebook, do a zoom conference, talk to your friends, and listen to what they like and don't like. What you know, what were the cultural habits you were brought up with by your parents... All those things - desire, desire, desire. The way you used to get fed at the dinner table for example, those are very subtle desires that were planted in you through the way the emotional field was created when you were eating, when you were getting new clothing, when you were looking for a house - desire, desire, desire. It pulls you and pulls you and pulls you. There are different strands that create that circuit of desire that pull you, as it is always pulling at you from all different directions. Desire is kind of a heavy thing, especially when it involves the sexual nature and the way males have been taught to view females and it can get very heavy, especially at the darker end where one is being pulled by desires of a very low frequency and not really respecting other beings.

The gift is lightness, which means you lighten up out of those heavy vibrations that desire can suck you into and sometimes create very horrible things, just to satisfy a desire. Many things in the name of desire have been done that are just gruesome in our humanity. So when we tap into our heart, the desire is to feel good, to feel light, to feel easy, to feel joyous, to feel good about the desire. But it is about the things that pull you up, not the things that pull you down. So what is that? What are the things that pull you up? Have you ever had a really fascinating meditation session that either made you feel just empty and spacious, or gave you incredible insight, or opened your heart as big as the world, and you were just a source of love? You start to understand what pulls you out of the heaviness, what lightness starts to mean to you and what all of us have as an intrinsic part of our nature, even if we have never meditated. Those things happen by law, as your vibration, your frequency goes up and down all the time. And if you are paying attention, sometimes it is going to be in incredible places.

At the siddhi level there is rapture, divine rapture. As an example, the painter Botticelli painted a picture of two angelic beings that look like cherubs, the ones that go around with the arrows and shoot people in the heart and make them fall in love. But in this case, they are on a cloud and they are looking up at the source, at God with their little wings. And they look so enraptured. Really profound painters, deeply meditative painters are amazing. They can create a situation where they can make the characters in it act differently than the way you think they would in that situation. So these cherubs look like they are studying something, that is their posture, but it is the source, just being what it is. So you can imagine these cherubs have the capacity to read the source and the way they do it is through being enraptured, which means they are totally imbibing... Look it up. The word Imbibing, totally drinking it in, what you are experiencing, what you are in the presence of and it could be anything. You could just be looking at a flower and see God if you are ready for it. That is what enrapture means, you are totally taken by the experience in a way that brings out the best in you, it turns everything on in you, all your intelligence, all your heart, all your senses and your being. Everything is grounding into whatever it is you are experiencing.



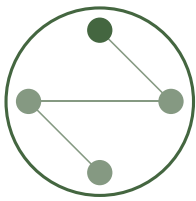
Fire/Fire

Attachment

Twice Fire. The light is taken up by man and distributed further.

No man is independent, each clings to something, just as light does. Recognise and accept this dependance. It is important to serve in order not to become presumptuous.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 30

Celestial Fire

Extracts from GENE KEYS © Richard Rudd

SHADOW : Desire
GIFT : Lightness
SIDDHI : Rapture

30th Gene Shadow : Desire

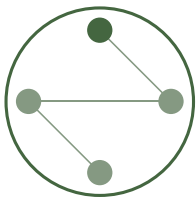
"Often when we think of desire we think first of sexual desire, which is in fact only one direction that desire can take. To understand this 30th Shadow we will have to strip desire down to its essence, and this means detaching the force of desire from its projection into the world. As a pure phenomenon, desire is simply genetic hunger. It does have a deep connection to our physical need to eat, but desire alone is not responsible for our individual survival. This aspect of our genetics does not influence individuality at all. If anything, desire is far more likely to get us killed than protect us. However, desire does serve a far wider purpose when viewed at a collective genetic level. The real purpose of desire is to get human beings to make mistakes so that we can evolve. Let us clarify this statement – desire does not serve the individual but it does teach us something valuable at a collective level. The real hunger coming from this 30th Shadow is the hunger for experience itself. In order for human beings to master their environment, they have to taste all aspects of it which means that they also have to explore the darker side of experience as well as the lighter." "We are programmed through the 30th Gene Key to learn and evolve through experience, so there is nothing we can avoid experiencing. If there is anything that is still untried by humanity, then somewhere, inside someone, the hunger of the 30th Shadow will push them into trying it – no matter how outlandish or depraved it may be." "There is something very profound to understand here – the genetic instructions that guide humanity do not come from humanity as a separate entity, even though it appears that way to us. We are only a part of a wider organism with its own genetic imperative, and desire has formed an integral part of humanity's evolution as the driving force behind our sensory apparatus. It is as though humanity operates like nature's brain, with desire providing the force that opens up all manner of neural networks within that brain. Some neural connections lead to short circuits while others open us up to great leaps in awareness. All possible connections must be tried and tested in order to discover which are of the greatest service to the totality." "When seen in this macrocosmic way, it almost seems as if nature has conned humanity – as though we have been set up as guinea pigs for evolution itself. This is exactly the case – that even though desire in itself is a pure impulse of nature, it tends to drive human beings mad!" "The point is that the desire itself is pure. It isn't for anything. Human beings are simply creatures who are by design supposed to feel a yearning. What the 30th Shadow of Desire does is emotionally fuel your mind to try and find a way of escaping the yearning, or at the very least venting it in some way. However, as every human being learns, the cycle of desire is eternal. The moment you have sated your hunger, you once again find yourself empty as the yearning begins a new cycle." "Whatever we do, we are caught like rats in a maze. Even the most sophisticated esoteric traditions promise us transcendence from desire, but then warn us that our very desire to transcend in the first place will prevent such a state. What is one supposed to do with this information? What is the future of a race that is caught in such a paradox, if desire itself prevents us from ever evolving beyond desire? As ever, the answers lie within the higher frequencies of this 30th Gene Key."

REPRESSIVE NATURE – OVER-SERIOUS

When desire is repressed, life force is also repressed and this leads to a stiffening of one's whole being – physically, emotionally and psychologically. We begin to take life very seriously. ...Many people deal with their desires in this way, particularly in repressive societies and religions. Over-seriousness manifests through religion itself, which almost always imposes moral laws over the top of our natural desires. One might even go so far as to say that the majority of human civilisation has repressed desire and become over-serious...True feelings unleashed on a collective level might lead to anarchy – that is the fear that is held in check by this aspect of the 30th Shadow.

REACTIVE NATURE – FLIPPANT

Those people in the world who indulge their desires without care always run the very real risk of being ostracised by society. They cannot subscribe to any moral framework and abhor all forms of religion or imposed control. They then become flippant about life as a reaction to that society. The result is that they often become embittered by the projections of the world and lash out by abandoning themselves even further into their desires. Just as the repressed nature wants to end desire through controlling it, the reactive nature wants to end desire though exhausting it. The result of this is that such people burn themselves out, and often early on in life. By totally externalising all your desires, you are in fact becoming their victim. This kind of flippancy is akin to paganism, the extreme pole to organised religion. Just as one is a repression, the other is a reaction.



GENE KEY N° 30

Celestial Fire

Extracts from GENE KEYS © Richard Rudd

SHADOW : Desire
GIFT : Lightness
SIDDHI : Rapture

30th Gene Gift : Lightness

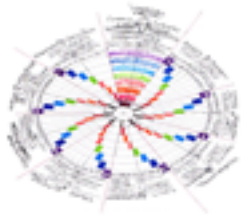
"When we talk about lightness in respect to this 30th Gift, we are not talking about escaping life by making light of life. On the contrary, we are talking about entering more deeply into life's suffering than ever before. We are talking about a kind of suicidal tendency that simply holds up its hands and says to creation: "OK, I give in, do your worst!" What is actually committing suicide is your distrust in life, or what some traditions label the ego. You have to come to a deep realisation of your own mortality and weakness in order to realise that true strength lies in simply trusting. Life is having its game through you and you are simply a genetic pawn in that game." The Gift of Lightness does not change your destiny. It simply allows you to view it from a different level of awareness. However, the very shift to this higher awareness functioning always signifies a change in the script of your life. It is a breakthrough that occurs, or one might describe it better as a meltdown. All life follows a mythical script or storyline, and you can only see your life from this expanded awareness when you have escaped feeling that you are a victim of it. The moment you see the joke that life must be the way it is, you also see your place in the overall script and you immediately feel at home. More than this, your whole being lightens even if your body continues to suffer. This lightening then finds its way into all your actions. Whatever you do from the Gift of Lightness there is always a glint in your eye, because at some deep level you know it is all really just a game, and the worst thing anyone can do is take it too seriously. There is a great difference between one who pretends to live life lightly and one who has real lightness of being. This difference is always found in the emotional nature – one who pretends is afraid of his or her true feelings, whereas one with real lightness is never afraid of being overwhelmed." The Gift of lightness does not make you immune to desire, but neither does it cause you to react to desire. It allows you to become your desires in all their mystery. This is a Gift that knows desires do not necessarily have to be followed, but they do have to be felt. Sometimes they do have to be followed in order that something is learned, but generally what this Gift knows is that the fulfilment of desire is a sham. When human awareness penetrates down into the emotional system in this depth, then a huge sense of freedom emerges. This is the freedom of having a wide-angle view of desire. You know that whether or not you follow through with the desire, it will not lead to any lasting sense of peace. This means that desires no longer have such an addictive hold over you. " In this sense true lightness can be seen as the letting go of the need to escape desire itself." The other vital hallmark of the Gift of Lightness is a sense of humour. Everything is viewed in a detached way even though it may still be deeply and sensually felt, so everything is seen lightly. The humour that comes from this Gift is not a clever or sarcastic kind of humour and neither is it ever directed personally at another. It always manifests as the ability to laugh at yourself above all else." Beneath the thousands of desires that pass through your emotional system each day, you begin to determine a single underlying desire that gradually becomes stronger and stronger this is the desire to end your own suffering."

30th Gene Siddhi : Rapture

"The 30th Siddhi is an unusual Siddhi in that it manifests as one of the great Divine ecstatic states. Along with its programming partner, the 29th Siddhi, these are aspects of our genetics that really terrify the majority of human beings. In our western culture in particular, these kinds of ecstatic states are deeply distrusted, as we no longer have any clear cultural vent for them. In times gone by it was the ancient shaman who could enter these states of consciousness. Nowadays, the closest we come is through the burgeoning drug and dance culture. We have grown so far away from being a devotional culture that we can no longer understand it at all. "The 30th Siddhi of Rapture only occurs when you step willingly into the fires of annihilation. We may recall that the ancient name for this 30th hexagram of the I Ching is the Clinging Fire. At the Siddhic level, you dissolve entirely into the fire. Everything about this 30th Siddhi looks insane to ordinary waking consciousness. It involves mystical suicide – a complete immersion in the fires of Divine longing. You finally give up everything, even the desire to transcend. All desires merge into the one primal desire – the desire with no target – the essence of all creation and the pure longing at the heart of the life force itself. "The state of Divine Rapture is really akin to being burned by the fires of bliss over and over again. These are people who are so flammable that the smallest thing will set them off, and whoever comes near them will very likely catch their devotional energy." The very lifeblood of this 30th Siddhi is about dissolution into the primal chaos of the Divine frequencies." These Siddhis are not such a common phenomenon in the world. Wherever they erupt, they are often misunderstood. If this were to happen to someone in the West, they would most likely be heavily sedated and locked away. In India, the Divine ecstatics and madmen were traditionally given the same treatment and were both revered, since there is a fine line between the two states."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 31



SYNERGY AWAKENING CODE N° 31

Influence

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 31st Life Code is called Influence and it is about the alpha leading. You are the influence, what you do has a tremendous impact collectively on those around you. They see it and it is the voice of that. So you are going to convey that influence to others.

At the Shadow level, it is arrogance though. "Look at me, look at what I got, I am at the head of it all, I'm entitled, you have to listen to what I say, you better do what I say". You have this influence over things and you are going to take advantage of it and going to make it all work for you. That is the small little mind, and you got to see it in your conditioning, when you were a child. People with all the best intentions they tried to protect you. So in that case they might have been teaching you how to deal with a bully and you had to be arrogant in that place as a child. And the bully doesn't expect that, because bullies are always coming from a place of inferiority in themselves. Whenever they tap into somebody who they feel is more vulnerable than them, they take advantage of that, just for whatever crazy reason bullies do that. But if you stand up to the bully with a strong force and a little arrogance, or punch him in the face, that is arrogant, just hitting this guy. But as you grow up and become an adult, that is not really the best way.

Maybe you need to lead by example, step into the gift, show some leadership, show a different response, hit him where it counts, hit him in the heart. Come from a place that they wouldn't expect it. If a bully came up to you and you told him "I really liked that thing you said the other day to that guy, I thought it was really smart." And all of a sudden, instead of attacking, they are getting a compliment. And of course, that is going to totally change the situation. You are going to lead it into a whole different direction. It is a very simple example. But it actually works, because they don't expect that. And obviously a bully would not be tapped into a very deep part of themselves, if they are trying to overwhelm somebody with their energy in a way that makes somebody else feel weak and insecure and vulnerable.

At the siddhi level, you have humility. Any great wisdom teacher that has ever been on the planet has humility. Simple and soft and sweet, innocent and unassuming and uncontrived they are to every being that comes up to them, without an agenda. They literally unmask and disarm anybody, it doesn't matter who they are. When you come up to somebody who has no agenda and is a truly humble being you realize, even though they may have a very profound understanding in the human world, that the vastness that created all of this is so much more and that they are just an infinitesimal drop, how can you be anything else but humble and that is coming from the deepest understanding. You are going to lead your fellow man into their own best future by coming from that place of humility with the deepest respect for their spirit and while you realize you have some profound things to say, you also have a clear sense of scale in the vast spectrum of all and everything because you are at the end of a long chain of genius that started at the source, you can't pretend otherwise. And what comes through you, you are grateful for. You are so grateful that whatever you did in life allowed you to become a voice for that, to express that to your fellow human beings, to turn them on to how to lead themselves in the directions that are going to really help them to evolve. Not just become successful, but to evolve, become more understanding, become more compassionate, become more loving, to become more capable, all those things.



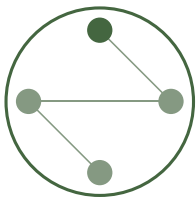
Mountain/Lake

Courtship

The Mountain bears the Lake. The man courts the girl.

Be receptive and assist other people, but remain steadfast and do not let yourself be seduced.
Perseverance brings success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 31

Sounding your truth

Extracts from GENE KEYS © Richard Rudd

SHADOW : Arrogance
GIFT : Leadership
SIDDHI : Humility

31st Gene Shadow : Arrogance

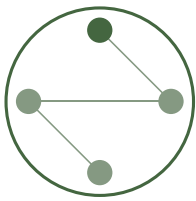
"In terms of leadership, we human beings operate very differently from animals. Animals choose their leaders instinctively based upon one animal having an alpha gene which marks it as the leader. In humans, the alpha gene is present in the one who can best manipulate others through language. Such people may or may not have a strong moralistic character – that is immaterial. What is important here is that language is the medium through which human leadership is manifested. Furthermore, because language is the means through which frequency can be conveyed, at higher levels of frequency it can never lie. However, at the Shadow frequency, language is the ultimate programming tool and can be used for example to blind an entire race of people to the truth, thereby locking them at a certain level of frequency." "If we extend this concept of language as a programming tool even wider, we might say it is language that controls us rather than we who control it." "Why then is the 31st Shadow called the Shadow of Arrogance if it is language that really controls humans rather than the other way around? The reason is that the collective Shadow frequency itself is arrogant. Human arrogance is rooted in the belief that we have any independent control over reality at all! We shall see when we come to the Gift frequency that the real leaders among human beings are those who understand how deeply programmed and limited we are by our own intellect. At the Shadow frequency human beings are completely convinced by the mass programming of the society in which they live and its collective history, beliefs and culture. It is always the frequency that creates the language patterns rather than the other way around. Our arrogance is based upon our belief that we can think, talk or act our way out of the Shadow frequencies, when in fact those very frequencies are created through our intellect. The real arrogance comes from being cut off from our Divine source. Words that are not rooted in a profound sense of wonder are always at some level arrogant. Only the human heart can truly offer an answer to the mystery of existence, and unless your words carry the perfume of love somewhere behind them, they are still wading around in the Shadow frequency. At the Shadow frequency humans think, speak and act as if they were separate from nature, rather than being an organ of it. Nature controls human beings, nature has evolved our intellect, and nature has ensnared us in our false mental reality because that is where nature wants us to be at our current stage in evolution. Nature has even made us arrogant in believing that we have some control over nature!" "The modern world we see around us is nothing more than a mental construct created out of billions and billions of words." The 31st Shadow therefore has drawn human beings so deeply into their own illusion or maya that we cannot see how little influence we really have. Our new obsession with the environment and with trying to slow down our inexorable progress may well turn out to be unfounded. Our arrogance persists in assuming that we are affecting our environment instead of seeing that there is no distinction between the environment and us. Perhaps the environment needs us to mutate it so that it can mutate us? Perhaps nature is forcing us in the direction we are going because she has an idea that we have not yet glimpsed?" "Whenever a human being speaks without understanding the false mental fabrication in which they live, they speak from the 31st Shadow. The maya is only interested in strengthening itself through our thoughts and words. Rare indeed are words which come from a person who understands how false words themselves are."

REPRESSIVE NATURE – DEFERRING

There are essentially two forms of arrogance and the repressive form manifests as false humility. These are people who defer their power to others, thus deliberately setting themselves below them. These are really people who care deeply what others think of them and more than anything fear to be thought of as arrogant. Ironically, such behaviour is designed to draw attention even though it claims the opposite to be the case. In many ways, these people are even more arrogant than people with the reactive nature. Humility is seen by society as a highly prized and noble accolade, but this kind of false humility hides nothing more than fear.

REACTIVE NATURE – SCORNFUL

The reactive side to arrogance is based on anger rather than fear and emerges as a kind of haughty scorn. This more traditional brand of arrogance assumes itself to be above others because it sees how easily they are conditioned and can therefore be manipulated. What such people miss is how deeply they themselves are caught up in the same conditioning, since they have a deep-seated need for recognition. Unfortunately, no amount of recognition can ever feel good when it comes from those whom you take to be inferior, so these people remain scornful of the very people they influence. This in turn makes them even more angry and disrespectful of human beings.



GENE KEY N° 31

Sounding your truth

Extracts from GENE KEYS © Richard Rudd

SHADOW : Arrogance

GIFT : Leadership

SIDDHI : Humility

31st Gene Gift : Leadership

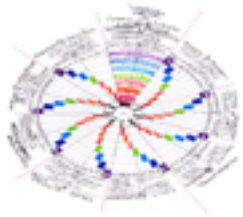
"The 31st Gift is known as the Gift of Leadership only because that is the projection of the collective upon this Gene Key. Deep inside such a person, there is little or no inclination to be a leader and even less identification with feeling like a leader. It is however this very reluctance that sets such people up as leaders. ""The 31st Gift knows all about trends and patterns because it has an inherent understanding and mastery of language. These people therefore understand the openness of the collective and its need to be influenced and led. The difference between the 31st Gift and the 31st Shadow is that the 31st Gift does not believe its own propaganda. This Gift is no longer caught up in the fear of what others think, and if you want to influence people in a certain direction, this is a distinct advantage. The modern day term for this is the spin doctor. The spin-doctor spins the truth whichever way happens to suit one's audience. At the Shadow frequency, this is all rooted in getting more personal recognition and/or more control or wealth. At the Gift level, the higher frequency has already moved the person beyond the tight codependent dynamic of the leader and the led or the shepherd and the sheep. At this level, you still play the game but for a different purpose – now your primary influence is to help others break out of the very same matrix in which you yourself were once caught." The 31st Gift, like all the Gifts, represents a huge step beyond the intellect and into the heart. Only the heart really perceives the collective suffering that comes from being marooned in your intellect at the Shadow frequency. Thus your natural urge is to help others escape that suffering in some way. Furthermore, since the 31st Gift is the gift of understanding the masses and the language of the Shadow frequency, it naturally uses this gift to help draw others out of the co-dependent victim patterns and relationships of the lower frequencies. The 31st Gift still carries an agenda, but that agenda is to help people out of the narrow, neurolinguistic confines of their own conditioning. "" Because the 31st Gift has its finger on the pulse of the collective patterns of humanity, it can have enormous influence over large numbers of people. An artist or writer expressing him or herself through this Gift can create a work of art whose influence far outweighs its content. In our modern world, we can see how the specific release of a particular book or film at a particular time can have a vast impact on the whole planetary consciousness." The secret to the 31st Gift is the secret of branding. ""The art itself carries the frequency encoded within it, but the frequency lies well beyond the words, colours or tones themselves. In other words, all human expression is really nothing but branding. If you release the right brand at the right time in history, you will have a huge influence. ""It truly is the heart that separates the Shadow frequencies from the Gift frequencies and, in our current stage of evolution, the heart is the hottest frequency there is. If you want to really see the nature of success on the material plane, then the heart represents the cutting edge today. From the level of the heart, success is now reaching for a new definition. Life is no longer about individual success but success as a collective organism. This is the direction in which evolution is currently taking us."

31st Gene Siddhi : Humility

"To the 31st Siddhi, there is no longer the possibility of achieving anything independently from life; thus many human words and expressions cease to have real meaning. If a human being behaves in what others describe as an arrogant manner, the 31st Siddhi simply cannot comprehend this. To the 31st Siddhi, all behaviour is seen as an impersonal manifestation of the totality, and there is no such concept as an independent doer. This is what arrogance really means – you mis-identify with your individuality and assume you have power over life. Arrogance is really concerned with what others think, whereas humility truly doesn't care." The 31st Siddhi has exceeded all concepts involving levels and movement and even the need for being in the heart. There is no need to be anywhere or do anything other than what you are doing. True humility arises from the truth that you cannot ever do anything wrong." The person manifesting the 31st Siddhi does not even see human beings as divided into those who are awake and those who are asleep. There is no such thing as being enlightened or unenlightened to such a person. If there were, that would assume the existence of separate beings rather than the reality of one unbroken chain of consciousness. Because the 31st Siddhi is truly humble, it has no agenda. It is not necessarily interested in freeing people from their illusions, even though it may unwittingly do so. Such a being realises that it is not possible to influence anyone in this world." It doesn't matter what such a person does in life. They are content to leave the world exactly as it is. ""The 31st Siddhi says whatever it must say, knowing that the words come from the collective and go back into the collective. It is not concerned with the effect of its words because it has no concept of words conveying any real meaning." The 31st Siddhi is rooted in the ancient tradition of the Oracle. The oracle is simply a voice box for the Divine. It speaks without being attached or even interested in what it says. Whatever the oracle says is perfect and its translation is also perfect. Words and language can be interpreted in so many different ways."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 32



SYNERGY AWAKENING CODE N° 32

The Central Thread

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 32nd Life Code in the original I Ching is the hexagram of duration, in Human Design it is called 'continuity'. It's the thread, the central thread that connects all the elements of anything together. One could think of it in terms of a lineage of people that started for example from Christ or Buddha. That is a lineage. Christianity is a lineage. Buddhism is a lineage. And there are still elements of it that have that original fire that people like Buddha and Christ have. Then there is a lot of phenomenon around it that have nothing to do with that, that are basically a failure.

Because the shadow is failure, they are basically a failure to communicate, in essence, what Christ or Buddha was trying to convey to his fellow man. Buddha, when you think of Buddha, everybody thinks of silence and meditation and deep meditative wisdom. And Christ, you think of the heart and unconditional love and loving all beings. And somehow, at the shadow level of this Life Code, the duration, the continuity was the outer form of the churches and all the procedures and practices associated with that. The essential meaning where that was coming from loving our neighbour, loving ourselves, and the two coming together and blending so that that expands, was lost.

At the gift level we have preservation. Preservation is to preserve the essence, to preserve the truth, to preserve the beauty, to preserve the unity, to preserve the essential ingredients. So in that case, in order to convey that to others, you have to be tapped into that, you have to be able to be in your heart, you have to remember what it is like to surrender to things greater than yourself. Because that is how we learn things about awareness and love and other things, we learn to tap into things that take us up, and it is learning to surrender to those things, learning to open to those things. That is what needs to be preserved. That is what needs to be passed on to our future generations because that is where all the arts and culture and all the beautiful things in life come from, when we stop competing against each other and trying to do better than others and destroying the things we don't like from others and all that stuff. And seeing that we all have something to contribute, something to give of our excellence and that all needs to be preserved as a testament to how we live and act toward each other and that includes everything of the human condition in supporting the lineage of conscious evolution. There are many other lineages on this planet, some very dark, and they are examples of failures, but they continue because, this is an experiment, we have to learn from our mistakes. Sometimes that is pretty tough.

The siddhi is veneration, to be in absolute honour and respect, in seeing that everything in existence is from the lineage of source, and we are all included in that. Once you finally get through it all you see that this is just one big lineage. And if we are tapped in to source, that is the ultimate lineage. Christ or Buddha is just like a symbol, an example. There is a doorway you have to go through. That doorway to discover the inner mastering of yourself. And that is the one that can show you eventually your direct connection to source and the lineage of source. And it brings out that feeling of veneration. And venerable old masters who demonstrate in their actions as role models that venerableness, what it is to venerate everything, because the minute you start venerating things, you know what happens? All those things become available to you as resources. And you can tap into any of that and give whatever the situation needs just like the source does. That may sound like a fairy tale, but it is true. The lineage from Lao Tzu, and that is the Taoist alchemical lineage is full of stories like that. It is real, it is true. It takes a lot of work. When you get it, that you got to go all the way back through, literally back through and into the womb and beyond and break through all the conditionings that were put on you and free yourself up again. That is what lineage is, that is what source is.



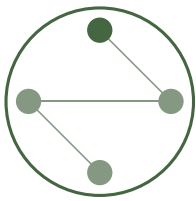
Wind/Thunder

Duration

Wind and Thunder submission and penetration unite. Woman is inside and beneath, man is outside and above. A long-lasting union, the 'true marriage'.

Duration means development, not stagnation. For development, space is needed. But it is important to have the goal in one's sights in order not to get lost.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 32

Ancestral Reverence

Extracts from GENE KEYS © Richard Rudd

SHADOW : Failure
GIFT : Preservation
SIDDHI : Veneration

32nd Gene Shadow : Failure

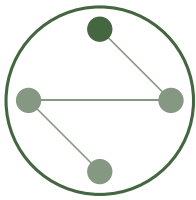
"One of the greatest fears that haunts humanity is found in the 32nd Shadow – the fear of failure. This fear has a deep biological root since it is built into your very DNA. Our early hominid ancestors had exactly the same fears as we do today, even though they may have manifested differently. Your individual fear of failure is rooted in the collective fear of failure to survive as a species." Our collective fear of survival is almost entirely projected onto the amount of money we have. The fear of failure as a feeling inside your physical body is intimately linked with money. The 32nd Shadow drives our modern society and keeps humans operating at a low level of frequency by means of this fear. We have created a world in which individual groups operate independently of each other in their need to compete and maintain their genetic lines. It may not seem that way, but the fear is that same old fear – your desire to have a bigger house or a faster car is actually born out of a huge collective energy field of fear and competition, which is in turn rooted in a much older fear. The larger your bank balance, the less chance there is of failure – that is how your mind thinks at the Shadow frequency. This is how money has become the great symbol of success in the modern world. But, and it's a big but, the whole money game is an illusion and a sham – it is nothing more than a symbolic mirage created by the 32nd Shadow. The very existence and notion of money feeds the same ancient genetic fear. And that old fear is always somewhere in the background of our lives, no matter how many millions we have earned or inherited. Money remains one huge issue for most people on our planet. Why is this? The answer is that fear always needs something on which to feed. Even if we were to eradicate money from our civilisation, fear would simply find another place to hide. It is fear itself we have to conquer – not money! True success means no longer being ruled by the concept of success and failure. Thus the 32nd Shadow ensures that human beings will always remain selfish, restricting themselves to small elitist groups, families, businesses and fiefdoms. Until we can raise the consciousness of humanity as a whole, we humans will always remain essentially stingy in spirit, confining ourselves to our own gene pools and our own little tribal circles and cliques." As our ancient ancestors discovered, failure really means one thing – to be isolated. The moment you cut yourself off from your tribal support network, you lose touch with the living chain that supports and nourishes you. Nowadays, we have become so adept at survival that if you have enough money you can flourish in isolation, without ever seeing anyone! But the 32nd Shadow is not only about people; it's also about life as a whole. We humans now live isolated from the earth herself. We still think in terms of the survival of our own families and at best, our cultures, but we have not raised our group consciousness enough to think in terms of our species. Yes, there are individuals who think ahead, and these days there are many more of them, but we still have not transformed the 32nd Shadow and its myth of failure." Failure is only an outcome when you cut yourself off from the whole. When you raise your frequency beyond the reach of concepts such as success and failure, you remember that all of life moves in a great cosmic pattern. As you let go into this pattern you always find your natural support within it. The more evolved among humanity have found this truth reflected by the way in which individual finances operate. When you surrender to the greater pattern and raise your consciousness above the fear threshold, money always arrives just when it is needed."

REPRESSIVE NATURE – FUNDAMENTALIST

The repressive side of the 32nd Shadow is an extreme form of conservatism. The 32nd Shadow is a deeply contracting energy in itself, so that when it manifests through a repressive and fearful nature it becomes extremely tight and fundamentalist. Such people are literally choking themselves physically, emotionally and financially. They are starving themselves of breath and of support from others. The tendency of such people is to isolate themselves in tight little communities that do not interface with the wider world. Such communities, groupings or cults can easily become paranoid about the rest of the world, and it is usually only a matter of time before they die out altogether.

REACTIVE NATURE – DISJOINTED

The reactive nature of the 32nd Shadow is about losing all sense of the continuity in life. This is a state based on anger – the anger that there is nothing to support you but yourself. This means that your anger will drive you into a self-destructive life pattern that will probably escalate at an alarming rate. If you have lost touch with the flow of life, then nothing really goes smoothly for you – you have cut yourself off from the source. People who live such disjointed lives, with no real rhythm or purpose, put themselves in great physical danger. The decisions they make cannot follow the natural flow that leads to health and wealth. Every decision we take in life either connects us to something greater than ourselves or cuts us off from our true and vital inheritance, leaving us feeling isolated and alone.



GENE KEY N° 32

Ancestral Reverence

Extracts from GENE KEYS © Richard Rudd

SHADOW : Failure
GIFT : Preservation
SIDDHI : Veneration

32nd Gene Gift : Preservation

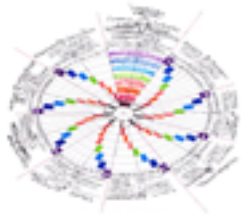
"The 32nd Gift is called the Gift of Preservation. It is a truly noble Gift because it is about seeing beyond your own little world, which means going beyond selfishness. The 32nd Gift is about keeping things alive. However, it is not about keeping just anything alive, it is about knowing what to keep alive. As we saw with the repressive side of the 32nd Shadow, this Gene Key can just as easily lead to the preservation of things that really do not serve the human race, such as fundamentalism. However, the person who has raised the frequency of this Gene Key can see beyond the confines of their fear-based thinking, and they find that they have an instinctive gift for investment. Investment can be understood on many levels. If the 32nd Gene Key is a major aspect of your hologenetic profile, then you have the potential of a powerful instinct for sensing the long-term picture in all situations. People with this gift also often have a deep capacity for restraint. They have the strength to withhold their energy (or money) from situations that appear tempting but that in the long term would not serve them. By the same token, this Gift enables people to trust in an instinct (especially about other people) that often does not appear to be at all logical, but that in the end will be extremely beneficial to them and to many others. The secret to this Gift is the instinctive ability to balance restraint (what to keep alive) and risk (what to change). These are people who inherently know that if you want to maintain success in life, you have to have an unflinching set of principles coupled with a constant need to update, revolutionise and expand your original investment." "The 32nd Gift is not about self-preservation, but is about the Preservation of Life. Only that which will adapt itself can survive and flourish. The 32nd Gift has the ability to assess the past, weeding out weaknesses and building upon strengths. These people have a natural understanding of the ebb and flow of the seasons and the rhythms of nature. It allows them to instinctively recognise when something is dying and to decide whether it needs to be pruned right back or disposed of altogether." "This 32nd Gift is the Gift of grafting, which is the essence of true Preservation. You have to retain that which is strong – the rootstock – and then you have to graft the new onto that which is strong. In this way, you will always maximise your energies. This Gift of grafting can be applied across any and every field of human endeavour. Detachment is also an essential aspect of this process since you will have to let go of your own notion of failure. It is usually the fear of failure that prevents human beings from adapting to a new system. The Gift of Preservation is mirrored everywhere you look in nature. The more human beings align themselves with nature, the more successful we will become as a species. Success at the Gift level is about economy, and economy comes from being in harmony rather than in competition." "The other great domain of the 32nd Gift is relationships. People with this Gift in their hologenetic profile have an instinct for who will make a good ally and who will not. They don't just see individuals – they see the interrelationships between many different people as well. Thus they have a natural understanding of hierarchies and the continuity of those relationships within the hierarchy. Because of this they can be invaluable within any business or community."

32nd Gene Siddhi : Veneration

"Veneration is the state that occurs when you see and know your place within the great living chain of life. You can look down the spiral of evolution and see those less evolved than you, and you can look up the ladder and see those far beyond you. Because you look at your place without a sense of personal identity, all you can do is experience wonder. You see the interdependence of all life, and you know the one force that motivates and moves all life, including your own tiny form. Veneration is about feeling both tiny and huge at the same time! In the siddhic state, the ring-pass-not of death has been breached so that you have a real experience of immortality (the 28th Siddhi), since the One Light is now entirely focussed through your spirit. All you see is the beautiful spiralling arc of evolution through the myriad chains of reality. At this level, you are way beyond the personality that identifies with its individual vehicle. You are even beyond the soul or causal body, which continuously incarnates through multiple vehicles throughout time. The crystalline surface of the soul itself has shattered, which means that the consciousness within your genetic chain has transcended or outgrown its vehicle. There is no ounce of separateness left, so there is nothing to reincarnate anymore. For you, the entire notion of evolution has now come to an end." "Veneration is about being on a spiral ladder. You stand on the shoulders of those who have come before you, and you allow those who will go beyond you to stand upon your shoulders in turn. This is how higher consciousness extends and expands itself into humanity. What you venerate is the chain itself, as well as all the beings above and below you. You realise that even the humblest insect is allowing you to stand upon the shoulders of its consciousness. This gives rise to a fathomless feeling of reverence for all sentient life. Veneration is rooted in respect, reverence and gratitude for all aspects and forms of the one consciousness behind creation. It is an intense aroma or perfume that is given off by consciousness itself. For the one experiencing this Siddhi, this perfume is detected everywhere, in everything, all the time."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 33



SYNERGY AWAKENING CODE N° 33

Retreat

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

So here is the 33rd Life Code, which in Human Design is the gate of privacy and in the original I Ching it is the hexagram of "retreat".

The shadow is about forgetting. It is basically a place where you sum up everything that is essential of any experience that you have been through, and you record it for the benefit of humanity in the future. But of course, in the shadow, you are not really present, you are lost in your head. So you are somewhere else while your experience is happening. So whatever that experience was, it is forgotten, you have forgotten yourself.

But as you step into the gift, when you are going through your experience, there is mindfulness. That mindfulness allows the experience to be recorded in memory so that it can be shared with others in the future for the benefit of everybody.

At the level of the siddhi, because you are tapped into being and you are connected with the emanation of this Life Code, in recounting what is happening, you can reveal the deeper secrets behind the experience that is connecting with not just nature, and how nature is, how experience mirrors nature through the human experiential way, but also through universal principles.



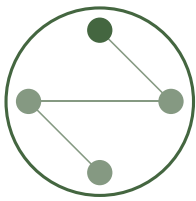
Mountain/Heaven

Retreat

The Mountain soars to lonely heights, above is only the emptiness of Heaven.

Baseness gains ground, the superior one retreats with dignity. He feels no hatred for he is above ignoble emotions.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 33

The Final Revelation

Extracts from GENE KEYS © Richard Rudd

SHADOW : Forgetting
GIFT : Mindfulness
SIDDHI : Revelation

33rd Gene Shadow : Forgetting

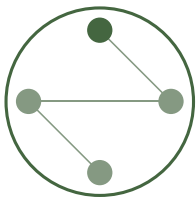
"The sanskaras are the specific memories that you carry from life to life according to the karma you have taken on in this lifetime. These are actually far more than simple memories – they are charges of kinetic energy stored in the sheaths of your consciousness, which over time determine the shape of your life and your destiny. Sanskaras give rise to all human desires, which in turn create more sanskaras. Thus the ancients say you are caught in a wheel or a net of your own making – paradoxically unable to remember who you truly are because of the memories you keep creating. The 33rd Shadow is the great shadow of our forgetting. As we saw with the 12th Shadow and the 56th Shadow, this is one of the three great tests we have to face in our evolution on this planet. The 33rd, the 12th and the 56th Shadows are all related genetically to the three stop codons in the human genome. Since it is your memories that keep you in the state of forgetting, your greatest challenge in life is to see through your own illusion and thus slip through the net itself. How then, do we ever escape this mad paradoxical hall of mirrors when every desire we have serves only to tighten the net around us? Well, there is one desire that is the exception – the desire to remember yourself. This is the desire that the 33rd Shadow conceals. The desire to escape the maya begins your process of awakening and for the first time begins to unwind your sanskaras instead of feeding them." To really understand how your sanskaras work you have to contemplate your relationships in some depth. There are always certain people in your life to whom you are so strongly drawn that you sometimes feel you remember them from somewhere. This feeling of cellular memory between people is a sign of a karmic bond, and all karmic bonds are formed from sanskaras. Such relationships are always intense and can be very challenging. They are love/hate relationships. When you enter deeply into such a relationship and stay committed to its process you are courting the presence of grace. To accept the trial is to transform the co-dependent pattern of the relationship into a higher frequency and this takes great love and surrender. There is no situation on earth that cannot be used as a means to raise your frequency and open your heart to your inner Divinity. The 33rd Shadow therefore governs all the endless cycles of existence and incarnation on this planet. It keeps you deeply asleep by concealing the past from you. Around the energetic and etheric boundaries of our planet lies a great veil called the ring-pass-not. The ring-pass-not is an energetic grid that connects the higher planes to the lower planes. Until the frequency passing through your DNA rises above the level of this great atmospheric veil, your true universal and eternal nature cannot be revealed to you. If you were to remember that you have lived this same old story in different nuances a billion times over, and that it still causes you the same suffering, you would immediately snap out of your age-old human patterns and transcend that suffering. The 33rd Shadow keeps us hidden from this greater life – it keeps you in retreat here on this planet of suffering. It keeps humanity locked into these material forms until such time as your consciousness begins to spontaneously awaken of its own accord. The 33rd Shadow ensures that we remain in the illusion that we are separate and alone, instead of being unified and all one."

REPRESSIVE NATURE – RESERVED

These are extremely hidden people. They find it very difficult to communicate with others and often cannot break out of their own silence. They may have the experience of being forgotten by the world. Their natural tendency is to simply hide from people and they usually find all kinds of ways to do this – in their work, through an enforced discipline or life choice, by living in isolation or far from others, or simply through a deep psychological insecurity that keeps them in a kind of torpor or numbness. These people find it very difficult to stay in relationships since intimacy demands that they come out of their shell. When they do finally begin to awaken, they can surprise both themselves and others with how much wisdom they have absorbed over the course of their life/lives.

REACTIVE NATURE – CENSORIOUS

Rooted in anger, the reactive side of the 33rd Shadow will express itself as an invasive behaviour pattern that unconsciously tries to provoke reactions in others in order not to feel alone. The nature of this pattern is censorship. These people can be adept at understanding the emotional locks that keep others in a state of forgetting. Thus they try to get attention by pointing out the negative patterns of others, sometimes under the guise of helping them. This almost always achieves the desired reaction – anger – from the other person. However, this way of getting attention is obviously extremely selfdestructive and unsatisfying. It leads to a build up in resentment and creates more anger until an inevitable explosion ensues. When these people learn to break their pattern of projecting their rage onto others, they finally begin to remember what it is like to love and be loved.



GENE KEY N° 33

The Final Revelation

Extracts from GENE KEYS © Richard Rudd

SHADOW : Forgetting
GIFT : Mindfulness
SIDDHI : Revelation

33rd Gene Gift : Mindfulness

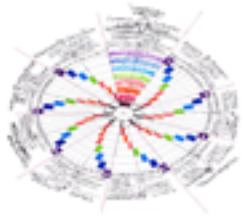
"When you raise the frequency of the 33rd Shadow to the 33rd Gift, it becomes something rather magical – a quality called Mindfulness. Mindfulness is a word often used in Buddhism where it is understood as one of the great attributes of meditation. To be mindful means to be attentive, but it also suggests more than this: the person who displays the Gift of Mindfulness is someone who has loosened the grip of both extremes of the 33rd Shadow – they are no longer held captive by their own unconscious desires, fears and reactions. At the level of Mindfulness, they may still hide or react, but now they can see themselves doing it. Once the process of self-remembering has begun, in a certain sense you enter a kind of purgatory. At least when you were asleep in the Shadow frequency, you were ignorant of your sanskaras and the cause and extent of your own suffering. Now, however, you begin to see the very patterns that cause your own suffering, and the more mindful you become, the more pain and futility you encounter. After a certain time however, mindfulness begins to transform the kinetic energy within your own sanskaras and a new view of life opens up before you." It is also through mindfulness that you discover how to refine and purify your nature so that you no longer create negative karma. This process of purification is an integral part of the loosening of your sanskaras and it can be hugely accelerated through working within your relationships." Mindfulness as such is a very enriching process. The karma inside your very DNA is systematically transformed back into pure essence. This essence in turn is so wonderful that you find yourself wanting to experience more of it. You have found the secret of all human desire – once it is purified into its natural state of Divine longing, it becomes the very fuel that returns you to your true centre of being." As you awaken within the maya, the Gift of Mindfulness springs up from within you as a natural aspect of your nature. As soon as you begin to witness your karmic patterns in action, your sanskaras begin to unwind. To be mindful means to catch yourself in the middle of a heated argument and to realise that you have forgotten your true nature – in effect, it is to see your own victimhood. As you begin to see through these unconscious tendencies that have driven your nature for so long, a new awareness develops within you. It is important to understand that, at the frequency level of the Gifts, you are not yet free from your patterns but you are engaged in a process that is progressively weakening them. It is at this level that another interesting phenomenon occurs – the closer you come to the siddhic quantum leap, the more challenging and intense your patterns appear to become. They are not, in fact, becoming any harder, but you are becoming more and more aware that you are asleep, which in turn makes you feel more and more uncomfortable. However, since you have also learned by now that you are unable to do anything to speed up your awakening, you start to witness your illusion beginning to crack around the edges. This is what the mystics refer to as the death of the Ego. Your mindfulness is the only thing that you can rely upon at this stage – and eventually, even that too will have to dissolve."

33rd Gene Siddhi : Revelation

"When the 33rd Siddhi dawns, all that you were is forgotten and all that you could be is remembered. The fullness of the siddhic state causes time to disintegrate and memory along with it. It is not that you lose your physical memory. Rather your mind can no longer interfere with the purity of consciousness, which flushes the sanskaras out of your whole being. With no direct connection to the past or future, there is now only infinite time – a concept that cannot possibly be grasped in words." Out of Revelation comes true silence. The beings manifesting this Siddhi have nothing whatsoever to say – and if they do speak, it is to say that there is nothing whatsoever to say! (There are many amusing ways to say this). Of course, this Siddhi is also about remembering. It is literally as the word suggests – re-remembering – to enter into all the separate members of your greater body until you realise there is only one of everything. True remembering is a kind of detonation inside you – a flash flood that wipes out your past and reveals the greatest mystery of all – the mystery of the eternal Now. Apart from the obvious enlightenment that comes with every siddhic state of consciousness, there are other natural manifestations of this Siddhi. The one who is swept away by the 33rd Siddhi also brings a sense of closure to the world. The presence of this Siddhi in the world signifies the end of an era or epoch. True revelations always emerge at natural end-times in human history and they often leave behind strange sounding prophecies about the next age. This Siddhi is also known as a great revealer of hidden secrets. It releases unique secrets through its vehicles into the collective consciousness. "The 33rd Siddhi actually reveals the individual and collective mythology of enlightenment. Enlightenment itself evolves. Even though the state remains absolute, the means by which humanity awakens as a totality has its own storyline within the maya. By opening us up to higher realities and angelic frequencies that lie beyond our physical DNA, the 33rd Siddhi accelerates the evolution of human consciousness."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 34



SYNERGY AWAKENING CODE N° 34

Awareness Energy

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 34th Life Code is Awareness Energy and in Human Design is the gate of Power and in the traditional I Ching hexagram, it is the “power of the great”.

At the shadow level, it is about force. So this is basically the raw energy of the life force, that not only allows life to find strategies to survive, but also is the force of evolution. But at the level of the shadow, you are lost in your mind. And so you are trying to make strategies that are out of touch with the way the flow of events are going. And so you are forcing things. And things are not really happening the way they naturally could if you stopped forcing.

At the gift level, strength, it is all about going with the flow. If you don't fight with life, life will be easy. It will take you on its shoulders and will take you for the ride. The inner strength, it will align you with the evolutionary force and the ability to survive by evolving, will get you into empowering, whatever it is you are experiencing, this is the great power. That is probably the most powerful life force energy in the entire body graph and the entire gene keys because it empowers life, all forms of life from the beginning all the way up to humanity, starting at the single cells. So there is a great power that is evolving everything.

At the level of the siddhi, you have majesty. That is like the creation of some great sort of expression of the life force, whether that is mostly through some kind of physical culture like Tai Chi or something. The original creation of a Tai Chi form being tapped totally into the siddhi, and the majestic expression of life through the human form. So it is a very powerful siddhi that brings forth something that can impact generations after, once it is brought into the human world. Very powerful, but at the siddhi level that is an “in the moment thing” that is created and after it is created it is something that other people can copy. It is not the same thing as when you step into the siddhi of majesty and create your own expression of the life force through you in the moment. So you literally become a vehicle for the expression of life force in the most evolutionary expression, very cutting edge in the moment, and that also taps you into very savvy ways to survive.



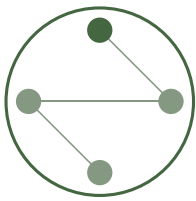
Heaven/Thunder

Power of the Strong

The strength of Heaven takes the form of Movement, and spreads itself out.

The way is free. Proceed with inner strength and a fine sense of justice. Thus there will be no deviation from your path.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 34

The Beauty of the Beast

Extracts from GENE KEYS © Richard Rudd

SHADOW : Force
GIFT : Strength
SIDDHI : Majesty

34th Gene Shadow : Force

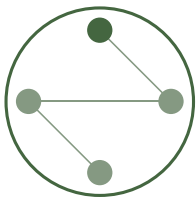
"The 34th Shadow concerns the notion of individual human power. It represents an ancient part of our genetic matrix that is primarily based on individual survival – the survival of the fittest." The 34th Shadow carries a primal quality about it – it is not even animal, but is far more ancient. It is simply a pure evolutionary force whose prime directive is survival, and its only prerogative is to maintain life within a particular organism. You would not even call it selfishness since that implies an awareness that others exist. This Shadow creates a kind of intense self-absorption that, when applied to a modern human, leads to brute power without self-awareness. This 34th Shadow therefore gives rise to a basic human law – at low frequencies, all human beings are destructive to the collective. The nature of modern society means that DNA, when behaving according to these archaic rules, inevitably destroys itself." In terms of modern human beings and their behaviour, the 34th Shadow can be best understood through the notion of trying. Trying implies forcing something to go a certain way when it won't go there easily on its own. Each time someone is caught in a space of trying to make something happen against the flow, they are under the influence of this Shadow frequency. Such people seem unable to stop moving in the direction in which they have set out, and any attempt at help or guidance from the outside falls on deaf ears. As an aspect of the codon Ring of Destiny, the 34th Shadow is linked chemically with the 43rd Shadow of Deafness. Under the influence of this Shadow you become totally lost to the force that is moving through you, even though it may be harmful to you or others. When operating at a low frequency, this 34th archetype is unavailable to outside influence. Consequently you can see how, at its extremes, this energy can give rise to the most horrendous sub-human acts." If you have this 34th Gene Key as a major aspect of your hologenetic profile you will tend to be confronted by its Shadow aspect through the responses of others. This Shadow tends to infuriate other people since they cannot understand how you could be so blind to outside influence. It often seems to others as though you are behaving in an inhumane or foolish manner. This frequently results in some kind of challenge or complaint from the other person, which may take you by surprise. If you cannot maintain your frequency at a certain level, this kind of interference from others can create unwanted volatile situations in your life. If you are trying or forcing something, you will continually meet resistance from others. The 34th Gene Key is unaware of itself even at the highest levels so it is not a matter of changing yourself. It's simply about doing the right activity at the right time." " We can see from where this Gene Key relates physiologically that strength is to be found deep within the sacral plexus. It emerges from the area below and around your navel. This area of the body has long been known as a centre of great power in human beings, and its real power lies in the fact that there is no obvious awareness located there. However, between the sacral and solar plexus there is a huge and complex neural network. Despite our modern emphasis on the primacy of the brain as our main centre of intelligence, the body's real nexus of intelligence is in fact centred in the belly. The 34th Shadow bypasses this belly-centred intelligence and tends to lead you into unconscious mental loops within the brain. Force is always rooted in the mind, whereas power comes from the belly."

REPRESSIVE NATURE – SELF-EFFACING

In those with a repressive nature, the 34th Shadow essentially hides from its own power. It is afraid of itself. These are people who put themselves down and accept other people as their authorities. The self-effacing nature is about letting others walk all over you. Such people really become slaves to other people's principles or to society in general. All the magnificent individual power within this archetype is held back, often because of a difficult childhood. Thus all the energy within these people becomes backed up, leading to tiredness and lack of energy rather than to the natural expression of the 34th Gift, which is tireless energy and strength. Ultimately, these are people who will have to free themselves from the situations in which they find themselves. As soon as they do this, they will find that their true strength returns.

REACTIVE NATURE – BULLISH

The reactive, angry side of this Shadow manifests as a bullish or bossy nature. These are people who use force to bully others around. Their main problem is communication and inappropriate behaviour. Because they are generally unaware that they are being so bullish, they become furious when challenged. Such people will continue to be bull-headed even after they are warned or have been challenged, and this usually ends badly for them. Even though they are often perceived as life's bullies, they are deeply misunderstood. They have been conditioned to behave in this way and are unaware of what they are really doing. What they need is to find a healthy activity into which they can channel their anger rather than constantly aggravating others.



GENE KEY N° 34

The Beauty of the Beast

Extracts from GENE KEYS © Richard Rudd

SHADOW : Force
GIFT : Strength
SIDDHI : Majesty

34th Gene Gift : Strength

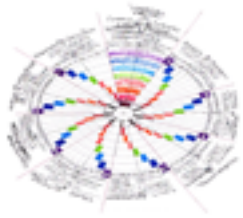
"When the 34th Shadow gives way to the 34th Gift, a truly beautiful archetype emerges – human strength. What is fascinating about the connection between the Shadow and the Gift is the incredibly fine line between these two activations of the same essential energy code. The difference between the Shadow of Force and the Gift of Strength is both miniscule and enormous. The 34th Gift employs the same terrific primal vitality, but unlike the Shadow it does so through appropriate activities and correct timing. The result is a creative manifestation of aligned life force that always catches the attention and praise of others. Individual strength is something absolutely natural to all human beings. Obviously we are not talking about physical strength here, although people with this gift often can be physically strong. We are talking about the ability to act in harmony with natural forces – the real definition of strength. When applied to physical activity, which is what this 34th Gift is all about, strength has no element of trying or forcefulness within it. It simply flows out of you and you become effortlessly at one with the activity. Effortlessness in this context does not mean that there is no exertion – there may be great exertion – but there is no resistance. This fluid efficiency is one of the main hallmarks of the 34th Gift." In humans, the 34th Gift shares this primal need for display, although not through any kind of ego. We need to remember that the 34th Gift has no awareness of itself at any level. Obviously, the tendency to draw attention draws negative attention at the Shadow frequency, but at higher frequencies it draws positive attention. It is out of the 34th Gift that all kinds of examples of human strength are born. The 34th Gift is the gift of heroes and heroines. It is one of the greatest and oldest of human archetypes. True heroism occurs without awareness and is a wholly individual act. This is why every human being alive feels deep resonance to the heroes of myth or the heroes of contemporary culture. Heroism denotes strength. Ironically, though, true strength is quite unaware of itself. Many people who have committed incredible acts of bravery have afterwards described the experience as devoid of any intention on their part. This kind of heroism is entirely accidental (unlike the highest frequency of the 21st Siddhi, which is Valour, an entirely different archetype). Often heroes feel uncomfortable about being praised, because it seems to them that the whole thing was out of their hands. However, even if it is accidental, the heroic act is never interpreted as such by others. It is usually set upon a pedestal and glorified." Being such a physical archetype, the 34th Gift has a deep connection to activities involving physical movement such as sport or dance. But this gift is not so much about team sports; rather it presents as individual flair. These are people whose very movements have a hypnotic quality evoking admiration from others." These people become our icons and gurus in business, sport, war and sometimes government. There is a kind of primal power at work within such people, and it is impossible for others to miss it. In a world where the lower frequencies dominate, true inner strength never goes unnoticed."

34th Gene Siddhi : Majesty

"As mentioned, the 34th Gene Key has an unusual attribute that remains at all its levels of frequency – that of being unaware. Force is unaware of itself and leads to destruction; strength is unaware of itself and leads to admiration. Here at its peak, the Siddhi of Majesty blossoms. This is the majesty of the human form in motion, and the form itself is pure awareness, which is why it cannot be awareness of something. It quite simply reveals the true beauty of consciousness in form. Majesty is not really a state of being – it is the truth of all nature in motion." This is the true meaning of this 34th Siddhi: the Divine essence of creation can only move freely through the body when the identity has ceased to exist. Such people move in a way that is bewitching to the eye. Out of this Siddhi have arisen the physical practices that aim at higher consciousness; for example, the mudras and asanas of yoga, or the movements of Tai Chi, all of which are spontaneous expressions of Divinity moving through the form of someone in whom the 34th Siddhi once dawned. These sacred movements, gestures and dances contain the codes of higher consciousness." The problem of the sacred movements is that they were originally spontaneous expressions of higher consciousness. When they are copied, they are no longer spontaneous, even though they may lead to glimpses of higher consciousness. None of this is to say that sacred movements and practises are worthless. They are a natural stage for many people on the path towards transcendence. One just has to realise their origins. Out of the 34th Siddhi also comes the highest level of the martial arts with their notions that true strength lies in emptiness." The 34th Siddhi contains another great secret concerning awakening. Through its genetic connection to its programming partner – the 20th Siddhi of Presence – the 34th Siddhi requires that an individual transcend their genetic fear of survival by bringing their presence fully into every moment. The challenge for the individual is to let go of his or her individuality which feels like their very essence."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 35



SYNERGY AWAKENING CODE N° 35

Progression

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 35th Life Code is Progression and is the gate of change in Human Design and in the original I Ching hexagrams it's the hexagram of "progress".

At the level of the shadow, it's all about hunger. It is very much in the mind, as you're not really tapped into progress, you're just hungry for something to change, or you're kind of not in touch with the way events are flowing. It's like you're imposing your own idea of how events should go that is arising out of this feeling of lack. And just because you're hungry, you reach out and you try to make things change in a certain way and all it does is increase your hunger because you're not really in touch with the progression of events in the natural way things flow. This is truly a vocal gate. It's actually the expression of progress so that people can become aware of how things are happening. But at the shadow level, all people are getting assisted with is lack and how hungry one is to get to that progress.

When you shift into the gift, you tap into the adventure of life and the spirit of that adventure is through the way we put it out into the world because at that point, you are tapped into how things are progressing, you're literally giving it an expression. You're experiencing it in the moment, and it becomes an adventure where you're literally bringing the spirit of adventure into whatever is occurring and enhancing it, and opening it up to change in the most beneficial and optimal way.

At the level of siddhi, it's boundlessness because our experience will go on forever. We humans are part of eternity, we are part of the infinite expression of possibilities from source and that's what you tap into when you tap into the siddhi. You can actually start to bring in that sense of eternity and infinite possibilities into the very moment of experience that you're having, which incredibly opens up and gives a multi-dimensional sense to whatever you're experiencing, whatever is progressing in the moment, and can allow you access into all kinds of possibilities that weren't there before you tapped into the siddhi with the experience you're having. That could lead you into all kinds of different directions and all kinds of adventures that when you're lost in your shadow, you're just craving for but it's not really occurring. But when you're tapped into the gift, the adventure takes off and when you're tapped into the siddhi it never ends...



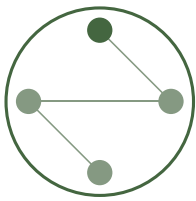
Earth/Fire

Progress

The Sun wanders over the Earth, bringing warmth and fertility.

Speedy, effortless progress. Strength will be richly rewarded if it is based on confidence and is not abused.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 35

Wormholes and Miracles

Extracts from GENE KEYS © Richard Rudd

SHADOW : Hunger
GIFT : Adventure
SIDDHI : Boundlessness

35th Gene Shadow : Hunger

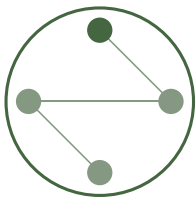
"There is a perpetual and innate hunger built into all human beings. This hunger operates on many different levels within your being and is caused by the chemistry generated by the 35th Shadow as it is refracted through your DNA. The classic translation for this 35th hexagram of the I Ching is the word Progress, which is very apt since the 35th Gene Key drives all human progress. At the Shadow frequency progress is expressed as outer evolutionary progress, embodied for example in humanity's recent technological revolution. True progress, however, has little to do with physical manifestations and everything to do with the progress of human awareness. In a nutshell, what the 35th Shadow does is divert true progress out into the world of form, thus sacrificing its potential to transform the inner structure of humanity itself. Thus, because of this Shadow, the outer world evolves at the expense of the inner." All external human progress, particularly in modern times, has come about because of this 35th Shadow. We are a hungry and unfulfilled species – we don't know what we want, but we want it now. It is important to understand that this endless wave of hunger in human beings is not an individual programming function of your genetics. It is universal to our whole species, driving us outwards to explore and conquer the world around us without a thought to the consequences. This is what humanity is right now. "One of the great destructive aspects of the 35th Shadow is seen each time you have temporarily filled yourself up. The moment you are full, you slowly begin to feel empty again, and so the cycle continues. And it is at this very stage that we make our greatest mistake – we either become attached to the external means of fulfilment and enter a cycle of addiction, or we blame the external means (often a person) for not fulfilling our hunger and move on to something or someone else. It is because of this basic pattern of disappointment and blame that the human spirit is unable to find lasting peace." Modern science has now even identified that low levels of serotonin in the body lead to states of depression and craving. What science doesn't realise is that almost all human beings have low levels of serotonin because what scientists are taking as the norm is really the Shadow frequency. The great dilemma of the 35th Shadow is that any attempt you make to raise your level of serotonin production from the outside fuels the hunger even more. If, for example, you take a pill that increases serotonin, you may experience for a brief period what the higher frequencies feel like. But such an experience makes you hungrier still and thus all kinds of additional problems are created. The only way to redress the basic chemical imbalance within the 35th Gene Key is to make the leap out of the Shadow frequency altogether. This means you must first understand your chemical dilemma – and then you must face it with every fibre of your being. "In effect, you have to come to realise that whether you starve yourself or stuff yourself, you are never going to solve the problem. As you turn to face your humanity and your hunger, you will see how helplessly you are held hostage by it. You will see how it subtly drives all of your actions in the world. Only when you see how trapped you are by this chemistry does a new sense of freedom begin to rise up within you. You stop the energy from moving out into the world and drive it back inside. This is when the leap occurs – there is an inner crossing-over within your awareness – and the great adventure of the 35th Gift awakens you to a new level of awareness."

REPRESSIVE NATURE – BORED

The repressed version of the 35th Shadow is about boredom. This is when the deep hunger within someone is thrust back down into the unconscious. Such people are afraid of what their lives might become if they allow the hunger to dictate their direction, so they find ways to keep it beneath the surface. This inevitably leads to a profound sense of boredom as the hunger constantly bubbles up to the surface and tempts them in a new direction. Even though these people are bored, they may not know they are bored. It takes huge inner strength to hold down such a genetic force, and the usual result of such pressure is a great reduction in a person's vitality and love of life – their faces do not shine, their eyes are lifeless and their lives are unadventurous and empty.

REACTIVE NATURE – MANIC

The reactive 35th Shadow is too busy to be bored. These are people who are so afraid of their lives being empty that they continually fill them with activity. They constantly look for external stimuli to fulfil their hunger, thus they move from one flower to the next in a kind of lustful frenzy. Such people become the great blamers of others for their circumstances, making it very difficult for them to maintain any lasting sense of commitment. They will try many different things in life but will not manage to knit those things together to form continuity. Nor will they garner true wisdom from their many varied experiences since they are always disappointed in their expectations. The manic nature is driven by the deep urge to escape its own past and find the perfect place, person or situation to fulfil its dreams. In wishing for such a state these people miss the real gold, which is the adventure itself.



GENE KEY N° 35

Wormholes and Miracles

Extracts from GENE KEYS © Richard Rudd

SHADOW : Hunger
GIFT : Adventure
SIDDHI : Boundlessness

35th Gene Gift : Adventure

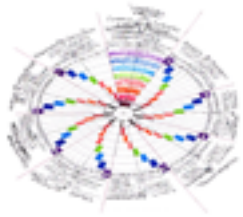
"To break through the hunger barrier is to break into the heart. The hallmark of the Gift frequency is that it always involves love. Love is the only force that can bring an end to the hunger of the 35th Shadow. With love, serotonin production is increased and stabilised within the chemistry of the human brain. With love, the energy stored within the 35th Shadow is released into the human being instead of being squandered in the world. Such an implosion of energy finally allows the inner human being to evolve rather than only the world outside us. For humanity, progress means you have to evolve in your awareness, and your next step beyond mental awareness is to leap into the higher awareness of the heart." The 35th Gift is the only place within all human DNA that human beings have a choice in how their reality is constructed. As you might imagine, this is quite an important codon within human evolution!" From the viewpoint of the 35th Gift then, humans can indeed influence their own destiny by directly influencing their DNA. The secret is adventure, and true adventure can only be based upon love. Adventure is what happens when the human spirit breaks free from the mind. Adventure is a state of being that comes from the realisation of the oneness of all being. Adventure is not yet immersion in that oneness, but it is what it feels like to swim within that oneness. Oneness cannot be known mentally, even though it can be logically deduced." To live with an open heart is to live in a perpetual state of adventure. Adventure means that there is still some fear inside you, but you have reached a frequency that you know is high enough to outwit that fear. Every human being has the choice to take a path of love. That is the mystery of the 35th Gift – progress can be made if you are ready to take the great leap and risk it all for the sake of love. Of course, for most people the fear of the Shadow frequency field is too great and they are caught in the endless cycle of trying to fulfil their cravings. However, every now and then a human being takes a momentous step into the 35th Gift where they discover a wormhole to another dimension. When you give to another unconditionally you actually stimulate the secretion of serotonin. This not only makes you feel happy but also induces a deep state of trust that you are in harmony with the entire universe. In the world that we currently inhabit, giving unconditionally is such a radical move that it literally short-circuits other people's brains. It gives others a moment of pause where they are forced to look at themselves and their lives in the mirror of your actions. It can cause people to go into even deeper fear patterns. The 35th Gift is the only place in the entire 64 Gene Keys where a human being can actually do something consciously to raise their frequency – they can embark on the adventure of love and catalyse a genetic speeding up of their own evolution. This, by its very nature, will have enormous impact on humanity's evolution." The easiest and quickest way to change your life for the better is to give your love unconditionally in as many areas of your life as you dare. If you take on this adventure, you will actually affect the minute workings of your DNA. You will stimulate new chemical messages to pass from gene to gene and you will enter a whole new world of adventure, one that most people equate with the world of fantasy."

35th Gene Siddhi : Boundlessness

"Just as the 35th Gift breaks laws, so does the 35th Siddhi. It invites human beings to expand their consciousness so far that they leave the sphere of evolution altogether. As we saw, the 35th Gift still contains traces of fear, since fear is what gives the edge to the adventure of life. At the level of the 35th Siddhi the fear is gone because you are gone: the adventure is over. Boundlessness is consciousness." The 35th Siddhi of Boundlessness has great pulling power – even as a concept. If you can entertain the concept of boundlessness in your daily life, then you are automatically drawing yourself away from the lower frequencies. Very few human beings can handle the concept of boundlessness because it has a diffusing effect on your mind. It invites you to move out of your mind and into your heart. It is really the heart that knows no bounds, which is why consciousness is the same word as love." So what can the 35th Siddhi tell us? It can tell us only one thing – that pure unconditional love can break all the laws of the cosmos. Whenever you taste even a fraction of this kind of love, anything becomes possible. Because we inhabit a form and live in a world where magic seems impossible, more and more human beings are turned away from the truth that anything in the universe is possible. When the Siddhi of Boundlessness enters the world, it allows consciousness to penetrate right into the heart of matter, which bends the laws of matter. Such a siddhic being represents a shortcut through evolution itself, and many people can experience huge awakenings and miracles around such a being." To activate such streams of miracles, you have to break free from the beliefs and limitations imposed on your mind by the world and those around you. The 35th Siddhi dispenses with all boundaries and limitations imposed by the mind." The very existence of the 35th Gift and its Siddhi is a testament to the power of grace. We can draw great comfort from the fact that deep within the DNA of each and every one of us the 35th Siddhi lives as a constant reminder of the infinite possibilities of a life lived in the name of love."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 36



SYNERGY AWAKENING CODE N° 36

Threshold

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 36th Life Code is the gate of crisis in Human Design and the “darkening of the light” in the original I Ching hexagrams. Don't be taken too much by that name, it's just the place where the 35th gate leads. The 35th Life Code is all about experience, something has been experienced and the 36th is where you haven't quite had that experience yet. You're about to delve into something new and it's like yikes, how's this going to go.

So at the shadow level, if you're coming from the mind, and enter into an experience it's going to be a little turbulent, because things are going to change, things are going to shift. And this is an emotional gate so it's turbulence in the emotions. As we know, when we step into new places, especially if we're in our mind, which means we're not really in the experience, we're kind of hesitant to tap into the experience, and there's going to be turbulence, because you're going to be gripped from that feeling of entering into the experience of the unknown.

When you shift into the gift, you tap into the humanity, the sense of what is humaneness. And so you enter into yourself fully as you enter into the experience and you feel what you need to feel and you allow this new experience to tap into your feelings and fill you up with whatever kind of energies are there. Then at that point, you get a sense of your humanity, what it's like to have this particular human experience. It's like, oh, this is a fascinating thing that I'm opening up to that I'm experiencing. And so it shifts, that crisis leads into the ability to stretch yourself beyond your usual boundaries and open and gather in and allow the emotional energy to shift and move you in new ways. And so you use crisis and you use it in a positive way.

At the level of the siddhi it's compassion and in this sense, it's truly not only compassion for yourself, you'll face your limitations when you go into something new, but also the capacity to hold that, to hold the grace of that experience of something new that makes you go through a bit of a tribulation, but at the same time, there's a place in you that's able to elaborate on and open that up and share with others in a way that allows everybody to enter into that new experience. This brings about a healing on an emotional level for all, for many people, because you may find different modes for expressing that in the world through whatever medium in such a way that that compassion touches many people and maybe gives them a sense that going through new experiences is exactly what the human experience is about. That it's okay, that it's our humanity, that we're here to evolve. So compassion really supports that, allows us to enter into things lovingly with a meditative kind of consciousness. So both love and meditation together are what empowers compassion.



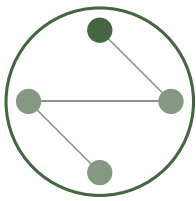
Fire/Earth

Eclipse

The Light is weakened or even obliterated by the Earth

Time of darkness and of need. Preserve inner clarity and strength, but show yourself externally flexible. Thus your real nature remains steadfast in difficult times.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 36

Becoming Human

Extracts from GENE KEYS © Richard Rudd

SHADOW : Turbulence
GIFT : Humanity
SIDDHI : Compassion

36th Gene Shadow : Turbulence

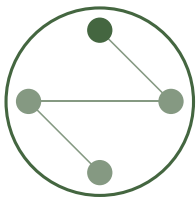
"The 36th Shadow is an emotional battle that must be fought by every individual at certain points during his or her life. As a vibration felt across the length and breadth of our planet, this Shadow manifests as a collective emotional turbulence. This turbulence exists because uncertainty exists and every human being knows that disaster could strike at any moment. There is a great deal of heavy propaganda for this 36th Shadow, particularly through the modern mass media. The continual barrage of negative news via television and the media ensures that most human beings are programmed with an unconscious background field of nervousness and turbulence." "Because of this Shadow, there can be no human life free of emotional turbulence. It is deeply engrained in our myths. The modern phenomenon of the television soap opera is a prime example of our collective recognition of the emotional turmoil all humans have to go through over the course of their lives. One of the greatest determinants of our frequency is how we deal with emotionally challenging situations." "At a low level of frequency the 36th Shadow manifests most strongly through our sexuality where it becomes sexual lust. Sexual lust is simply a low frequency expression of the evolutionary urge to break through another boundary of experience. Lust itself is an incredible chemical turbulence felt within the body. When it presents itself, it can create all manner of emotional disturbance in your life. Seen without a moral connotation, lust is a very pure energy. Whether you try to resist it or yield to it, one thing it does is make your life more interesting in terms of your experience! This is exactly the purpose of the 36th Shadow – to create an interesting storyline to your life thereby pushing you forward. However, at the lower levels of this shadow frequency, human beings can go through suffering after suffering until they finally begin to evolve. The problem at all low levels of frequency is that the patterns perpetuate themselves. With the 36th Shadow lust can be suppressed, causing illness, or it can be expressed, causing guilt and/or deception. Lust in itself is not a negative energy, but is dirtied through entanglement in human morality. Sooner or later, all human beings must raise their frequency in order to escape being victims of these Shadows. When this happens, problems such as sexual lust cease to be problems. They are dealt with cleanly and honestly, with openhearted communication and freedom from guilt. No feeling in us is ever wrong or bad. Every human being is innocent of their own chemistry and the way it makes them feel. Difficulties emerge when we react or repress our feelings out of fear or anger, creating enormous turbulence within our own lives and those closest to us." "Among mystics, the 36th Shadow has long been known as the Dark night of the Soul. It is an archetype within human beings that pulls us towards the unknown, and that draws the unknown towards us. In so doing, this Shadow tests your levels of frequency and offers you the opportunity to transcend your own suffering. It tends to draw crisis towards itself like a magnet. If you do not break out of your own victim patterns but continue to resist your true nature, you will keep being shown the same lessons again and again until you learn from them."

REPRESSIVE NATURE – NERVOUSNESS

When emotional turbulence is resisted, it becomes nervousness that ripples through one's entire body and aura. These are natures that are terrified of change and that attempt to maintain outer calm at all costs. The cost is that the turbulence becomes internalised and gets trapped in the nervous system. Such people are unable to relax and send nervous waves into their immediate environment as well as into others, destabilising the very things that they are trying to keep stable. These are also people who tend to repress their sexuality out of their deep-seated fear of change. They can be very hard to approach or get to know. Nevertheless, the terrific primal force of our sexuality cannot be indefinitely repressed, and the usual result is a nervous breakdown or cancerous disease of some kind.

REACTIVE NATURE – CRISIS PRONE

When emotional turbulence is expressed without clarity or honesty, it results in repetitive destructive emotional situations. These are people whose lives run like the soap operas. The reactive nature is more likely to have sexual affairs and then conceal them through guilt. However, as with the repressive nature, non-acceptance of your true nature always comes back to haunt you, and thus life will always tend to draw an emotional crisis into such a person's life from a different and usually unexpected direction. These people do not realise that their inability to deal with their emotions and sexuality cleanly and honestly creates further turmoil in other seemingly unrelated areas of their life.



GENE KEY N° 36

Becoming Human

Extracts from GENE KEYS © Richard Rudd

SHADOW : Turbulence
GIFT : Humanity
SIDDHI : Compassion

36th Gene Gift : Humanity

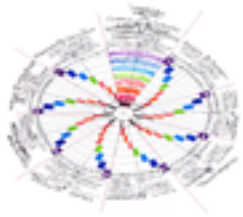
"When your struggles with sexuality and emotional turbulence are finally embraced openly and honestly, a remarkable Gift is born – you finally graduate as a human being! The 36th Gift is the Gift of Humanity, and this is what human suffering is really all about. It is our suffering that connects us all together. It opens up your eyes beyond your self-obsessions and forces you to evolve beyond your selfishness. To be a fully integrated human being means to begin to transform your own suffering and open your heart to life. A person with the Gift of Humanity is a person who truly understands human emotions and who consequently understands all people. You can see here how the programming partner of this gift, the 6th Gift of Diplomacy, matures simultaneously as this 36th Gift matures. The moment you let go of the notion that you are somehow a victim of the fates, you begin to finally communicate cleanly with others. The Gift of Humanity is truly a Gift that can only be earned. These are people who have looked deeply into their own Shadows and who have grappled with the challenges of their sexuality and their emotions. These are people who are in the process of accepting their own suffering and thus experience it at a different level of frequency. Only at the highest levels is our suffering instantaneously transformed into rapture. At the Gift level however, suffering is still suffering, but it brings human beings together rather than pushing them apart. This Gift is about humaneness – it is about working from your heart. When you begin to live from your heart, you suddenly have an antidote to fear." The 36th Gift is driven by the same urge as the 36th Shadow – the evolutionary impulse to experience new feelings and new situations in order to learn from them. Here, with an open heart, the 36th Gift can negotiate challenging and potentially turbulent emotional situations with maturity and diplomacy, taking one's own and others' feelings into consideration. People with the 36th Gift are thus the kind of people that others turn to when in distress, since their aura resonates strongly with the common human theme of suffering. At this level these people are no longer overwhelmed by emotions as they tend to be at the Shadow level, but have opened and expanded themselves to life through harsh experience. This makes them emotionally capable of handling all manner of traumatic experiences." The 36th Gift is an archetype of the true purpose of all human suffering. These people are here to teach us that life is full of flavour and that pleasure and pain always come together. The deepest role of the 36th Gift is to help humans to become humane by respecting others and by embracing your own suffering whatever it looks like, rather than being dragged down into the depths of victimhood. It is this courage and deep acceptance of the life process that will eventually give rise to the highest of all human expression – the expression of compassion."

36th Gene Siddhi : Compassion

"Universal Love almost has a distant quality to it, as though it came from the gods themselves. The 36th Siddhi, on the other hand, speaks in the language of man, since it can only flower through a journey of intense suffering. Such is the path of the 36th Gene Key. This is the flowering of suffering itself, and as such it can no longer be understood through the word suffering. It is the fragrance released after the storm is over, and just like the 36th Gift of Humanity, this is a Siddhi that has to be earned. Beings like Jesus, who attain final liberation through this Siddhi, are salt of the earth people. They are burnished over and over again through the trials their life brings to them, and once they have made that magical step away from seeing suffering as negative, it stops being so. It actually becomes their muse. At the siddhic level, your own suffering becomes so universalised that it encompasses all humanity. All boundaries of self dissolve. Suffering and Compassion merge into one as your human heart explodes with the feelings of all human beings – their pleasures and their pain, their aches and longings, their vices and their virtues. At this siddhic level, as the programming partner of the 6th Siddhi testifies, Peace reigns supreme." Those in whom this Siddhi has awakened tend to keep moving into those areas of life where the light is most darkened. They usually flourish during periods of crisis or war, or live and work among the poor and wretched. The 36th Siddhi goes on longing to explore the frontiers of consciousness within form, and after a certain point it ceases to care or identify with its own security at all. Anyone manifesting the 36th Siddhi has at some point sunk into such a dark space of helplessness themselves that it is impossible for them to experience anything as intense again. This has the effect of annihilating all fear from their system, so that true peace emanates from within them. The simple presence of such people and the look in their eyes or the softness of their voice can trigger all manner of so-called miracles in those whom they meet. These are the most heart-melting people ever to walk the face of the earth. Wherever they go, the true frequency latent within human suffering is immediately released and compassion tears open people's chests and explodes inside their hearts. Even the darkest of natures can be instantaneously brought to tears through the presence of this 36th Siddhi."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 37



SYNERGY AWAKENING CODE N° 37

Providence

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 37th Life code is Providence and in Human Design this is the gate of friendship, and in the original I Ching it is the hexagram of “the family”.

At the shadow level it's called weakness, but it's weakness in the sense that the male and the female polarities are out of balance. And that's basically how most children were raised in a dysfunctionality where either the father or the mother is stronger, and has more influence over the upbringing of the children. And there's this sense of things, of not being able to find a clean way to shift from something that's more male in it's expression to something that's more female, and it's in the sense of qualities, and not so much in the sense of trying to impersonate a male or female.

And with weakness you're kind of being held back by that side of yourself that wasn't really developed, whether it's the male or the female but when you tap into the gift, you get into what's called equality. You start to find a way that these two different sides of yourself not only can be expressed fully, but can enhance each other and help each other to grow and mature and become fully functional facets of your being that can be expressed.

When you tap in to the siddhi, it's about tenderness. The way tenderness comes across through this Life Code is that it's a deep intimacy with all beings everywhere, in all forms of life, that everything in the universe becomes your family. This is a really beautiful thing to see because through the gift, when you get that equality of the male and the female principles, you're able to relate to all kinds of beings from all walks of life, because you're in balance. So you're always able to tap into whether the male or the female is the dominant quality being expressed by anybody you meet. As you tap into tenderness, that spectrum extends beyond humanity, especially to animals, and also taps into higher forms of existence in life, too, that you may not yet be aware of. But through tenderness, you could start tapping into at least the currents of intelligence that those beings can literally make available for you to channel into the world. Even if you don't know exactly where that's coming from, through tenderness you're open to that, you're open to caring for all beings everywhere. And so it's the universal family that is what that tenderness is indicating.



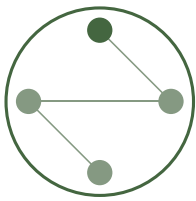
Fire/Wind

Family

Fire engenders warmth, Wind spreads it. Thus many people share in it.

The family moulds a man's character, it teaches him how to deal with people. Perseverance and orderly conditions lead to success, disintegration of the family leads to decadence in society. Women, as the centre of families, bear a special responsibility.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 37

Family Alchemy

Extracts from GENE KEYS © Richard Rudd

SHADOW : Weakness
GIFT : Equality
SIDDHI : Tenderness

37th Gene Shadow : Weakness

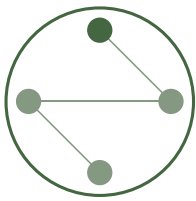
"The 37th Shadow is the Shadow of Weakness. Weakness as we shall see, is nothing but a projection of the male psyche onto the female psyche as, in the West, women have been viewed up until recently as the weaker sex. However, what appears to humans as weak is actually something that we cannot yet understand. ""Much about this 37th Gene Key therefore concerns the nature of a force that is perceived as weak but that inevitably shows itself to be the opposite. The 37th Shadow represents the inequality between yin and yang forces on our planet. The natural tendency of evolution has been to favour the physically stronger. At low frequencies, our genes know no other reality than the survival of the fittest. However, we have now reached a stage in evolution in which physical strength no longer governs our future direction. That future direction lies wide open for anyone, regardless of sex or strength. What we used to perceive as weak or strong is totally changing, even reversing. Those who thrust themselves to the top of the hierarchy through brute strength and subversion are losing their power and those who hold a vision of synthesis based on self-transcendence are gaining more power. In this way the world is transforming. "" The true definition of Weakness can be seen when the feminine principle is witnessed serving the masculine principle, which is how the world has evolved and survived up until this point. Wherever you see the submission of the female to the male you are seeing the 37th Shadow in action, and it can result in only one phenomenon – Exhaustion, the 40th Shadow and programming partner of this 37th Gene Key. ""The 37th Shadow of Weakness manifests both through men who cannot see holistically and women who try to redress the problem in the only way they know how – through entering the male world of hierarchy and competition. All such social issues as these invoke strong emotional reactions from men and women, as do the same issues when connected to religion. There can be no answers to these imbalances from the human mind. They are simply a sign of the transitional times that we are living through. Because of the emotional charge between the yin and yang – between men and women – to even discuss such issues arouses huge hidden tensions and opinions. In this respect one of the great signs of the 37th Shadow is your identification with your gender in the first place. The real issue is one of yin and yang – of an imbalance between archetypal forces – not between their manifestations. "" What we fear most deeply through the 37th Shadow is lack of support. Because our frequency does not allow us to feel a part of the whole, and therefore supported by the whole, we only give with the assurance that we will receive something back. This is the foundation of social economics, and its root is fear. What we don't have access to at this Shadow frequency is the feeling of deep trust in the collective. We don't know that when we give from our heart, we will receive far more in return from somewhere in the collective energy field. Because we cannot anticipate how this energy might return to us, we do not trust it. Consequently you can see that when you allow your mind to lead your life, you create weakness in the world because you sever the chain of support that exists naturally between all beings. Thus, it is in the human heart and its ability to grasp the holistic essence of life that our true collective future lies. In an individual human being this change translates as the mind serving the heart."

REPRESSIVE NATURE – OVER-SENTIMENTAL

When the 37th Shadow is repressed it tends to manifest through inauthentic giving. These are people who are ruled by their emotions rather than their hearts, and they often believe that the two are the same. They repress their own fears through a dreamy mentality that may speak great words about humanity but that lacks the inner strength to take a stand for itself. These are the people who, as victims of their own emotions, give the human heart a bad name. Whereas the heart is strong and fearless, the emotions can be fickle and overwhelming. Such people hide behind and within their emotions which blind them to the deeper truths inside them. They have a tendency to over-process at the emotional level, which makes them draining for others to be around. The deepest irony is that these types of people are actually addicted to emotional states as a means of repressing their deeper fears.

REACTIVE NATURE – CRUEL

The reactive nature projects its own fears out into the world where it sees only inequality. Out of this core belief, these people become hardened around their heart until they entirely forget what love feels like. As the polarity to the repressive nature, these people tend to see others as over-sentimental and will take advantage of their good nature. Out of these two patterns – the repressive and reactive – our current civilisation is created. Only those who are no longer victims of their own or others' emotions can break the victim/abuser patterns lying at the heart of our communities. The people who we perceive as cruel need willing victims in order to rise up in the community. Once someone takes a stand anchored in their heart, these abusers are the first people to crumble.



GENE KEY N° 37

Family Alchemy

Extracts from GENE KEYS © Richard Rudd

SHADOW : Weakness
GIFT : Equality
SIDDHI : Tenderness

37th Gene Gift : Equality

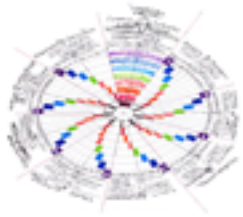
"It is in the 37th Gift of Equality that a great hope is presently arising for humanity. Equality is such an easily misunderstood term. All humans are born equal since we all share the same genetic code, but as we grow and enter society it becomes apparent that we are not so equal. In reality, equality is a matter of perception and it depends upon frequency. At the level of the 37th Shadow, which sees humans in terms of strength and weakness, equality is nothing but a dream. Yet, at the Gift level of consciousness, equality is a living ideal that lifts people out of the game of victims and winners. When you operate out of the 37th Gift, you are living directly out of your heart and all else is secondary. From the point of view of the human heart, all humanity is one family. This is not a mere sentimental dream but an all-powerful truth rooted in a vast inner current of strength and love. Without love, you are always operating from the Shadow frequency and all you see and create is inequality." Out of this 37th Gift, a new vision of the family will be born. The family unit is the most powerful crucible of love through which humanity will be transformed. The sheer force of love contained in the family is second to none. The love of a child for its parent and vice versa is as potent a force as any in the universe. As we create a new society based around the liberation of this love, our world will change very quickly indeed. The problem to date has been that the family has always been restricted to its gene pool or tribe, and it has always been contained within a hierarchical structure. The current social, governmental and educational structures on our planet do not serve the family first. By overemphasising individual achievement, they encourage competition between families, which also creates competition within families. Through the 37th Gift, humanity will come to see that it is the family that makes all human beings equal. We will find a new vision of family, both locally and globally, and we will in time extend this vision to encompass the entire human family." The love between a child and a parent is an archetype of unconditional love. At the Shadow frequency however, all love is conditional, which means that essentially it is not love. True love is based upon giving without the need for a return. The entire Shadow frequency is thus based upon the principle of the bargain – of giving in order to receive. This bartering consciousness is what lies at the heart of modern civilisation. It is seen through economics, government and especially in relationships. It is here in the dynamics of all human relationships that bartering was born and it is based upon the fear of not having enough. Through the 37th Gift you will discover a great economic secret – the more you give, the more you receive." Through the awakening of the 37th Gift, each community will find that it holds the same core principle as all others – namely support of the earth, and empowerment and nourishment of humanity as a whole."

37th Gene Siddhi : Tenderness

"The 37th Siddhi is the Siddhi of Tenderness, and tenderness is a quality most often associated with the exchange of love between a parent and child. Tenderness in particular is an archetypal motherly essence." We, humanity, are the lamb and the universal spirit holds us in tenderness, as a mother cradles her child. As individuals we each have to bow our heads and accept the devil within us instead of pushing it down deeper into our psyche. The very thing that terrifies us the most will utterly transform us if we can but trust it – it is the source of our sexuality, the dark feminine shadow place within every human being that contains the greatest mystery of who we are and what we can one day become." The 37th Gene Key has emerged into our current world through the sacred sacrament of marriage. "On an individual level, marriage concerns the inner balance and union of yin and yang within each human being. The Christ myth must therefore reflect this inner union through the marriage of Christ to his sacred bride, represented by Mary Magdalene. The modern resurgence of ideas that explore Christ's connections to the figure of the Magdalene can be seen as a reflection of the resurgence of the repressed Divine feminine. The Siddhi of Tenderness is the awakened aura of this mystical union since tenderness is an energy devoid of tension or sexuality. It is in fact the transcendence of sexuality." the Divine feminine will primarily enter the world through men, via the power of the mother. The collective imbalance of the feminine archetype is not to be found in women but in men. The counterbalance to this is the rising of the masculine force of independence burgeoning in women. It is through women's independence that a new social structure will be born in the world that will place the early upbringing of children before all other factors." Conversely, it is through future young girls that great social change will be brought into the world. Energetically speaking, it is the feminine that carries the vision of synthesis and the masculine that will build it. This is the generalised blueprint of future society – it will be a world in which the masculine principle serves the feminine principle." The 37th Siddhi is unique among the Siddhis in that it does not manifest through a single individual. It is the heart of the human family, drawing all individuals into its infinitely soft and loving embrace. It is not a force outside of humanity, as we have assumed for so many aeons, but is our collective inner nature."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 38



SYNERGY AWAKENING CODE N° 38

Opposition

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 38th Life Code of Opposition is the gate of the fighter in Human Design and it's the original I Ching hexagram of "opposition".

At the level of shadow, it's about struggle, but it's kind of a vain struggle because you are struggling with your own resistance to whatever is occurring instead of struggling to stand up for what's right. And it's the gate of the fighter, but it's fighting for the truth and that is what this is all about.

But in struggle, you never really get past the conflict level of enactment so you're not really achieving the purpose, which at the gift level is perseverance. You just continuously keep standing up for your truth and standing up for what's true in the spirit of truth until eventually it starts to establish itself and that takes great strength. This is a gate that's in the root center so it's very grounded. It's very much about living the truth in the world we are in and exposing it in ways that allow a lot of false constrictions about our life to be dissolved. Because once the real truth comes out, and the false is exposed, and the truth comes through it, it really links back into the deeper truths about life, and we can start to become more in harmony with those deeper truths and finding ways to express it in the world which allows us to also evolve and grow.

At the siddhi level you tap into the field of honor and it may not even be in this lifetime where the things that you supported are actually enacted that support the truth that you fought for. The person with this life code prominent in their genetic profile may even have to go through great difficulties and sufferings in supporting and living out those truths but at some point down the road through the generations the honor of that being who supported the truth may spread all over the world, you never know. So it's that level of honor where there's such a deep understanding of standing up for the truth that even in its time may not be respected, but it may take many generations and much evolution of human consciousness before that's realized. So that's the way that we are looking at honor here and in this regard, for example, when somebody dies an honorable death, and most people will ask what's honorable about it, and it is in the future, there's an understanding that there was a sacrifice, and that sacrifice was for the truth, and that truth goes beyond that individual and it benefits all and that's the way we are looking at what is honorable here in the siddhi of the 38th Life Code.



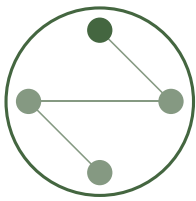
Lake/Fire

Opposition

The coolness of the Lake meets the heat of the Sun. Two sisters live in the same house but have opposing interests.

Men may have the same goals, but their ways often differ. Personal interests are emphasized, similarities with others recede. Only small projects can be realised.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 38

The Warrior of Light

Extracts from GENE KEYS © Richard Rudd

SHADOW : Struggle
GIFT : Perseverance
SIDDHI : Honour

38th Gene Shadow : Struggle

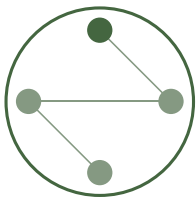
"This 38th Shadow likes and needs a fight, and the nature of this fight is dependent upon its frequency. At a low frequency, this Shadow fights with others, with itself or with life itself. It is after all called the Shadow of Struggle. This kind of struggle is very disempowering, both for the struggler and for anyone else who happens to get locked into the combat. The word locked here is very appropriate for that is the nature of this 38th Gene Key. You can see that the Gift level is called Perseverance, but at a lower frequency this simply manifests as a stubborn persistence to fight, no matter what the outcome. When combined with its programming partner, the 39th Shadow of Provocation, the 38th Shadow simply digs its teeth into someone or something and doesn't let go until that someone or something gives way. At a low frequency this always causes some kind of destruction. More often than not, this Shadow manifests in relationships when one or both people are not feeling fulfilled in their lives. The 38th Shadow is about the battle to find a sense of purpose in life, and in this sense it also has a strong magnetic connection to the 28th Shadow of Purposelessness. If there is no real alignment of purpose within a being, then the provocation carries a frequency that results in a very destructive dynamic in the relationship. These kinds of dynamics, which are very common in the world, gradually grind down the love within the relationship and the fighting actually becomes an addictive need. Every relationship has its own inner purpose, but if the purpose of two individuals is not initially aligned, then the true nature of the relationship never has a chance to reveal itself. There is a great deal of sadness within this 38th Shadow. If there is no real sense of purpose in your life, one of the chief vents for this sadness is to channel it aggressively at those closest to you, usually members of your own family." "Other than the absolute necessity of living out your true purpose, there is a great secret to breaking the addictive patterns of struggle embodied in this 38th Gene Key: simply take a breath. Struggle is a pattern that locks you into a certain breath pattern that makes you totally forget yourself, as well as rendering you deaf to all outside influence. It is as though an outside force has you in its possession and forces you to keep banging your head (or someone else's) against a wall. The moment you take a breath and pause, the pattern is broken and a space arises in which you can reorient your energies. At low frequencies, the tighter you hang on to things, the more resistance you create. By providing gaps in the pattern, you enable transformations to occur, and it is usually in these gaps that the answer to the struggle is resolved." "The 38th Shadow is not an archetype that thinks. If it feels in any way threatened, it reacts in an extremely aggressive manner without consideration of who might be hurt. Many innocents have been slaughtered because of the 38th Shadow acting without taking pause to consider the logic or justice of its action. The core of this individual need to struggle can only really be understood when it is viewed at an unconscious level. At the deepest level, struggle maintains the illusion of your separate identity. As long as you can fight, you can remain in control of your environment. This reflects the greatest human fear – if there is nothing left to fight for, you may cease to exist."

REPRESSIVE NATURE – DEFEATIST

The defeatist attitude is one pole of this archetype. It is what happens when the energy within this Gene Key collapses. Those with this kind of nature store an enormous amount of tension in their bodies. This tension results from their failure to direct their huge life force in a direction that serves a higher purpose than their own. These are people who at some level deep inside themselves have given up, resulting in a dampening of all enthusiasm for life. At its extreme this becomes deep depression. These people tend not to project their misery outward but internally blame themselves, thus locking the energy even deeper in their body. Unfortunately, there is no way that an outside influence can pull someone out of this state of shutdown. It takes a huge inner motivation within the individual to lift free of their own inner demons. However, once they find a cause worth fighting for, suddenly all that latent energy is released into the world and the tension leaves their being.

REACTIVE NATURE – AGGRESSIVE

Just as the repressive nature lacks the stomach for a fight, so the reactive nature cannot help fighting, yet always ends up fighting the wrong things and the wrong people. The reactive nature is about projection. These are people who project all their anger and aggression onto others. They are the people who embody the very definition of struggle – to fight for no purpose. Having no sense of purpose, they are constantly locked in combat with other people in order to release the pent up tension in their bodies. They actually become addicted to fighting as a means to discharge this tension they feel inside. Obviously, these people do not have successful and loving relationships. They can be tyrannical and controlling. If they are able to channel this aggression into some kind of higher purpose, then they immediately drop their aggressiveness and transform the Shadow into the Gift of Perseverance.



GENE KEY N° 38

The Warrior of Light

Extracts from GENE KEYS © Richard Rudd

SHADOW : Struggle
GIFT : Perseverance
SIDDHI : Honour

38th Gene Gift : Perseverance

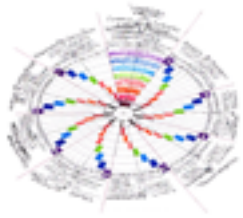
"The only difference between the 38th Shadow and the 38th Gift is the nature of the fight. You have only to find the right fight, and your whole experience of this Gene Key changes. As you pour your heart, body and soul into a fulfilling fight, it ceases to be a struggle. ""If you are someone with the 38th Gift in your genetic profile, every obstacle is a wonderful and vital opportunity to feel more alive and to fulfil your higher destiny."" The 38th Gift is the Gift of Perseverance. This is a Gift that really thrives when you are up against the odds. People with this Gift make the impossible look effortless, even whilst exerting themselves fully. These people are extremely active and physical. They have a genetic need to push their bodies and love being right in the thick of the action. As we saw with the 38th Shadow, this is not a thinking archetype. These are people of action. The only trick for them is to know when to act and when not to act and this is where the Gift of Perseverance comes into play. It knows when to hold its energy back. In other words, these are people who have learned to draw a breath before they rush into some new action. This breath is not so that they can think – it is simply to make sure they are responding from truth rather than reacting from fear or anger.""Where the 38th Shadow is always fighting out of fear, and usually for survival, the 38th Gift fights for love. In our modern world, the only domain for the 38th Gift is the battle against the Shadow frequency, which is the battle against the collective frequency of fear."" There are two huge benefits to the collective that emerge from the manifestation of this 38th Gift. The first is a great challenge to the collective fear – it says that nothing is impossible if you stand up for what you believe in. The lives of people with the 38th Gift are living proof of this. The second benefit is that the 38th Gift also proves that you can fight a battle and win without resorting to violence and corruption. This does not mean that the 38th Gift is in any way soft – on the contrary, it can be fiercely aggressive in its service of a higher goal. Many of the qualities that may be perceived as negative in the 38th Shadow become incredibly potent when they are put in service of a higher aspiration. Stubbornness can be an awesome quality when it is used to wear down a more powerful enemy. Aggression can be channelled into an appropriate force or used as a specific tactic at specific times. Even deafness can be wonderful when you need to edit out the negative propaganda of others. All of these qualities are fused together into this single word perseverance. What's more, a further aspect comes into play at the Gift level that is lacking at the Shadow level – thrill. The experience of fighting a battle against the odds, but for a higher purpose, fills you with an indomitable spirit that feeds on itself and becomes stronger and stronger. At a certain level, this spirit enters into the realm of an extremely pure frequency, one that gives its name to the 38th Siddhi – the realm of Honour."

38th Gene Siddhi : Honour

"Honour is a dynamic, living energy field in itself. It is the Siddhi that dawns when the warrior archetype reaches its ultimate potential. Honour is the energy field of every single human being when they are living their individual truth. In this sense honour is something of a paradox. Even though it seems to be the peak of human individuality, it also binds all human beings together at the level of the higher self. In the field of honour, all human beings become one. This is the true meaning of the highest warrior code."" Honour is rooted in a love so pure that it sacrifices itself without a thought to serve a higher aspiration. Every act of honour carries an equalising force into the world rather than a divisive force. This is how you can tell whether it is true or not. If the act brings people together into the high frequency field, it is an act of honour. Honour always carries the frequency of mercy and surrender within it. Many appalling acts are committed in the name of honour. Only if they have the effect of uniting all people involved and if they contain mercy are they honourable. In this sense, the whole essence of honour is contained in the expression of honouring another. To honour someone is to hold them to their highest frequency no matter what their current frequency may be. Thus a person manifesting honour may be subjected to all manner of victimisation at the hands of dishonourable people, but he or she will still never sink to their level. On the contrary, he or she will continue to honour them and hold them in the highest regard."" Honour is not about winning or losing. In a sense, the role of honour is to make a mockery of the entire concept of winning and losing. More often than not honour is embodied when a stronger force deliberately surrenders to a weaker force. In other words, the being of light surrenders itself into the powers of darkness. This reversal of the human norm tends to highlight the futility of all human conflict and often results in the weaker force being transformed or converted. Such is the paradoxical power of an act of true honour. It always turns surrender into victory. This surrender is symbolised by death itself, since any true surrender signifies death to the separate self. After death, the honourable act only grows more and more in power until it becomes mythic. One of the most obvious examples of this is the surrender of Christ on the cross."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 39



SYNERGY AWAKENING CODE N° 39

The Provocateur

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 39th Life Code is the gate of the provocateur in Human Design, and it's the I Ching hexagram of "obstruction".

With the shadow level it's a provocation arising out of a kind of uncomfortableness and a non acceptance of what's happening. So there's really no benefit to anyone but oneself and that, in itself, is to relieve the irritation arising as a result of the sense of either being trapped in a situation or wanting to just kind of blindly irritate other people.

As you shift into the gift, it's a releasing of dynamism, and in that sense of aliveness what dynamism does is it imbues everything with a certain energetic quality that allows everything to move easier, and it allows this spirit which is the true manifesting power, to come through whatever is occurring.

And that will eventually open it up to the siddhi of liberation. Liberation, that's truly what provocation is. It's deliberate, it's to allow things to be what they are, it is to allow the truth, your truth, the true nature of things to be exposed. That's the point of the Siddhic provocation of this Life Code, to liberate the authenticity of the true expression of whatever is occurring around oneself at different levels of consciousness and what that produces.



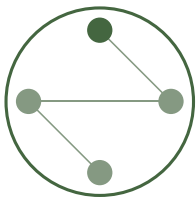
Mountain/Water

Obstacle

Rain and Darkness are above the Mountain. Stand still in the face of danger.

The situation is difficult. Do not act but adapt to circumstances, keeping the goal in view. Be introspective, look for the fault in yourself. Seek advice.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 39

The Tension of Transcendence

Extracts from GENE KEYS © Richard Rudd

SHADOW : Provocation
GIFT : Dynamism
SIDDHI : Liberation

39th Gene Shadow : Provocation

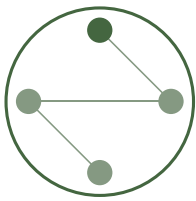
"Rooted in your adrenaline system, this 39th Gene Key is a highly dynamic code that is all about action. It has a gutsy, explosive and primal quality to it. People with these Gifts and Shadows are not led by their heads but by the primitive urge to act, whether wisely or foolishly. You can see from both the repressive and reactive sides of the spectrum, that this is a dangerous Shadow with which to cross paths. It is rooted in the fear of being trapped, which is essentially the fear of losing your individual freedom to act. We all know how dangerous animals become when trapped, and we humans carry that same fear in our ancestral DNA. There are many reasons why humans can be incited to violence but here we find one of the oldest reasons of all – the threat to individual freedom." "The 39th Shadow has a single goal – to provoke you. If you are easily provoked by a person, any person, then you are under the influence of the lower frequency of this Shadow. You are trapped as soon as you react to the provocation. The provoker and the provoked are simply playing out an ageold chess game of abuser and victim. Most of us play both roles at different times and with different people. The programming partner of the 39th Shadow is the 38th Shadow of Struggle. It is a genetic law that the moment you react violently (emotionally or physically) to an emotional provocation, you are engaging with the energy of struggle and effort. In this instance the violence is aimed personally and directly at a single person. This is different from anger that is simply released in a more healthy way without being directed towards anyone in particular." "The power of the 39th Shadow over human beings lies in our tendency to take things personally. The astonishing reason for this is that we think we exist as individuals, whereas in fact we are quantum patterns in an ever-changing web of energy." "In other words, violence is an addiction for most people on our planet, which is why we endlessly watch it on our television screens. Even so, most of us feel that we have very little to do with the world news or the many atrocities going on in the world around us. We tend to think that these situations are the fault of other people. However, the deepest and most shocking truth is that every time we either provoke or are provoked by someone else in an emotionally violent manner, we are propagating the world energy field of violence and co-creating these very news headlines." "All patterns held at a low frequency trap the human life force deep within your body. The 39th Shadow ensures that you do not breathe deeply. When you do not breathe fully, you deplete your energy and reduce your capacities. One of the sure signs of the 39th Shadow is fatigue. People who lack dynamism in life are people who have allowed themselves to feel trapped in some way. The irony is that the solution does not lie in changing their outer lives, but in changing their attitude. When your attitude changes, then your outer life begins to reflect this. If you just change your outer circumstances without changing your attitude, you will simply end up feeling trapped again."

REPRESSIVE NATURE – TRAPPED

The foundation of each of the 64 Shadows is to be found in its repressive nature – the state of fear. Fear lies even deeper than anger, which lies at the source of the reactive nature. When fear is expressed it becomes anger. However, when fear is not expressed it traps us. All repression is rooted in being trapped. The most perfect trap is the one that we are unaware of and this is the case with the 39th Shadow. What is really trapped is our unlimited reservoir of life force and creativity. The majority of humanity is in fact trapped by the lowest frequencies of the 64 Gene Keys. It is fear that keeps us asleep. Those with the 39th Shadow in their nature are the ones whose life energy is often most frozen. Locked into habitual emotional patterns, their awesome human potential lies completely inert, as though asleep. This is why human awakening can be such a powerful event because as we awaken, our life force is released and our latent creativity is born.

REACTIVE NATURE – PROVOCATIVE

The first stage in awakening is in fact to get angry! It takes the energy of anger to crack the layers and layers of inertia and repressed fear. As we begin to feel our fear, it transforms into anger and we begin to act it out or project it onto others. This is the energy of provocation. It is actually fear made dynamic, but there is not yet freedom within it. We are still trapped by our anger and by our need to externalise our fear through causing others pain. People who are provocative by nature are usually unconscious of the fact. By provoking others they are simply heaping misery back on themselves. Such people are really seeking love at a deep level but are doing so through negative attention, which is abusive. Most human beings are caught by the lower frequencies of this 39th Gene Key, witnessed by every time we speak words whose underlying intention is to cause pain to another.



GENE KEY N° 39

The Tension of Transcendence

Extracts from GENE KEYS © Richard Rudd

SHADOW : Provocation

GIFT : Dynamism

SIDDHI : Liberation

39th Gene Gift : Dynamism

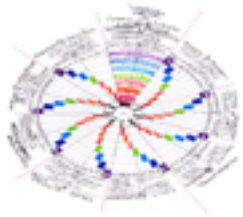
"As you activate the higher frequency of this Gene Key, you begin to have a notion of the nature of the energy that drives all children. As we know, children seem to have endless energy that just crackles in the very air around them." "This is the raw energy of the 39th Gift – the Gift of Dynamism. It is interesting to note how, as you make the transition from child to adult and your personal and cultural conditioning gradually take you over, you also experience a decline in your natural dynamism." "No matter how good or bad your upbringing may have been, all conditioning can be reversed. However, this deconditioning usually involves a journey of awakening in which you have to raise your own frequency back to its original state. When this occurs, your natural dynamism returns, and it returns as creativity. The same energy that is play for the young child matures into creativity and genius in adults. One of the simplest and quickest ways to raise your frequency is to do what you love in life. If you do what you truly love you will unleash your creative dynamism, and the more creative you are the more energy becomes available to you. This is the simple equation that is missed by so many people. As with each of the Gene Keys that are a part of this Codon Ring – the Ring of Seeking – the 39th Gift creates enormous pressure in the individual and their immediate environment. It is this pressure that gives rise to so much creativity. The same pressure that was provocative at a low frequency is also provocative at a higher frequency, but it is a matter of what you provoke. At the low frequency, fear provokes fear and anger provokes anger. At the higher frequency level of the 39th Gift, Dynamism can be contagious. Whenever you meet someone expressing their latent genius, it draws you in. In such a person's presence you feel capable of so much more, and your horizons expand as you begin to breathe fully once again. You will be amazed at how prolific people of genius can be in terms of their creativity. They never seem to run out of energy, as though they are being driven by a force beyond themselves. This is the 39th Gift in action; it is about action and energy – it doesn't wait but initiates, pushes, sparks and catalyses. A person living out the 39th Gift unleashes a tidal wave of creative activity wherever they go." "The other aspect of the 39th Gift is that it knows no fear. This is the true spirit of the warrior. There are many grades of warrior. There are those who simply fight unconsciously because they cannot help it – these are the people who cannot resist whatever it is that has provoked them to action. But there are higher types of warrior too, those who are provoked but who manage to control and direct their anger. Because these people are operating out of a higher frequency of awareness, they will defeat those who cannot control their anger. Beyond even this, at the siddhic level, are those rare warriors who cannot be provoked at all. They have seen the nature of reality: there are no individuals in the first place, which makes it impossible to play the game of conflict anymore."

39th Gene Siddhi : Liberation

"Perhaps from reading and contemplating this 39th Gene Key, you can begin to have a sense of what happens as this same energy hits the highest planes of frequency. There is always a point where the Gift suddenly makes the quantum leap to the Siddhi and the blossom becomes the fruit. In the case of the 39th Gift, Dynamism becomes Liberation when it finally forgets itself entirely." "At the siddhic level, an interesting thing occurs when all this genetic pressure breaks through to a higher dimension. Consciousness merges back into the totality, which means that it has to give up its greatest gift – individual freedom. There is a great irony here. Only in giving up the illusion of your individual freedom can you receive an even greater gift – the liberation of being. Few people are able to make the transition from creative genius to divinity because you must give up the very thing that appears to fuel your creativity – your individuality. To the genius, the giving up of one's individuality seems akin to death. But in order to attain a siddhic state, you must pass through the Gift level of consciousness and give up your seeking. This means that with every one of the 64 Gene Keys, you will have to give up your hard-earned Gift in all its glory in order to make the leap to the final level." "The by-product of Dynamism is that it serves many people, which in turn raises its vibration. The more people you serve, the more rarefied your frequency becomes until one day you reach the crux point. The crux point is not easy to describe. It cannot be predicted and it cannot be prepared for. Mystics have usually described it as a death and a subsequent rebirth. In the case of the 39th Siddhi, it feels like a physical death because this is such a physical, dynamic Gene Key. You have to put your entire being on the line. All your plans, creativity, work, intent and service must be surrendered into a single vanishing point." "The person manifesting the Siddhi of Liberation is profoundly dangerous to be around – not in the sense of physical danger, but in the sense of the Shadow patterns. This is not a person that treads lightly around you. This is a force that bores right into the heart of your low frequency patterns and strips you down to the bones of your true being." "Just as the lower frequency of this Gene Key pushes your buttons out of reaction, the sage displaying the 39th Siddhi will use any technique at their disposal to test the limits of your surrender. If you take anything personally, then you still have limits to your surrender."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 40



SYNERGY AWAKENING CODE N° 40

Work/Worship

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 40th Life Code of Work/Worship in the original I Ching hexagrams is the hexagram of “deliverance” and in the Human Design is the gate of aloneness.

At the shadow level it's about exhaustion and it's like not really having anything left to give because you've overextended yourself and gone beyond and against your true principles of how much you can give, and how much rest you need in order to continue giving in that way. When you're overworked and under rested, you get exhausted and that's what happens as a result is that you're not really delivering what you need to deliver, because you're simply too exhausted to do so.

As you shift into the gift, you find that there is a balance between work and rest in practice, and then that is where you tap into the quality of resolve. And in resolve you're able to bring forth whatever it is that you agreed upon to bring into the mutually beneficial exchange of substances that this life code is all about and that is that this is all about bargaining. It's all about what I will give and what I will get and in that we can both be enriched. That's what this 40th gate is about. You go through this challenging situation but as a result you get to find a very clear way that you can go together. All of this is about eventually finding that balance between work and rest and with equal exchange of you giving and you receiving and that opens up a clear path into the future where, at the siddhic level, you're tapping into the Divine Will.

So here at the siddhic frequency you're a manifestation of the Divine Will. We are all mythical creatures, we humans have the capacity to tap into source and also allow that to be expressed in the world through us. Once we can tap into Divine Will and bring that through our actions, and deliver that quality of whatever we've agreed upon with that kind of integrity, with that depth of integrity, what we will receive back is incalculable. And it will be in the giving, in our giving. By tapping into Divine Will the giving is already happening back to you as you're giving. That's the amazing thing about Divine Will, it's not dependent on anything outside of it. So you're included in the truth that as you give so shall you receive And of course, what comes back will shower you with all kinds of unexpected gifts when you come from that place, but certainly not out of any expectation on your part. You're just in a selfless place of providing whatever it is you've agreed upon in the bargain. And you're so tapped into it that it is just unrestrictedly flowing through you for the benefit of everybody.



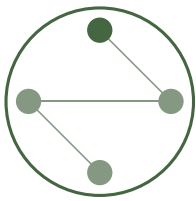
Water/Thunder

Relief

Troublesome advance amid Danger, followed by rapid Movement. The way is open.

A new beginning. Forgive your own mistakes and those of others. Settle quickly what has still to be done. After deliverance, do not run away, but find your way back to orderly conditions.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 40

The Will to Surrender

Extracts from GENE KEYS © Richard Rudd

SHADOW : Exhaustion
GIFT : Resolve
SIDDHI : Divine Will

40th Gene Shadow : Exhaustion

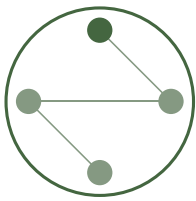
"The 40th Gene Key and its Shadow concern the correct or incorrect use of the power of the human will. The secret of this Gene Key is found in the difference between the words energy and force. Energy in this context refers to the natural vitality that flows into your actions in the world. Whenever your actions are in alignment with the universe the requisite energy is supplied from deep within your being. However, when your actions do not flow from your true source but are forced, your energy will be depleted." "There is a credo in the West that says if you want something badly enough, you can always make it happen – it's simply a matter of willpower. This is the kind of conditioning that the 40th Shadow feeds on. Willpower used in the wrong direction becomes force, and even though it may still succeed in its endeavour, the results to the body will be catastrophic and irreversible. When someone begins to force their life away from its natural direction, problems related to the stomach and to digestion crop up. Because the energy from food is not being properly converted, there is usually a build up in stomach acid that over time can lead to all kinds of far more serious problems, ranging from ulcers to full blown cancer. The incorrect use of your will also puts an enormous strain on your kidneys and adrenals as the body struggles to supply the energy to push against the universal flow. The result in the long run is premature ageing, disease and exhaustion. For most human beings, this is the normal way." "There are two ways in which the 40th Shadow can overwhelm you – either through attempting to force your own willpower without having adequate support from others, or from allowing others to take advantage of your weak willpower and giving in to compromise." "For those under the influence of the 40th Shadow, relaxation is virtually impossible. In point of fact, true relaxation is one of the most absent qualities in civilisation today. The 40th Shadow is partly responsible for another low frequency human state – that of loneliness or isolation. When you work at something you love, using your energy harmoniously, you automatically activate support from others and therefore do not feel lonely. However, when you push against the flow or give in to someone else's flow, loneliness always rears its head." Yet another manifestation of this Shadow frequency is a type of loneliness that comes when individuals isolate themselves from others through their refusal of support or by constantly biting the hand that feeds them. This is a typical behaviour pattern of the reactive nature of this Shadow. This latter brand of loneliness is less obvious because such willful people often appear to have great strength and independence, whereas in reality at a more unconscious level they are just as weak and lonely as the repressive side." "The 40th Shadow is adept at denial, and its prime denial concerns feelings – people with this Shadow active often deny the fact that they have feelings, and it is this denial that ultimately leads to their downfall. Whenever human beings emotionally isolate themselves from others they put themselves in great danger. The subtle quantum field known as the astral plane simply makes it impossible to separate yourself from other human beings. This kind of denial turns the negative frequencies in on themselves, driving them deep into your body where they will gradually become more and more acidic, eating away at you. The 40th Shadow is one of the most deep-seated causes of cancerous diseases on our planet. It takes root whenever someone is unable or unwilling to face and feel the depth of their emotional pain. It is through this Gene Key that you have to deal with the fact that you alone are responsible for your health on all levels."

REPRESSIVE NATURE – ACQUIESCENT

These are people who lack firm boundaries in life. People with this nature easily acquiesce to manipulation by others, lacking the will to stand up for themselves. This permissive habit is rooted in denial of one's own needs, typically arising from patterns and coping strategies that developed in childhood. These people will give of themselves tirelessly and usually to people or organisations that never really care about them. This 40th Shadow drains people who do not value themselves and their energy enough. When such people come out of their denial and make a stand for themselves, and themselves alone, their life can dramatically improve.

REACTIVE NATURE – CONTEMPTUOUS

The reactive side of this Shadow is about the denial of rage. Like the fear of the repressive nature, this rage has its roots in a difficult childhood. This kind of denial distorts the rage into contempt for others. These people can be extremely arrogant. They prey on the weaknesses of others for their own benefit. Such a sustained, disdainful attitude means that these people cannot afford to allow anyone to get too close to them. This reactive denial feeds on disrespect for others, and thus people with this reactive nature gradually erode their energy by cutting away all their support. Because their strong will is fuelled by unconscious rage, they do not often appear to be exhausted, but inside, their constant need to isolate themselves from their community takes its toll in the end.



GENE KEY N° 40

The Will to Surrender

Extracts from GENE KEYS © Richard Rudd

SHADOW : Exhaustion
GIFT : Resolve
SIDDHI : Divine Will

40th Gene Gift : Resolve

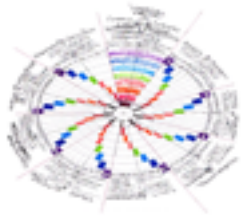
"Everything about this 40th Gene Key is about having boundaries, and in order to create boundaries you have to be able to deny other people access to your energy. You have to be able to say no. The correct use of this kind of isolation ensures that neither your energy nor your resources are ever depleted. The energy that goes into isolation can be a wonderful ally in life if used correctly. It is this ability to set personal boundaries around your energy and your time that gives rise to the Gift of Resolve. The 40th Gift of Resolve is about becoming adept at giving to yourself. Ultimately it is about deep physical relaxation. It is that wonderful balance between serving the world and serving your own enjoyment. True resolve is not possible unless you know how to relax. Many people in the hectic modern world mistake the word rest with the word relaxation. We all need rest, yet perhaps even more, we need relaxation. Rest allows the physical body to recharge, but relaxation allows all of our subtle bodies to recharge as well. ""The 40th Gift then is a Gift that knows how to save energy at all levels. It knows the great mystical importance of wu wei, the timeless art of doing nothing."" For a person with the Gift of Resolve nothing is really an effort because nothing has to be forced. These people may work extremely hard and use a great deal of energy, but unlike the Shadow, they do not exhaust themselves. They know when to stop, and more importantly they know when to say no. Work that is in harmony with your true nature is not really work at all. In this sense it doesn't require willpower. Resolve means that willpower is built into the activity from the outset, so it flows effortlessly out of you rather than having to be forced. In addition to this sense of effortlessness, the 40th Gift engenders a great deal of respect and support from others. Unlike the Shadow frequency, people living at the Gift level do not feel a distrust of support, even though they will always maintain the integrity of their own space."" People with the 40th Gift act as agents of nature – if their resolve does not allow them to do something or offer someone their resources, then that person belongs somewhere else in the grand scheme of things. Even though the other may be disappointed or resentful at first, in the end they will see that the flow was correct for both parties. To say a firm and resolute no to the right person or thing is to stand rooted in the ground of your true being."" Resolve is more than just willpower or determination: it is the flowering of your aloneness. This 40th Gift thrives on solitude. The source of all your power lies in your love of being alone. This does not mean to say that people with this Gene Key in their hologenic profile always have to be alone. It means is they do not suffer from loneliness because their life force is constantly in the process of giving birth. This inner abundance gives terrific strength to your aura and is likely to make you much sought after by others."

40th Gene Siddhi : Divine Will

"The entire notion of the existence of a Divine Will is an aspect of humanity's need to know that there is some kind of beneficial force that controls the universe. In other words, this 40th Siddhi actually concerns our perception of the existence of God. Two polarities within our genetics – the 37th and the 40th Gene Keys – form the bedrock of our beliefs and experience concerning the existence of a higher power. If we look at the 37th Siddhi of Tenderness, we can see that all those who have attained realisation through the 37th Siddhi have left an imprint within the collective psyche of humanity concerning the nature of the divine, and this imprint reflects a deeply tender and loving force underlying all creation. "" Masters who have attained the 40th Siddhi are the great mystical deniers of God. Just as the 40th Shadow denies its own or other's needs, the 40th Siddhi denies humanity's need for a God in the first place. This is an extremely powerful expression of the siddhic state because whenever it appears in the world it essentially throws human seekers into a panic!"" When the 40th Siddhi speaks, it will say that there is no path to God because there is no God outside of your aloneness. They may say that all holy practises and methods of seeking God are futile. They may not even talk about their state as mystical or spiritual. These are people who often refute the whole notion of spirituality and holiness. Because of their radical position such masters are not generally popular with the masses, or even with most seekers, but the vibration behind their words is undeniable to anyone who comes near them. The 40th Siddhi exudes an aura of splendid aloneness and displays an exquisite independence from the normal needs of human beings. Their words are simple, logical, penetrating and sometimes deeply shocking. This is how consciousness uses denial as a means to bring others into deeper authenticity, by destroying all your human hopes of attaining a God-like state. Ironically, it is only when your hopes have been dashed that you are empty enough to experience such a state. These are deeply paradoxical teachings." The 40th Siddhi has been responsible for what is generally termed the negative approach to realisation, whereas its programming partner, the 37th Siddhi of Tenderness, represents the path of the true seeker of God. Both paths are wound deeply into the human genetic storyline, and both paths will eventually have to be transcended and left behind in order for the true state of realisation to bloom."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 41



SYNERGY AWAKENING CODE N° 41

Existential

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 41st Life Code is the gate of contraction in Human Design and “decrease” in the original I Ching hexagrams. It’s actually in our genetic sequences the start codon, so it’s the place where everything comes down into one point and is ready to create a whole new sequence of human experience.

At the shadow level we’re not really tapped into that, we’re lost in fantasy. So in a way we’re imposing our idea, we’re projecting our idea of how that sequence of events is going to go, it’s the beginning of the human experiential way. Being lost in fantasy we rapidly tap into how things are going to unfold and we’re just lost in our own sort of individual idea of how that’s going to go. And it’s in our mind so we’re just kind of messing things up in our minds.

As we shift and drop into the heart with the fuel that is the energy of this Life Code we get a sense of anticipation of what’s coming. If you tap right into the direct experience of what anticipation really is, then you realize you’re riding the development of something that’s about to or actually is occurring. It’s like stepping into a stream and you just start going with the stream. The sense of this energy is the anticipation that “the stream is leading somewhere” and it’s the joy of the journey because this is what the sense of anticipation is.

At the deepest level of the siddhi, you completely forget about where the stream is going. You become one with that stream of experience, and you’re just tapped into what’s called the emanation. Everything has an emanation it originates out of, that connects through us, and connects us to the planets, connects us tonature, connects us to the stars and even connects all the way back to the source as an emanation that runs through everything and sustains some aspect of existence and you tap into that level. That’s the true beginning of anything, it is the emanation for it from the source. And as it moves through the entire spectrum of reality, down into our experience, and as we tap into that we can experience what that emanation is and what’s truly at the very beginning of it, where it initiated. That’s why it’s also called the gate of the start codon, because it’s actually a place where all emanations start from the source.



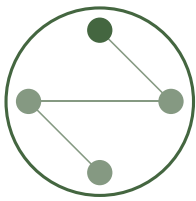
Lake/Mountain

Decrease

The Lake dissolves. Mist rises and hides the Mountain. Thus both are weakened.

Time of simplification, of poverty. Outer humility is no disgrace if there is inner substance. Quell lower feelings and muster your energy for higher things.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 41

The Prime Emanation

Extracts from GENE KEYS © Richard Rudd

SHADOW : Fantasy
GIFT : Anticipation
SIDDHI : Emanation

41st Gene Shadow : Fantasy

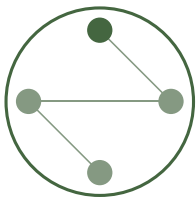
"The 41st Gene Key and its various frequencies comprise a truly remarkable archetype. It stands alone within the human genetic matrix with a very important function. It relates to what is known in genetics as the start codon." "... Thus they called this the start codon because it operates like a front door key into the code itself." "As a genetic archetype of functioning within human consciousness, its message is of huge import to us all. At the Shadow level of consciousness, the 41st Gene Key centres around the issue of fantasy and dreams. Being in the thrall of the 41st Shadow of Fantasy is like holding the key to your dreams in your hand, but never turning it in the lock. Whether you have this 41st Shadow in your hologenetic profile or not, you are undoubtedly available for its influence because like all the Shadows, it exerts its greatest power through the collective frequency of the planet. It is because of this 41st Shadow that our planet is populated by people who dream of a better life but who, for one reason or another, are unable to bring these dreams into reality." "Because of the ancestral weight carried by this Shadow, it has a deep connection to human appetite and energy. This deeply uncomfortable pressure coming straight out of the 41st Shadow causes us to literally hunger for a better future. By the same token it has connections with eating, not eating and depression. The distortion of the 41st Shadow can lead to all manner of weight problems and energy problems – from chronic fatigue to hyperactivity. All of these issues are ultimately rooted in the mind and its ability or inability to fantasise about the future. This Shadow constantly shuffles between the dream of being full and the urge to be empty. When the gauge reads empty, you fantasise about being full. Whether that means dreaming of meeting your perfect soul mate, having lots of money or devouring a bar of chocolate depends upon your individual mind and its conditioning. Conversely, when the gauge reads full, you can sink into heaviness in which you feel weighed down by your past and you experience the urge to purge. The Shadow of Fantasy prevents you from feeling complete because the mind doesn't rest in the now, but swings between dreaming of the future and rehashing the past. However, the greatest problem with this Shadow is that it prevents you from actually fulfilling your dreams. You become addicted to the hope that the dream brings to your mind, rather than actually launching off in the direction of the dream." "The 41st Gene Key is also always involved with issues of leadership. The leader that knows how to manipulate fantasy can have enormous impact over others." "In conclusion then, the 41st Shadow of Fantasy sets up the great maya or illusion in which most human beings live. As a primary evolutionary pressure it triggers a false start into a mental representation of your life, thereby short-circuiting your ability to live in the present moment. Fantasy itself is a beautiful thing, but if it prevents you from really living it becomes an escape from life into the mind. Once you have become trapped in these addictive mental patterns, it is very difficult to recognise them and break out of them. However, in every turn of the wheel of fantasy, as the cycles of your life periodically reset themselves, there is that chance that the next time round, the code will be correctly interpreted. When this happens to you, you will engage the true start codon rather than its shadow. Instead of escaping back into the vicious cycle of fantasy and hope, your higher purpose will be unleashed and will manifest in the world."

REPRESSIVE NATURE – DREAMY

The repressive nature of the 41st Shadow is about escaping life through dreaminess. These people have an agenda that is dictated by fantasy. They really do not live in the real world. Whatever you say to such people, they will interpret it through their dream. Such people do not actually want to fulfil their dreams, but are addicted to the inner worlds created by their minds. They are governed by deepseated fear that doesn't allow them to have proper human relationships. This dreaminess often presents as a kind of lethargy that gives rise to the gradual break-down of the energetic systems within the body – in particular the vascular and the digestive systems. The only way for these people to break out of their mental cycle is to begin manifesting their dreams on the material plane.

REACTIVE NATURE – HYPERACTIVE

The reactive nature of this Shadow can be a sheer bundle of nervous energy. These people are always ahead of themselves, being absolutely carried away on the fuel of their dreams. This kind of nature inevitably leads to burnout as the power of the fantasy they are trying to bring into the world outstrips the limitations of the material plane. Their insatiable hunger drives them into deeper and deeper problems, whilst placing enormous pressure on their nervous system. The inevitable breakdown of such a nature is often highly dramatic and destructive for anyone else involved. The hope for these people pivots upon their ability to allow others into their inner life and relinquishing their one-pointed obsession with manifesting their dream exactly as it appears inside their minds.



GENE KEY N° 41

The Prime Emanation

Extracts from GENE KEYS © Richard Rudd

SHADOW : Fantasy
GIFT : Anticipation
SIDDHI : Emanation

41st Gene Gift : Anticipation

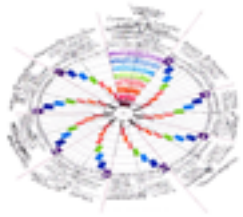
"As we saw with the 41st Shadow, this Gene Key represents the basic pressure to evolve – to seek out new pastures and new experiences. This evolutionary impulse is the secret to the 41st Gift – the Gift of Anticipation. There is an interesting phenomenon that occurs the more you raise the frequency passing in and out of your DNA. You become more and more sensitive to the hidden properties in the world around you. One of the things you become particularly aware of is the presence of morphogenetic fields. Morphogenetic fields were first postulated by the scientist Rupert Sheldrake, but many older cultures have spoken of such energy fields throughout history. Essentially, a morphogenetic field is an invisible energy grid that communicates specific information across time and space. Depending on your sensitivity, you can pick up information about the past or the future from the field. The 41st Gift is a particularly special Gift. As higher frequencies begin to operate through this Gene Key, it picks up very specific information from the morphogenetic field. ""The 41st Gift has a single genetic agenda – it is always attuned to the next evolutionary energetic grid that is waiting to descend into form. Behind it are hidden the blueprints of evolution itself. Which blueprint it picks up depends upon the level of frequency and the person's cultural conditioning and geography. We pick up different blueprints in different places, and as our frequency rises, the more details we see. Premonitions sometimes occur to people when their body receives a sudden surge of frequency through a shock or through being in a particular place with a very strong morphogenetic field. Most occult phenomena are the result of sudden electromagnetic surges through the 41st Gene Key. These impulses are often misinterpreted when the surge quickly dies back and the Shadow frequency regains its grip on the vehicle. The mind paints its own fantasy of what it just experienced and people can interpret these sensations and impressions in very diverse ways, from ghosts to past lives."" When you are able to maintain a high frequency through this 41st Gift, you will be able to literally download all manner of beautiful things from the morphogenetic field. All works of genius emerge from this field. Mozart is a fine example of a man with a strongly activated 41st Gift. His ability to read the completed scores of all his finest works straight from the morphogenetic field is well documented, although it may not have been described in this kind of language before. Mozart was born into a world of music and was intensively tutored by his own father, one of Europe's leading musical masters. It is unsurprising then that Mozart picked up on the burgeoning musical morphogenetic field of his era, now known as the classical style. He anticipated its maturation and manifested it in the material plane. This is the real difference between the 41st Gift and the 41st Shadow. It is the difference between genius and non-genius. Genius manifests whilst non-genius dreams."

41st Gene Siddhi : Emanation

"As the source of being, the 41st Siddhi is the Siddhi of Emanation. Emanation is a word that has been used by many ancient metaphysical and mystical systems as a means for understanding something that is really unapproachable. One of the best known of these systems is perhaps the Kabbalah, whose central tenet is a map known as the doctrine of emanation. In a nutshell, the doctrine of emanation points towards a fractal model of the universe in which everything emerges infinitely as a mirror image of itself. The cabbalists used the symbol of ten spheres or sephira, one emanating from another, to represent the various levels of spirit descending into matter. The ultimate source, known as the ain soph, represents the unnameable, inconceivable, limitless light from which all else emanates. Although the Kabbalah is an incredible model of the universe, with many different uses and dimensions, it remains a flawed model because all models are flawed by the limitation of language. No language is able to approach this word emanation. It is a word that contains the concept of infinity."" The ancient Chinese named this 41st hexagram of the I Ching Decrease, which is rather profound because the 41st Siddhi is nothing less than a black hole. As you approach it, it begins to pull you into pieces. It sucks in language, it sucks in time and it even sucks in space. It reduces everything down to nothing. It represents the source of everything."" From the viewpoint of the 41st Siddhi everything is reduced down to mere physiology, which is why this Gene Key can be so terrifying for human beings. It makes a mockery of all your efforts, meditation, morality and systems for understanding life. There is no how within this Siddhi. "" The one in whom the 41st Siddhi is made manifest faces a terrible dilemma. If they speak, they know they will speak with an agenda. Even if they do not speak, people will interpret this as another agenda. Such people know that they are trapped. They know that their state can never be communicated and there is nothing that they say that can help anyone. In fact, whatever they do say will probably be misinterpreted. ""They have somehow fallen off the wheel of samsara and in doing so, there is no longer any pressure to evolve. There is no evolution of consciousness."" In a great final twist, even the 41st Siddhi is sucked into the very void from which it emanates, just as the eternal serpent of consciousness – the ouroboros – is seen endlessly devouring its own tail."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 42



SYNERGY AWAKENING CODE N° 42

Expansion

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

At the 42nd Life Code of Expansion we come to the I Ching hexagram of “increase” and it’s the gate of growth in Human Design

At the shadow level as something is starting to develop and is about to be coming into the world the mind has all these expectations, and concerns, and worries, and agendas about how it’s going to be. And those expectations are, of course, going to be shattered as life shatters our expectations.

When we are relaxing into our heart and from there we allow something to grow, we come into a place of detachment in the sense of not being separate from but just being detached from the outcome in our expectations so that we can witness the process of growth. It’s going to take whatever amount of time it takes through many cycles and these cycles can be hours, days, years, whatever cycle we are going through.

At the level of the siddhi we get to the celebration and in celebration we transcend the limitation of being locked into a single process of growth and we see that the whole thing is just about a specific localized instance within the dance of existence and that truly everything is growing in its own time in its own way. And that’s the source’s way of expressing it’s infinite possibilities through celebration. It’s the originating energy that allows everything to grow and increase and proliferate and propagate and exfoliate into every possible dimension of its existence. That’s what celebration is. You know the source is celebrating through your life, as your life, when something is growing and increasing and bringing great joy into your life.



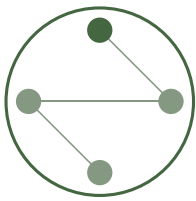
Thunder/Wind

Increase

The violence of Thunder is absorbed, reinforced and spread by Wind.

Imitate the good and give up bad habits. Take important decisions and begin new ventures.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 42

Letting Go of Living and Dying

Extracts from GENE KEYS © Richard Rudd

SHADOW : Expectation

GIFT : Detachment

SIDDHI : Celebration

42nd Gene Shadow : Expectation

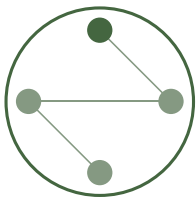
“Almost all human beings are waiting at the Expectation Station. Expectation is the most profound mark of humanity. It is the dream that the future holds a greater promise than the now. Somewhere inside us, we are all waiting for our lives to improve – for a great day somewhere in the future when finally all will be exactly as we dream it can be. Somehow we will receive all the money we need, our love lives will be perfect and we will have absolute freedom to do all the things we have always wanted to do. But not now – first we have a few things to clear up before we can be truly happy. And so we go on, postponing and postponing... until we are old, and then of course it's almost too late. In fact it's never too late to be in the now. You have only to see through the futility of your personal expectations. If you can do this totally and with absolute honesty, you will discover one of the secrets of being human and being happy.” The 42nd Shadow is actually one of the Shadows at the source of all human mental fear, because the 42nd Shadow concerns death. This is the Gene Key that literally programmes us to die and it exists in every living cell as a built-in design for decay. Because our neocortex perceives life as time flowing by, it is the source of our anxiety about time running out.” Through this Shadow, human life is programmed to revolve around your expectations about your life and those surrounding you. Expectation itself should not be seen as a bad thing. It depends on how you react to your own expectations and is a measure of how much trust you have in life. Whenever you feel circumstances moving out of your control, you can immediately see how attached you are or how detached you are. Every time you identify with an expectation, you set yourself up for disappointment. It is actually possible to hold an expectation without being attached to it, which occurs quite naturally with the 42nd Gift of Detachment. If you are able to expand your consciousness and raise the frequency of this Shadow you will remember that you are merely a part of a greater natural cycle and that all events fit into a far wider picture than you can usually comprehend. Expectation and disappointment only plague you when your vision narrows to the event that you are caught up in, rather than seeing its place in a wider picture. As we human beings so often learn in life, many disappointments actually turn out to be enormous blessings.” For such an innocent sounding word, expectation actually plays havoc with our lives. The mind only sees what you programme it to see which means that, at one level, it is actually co-creating your reality and influencing the flow of events around you. If you are expecting something bad to happen you may not actually notice the good around you, which means you cannot take advantage of it or even enjoy it. By the same token, if you are expecting something wonderful to happen and it appears not to, you miss out on the potential contained in the event before you. Your expectation takes you out of the present moment so effectively that you lose your place in the greater flow of the cosmos. Whether your expectation is optimistic or pessimistic, it narrows your field of vision and closes down the limitless potential that exists in each present moment.”

REPRESSIVE NATURE – GRASPING

When expectation manifests through a repressive nature, it becomes an inability to let go and a continual grasping at life. These people simply do not want things to end, and do anything to keep everything the way it is. This is a deeply rooted fear of change. Obviously, everything in life does come to an end in order that something new can be born. There are many ways in which people resist change – through trying to remain young, through not allowing our loved ones to go their own way, through clinging in some way to the past. However, this clinging actually makes these people gradually wither away. When we do not embrace change and allow things to die and decay naturally we prevent life from renewing itself, thus sapping our own healthy energy and vigour.

REACTIVE NATURE – FLAKY

The reactive nature finds itself unable to fully complete anything in life. This is another way in which expectation subtly undermines us. These people try to avoid disappointment by not really making any form of commitment in the first place. They move from one thing to another without allowing the natural life cycles to complete themselves. The dilemma is that they continually get stuck in the same old patterns. By breaking a cycle before it reaches a natural conclusion, they simply have to begin the same cycle again in a different form. No matter what they do to escape the negative patterns, they keep reappearing in their lives. This can be a disaster in relationships and in their finances. People who are flaky have a deep-seated inability to follow through with things. They are unconscious victims of their own expectations regardless of whether they are pessimistic or optimistic.



GENE KEY N° 42

Letting Go of Living and Dying

Extracts from GENE KEYS © Richard Rudd

SHADOW : Expectation

GIFT : Detachment

SIDDHI : Celebration

42nd Gene Gift : Detachment

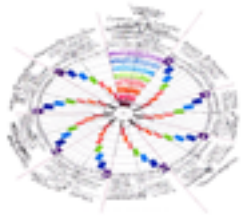
"Despite how the word may sound, to be detached does not mean to not feel. In fact, if you are truly detached, you will feel more intensely than others because you will not have allowed your expectation, positive or negative, to constrict the event you actually experience. With detachment, you can even enjoy the experience of being disappointed! Detachment occurs in the opposite way than one might think. True detachment cannot be forced through discipline. Any attempt to force detachment simply creates more attachment. This is often the reason why long-time celibates or monks fall from grace through their sexuality. You cannot hold down a natural impulse indefinitely. With true detachment one yields to every feeling absolutely. This does not mean that it has to be acted upon but that it must be embraced, allowed and accepted. Oscar Wilde said that he could resist anything but temptation, and this is the essence of detachment – not to resist temptation but to dive into it with vigour, whether that be an internalised experience or an outer manifestation. Detachment presupposes a great love and trust in life. It is about working with your expectation rather than being a victim of it. Detachment arises quite naturally of its own accord when you yield and trust in life. The 42nd Gift allows you to trust in the ebb and flow of events around you and to accept the growth and decay of our bodies and lives. This Gift sees life as a series of stories or tapestries intricately interwoven with each other. Even though you cannot immediately see the outcome of a given situation, you know that it is connected to a prior situation and bridges to another situation ahead in the future. With this detached perspective, you may begin to feel rather like your life is a book, and although you are the hero or heroine writing the story as you go along, you are also the reader, fascinated and absorbed, but never lost in the words or details." "The detached perspective of the 42nd Gift allows you to let go of your expectations very quickly, as life continues along its own course in spite of you. It also means that you can see clearly the places in the storyline where you still wish to exert some control. You realise that if you do not let go quickly, the emotional and mental waters will close over your head and drown you in torrents of your own regret, anxiety and self-pity." "With detachment comes both understanding and healing. There is a great understanding and freedom that comes to every human being who surrenders deeply enough to their life. You learn to accept your own mortality and the intricate flow of events around you. With detachment, you become truly centred in your own being." "You discover the Gift of Detachment through succumbing to your own humanity and the ordinariness of life. Then you appreciate life through your senses, you breathe the air deeply into your lungs, and you do not balk at suffering or adversity. The 42nd Gift of Detachment represents the process of letting go of control over your life, physically, mentally and emotionally."

42nd Gene Siddhi : Celebration

"With the 42nd Siddhi there is only one manifestation occurring and this is the state of Celebration. " "The 42nd Siddhi sees the punch line of what it means to be human. When someone has entered the doorway of death deeply enough within themselves, they discover the profound meaninglessness of existence, and as this great truth begins to permeate them, from the inside out, it literally kills off every aspect of their own identification with what they are. The joke at the heart of all creation can only be experienced directly. It lives within the heart of every cell of your being. You are constantly in a state of dying – every cell within your body is dying from the moment it is created – so in essence you are not really alive at all – you are simply a passage through which matter is endlessly converted into energy. When your awareness stops identifying with all this movement and finally comes to rest, you actually disappear." "The transition from the Shadow to the Siddhi, from Expectation to Celebration, does not occur within time. The process of detachment emerging over time as you accept your Shadow patterns is in fact an illusion. Even though it may feel to you as though you are making progress from one state to another, nothing has really occurred. Awareness is simply playing with itself. In a sense, it is playing at being serious. Awareness enjoys the seriousness of being on a quest, of being a hero or heroine within the drama of your life. However, when the siddhic state is experienced a great realisation dawns: you have always been asleep. Even as you thought you were evolving and that you were doing really well at being detached, you were still asleep. You cannot be half-awake! You are either asleep or you are awake." "The one in whom the realisation of this Siddhi has dawned is filled with laughter, and all they wish to do is share this laughter with others. They do not know how or why this has occurred to them, and they do not know whether it will occur to anyone else. The siddhic state occurs outside of the human mind, silencing all the noise. There are no practises that assure it will happen, there is nothing at all anyone can do to trigger this state. It simply happens according to fate, which enrages the minds of those to whom it hasn't occurred! This is why there is nothing to do except celebrate – what else is there left to do? Celebration is the direct manifestation of true awakening, rooted as it is in the utter helplessness of what it means to be alive and dying inside a human body."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 43



SYNERGY AWAKENING CODE N° 43

Inner Voice

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 43rd Life Code, The Inner Voice, is the gate of insight in Human Design and is the I Ching hexagram of “breakthrough”. When something is wanting to come through, it comes through...We know about the third eye or the inner eye, but this is more about the inner ear. That place that can hear something on a vibrational level as opposed to a perceptual level.

But at the shadow level we're deaf to it because we're lost in our mind and we're not tapped into the actual transmission, which is at the gift level, the insights. However, the insights are not to do with sight but it's more a vibration that you hear. It's an auditory experience that comes through and you really have to step into the siddhi of Epiphany to allow the totality of that insight to move through your being so that you literally become that vibration of what's breaking through into our world. As you do you become infused with whatever the information is that is contained in that breakthrough. And that can have a very mutative effect on everybody around you. It's an individual gate, and individual gates are always mutative, and in this case there is a shift in consciousness.

At the level of the siddhi you are perfectly in tune with the universe. So that just means that whatever it is you're bringing through is meant to come through at that time. And others will be impacted by it, as many different kinds of insights are received out of this epiphany that you or any individual will be expressing. That will allow all kinds of new visions to be present that can empower all kinds of different movements. That doesn't include everybody, because a lot of people are trapped in the shadows, and they're going to be deaf to hear it.



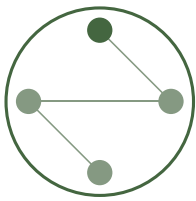
Heaven/Lake

Breakthrough

The power of Heaven has been shored up in the Lake. It bursts out.

The good should be helped to succeed. Remain self-critical, inwardly strong and outwardly friendly. Do not apply force but take a firm and open stand.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 43

Breakthrough

Extracts from GENE KEYS © Richard Rudd

SHADOW : Deafness
GIFT : Insight
SIDDHI : Epiphany

43rd Gene Shadow : Deafness

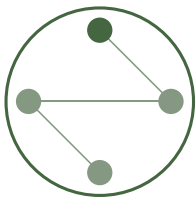
"The 43rd Shadow of Deafness is what prevents you from hearing this simplest of truths. In this sense, deafness is the inability to hear what is going on inside you. Because the Shadow frequency is a field of fear created by human beings, you cannot hear the truth inside you due to the white noise generated by the sub-acoustic aura of humanity. ""The 43rd Shadow blocks such inner events by tuning you into the lower planetary frequencies of pure noise."" At the Shadow frequency, individuals do not want to accept that they cannot control their inner workings and their moods. We spend our entire lives trying to create the illusion of security and stability. Much of the world still exists at a level of subsistence that cannot afford to be concerned about how they feel – they are simply engaged in survival. But for those societies that have pulled free from the primal survival frequency, fear still persists. As the saying goes, we move from being warriors to being worriers. The 43rd Gene Key is about the progression of consciousness in form, and this progression is measured through a heightening of efficiency in the functioning of that form. In wealthy societies for example, it is technological breakthroughs that allow a greater level of efficiency and autonomy throughout the society. Eventually these breakthroughs will doubtless spread to the whole of human civilisation, but even that will not make us happier. In many respects, once you have more individual freedom, you realise the depth of your own dissatisfaction. This realisation constitutes a vital stage in human evolution. The fear that governs the Shadow frequency specifically attaches itself to the way your body feels. This sets up a great dilemma inside you because it makes you search for happiness. What we humans call happiness is simply one aspect of our natural chemistry; sometimes you experience it and sometimes you don't. ""The true purpose of the 43rd Shadow at a collective genetic level is to create a more efficient society so that we can arrive at the breakthrough that nothing external can buy us happiness! Our deafness to our fear eventually leads us to confront it. This is the power of the Shadow frequency as a driving force of evolution."" This 43rd Shadow impacts you on a purely individual level – you are really only interested in taking away your own uncertainty, so you try to find the perfect relationship and you try to make enough money so that you can relax, or you try to change your body or your lifestyle so that you will feel good about yourself. Modern society is built upon the individual's desperation to escape the way we feel. In truth we are not really deaf at all. We are simply too busy worrying to hear, or we are too busy knowing what we are doing to listen. Our dilemma is that we try to escape the loop of not feeling fulfilled and in doing so we in fact ensure that we stay in that loop. Everything you do to try to reach fulfilment actually has the effect of making your life more complicated (the programming partner here is the 23rd Shadow of Complexity). Your hearing is really fine – it is simply drowned out by the internal noise inside your head! In our modern world, everyone is expected to know what to do in life, as though everything were absolutely sure. The truth is that nothing is sure, and deep down inside, no matter how you adjust or improve your lifestyle, your body always comes back and reminds you of this."

REPRESSIVE NATURE – WORRIED

This repressed aspect is rooted in internal noise, or the human tendency to worry. Worry is based upon the mind going round and round in circles trying to figure out how to escape worry. It pressures us into all kinds of activities that we hope will bring an end to the worry. Of course, once one activity has finished, another worry immediately leaps into the resulting space, thereby perpetuating a very uncomfortable mental loop. All worry is based upon fear. In the case of the repressed 43rd Shadow, it is the fear of not fitting into the world and of being an outcast. In essence this is a pure fear, but when repressed it becomes a monster that drives us again and again out into the world to try to end the feeling through some kind of external achievement. Only when we confront such fear directly do we finally realise how much creative power lies in our individuality.

REACTIVE NATURE – NOISY

The reactive aspect of this Shadow manifests as external noise, or the human tendency to simply keep talking. These are people who do not talk in order to communicate something – they are not in the least bit interested in what anyone else has to say. They are unconsciously trying to deafen themselves from hearing the way they really feel, which is miserable. Added to this, these people have a deep need to be accepted and understood by others, and because they are not listening to themselves they often speak inappropriately or at the wrong time. Thus instead of being accepted, such people generally feel misunderstood and are often outright rejected. This dynamic may further increase their fixed viewpoint and make them even more paranoid and angry at being so misunderstood. When taken to the extreme, such natures can end up feeling so ostracised that they take out their anger either on those closest to them or on society in general.



GENE KEY N° 43

Breakthrough

Extracts from GENE KEYS © Richard Rudd

SHADOW : Deafness
GIFT : Insight
SIDDHI : Epiphany

43rd Gene Gift : Insight

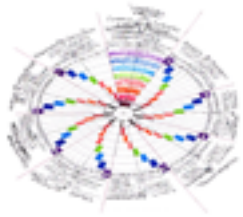
"The service that the 43rd Gift brings into the world is rebellion. Without the creative passion and insight of the individual, life would not only be dull but would probably cease altogether. Without the spontaneous, the unexpected, the dangerous, we simply could not evolve." At the Gift level of frequency the very handicap of the lower frequency, deafness, actually becomes a great ally. Instead of not listening to yourself, you now stop listening to the status quo. This is the first law of the rebel – to trust in your inner voice no matter what the consequences. This is the true meaning of the Gift of Insight. Such insight does not make the rebel a destructive force. He or she is not a reactionary who takes out their frustration on the external, or wastes time blaming and condemning others – that is the game of the Shadow frequency. The rebel awakening through the 43rd Gift is immensely creative – he or she simply cuts a new pathway without worrying about where it is going. This is the deafness of genius – to forget the future altogether and simply be the conduit for creative insight. True Insight delights in Simplicity (the 23rd Gift), which in turn brings about efficiency." The 43rd Gift reflects everything back into you. You cannot afford to trust any external source that claims wisdom or knowledge. It is not that you stop listening to such things but that you stop being influenced by them. It is only when you trust your inner core that the breakthrough comes from deep within your cells – from the DNA itself. As this 43rd Gift is rooted in the acoustic field, the insight is not seen but heard sub-acoustically, and it is experienced as a flood of knowing inside the cells of your body. The process of insight is a very transformational experience as it touches you right to your core. You cannot make it happen. The only way you can experience insight is unexpectedly, so you have to give up looking for it." In Japanese culture, one of the key words for insight is satori, which implies a sudden breakthrough from within. No teacher or system can lead you to the experience of satori but these moments occur more frequently as you relax more deeply into your inner nature. As they become more frequent, a certain deep spirit of trust begins to pervade and suffuse your being, as though life's mystery were awakening directly inside you. You begin to realise that although you cannot create these breakthroughs, you can expand the environment in which they seem to occur. This environment is one of deep relaxedness and solitude. Such solitude does not mean you have to withdraw from the world but that you use the same deafness from the Shadow to filter out all but the essential and beautiful from your life. You will become a more contemplative being, and your gait through the world will become more sauntering than directed. In this way your awareness turns inward without losing any of its worldliness, making you unique but integrated, profound yet accessible."

43rd Gene Siddhi : Epiphany

"As we learned at the beginning of this Gene Key, all human beings move through three natural stages of evolution – survival at the Shadow level, service at the Gift level and finally surrender here at the level of the Siddhi. The 43rd Siddhi is that of Epiphany. It represents the final breakthrough of consciousness possible within a human being. Despite its obvious Christian heritage, the word epiphany is derived from a Greek word meaning inner manifestation. One of the meanings of epiphany has to do with the manifestation of a divine being, which is why it has become associated with the recognition of the baby Jesus' divine nature. The Siddhi of Epiphany is an inner surrendering or giving up that takes place in certain human beings. When it occurs, those human beings cease to identify with themselves and become manifestations of divine being. There is a great difference here between being a manifestation of a divine being and a manifestation of divine being. The epiphany is that there are no special exalted beings – it is the epiphany that consciousness is all there is." In many ways, the epiphany of the 43rd Siddhi would be a great disappointment if you could survive it to be disappointed. It is the sudden revelation from within that you have been wasting your time looking for a God, even a God inside yourself. Epiphany is expressed beautifully through the Buddha's enlightenment, when after so many years of searching and meditation, he just became so tired that he gave up. It was only at this moment of deep surrender that he experienced his sudden epiphany – that he was just an ordinary man searching for something that he already was. Even though you hear this and may sense the truth of it, you still can do nothing to hasten your own epiphany. It can only come unexpectedly." When the 43rd Siddhi manifests in the world, it often plays the fool in some deep mystical way. These are people who know that nothing they do or say is of any importance or relevance whatsoever, so they simply act as they like and say what they like. As a consequence of all this, such deeply realised people inevitably break all the rules of how an enlightened being is supposed to behave. It is as though they are constantly sharing a private joke with themselves. With the 43rd Siddhi, the only thing you know is that you know absolutely nothing. This knowing is so delightful to you that you will simply never be able to contain the wonder and beauty of it. You have become deaf to everything but the Divine!"



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 44



SYNERGY AWAKENING CODE N° 44

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 44th Life Code is the gate of alertness in Human Design and the hexagram of “coming to meet” in the original I Ching hexagrams.

At the level of the shadow, we have interference so it could come from below or come from above in an organisation that something is stopping the flow of resources to getting through wherever they're needed, and it's being stopped, it's being prevented from happening, because there are mental considerations, it's acting out of fear. And fear always stops the flow and stops the resources from getting to whatever place they need to get to.

As you drop into the heart and open up to what's truly needed and you get beyond your own selfish agendas, then the teamwork starts to happen. And everybody starts to figure out where the block is and how to how to bring energy into that place, and what kind of movement of different kinds of resources, what kind of strategies are needed to get the channel set up so that those resources can move where they need to move to.

At the level of the siddhi, this whole idea of hierarchy is transcended into the term synarchy, where the best of everybody's skills are brought out, blended together, and everybody creates a totally smooth and functional network that is designed to bring out the best in everybody and transmitting resources from one place to another so that everybody brings their best to the table, so that everybody shines, everybody's a star in that synergetic network. In teamwork, there's still a kind of a hierarchy although it could be more what we could call a heterarchy, where the shifts are allowed, and there's acknowledgement of higher and lower, but everybody is trying to do their best to just make sure that it's all about the resources. At the level of synarchy, it's really transcending the need for any higher and lower, everybody is just the best at what they do and nobody is given any more credit than anybody else. Everybody is needed, and everybody is acknowledged, everybody is supported and bringing their best in moving resources from one place to another.



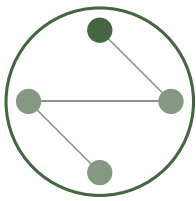
Wind/Heaven

Concession

The Wind rises toward Heaven. The eldest daughter approaches the father, women approach men, the people approach their ruler.

Two related but unequal forces. The weak approach the strong. A favourable opportunity to carry through a delicate measure. Caution is advisable, do not commit yourself.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 44

Karmic Relationships

Extracts from GENE KEYS © Richard Rudd

SHADOW : Interference
GIFT : Teamwork
SIDDHI : Synarchy

44th Gene Shadow : Interference

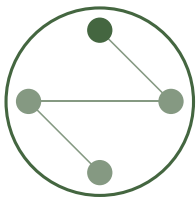
"The 44th Gene Key and its entire spectrum of frequencies concern a little understood subject that actually underpins the structure of human societies, as well as the science of incarnation. This subject, which will be briefly introduced through this Gene Key, is the existence and nature of human fractals." "As you learn from each relationship in your life and over time come to master the lessons each affords you, then the frequency of your entire hologenetic profile heightens in pitch and you begin to attract higher frequency fractals. A higher frequency human fractal brings new people into your life, most of whom are operating out of a far more transcendent awareness. A sure sign that you are attracting a higher frequency fractal into your life is devotion. Your relationships will begin to carry a quality of devotion within them. If you do not learn the lesson of a certain relationship – even if you leave that relationship – the pattern will come right back into your life through another person. It is through the 44th Gene Key that all relationships are called towards each other and why it is so powerfully linked to the theme of ancestral karma and incarnation." "The ancient Chinese called the 44th hexagram Coming to Meet, which is of course highly appropriate since this 44th Gene Key concerns how, why and when people meet each other, as well as the results that emerge from group or family dynamics. Human fractals seem to operate at different levels – in relationships, families, local communities and even whole tribal gene pools. To really understand human fractals you have to look at life both holistically and holographically. If we view separate human beings like cells within a greater organism, we could say that certain cells bind together at different places within the body at different times for different purposes. In other words, there is a kind of master program that choreographs the movement and migration of human beings. Even though it appears that we as individuals are making free choices, it is really the master program operating through us. The 44th Shadow works like a virus within the operating system of this master program, throwing the collective choreography out of synchronisation. This creates both local and universal interference. You end up with dysfunctional families, businesses that create more imbalance than balance, governments with inappropriate leadership teams and relationships that are never easy. The overall result is global chaos. It is exactly what we see today. However, there is one vital thing to understand – the master program cannot be wrong. If it appears to be doing something chaotic, it is in order to diagnose the problem, locate the virus and reboot the entire system." "Along with its programming partner the 24th Shadow of Addiction, the 44th Shadow of Interference represents an incredibly powerful virus that keep people from finding relationships that are healthy and loving. This 44th Shadow brings a great deal of genetic baggage from the past. Many people interpret such relationships as karmic, since the bonds seem so strong and the lessons so challenging. It may be that they are not so much karmic as trans-genetic." "The real reason for such relationships is that they are clearing houses for ancestral memory. Interference patterns that are transferred through your DNA must be resolved in order for a fractal to be cleaned. Couples or partners who are actively involved in clearing out this collective genetic dysfunction are the pioneers of a coming new age. However, for the majority of the planet, dysfunction is the norm, and until two individuals in a relationship are ready to take on the ancestral interference pattern of their entire fractal, that fractal will remain dysfunctional."

REPRESSIVE NATURE – DISTRUSTFUL

The individual repressive nature of the 44th Shadow is based upon distrust. This distrust is both an inherited trait and a conditioned one. It is a fear-based response to one's early experience in childhood and it infects all of one's relationships. These are the people who have a single disastrous relationship and then shut down out of fear of the same thing happening again. Although they may not show that on the surface, this fear causes them to unconsciously distrust all relationships. Such people often find themselves working and living together with others, but at a subtle level they keep them at arm's length. They are haunted by their own past and rigidly defend themselves from ever experiencing love or pain again.

REACTIVE NATURE – MISJUDGING

The reactive side of the 44th Shadow is a master of misjudgement. These people do not shut down like the repressive side, but keep making the same mistakes in their relationships. The 44th Gift has a sharp instinct for people, but if the basic frequency of your vehicle is operating below optimum, your instinct misfires. Accordingly, individuals with this reactive nature ally themselves to those who really don't respect them, who turn against them or, in business, who are a drain on resources and often just plain incompetent. The classic example is someone who keeps breaking ties with certain people only to rediscover a similar pattern with the next person. What happens here is that their instinct cannot operate outside its own fractal, so they make alliances that are fraught with difficulties.



GENE KEY N° 44

Karmic Relationships

Extracts from GENE KEYS © Richard Rudd

SHADOW : Interference
GIFT : Teamwork
SIDDHI : Synarchy

44th Gene Gift : Teamwork

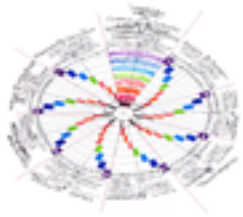
"As the frequency of this 44th Gene Key rises the Gift of Teamwork is born." The 44th Gift requires close personal contact in order for the higher aspects of your olfactory nature to work effectively. You have to be able to smell someone in order to read their true nature. People with the 44th Gift use their sense of smell at a wider level than simply smelling through the nose. In fact, these people smell with their entire immune system and through every pore within their skin; they can pick up undetectable odours such as pheromones and even subtler hormonal signals from those whom they meet. At a deeper level, this Gift is about someone being in alignment with his or her own fractal. Once you have a high enough frequency, you can overcome the collective interference of the 44th Shadow and begin to pick up the scent of your true allies in life. Not only will you recognise the right people for you, but you will also begin to move differently through the world as your higher instinct begins to function accurately. For the 44th Gift, life is about picking up subtle scents. As you follow each scent in your life, you are following your higher fractal, and that is when the miracle of true teamwork can be experienced. To really understand this Gift of Teamwork you also need to understand something of the mechanics of incarnation. The 44th Gift can smell its own higher incarnation and life purpose in those around it, which is why it knows so much about group dynamics. For many millennia, different cultures have held beliefs about reincarnation and these beliefs are very much in vogue in the modern new age revolution. However, the science of human fractals contains some revelations that believers in reincarnation might find interesting and possibly challenging. The first thing that needs to be said on this subject concerns the master genetic program that was mentioned earlier concerning the 44th Shadow. This master program operates through time as well as space. Since the program orchestrates human interactions through the medium of collective gene pools, at the purest level of consciousness, it is true to say that nothing reincarnates except the fractal line itself." The Gift of Teamwork is therefore about recognising who belongs in your life. When you meet someone for the first time and they seem familiar to you, it is because their vehicle belongs on your fractal line. Within the greater body, your cells have business together. Taking this further, if you were able to assemble your own true fractal around you, then the dynamics of this team would be nothing short of awesome. There would be total trust within the group, or total love within the family. The world has not yet seen much of the archetype of the 44th Gift. People with this Gift have a knack for group mechanics and a gift for knowing people, but they still have to work with the destructive interference patterns of the totality. However, as we shall see with the 44th Siddhi, all that is on the cusp of changing."

44th Gene Siddhi : Synarchy

"The 44th Siddhi is truly remarkable. It concerns the complete understanding of the mechanics of human destiny and the entire story of humanity." As a concept, synarchy is the opposite of anarchy. The prefix syn means to act in concert, and archy means to govern. Therefore the literal meaning concerns the concept of collective rulership." Perhaps the best place to begin an exploration of the concept of Synarchy is the insect kingdom. There are two groups of insects that are known for their synarchic systems of government – ants and bees. Of these, bees are perhaps the better example. "Within the hive a single spirit appears to pervade the whole society, and the queen symbolically and chemically maintains the focus and direction of every single member. If the queen dies, the hive falls into chaos and also dies. When the 44th Siddhi is present in a human being, then they see the entire tapestry of human interaction through time and space. They not only see it, but they dissolve into it. The consciousness within such a person is able to travel down every single fractal line within the cosmos. Because there is no resistance within their vehicle, their consciousness ripples down the fractal arms of both the past and the future of the universe. The secret to this is Silence. Such a being has to fall into complete silence in order to hear the movement of every cell within the great hive of being. However, this 44th Siddhi is about far more than just understanding the secrets of human destiny and the fractal patterns of time. To awaken through the 44th Siddhi presupposes that you occupy what is known as a core fractal." The awakening of a core human fractal simply represents the activation of a previously dormant code within the overall program. As the core fractal is activated, it removes the virus that is wound around its genetic lineage, the virus that represents the Shadow frequency. The awakening of a core fractal essentially involves the death of the illusion of its individuality. The moment it gives up its independence, it becomes a clear conduit for consciousness to continue along its lineage. There are a finite number of core fractals – 144,000 to be precise – which is why this number has long been associated with a secret society of beings whose role is to awaken the planet." It is written into our destiny to realise the synarchic nature of our species, although the greatest irony of all is that by the time it arrives, we as individuals will all have disappeared!"



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 45



SYNERGY AWAKENING CODE N° 45

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 45th Life Code is the gate of the gatherer, and in the original I Ching hexagrams it's all about "gathering together" and "gathering together for what purpose". This is also the "Emperor and the Empress". And originally, the Emperor and Empress were the highest role model as an example of what a human being could be in terms of the ultimate in education. So, the finest elements of the society and the culture were brought for them, instilled in an emperor and an empress so they could serve in that way.

At the shadow level, you can see where dominance will get in and they would take advantage of that and get into their ego and impose those abilities on others, whether they like it or not. Maybe even against people's wills, because also with that level of education, they could easily trick and mislead people into doing things that would only support their plans and agendas without really benefiting anybody else. This in the end is cutting their own throat, but obviously, at the level of the ego and the shadow and conditioning, that wouldn't be able to be perceived.

It's not until we shift into the gift level that we see synergy for in order for you to evolve and develop your ability as a teacher, you also have to bring out the best in your students and invest in the people you're educating. And education can happen in many different ways, not just in a classroom, but also in the way the society is set up to exchange skills and to promote skills and to advance skills and everything that's needed in order for there to be growth for the human condition, and so for that you need guilds. It's more of a tribal thing, where you have guilds that focus on crafts and craftsmen, and nowadays we have electronic computer technology. That is all in the synergy, and how do you make it work best? How do you get all these things to serve humanity in the best possible way?

At the level of the siddhi, it's about communion, which is a very deep concept, because it's about all of us melting into the sea of the pure intelligence of the source. And so it's allowing all of humanity to step into this space where we can all be taught by the source itself about how the source creates the universe, how it spins the world, how it evolves life and to be able to tap into that and allow that to start to penetrate into us as a collective. This is humanity operating as a collective and it's unimaginable what would come out of that in terms of that kind of education, and how that would impact the world. How we would start to act differently as a very unified force for expressing with great beauty, with great power and great elegance along with the source informing all of us and teaching us in different ways.



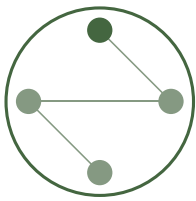
Earth/Lake

Gathering

Water collects on Earth to form a Lake.

Where people or things assemble much can happen. Start new ventures but be prepared for unforeseen developments. Make sacrifices, seek advice. Perseverance brings success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 45

Cosmic Communion

Extracts from GENE KEYS © Richard Rudd

SHADOW : Dominance
GIFT : Synergy
SIDDHI : Communion

45th Gene Shadow : Dominance

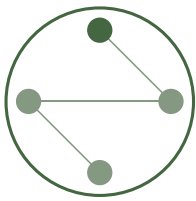
"One of the earliest phases of human evolution was the hunter-gatherer. These early people were purely nomadic, moving from place to place, gathering and foraging for food as well as killing wild animals as they went. An evolutionary leap was made as early humans discovered that by staying in one place, cultivating crops and domesticating animals, survival was even more ensured. This move to a more efficient agrarian lifestyle based on the control of territory as a means of controlling the production and distribution of food was the crucible of our modern societies and nations. Along with this change came another human development – that of civilised hierarchy. As tribal groupings multiplied, natural hierarchies developed, either around a network of elders or around a single alpha leader. In a hierarchical society individual members were no longer equals. Power was distributed according to other needs, such as skills and usefulness, or was inherited through patrimony. This basic model of hierarchy is still in place today, although in the West, food and territory have been replaced by money and wealth. The 45th Shadow of Dominance lies at the heart of this whole evolutionary tendency to operate out of hierarchies. It is the way in which our brain is programmed, even though it is now showing itself to be hugely out of date. The fact is that our modern technologies and infrastructure would allow us to live in a world without hierarchy. That is our utopian dream. However, human DNA has not yet been updated, so the old fear-based thinking still prevails. We remain victims of the Shadow of Dominance because we still live for ourselves rather than for each other. Survival is limited to the immediate or extended family, if there is one." This is where the fear lies – within the 45th Shadow. This Shadow does not allow human beings to transcend family blood ties. Our loyalty is primarily confined to our immediate family. Naturally this is not always the case, as a global mutation is currently underway and is opening up our awareness to new paradigms beyond that of family loyalties. In the West especially, we are witnessing the gradual demise of the traditional family model, with its built-in patriarchal hierarchy. For many people this is a very frightening time since the family model of living has been the norm for so many generations. The human need to find a place of security in the hierarchical chain is based upon dominance. That is to say, you always have to push someone else down in order that you can rise up. It is a fear-based system focused upon the oppression and dishonouring of other human beings. This is also the essence of the modern day business model even though the majority of those who work in business participate in this model unconsciously. The programming partner to the 45th Shadow is the 26th Shadow of Pride, and those who enjoy feeling important do not wish to give up the illusion of their authority." It is our genes that are really to blame because it is out of our most ancient fear of not having enough that we have created this whole civilisation. Every single human being is an unconscious participant in the world we see around us. No one escapes the hierarchy unless they decide to reverse evolution and go right back to their hunter-gatherer roots." "Now our hierarchical struggle revolves around money. Everything – health, education, food, and government – is all based around money, and there is nothing we can do about it. This does not mean to say that we cannot bring about a revolution and improve the way the old system works. This is precisely what is happening now and what is needed. However, ultimately any system that has been built on a foundation of fear will by its very nature crumble."

REPRESSIVE NATURE – TIMID

The repressive side of the 45th Shadow is made up of all those people who bow their heads to authority. These people allow their spirits to be dominated by those higher than themselves within the hierarchy. Such timidity compromises its freedom for the sake of not rocking the boat. Since it is rooted in an unconscious fear, this nature accepts that no good could ever come from resisting or challenging someone in a higher position. Unfortunately the majority of humankind falls into this category, even if at an unconscious level. Most of us are willing participators in the global chess game in which the individual spirit is easily manipulated by those at the head of the hierarchy.

REACTIVE NATURE – POMPOUS

...The reactive side of this Shadow enters the fray by becoming obsessed with climbing up in the hierarchy and therefore has to push others down in their urge to reach a high position. These are pompous people who then assume positions of power over others and make sure that they remain timid in order to maintain control. Both sides of the 45th Shadow are, therefore, caught in the game of hierarchy – one as a victim and the other as the victimiser. The only real way to escape the entire game of hierarchy is to take a stand against the system itself, but not one that is rooted in reaction or anger. To break out of either reactive or repressive natures requires that one take a great risk and break the pattern of one's interaction within family, business, government and society. One has to stand alone as a living model of a new kind of system in which individual spirit is respected above all else.



GENE KEY N° 45

Cosmic Communion

Extracts from GENE KEYS © Richard Rudd

SHADOW : Dominance
GIFT : Synergy
SIDDHI : Communion

45th Gene Gift : Synergy

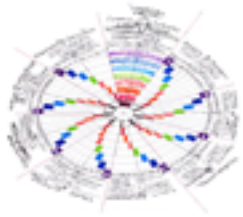
"Heterarchy is a level of self-organisation that already exists to an extent within many hierarchies. Whereas hierarchy demands a flow of information that is essentially vertical, heterarchy distributes information horizontally. In a hierarchy the flow of authority and information is always dependent on the permission or approval of someone above. In a heterarchy, however, responsibility and decisionmaking is distributed equally throughout the system. The flow of information processed through a heterarchical system is more effective than in a hierarchy." The 45th Gift of Synergy requires a leap of faith out of fear-based thinking and control by a single person. It is in many ways akin to the ideal at the core of democracy – that decision-making should and must be collective. More than this, in the business world synergy and heterarchy want to take us much further – into networks where businesses that previously competed now dovetail and cross-pollinate each other, thus moving more energy throughout the whole system." For someone in a position of true power to give complete authority to another is to perform an act of pure alchemy. This is what the 45th Gift is all about. When such sacrifice and empowerment is made to the right group, the rewards can be phenomenal. Even though initially a business may appear to lose money by interfacing in this way with other businesses, the amount of synergy and goodwill that moves through the human network increases exponentially. Rather than being guided from above, this new kind of business is allowed to discover its own self-organising intelligence. The 45th Gift is interested in the long term, so it is this fractal energy of goodwill that has the real power, not profitability itself. The goodwill generated reaches outwards in ever-increasing spirals that impact on the world through synchronicity and word of mouth. The result is that more and more people become interested in the business or its products. The bottom line of the 45th Gift is that in the long term it is more efficient to move together in synergy rather than waste energy in competition." It is through the 45th Gift that world poverty and hunger will finally come to an end. The 45th Gene Key and the 16th Gene Key (whose Gift is Versatility) form the Ring of Prosperity, a high frequency means of generating vast abundance across gene pools. What these two Gene Keys point to is that the more we diversify our resources and unite them, the more successful and efficient we will become." The 45th Gift is also deeply concerned with education. In order for world poverty to come to an end, people must be self-empowered rather than rescued. This means that they must be educated in how to become self-sufficient at all levels." These are just some of the startling insights and breakthroughs that are possible through the rising frequency of the 45th Gift of Synergy. Synergy involves an entirely new way of thinking that is so alien to our current culture that at present it is challenging for the mass consciousness to even conceive of."

45th Gene Siddhi : Communion

"When Christ spoke the words: "This is my body," he was speaking from a collective level. Humanity is a collective body that is united through its bloodlines in a common ancestry. From the level of the 45th Siddhi, we are each other's food. Money is the key to the enactment of this revelation. We have already seen how, at the Gift level of frequency, the redistribution of money through the world economy must alter to serve a higher purpose. This manifests through the new heterarchical model based on group synergy. However, at the siddhic level, communion entails the end of money altogether because it represents humanity's original and completed consciousness. We have seen that most trade is based on a subtle fear and is rooted in a version of conditional giving. Unconditional giving negates the need for money altogether. In the 45th Siddhi, all the various strands of human DNA finally come together. It is the cosmic gathering point for higher consciousness. It is also the place where the individual, the family and the collective merge. The way in which this merging occurs is through the ultimate model of human and divine organisation – the synarchy." The leaders in a synarchy are not leaders in the normal sense because they are not made up of individuals but small groupings of humans operating out of a single awareness. In many ways, synarchy can be likened to the interlinked network of neurons and synapses in the human brain. This is precisely what is happening to humanity right now as the frequencies moving through the 45th Gene Key come more and more into play. We are discovering higher and higher levels of self-organisation. The great cosmic joke, however, is that we are discovering these patterns rather than consciously creating them. In other words, synarchy already exists as a blueprint hidden within hierarchy, the 45th Shadow. As fear leaves the human genome, we will discover that we are already arranged into a synarchy. It is a gradual process of discovery however, limited by our time-processing brains. For those at the siddhic level of consciousness, time no longer exists." The Initiation of Communion also shares its name with the 45th Siddhi, which describes the great mystery of the taking of the sacred sacrament. Communion involves the direct imbibing of Divine consciousness at the altar. In entering into this field of frequency, you are transcending all sense of being separate from others."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 46



SYNERGY AWAKENING CODE N° 46

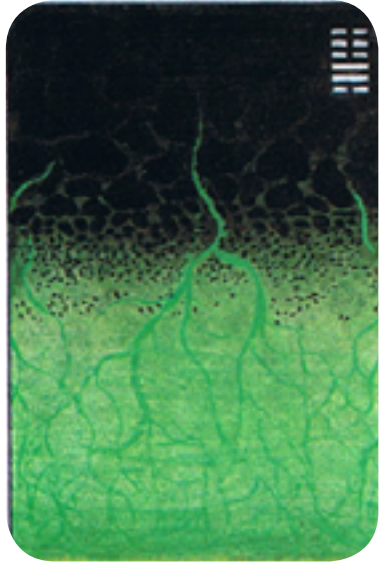
SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 46th Life Code is the gate of determination in Human Design and in the original I Ching hexagrams is "pushing upward". It's also the gate of the love of the body.

At the shadow level, we have seriousness, with a great concern about how you look, how you come across, what people think of the way you move, for example. How as a moving living form you materially manifest your behaviour.

At the level of gifts though it's delight, like a child who just takes delight in the love of its body and chasing a butterfly or playing in the mud or playing a sound with a little pretend toy and doing all kinds of amazing things. It's that sense of delight, it's not serious. It has shifted out of that serious sense of worrying about what other people think about you and has shifted into this place of abandon, just pure abandon, abandoning yourself into the moment of the now as it is unfolding through all your senses. Abandoning your seriousness and preferring delight to enlighten and make lighter your experience of your body.

At the level of the siddhi it's ecstasy and in this Life Code it is really experienced in that way as you tap into the siddhi and you begin to realize that the experience of the body without any resistance is ecstasy. What you will then know when you are in the place of ecstasy, as non-resistance, perfect flow and connection is that ecstasy has an incredible way of revealing to you that your body is literally an expression of the entire universe in total harmony on a micro cosmic scale. And each time you tap into ecstasy, it can show you a whole new aspect of that, and this will be different each time you dip into ecstasy. You will get a whole new revelation about what your body truly is. It is a very delicious experience ecstasy.



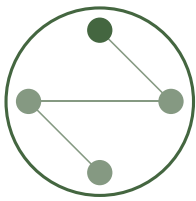
Wind/Earth

Striving upwards

Wood penetrates the Earth. A new plant has taken root.

The foundations of great things are built with painstaking effort. Seek advice but have self-confidence. Keep both path and goal in your sights. Success is assured.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 46

A Science of Luck

Extracts from GENE KEYS © Richard Rudd

SHADOW : Seriousness
GIFT : Delight
SIDDHI : Ecstasy

46th Gene Shadow : Seriousness

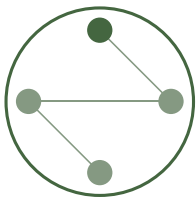
"The Shadow archetype of the 46th Gene Key is Seriousness. Seriousness is the most widespread of all diseases on our planet and is a primary cause of much ill fortune. When you live your life from this Shadow, you carry a black cloud above your head wherever you go. It always seems to rain when you don't want it to because you are out of synchronisation with the whole. You create obstacles for yourself when you become too focused either on the future or on the past. Seriousness is about worrying or expecting or wishing life to be other than it is right now. Seriousness takes you away from life and love and into issues of control and separation." "The 46th Gene Key governs your relationship to your physical body. It is part of the codon group known as the Ring of Matter, which programs the developmental process of incarnation from the point of conception to the age of 21. Specifically, the 46th Gene Key relates to your first seven year cycle in which all your Shadow patterns are hotwired into your physical structure – your posture, your breathing patterns and your relationship to the physical world through touch. It takes a child seven years to fully incarnate on the physical plane. Certain genes are switched on and other genes are switched off during this period. Thus all the future patterns of your physical health are laid down in your early years." "What many people don't realise is that it is the body that must feel safe, not the mind. Almost all human health problems can be traced back to this primary period of imprinting. If you have an ongoing health issue then at some point in your first seven years your body stopped feeling safe and somewhere inside your DNA a gene or set of genes was either switched on or off." "Just as the 46th Siddhi allows you to enter into the field of ecstasy, so the 46th Shadow demands that you live in the field of agony. At low frequencies, you live as though you were submerged in matter, unable to access the joys and beauties of the spirit. Living without knowledge or memory of the love of the higher planes means that you can only take life too seriously. There are even those who take the spiritual path too seriously, and no matter how impressive their achievements you can see from their faces that they lack the true radiance that comes from living a lighter, more carefree life. As we have seen, the 46th Shadow programs the way your body feels through the way your parents felt about their bodies. Unless your parents were firmly anchored in the spirit of self-love, they could not help but transfer their seriousness onto you as a child. Parenting at a low frequency always involves conditioning through control, whether conscious or unconscious. We want our children to be happy, but we do not know how to be happy ourselves. In fact, the freedom and spontaneity of our children is a constant reminder of the depth of our own conditioning and unhappiness. This is one reason why modern parents find it so hard to be parents; they have forgotten how to be happy deep within their bodies. In truth, they have forgotten how to play. The formula for a wonderful life is so simple – tread lightly and don't worry so much. Life will take you where it wants you to go. But we humans tend to live in our minds rather than in each present moment, and our minds always live within time. We are genetically coded to be over-serious because of the pairing of the 46th Shadow with the 25th Shadow of Constriction whose repressive expression is Ignorance. Ignorance is not bliss, as the saying goes. We only display ignorance when we are too serious about our lives. We do not trust life but try to take conscious control of the events that happen to us. It is our ignorance of how easy life really is that prevents us from enjoying the fruits of the 46th Gift, which as we will learn, are manifold."

REPRESSIVE NATURE – FRIGID

All repressive natures are in one sense or another frozen. Frigidity here is used not so much in the sexual sense, but in a much broader context to describe the freezing of one's sensuality. These people hide from life out of fear of their own bodies. If you do not like your body your vital energy turns sour. Such people lose touch with the juiciness of life. You can see this reflected in their lifestyle, clothes and particularly in their faces, which manifest their fear through a permanently pinched expression. When such people begin to enjoy the beauty of being in their body rather than worrying about what they look like, they release the inner warmth buried deep within and their whole being begins to thaw.

REACTIVE NATURE – FRIVOLOUS

Frivolity is an over-reaction to seriousness. These people pretend to really enjoy life, and from the outside they appear to take nothing seriously. However, if you scratch the surface of such a person, you will soon find that they are in fact highly emotionally reactive and harbour a huge amount of anger. This anger will explode sooner or later because these people have an investment in being seen as light-hearted, laid back and jovial. When the façade is broken, usually when someone is honest with them, they reveal how deadly seriously they actually take life. As a pattern, frivolousness runs away from the truth, and such people usually reflect this in their relationships, which are generally short-lived and numerous.



GENE KEY N° 46

A Science of Luck

Extracts from GENE KEYS © Richard Rudd

SHADOW : Seriousness
GIFT : Delight
SIDDHI : Ecstasy

46th Gene Gift : Delight

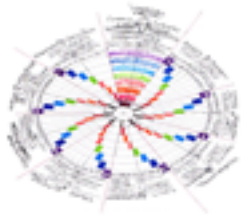
"It is funny that our English word for matter is tied into the expression: it matters or it doesn't matter, because this is exactly what the Gift of Delight is based on – an inherent understanding that nothing really matters except life and love." At higher frequencies, your attitude becomes much lighter as you go through life. No matter what your circumstances, you can accept and recognise them as being a part of grace. In other words, when you are being shown something in your life – once you have seen it and let it go – you have more energy available for being delighted. Understanding this Gene Key is pivotal to your understanding the core of the 64 Gene Keys themselves. You must approach this transmission lightly, allowing it to wheedle its magical way into the labyrinth of your DNA. If you take it less than seriously and remain open-hearted and open-minded, you may experience the delight for yourself as it spreads further and deeper into your life." Each of the 64 Gifts represents a different kind of genius, and people with the 46th Gift in their hologenic profile move through the world incredibly smoothly. They seem to have a genius for being in the right place at the right time, and others often see them as lucky. However, very few people really understand what luck is. "Luck is nature's way of telling you that you are in harmony with the whole. The 46th Gift is also the gift of serendipity, of allowing good fortune to occur to you, and yet it can only happen when your attitude becomes lighter and less grasping. When you meet a person whose frequency has risen to the level of their Gift, there is always something striking about them. In the case of the 46th Gift, they have an unusual ability to let go of the past and surf the present moment. These are the kind of people who never have any worries in life, and this creates a tangible magnetic draw to them. They are mysteriously attractive on a deeply physical level, as though life itself is somehow more amplified within them. Above all, they are soft and sensuous. The energy of delight is rooted in a deep sensuousness that comes from being very comfortable in their bodies. This being comfortable has nothing whatsoever to do with how they look – they could be fat, thin, ugly or beautiful. It comes from loving life more than anything else in the world." The 46th Gene Key also contains within it the germ of material success and failure. This much-sought-after secret is founded upon the principle of synchronicity – the law that binds together all free-moving objects in space and time. By free-moving what is meant here is self-accepting. When you move through life freely with an attitude of delight and openness, whatever happens is correct. Whether you can see why it is so in the moment is not important. Success is only clearly understood in hindsight. If your attitude remains open and accepting, you will see that the universe is at work in you."

46th Gene Siddhi : Ecstasy

"Ecstasy is the highest frequency of the 46th Gene Key and it occurs only through the heart. It is in fact the true nature of humanity. At this level of consciousness, which is really beyond all levels, the ecstatic realisation of your true nature is so strong that it silences your mind the moment it is no longer needed. You may think it is impossible for a normal person to live in a state of ecstasy and function in the world. Not true at all. Ecstasy is your state whenever your mind comes to complete rest. In other words, as soon as your mind is required in the world, the ecstatic state fades into the background and your activity moves to the foreground. Then, as soon as your activity is complete, the ecstatic state returns. In this state, your mind is as silent as your life path dictates. People who manifest this Siddhi cannot go unnoticed in the world. There are Siddhis that can be hidden from most people's awareness, but the 46th Siddhi is not among them. The Jacuzzi of love that swirls around these people is so tangible that it can even be felt by people of the densest frequency. If you are highly developed in your own frequency, you can physically feel such a person's aura from miles away. People who manifested this ecstatic Siddhi in the past have left its imprint in the place where they lived, even though they may have passed away hundreds or thousands of years ago. It is not that this 46th Siddhi is any more powerful than any other Siddhi, because in essence they are all the same, but that this manifestation of divine consciousness lies so close to the physical realm and emerges so strongly through the physical body." There is actually no work more important on this earth than play. When we become truly playful, we reshape the nature of our collective reality. This is the great truth of the 46th Siddhi and is its vast importance to today's modern, over-serious world. Only ecstasy can silence the mind, only ecstasy can solve the problems of the world, only ecstasy can lead to world peace and universal love. Those who have allowed themselves to be overcome by the 46th Siddhi are so overflowing with their own ecstasy that they rarely have been able to find words for their experience. Those who have found words have nearly always spoken in poetry, which is the language of love." The heart doesn't care a tick about success or failure, past or future, life or death. It knows only that it is alive and beating right now, and that realisation floods the being with the sweet, liquid wine of ecstasy."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 47



SYNERGY AWAKENING CODE N° 47

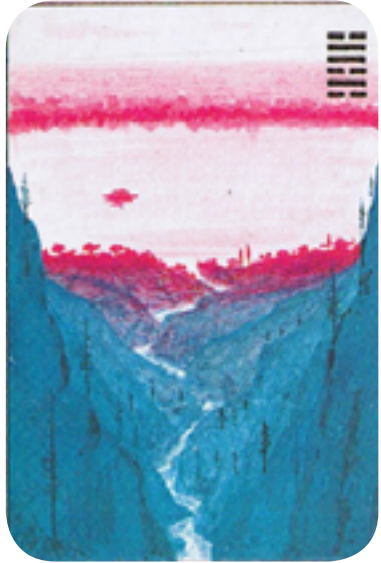
SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 47th Life Code is the gate of realizing in Human Design and in the original I Ching hexagrams is "oppression". When the pressure of an experience wanting to be realized in the world is pushing down on you so that you can start to open up to it, you literally feel pressed by it to realize it, to bring it out.

At the level of the shadow is oppression, so it just feels like a weight that's pushing on you and you're kind of resisting it because maybe you don't want it to be that way, maybe you want it to be different. It comes across as oppression because you're not really tuned into it and you're not aligned with it. What wants to be realized through you?

As you tap into the gift, you tap into that moment of transformation where you see that something is moving into you that's literally transforming the way you see something. And that's going to eventually need to be expressed. At this point, you're just allowing a transformation in your capacity to realize how experience can unfold.

At the level of the siddhi, it's a transfiguration on some level. It could be very subtle, or it could also be very obvious that there is this transfiguration. You literally embody whatever that transformation is, that experiential realization, so that in embodying it you convey that to others. When people are in your presence with that transfiguration, they will literally become impacted by the experience or realization that you're carrying and that's going to have all kinds of interesting effects on the people around you. Because they're going to tap into that, they're going to imbibe it and they're going to put that out into the world in some way and that's what you will convey. It's originating in the right hemisphere of the brain it's going to translate across into the left eye where you can actually start to see it. So, it's something that is coming out of the gray areas of the brain, but at the level of transfiguration there is a message that is still getting across and being conveyed to others. It's just at a very profound level where the experiential realization is being birthed. And you will impress people with that, so that they take something into the world of that.



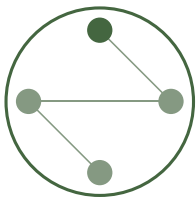
Water/Lake

Exhaustion

The Abyss opens in front of the Lake. Distress before joy and deliverance.

Shortly before the goal a narrow gorge has to be overcome. Muster all your willpower. Big words do not help, no one believes them. Perseverance brings success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 47

Transmuting the Past

Extracts from GENE KEYS © Richard Rudd

SHADOW : Oppression
GIFT : Transmutation
SIDDHI : Transfiguration

47th Gene Shadow : Oppression

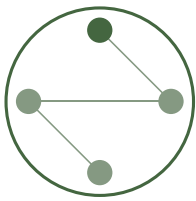
"Within this 47th Gene Key lurks a vast reservoir of darkness in the form of inheritable ancestral anguish. The 47th Shadow is the storehouse of human karma. What we term as karma really refers to memory, but not memory as we commonly understand the term. The memory of the 47th Shadow is genetic memory carried in our blood. However, this is not readable memory that can be deciphered through logical sequencing. In genetics, the 47th Shadow refers to what is called non coding DNA. Also known more commonly as junk DNA, these chemical signatures are evolutionary artefacts passed down through our collective ancestral bloodlines." "The fact is that every human being carries the entire evolutionary memory of humanity within their body. This also means that we are unconsciously driven by this memory. When a person finds a way to access their deep unconscious, they are really accessing the collective unconscious. If they are not mentally and spiritually prepared for this event they will very likely become deeply disturbed or delusional. The only language that can comprehend this world is the language of archetypes, such as the language used by Jungian psychology, the arcane symbolism of the alchemists or the ancient totemic language of the shaman." "When the shaman goes into the underworld of the unconscious, he (or she) uses the language of his own totems to navigate this realm. In doing so he can intuitively locate the specific shadow aspects of a person's unique genetic coding and bring them to light. Whether he interprets these aspects as demons or animals or anything else is irrelevant. What matters is that they represent the specific fear patterns of a certain individual. The true psychoanalyst works in the same way. Instead of attempting to find reasons for our psychoses and fears in our childhood, he or she understands that they are really archetypal aspects of one single, universal primal fear. We each come into the world with certain Prime archetypes that represent our fears and, in addition to this, our life story presents other archetypes for us to address as we follow our destiny in the world. The 47th Shadow is an access portal through which these deep fears flow into our waking consciousness. This is why the ancient Chinese named this hexagram Oppression, because such fears become major burdens in our life if we do not face them directly." "Very few people willingly confront their Shadow archetypes in life. "Thus they simply live in denial or reaction to these unconscious fear patterns, not realising that their outer lives are a direct reflection of this repression." "What we humans don't realise is that the grail we seek is hiding beneath our fear. The very thing that terrifies you the most is your route to a higher evolution." "The bottom line with the 47th Shadow is that unless you face your own unique fear archetypes, you cannot open the portal to inner Transmutation that is the 47th Gift. If you do not look your adversity square in the face and realise that it is the very manifestation of your own archetype, you miss the whole point and purpose of your life. Most of the world is still waiting to begin this process. Many who have begun it have become trapped in some therapeutic system that takes away their responsibility, thus further stalling the process. Facing your Shadows is a lonely business and it happens through the process of your natural destiny. It is the thing right in front of your nose that you try to avoid the most. It will not yield to being fixed. It will not be resolved through your mind and it will keep coming back at you again and again. It cannot be sidestepped or given over to another. Your suffering is a magic mirror – it's yours to own, to appreciate and to accept. Only when you finally stop trying to avoid it, can it show you its magic."

REPRESSIVE NATURE – HOPELESS

For those with a repressive bent, the 47th Shadow provokes a kind of mental collapse. This is the inner oppression in which the mind is utterly overwhelmed with one's life. Because the pattern of oppression shows no signs of being broken, these people simply give up on life at a certain point. They bow to the oppression and accept it as normal. In other words, they give up all hope that their life can get better. Such people live lives of quiet compromise, locked as they are in their closed circuit loop and sealed in by their inability or unwillingness to face their fears.

REACTIVE NATURE – DOGMATIC

Those with a reactive temperament externalise their oppression by projecting it onto others. These people use their minds to control their environment, becoming very dogmatic in their viewpoint. Because of the undercurrent of fear in such people, they try hard to solidify their mental patterns in order to give them the illusion of security. Whether the dogma be a scientific view or a religious one, it effectively freezes them and brings change to a standstill. This kind of nature finds it very difficult to relate with others unless those others buy into their dogmatic viewpoint. Likewise, any kind of freethinking or independence of mind or spirit in another is incredibly threatening to such people.



GENE KEY N° 47

Transmuting the Past

Extracts from GENE KEYS © Richard Rudd

SHADOW : Oppression
GIFT : Transmutation
SIDDHI : Transfiguration

47th Gene Gift : Transmutation

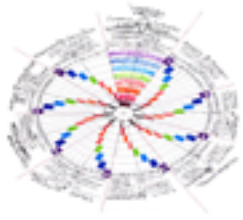
"It is through the 47th Gift of Transmutation that the true purpose of your hidden genetic programming - the junk DNA – is finally revealed." "Until particle physics came into being, the word transmutation was associated entirely with the ancient science of alchemy. Transmutation involves the complete changing of one element into another, which involves a radioactive process at an atomic level. One might therefore say that mutation is a process of gradual change that may or may not result in transmutation. When a human being faces his or her own Shadows, they open the door to the process of Transmutation. Hidden in the vast programming of our non-coding DNA are the scripts for the entire history of life on earth. These scripts are jumbled and twisted around and around each other and are indecipherable to current forms of pattern recognition. However, these scripts create a huge swelling inside the individual – a pressure to continue life's universal storyline through your own life. This is why every human being has an innate sense of their own destiny. Whether you live out that destiny depends on your willingness to surrender to the pressure of this vast unconscious force coming from within. This is the force of Transmutation and it wants you to surpass yourself. If you let go into your fear of dying, that greatest fear, you will discover the Gift of Transmutation. Human beings are in fact a rolling wave of consciousness with no fixed identity. We are programmed to continually hit the shores of our limitations and dissolve into something else. For the majority of human beings, safe in their illusion of separateness, this is the greatest terror of all." "These transmutations are huge turning points in your life. To transmute is to make a quantum leap into a whole new dimension. If you follow the script hidden in your DNA, then you will experience these dimensional shifts in your inner and outer life." "The only prerequisite for the process to keep moving is a continual surrender to your fears. The moment one fear has been embraced, another reveals itself and your life moves you to confront the new fear." "As these layers are dissolved one by one, you discard one by one the illusions that you think are protecting you from dissolving yourself." "Through this ongoing process of Transmutation, you gradually sift through the junk DNA, and in doing so, you begin to see your life on a much wider level of reality. The only way to read these codes is to live them." "Those with the 47th Gift in their hologenetic profile are people who are deeply aware of this alchemical process in human beings. The only way to transcend suffering is to move more deeply into it, embracing every feeling and event that comes to you. This is the way of deep immersion in the currents of life. It is the way of surrender."

47th Gene Siddhi : Transfiguration

"This 47th Siddhi reveals the ultimate purpose of the non-coding DNA within the body, which actually does code for a process within the physical body after all. The force of transmutation strips you emotionally and mentally to such an extent that it eventually reaches down into the physical matter of your body. The power of the myth then takes over and the very cells of your body begin to transmute into the pure light frequencies from which they are made. The elements that make up your body were made in stars, and you turn back into a star in your own mini supernova. This is the final state described by the alchemists – the unio mystica or sacred marriage in which all your constituent elements dissolve back into one another, and out of your base matter symbolic gold is formed. Like all the siddhic states, transfiguration is not a common phenomenon. You can see how powerful an influence it has over the world through its manifestation at the end of Jesus' life. Other cultures where it has happened have been mainly insular so, popularly, it has been considered legend. One might ask why it hasn't occurred somewhere more recently in the age where it could be widely reported or even filmed. The answer to that question lies within the script inside our bodies. What is certain is that it will occur again and probably on a far larger scale than has ever been seen before." "On a cosmic level, transfiguration doesn't end. The whole of our planet – humanity, all the creatures and the earth herself – will eventually be transfigured. Transfiguration on a social level must include the entire planetary organism because despite our current perspective, we are really the mind and eyes of the earth rather than being separate from it. There will come a time when all the elements that make up our planet vibrate at such a high frequency that the world as we know it will disappear into a field of vibrating light." Before this unprecedented and fantastical event, which is in the far future as we measure time, the phenomenon of individual transfiguration will become more common. This is due to the activation of the 22nd Siddhi of Grace, the programming partner to this 47th Siddhi. These two Siddhis operate as one, which means that for an individual to attain the state of Transfiguration, he or she has to be touched by Divine Grace. No one can say when, where or to whom Grace will occur, but it is an aspect of the Divine Feminine principle, which is a part of the current cycle of incarnations. Divine Grace can only touch those who work through the 47th Siddhi because these individuals have to take on the collective karma of the whole of humanity."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 48



SYNERGY AWAKENING CODE N° 48

Culturization

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 48th Life Code is the gate of depth in Human Design and in the original I Ching hexagrams it's "the well". It's that thing people come and dip into, that gives them sustenance.

At the shadow level, you get inadequacy. The mind is incapable of tapping into that resource because it's not the mind's prerogative to tap into that resource from that place of mental conditioning, it's actually an avoidance of that resource when you're in your head about it.

When you're jumping into the gift you tap into resourcefulness, to the very energy that builds wells, and for that matter, that knows how to find wells, because water is something of a metaphorical symbol for the sustenance of all life. If you think of it at deeper levels, what would be water in terms of the kind of knowledge you would need to build a city or create schools or any number of things.

Wisdom is about drawing from human experiences, those elements that can move us into the future in the best possible way. And that includes all the things that the metaphorical water in the building of the well and being able to tap into the well and take the resources from the well and everybody can take the resources from the well. So wisdom is something that impacts everybody in a very useful and elegant, uplifting and abiding way too. It's something that can abide through time, and nourish and support others in terms of a resource that can be drawn upon for many different kinds of projects to be realized that support humanity. So it's kind of like a well of patterns, useful patterns, because it's a logical gate in its capacity, as well as tapping into the very moment right now and going to the very deepest levels in this very moment to bring out whatever wisdom is needed to realize. So it's the depth and the availability of patterns at all levels to solve and resolve anything that's any kind of issue.



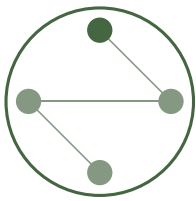
Wind/Water

The Well

The Wood draws life-giving Water from the earth and distributes it in all directions.

Get to the root of things. Work for the common good and help others. Let caution prevail, for the bucket with which you draw water is fragile.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 48

The Wonder of Uncertainty

Extracts from GENE KEYS © Richard Rudd

SHADOW : Inadequacy
GIFT : Resourcefulness
SIDDIHI : Wisdom

48th Gene Shadow : Inadequacy

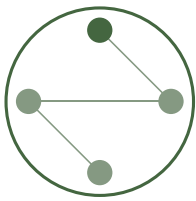
"The 48th Shadow seeps into our genes to undermine us through a deep sense of emotional inadequacy. As we go through the tender time of puberty, society's conditioning sends us very confusing and contradictory messages about how to handle our emotional and sexual nature. Most people have little idea how profound and delicate this developmental stage is for young people, and for the most part they are left to deal with it on their own. The result is that few emerge unscathed. Until quite recently, emotions were generally seen as something that undermined intelligence, which was understood as being equated only with rational thinking. Thankfully, emotional intelligence – also known as EQ – is now increasingly recognised by more and more people. The fact is that your EQ is a perfect counterbalance to your IQ, and together they make up a well-rounded intelligent individual. Most people have never learned to take full responsibility for their emotions. They get caught in the drama of projecting their emotional states onto others. The 48th Shadow is responsible for creating these emotionally illiterate generations. If we don't know how to handle emotional states with equanimity, integrity and clarity, we never fully enter adulthood, but remain at some level children." The frequency that the 48th Shadow releases into the cells of your body emerges as a profound uncertainty about the future and your ability to handle it. When coupled with its programming partner, the 21st Shadow of Control, these two Shadows program human beings to try to stay in control of every area of our lives. We create a false reality of details, timelines and systems, all designed to make us feel more secure. The irony is that nothing external can take away our core fear of inadequacy. An even darker side to this Shadow concerns the manipulation of this fear as a means of controlling others. The feeling of emptiness experienced at the Shadow frequency drives human beings to try to fill this inner void through the acquisition of knowledge. But knowledge cannot take away the fear. Knowledge has both a dark side and a light side. Whereas the light side transforms knowledge into wisdom (its higher counterpart), the dark side becomes addicted to knowledge as a means of distraction and false security. "The 48th Gene Key is quite simply beyond human understanding. It is a portal to the infinite, and there is nothing like infinity to raise the spectre of inadequacy in the human mind! The original Chinese name for this archetype is The Well. When you look down the well, you have no idea how deep it is or what lies at the bottom. The 48th Shadow is like a bottomless black hole. It is the primal fear of the feminine and was enacted in archetypal form during the great witch-hunts that took place across Europe during the Middle Ages. Out of the 48th Shadow humanity's deep paranoia is born – these are the men in black, the aliens, gods or governments who seem to be manipulating our lives. It is the fear that someone else might be in possession of knowledge that can be used to control you. Of course, the true source of the fear is within, but that does not stop human beings from projecting it outside ourselves onto all manner of people and phenomena." Another major manifestation of this 48th Shadow is the urge to create more and more wealth. This urge too is rooted in our fear of inadequacy. The Ring of Matter programs us to try to escape the fear through the material realm, rather than turning inward to the source of the discomfort itself. However, no amount of material wealth can make us feel secure, since the fear itself is rooted in the physical structure of our DNA."

REPRESSIVE NATURE – BLAND

The repressive nature of the 48th Shadow forms the collective blandness of the mass consciousness. These are the sheep whose fears are buried beneath the surface by whatever the system tells them. The majority of people on our planet fall into this category. This consciousness is too afraid to look into the fear within its body, so it settles into the fixed patterns given to it by society. Of course, life arranges events in all people's lives that force them to face their fears. However, unless such events precipitate a major awakening, the repressive nature tends to bury its head even deeper in the sand once such periods pass.

REACTIVE NATURE – UNSCUPULOUS

The other side of the 48th Shadow is seen in those who feed the general sense of inadequacy in others. These are people whose rage does not allow them to admit that they are also afraid and so they become victims of the system in a different way. These people use their knowledge to manipulate the fears of others while hiding behind the system. They keep their own fear at bay by externalising it, and they increase the general level of fear by their unscrupulous actions. Such behaviour greatly reinforces the Shadow frequency. It is because of these people that humanity feels a general paranoia. We know that there are people in positions of power throughout the system who do not care about others at all, but we cannot always see and identify them. This gives us the feeling that all of society is impersonal and beyond our control.



GENE KEY N° 48

The Wonder of Uncertainty

Extracts from GENE KEYS © Richard Rudd

SHADOW : Inadequacy

GIFT : Resourcefulness

SIDDHI : Wisdom

48th Gene Gift : Resourcefulness

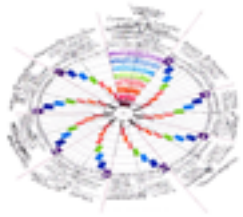
"The secret of moving beyond the reach of the 48th Shadow can be found in a single word – trust. As you learn to trust life on a broader scale, the well begins to reveal some of its secrets. Life invites you to begin by trusting the Shadow frequency itself which means that you have to enter into your fears. Since the 48th Shadow is a very physical fear vibration deep within the body, this can be very uncomfortable. This fear does not come and go but is always there, fixed and focused inside you. By entering into this field of fear, you actually lessen your mental anxiety even though you cannot remove the fear. It is a process in which you slowly learn to stop being afraid of fear itself. Instead of hiding from the darkness inside you, it is as though you finally lower a bucket down the well and then pull it up to see what it contains. What you receive is a wonderful surprise. Out of the well come all manner of solutions to all manner of challenges in the world around you." This is the essence of the Gift of Resourcefulness. As you learn to trust that an answer will always emerge at the right moment in your life, your sense of fear and anxiety gradually begin to fade. The wonderful thing about the Gift of Resourcefulness is that it is self-fulfilling. Each time the bucket comes up out of the well, it contains exactly what is needed at that particular moment." It is through your unknowing that the pearl will be delivered to you, so you must neither repress nor react to your fear; you must simply sit with it. This state of surrender into not knowing the answers is hugely powerful in its honesty. It is about trusting in the great force field that lies beyond your normal sentience. The force field is always there but your body usually reacts according to its conditioned programming coming through the collective fears of the Shadow frequency. As you learn to trust your not knowing, life resolves itself effortlessly and beautifully and a natural process of deconditioning takes place inside you. Generally speaking this process takes a minimum of seven years, since that is how long it takes for the body to learn or unlearn cellular patterns." Every human being is designed to prosper because life itself is prosperous. Prosperity is an entirely different phenomenon from wealth. To prosper, all a human being needs is a little more than enough, whereas to be wealthy means to have a lot more than enough. Wealth by this definition is formed out of the need for security, which has already been shown to be an illusion and is rooted in the fear of the Shadow frequency." Another vital aspect of the Gift of Resourcefulness is its integrative power. All of your inner talents and resources are ultimately designed with a built-in programming agenda – to offer service to the whole. In this sense all true talent is holistic. Your inner well exists only to serve others." When we learn to see through the eyes of the 48th Gift, we will unlock the secret of free energy – the infinite resource at the core of creation. This is the breakthrough that will truly herald a new global age, as it will resolve all our energy needs simply and quickly, and will make every home or community clean and self-sufficient."

48th Gene Siddhi : Wisdom

"The question of all seekers of wisdom is how to attain it." The answer lies within the question itself, just as it lies within the individual. The only true manifestation of wisdom is complete ordinariness. When this Siddhi dawns within an individual (a paradoxical sentence in itself) that individual ceases to exist but becomes an aspect of the whole, functioning spontaneously and innocently. The irony is that this is exactly what the individual was before wisdom occurred. In other words, wisdom changes nothing inside us. It is this realisation that brings about wisdom! There is nothing wiser in all of humanity than the physical body. When a human being discovers this secret they begin to tap the source of universal wisdom. Wisdom is rooted in utter trust of your body. Through the eyes of wisdom, everything within the sphere of human experience can be reduced to simple physical sensation – even thinking. The body must be allowed to feel the way it feels, it must be allowed to think the way it thinks, it must be allowed to act the way it acts. Nothing the body does can ever be wrong. It is the false concept that there is a way to be harmonious and a way to be inharmonious that is the root of all human dilemmas. There is nothing but harmony, and there is nothing but wisdom." We began this 48th Gift by seeing how inadequate human beings can feel when faced with the many challenges we each have in life. We are designed to feel this inadequacy because it is the beginning of our journey. There is wisdom even within this inadequacy because it is felt by the body. Your mental anxiety is also an aspect of your bodily wisdom, as are your desires, fantasies, anger, contempt and lust. Everything begins with the body and ends with the body. If every feeling is allowed and lived out fully and in trust, then this deep inner vibration of fear within you must eventually fizzle out. " At this stage of deep wisdom, you can no longer discriminate between physical sensations. The feeling of intense bliss for example is no different from the feeling of lust or even physical pain. The body simply follows its own wisdom and this wisdom dissolves that which identifies with the sensations. As we said earlier, what the 48th Siddhi leaves behind is an absolutely ordinary human being."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 49



SYNERGY AWAKENING CODE N° 49

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 49th Life Code in Human Design is the gate of rejection. It is “revolution” in the original I Ching hexagrams.

Which is very interesting at the shadow level, it is based on reaction. Sometimes we need to separate from things that are not supporting what we need to have occur. And it is also what's behind the gate of divorce. It is also the gate of taking life. The gate is very connected to the establishment of principles to live by. As it is the codon of histidine (an amino-acid) it is the force of the whirlwind and it is what's going to bring in an evolutionary mutation through the human form. These new beings won't even be able to eat animals, they will be pure vegan. In the history of humanity, there is this strange agreement between animals and humans about taking their life for sustenance, which can be viewed at the shadow level as a reaction to, instead of a response from, how to survive in the wilderness.

A true principle at the level of the gift would be revolutionary, because the gift is revolution. It is about the revolution of principles that have been sustaining man up until now. We can all survive easily on veganism, thereby never taking animals' lives ever again. In the past, that is something that may have been needed out of contingency and unavoidable circumstance and being remote from any sources of food. And that was the only source of food. So it is understandable how that may have been in the past. But now, with revolution, we're starting to see the survival of human beings through their food sources in a whole new way, and how it impacts the planet. If we continue to do factory farming, we're going to wipe out everything. It is not just how we handle those kinds of resources, but also how we handle the likes of gas and oil. Based on the work around methods of creating free energy by Nikola Tesla in the last century, we don't even need to use these resources. Unfortunately, the powers that be do not want to support this work.

At this level of the siddhi, it is about rebirth, rebirth in humanity. This means the death of all the old ways that depended on destructive methods and destroying things and destroying life in order to provide for other lives. It is strange that you want to propagate your own life by killing other lives. It seems strange yet understandable in the past. But in the future, it's going to shift. There's going to be a rebirth in the way we manifest our principles. Principles simply mean how we see things and how we see that things need to be in order to sustain our existence. That will shift through this Life Code. Along with the 55th code which will actually bring about the mutation.



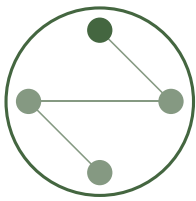
Fire/Lake

Revolution

Fire and Lake are in conflict, their interest oppose each other.

Choose the right moment for acting and the base for great innovations by careful observations of events. Perseverance brings success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 49

Changing the World from Inside

Extracts from GENE KEYS © Richard Rudd

SHADOW : Reaction

GIFT : Revolution

SIDDHI : Rebirth

49th Gene Shadow : Reaction

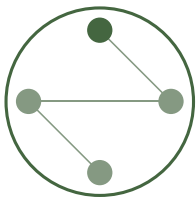
"The 49th Shadow of Reaction is one of the most powerful of all the 64 Shadows in terms of how it governs human behaviour. Unless there is some glimmer of awareness in this Shadow, your raw emotions will absolutely rule your life and the decisions that shape your life. For many generational cycles, this part of your DNA has been slowly and steadily evolving. In its rawest form it manifests as the ability to emotionally cut yourself off from others although, as we learn at the higher frequencies, this notion that you can be emotionally separate from another person is one of the great human illusions. Originally its more ancient purpose was to enable us to kill – both the creatures around us and each other." "Nowadays it is perfectly possible for human beings to survive indefinitely on a purely vegetarian diet. With our settling into communities and tribes based around a more agricultural lifestyle, the 49th Gene Key continued to evolve. In many ways it has made us more sensitive to our environment and to each other. However, this Gene Key has only evolved so far. The more tribal your community, the greater is the fear for your safety. The tribal gene pool by design is self-sustaining and is threatened by other gene pools. A darker side of the 49th Shadow is its propensity to kill human beings who appear to be threatening. The more tribal your mentality is, the easier it is to emotionally detach from others. Therefore what we see out of this Shadow is the human tendency to view the outsider as inhuman in order that we can kill them. Today some of the world has developed beyond the tribal gene pool mentality, but the greater proportion has not. The war that is currently raging across the world stage – between the newly emerging global consciousness and the old traditional tribal ways – is largely due to a collective mutation taking place within this 49th Gene Key. There are those who are sensitive to life and those who are not, and the gap between the two genetic groupings is ever widening. It is important to see clearly that there are insensitivities on both sides of the fence – the global consciousness can be highly insensitive to the tribal and vice versa." "You can see the mutating nature of the 49th Shadow most clearly through your relationships. All relationships connect us to the tribal consciousness of the planet. If you want to understand what is occurring to this aspect of world consciousness, look no further than your most intimate relationships. The 49th Shadow is the Shadow of Reaction, and reaction cannot occur without a relationship. It is a knee-jerk response to an outer stimulus. The bedrock of the 49th Shadow is the married couple. It is irrelevant whether or not you are married legally. What is important is that there exists an intimate emotional and sexual coupling. The power of the 49th Shadow can be seen most clearly at an individual level through the constant reaction patterns that take place between the sexes, even in same sex couples. These patterns are built into the matrix of the relationship; otherwise there would be no sexual fire to ignite the relationship in the first place. The fuel of Reaction is the fear of rejection. This fear governs all emotional and sexual patterns at an unconscious level. The more sensitive you are, the nearer the fear is to the surface, which can be both a blessing and a curse. If you have some awareness, you may be able to see your own reaction patterns at work every time you have a disagreement with your partner. With a lot of awareness, you may even prevent yourself from reacting at all, whilst still feeling the emotional charge racing through your body."

REPRESSIVE NATURE – INERT

The repressive side of the Shadow of Reaction is absolutely no reaction. In many people, because of early childhood conditioning or some shocking event, proper emotional functioning is curtailed and results in a shutting-down or dampening of one's emotional chemistry. This manifests as a kind of emotional inertia or dryness in which the deep fear of rejection is so buried that it appears to be absent. These are people whose emotional lives may appear the most stable of all, but they are lacking in juice; their sexuality has dried up and there is no fight left in them. All emotional zest has been compromised for the sake of a false harmony. Many relationships follow this safe pattern in which the partners hardly communicate with each other – at least not in any depth and without ever exposing vulnerability. Such relationships exist only at the surface of life and conceal a huge, rarely admitted disappointment.

REACTIVE NATURE – REJECTING

All reactive natures are essentially founded upon this fear of rejection. This aspect of the 49th Shadow rejects before it feels rejection. These people push others away at the first sniff of someone coming too close to them. As their relationships become more intimate, the fear becomes greater. These people usually terminate their relationships before they can be hurt. Therefore, they often end up alone, preferring not to run the risk of being hurt. Of course in spending their lives alone, whether they want to or not, such people never feel a true fulfillment in life because by design they are meant to be in some form of committed relationship. The only stable relationship that such people could have is a relationship in which the two people rarely see each other. They may even live together, but do so without ever really having to communicate.



GENE KEY N° 49

Changing the World from Inside

Extracts from GENE KEYS © Richard Rudd

SHADOW : Reaction

GIFT : Revolution

SIDDHI : Rebirth

49th Gene Gift : Revolution

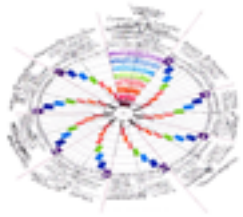
" Revolution occurs wherever stagnant energy is brought into awareness. It is a direct result of your realising that you are ill. Given the potential violence and intolerance within the 49th Shadow, you can be sure that it will not let you go without a fight. There is a genetic revolution underway right now, and one of the first things it will do is throw out the old genetic material. One way to interpret this is that everything that is rotten in the 49th Shadow will be brought up to the surface. When we view humanity from the level of our genetics, it allows us to look at things objectively, without our conditioning and prejudices. It means that we can look at what is happening in the world and understand why things are occurring. This understanding (coming from the programming partner of the 4th Gift) is what enables us to overcome our tendency towards reaction. However, there is a very powerful force latent within the 49th Gene Key that must continue to find an outlet. The same energy that leads to killing at a low frequency retains its destructive capacity at a high frequency. At a high frequency its purpose becomes the destruction of all things of a lower frequency. This is the ideal archetype of revolution." Along with the 49th Gift comes an enormous longing to reform the ineffective ways in which society operates. People strongly influenced by this Gift are frequently involved in some form of inter-racial social reform. The 49th Gift does not produce the kind of revolution that history has so often seen – it gives birth to revolutionaries, not to reactionaries. This urge to improve the world is anchored in a deep understanding of the world. People with the 49th Gene Key in their hologenetic profile have a deep understanding of the limitations imposed upon civilisation by our emotional inability to see beyond our tribal creeds. Their role is to assist in pulling down these old perspectives based upon fear and territory. However, while this Gift seeks to throw out the old ways, it also understands that certain aspects of the past must be kept intact and nurtured to fulfilment. The 49th Gift is a power that is already beginning to flood the awareness of many people across the globe. You can easily tell the difference between the reactionaries and the true revolutionaries. The reactionaries base their reforms on their anger and fear, whilst the agents of the 49th Gift are not victim to their old emotional prejudices. They do not provoke further reaction but seek to resolve conflicts and at the same time implement radical changes and ideas based upon a grand vision of the future. The nature of the Gift frequency is beyond fear and is anchored in a deep goodwill towards all creatures." Above all, the 49th Gift understands how the current system works, which means it also understands how long it will take to change. The vision carried through the 49th Gift is an imprint emerging from the collective unconscious, and this deeply mystical truth is what unites all those working at the Gift level. As more and more people either raise their frequency naturally or are born into future genetic vehicles in which the 49th Shadow has been neutralised from birth, the world culture will begin to see the shape of these reforms spreading throughout our societies."

49th Gene Siddhi : Rebirth

"The shift in perspective from the 49th Shadow to the 49th Gift is vast, but the dimensional shift from the 49th Gift to the 49th Siddhi is like moving into hyperspace. The very same energy configuration within our DNA that allows human beings to kill other life forms actually carries the impetus that will give birth to our total freedom." At the Gift level, the 49th Gift of Revolution is still prone to going around in circles. Once we have escaped the vibration of fear, our world will indeed be different." The secret lies in the expression mystical divorce. Revolutions by the nature of their name keep coming around. After the coming shift in consciousness, humanity will settle into a new pattern and a totally new cycle." The 49th Siddhi conceals an archetype that appears to be a part of all human evolution – that of Rebirth. In other words, every once in a while along the evolutionary chain a new species is born out of the old species. In paleoanthropology, this is known as the Eve Theory or single origin hypothesis. However, despite its origins, the new species – like the mythical phoenix – has nothing in common with its parent. It rises up out of the genetic material of the old and takes a whole new direction. This is the core of the 49th Siddhi – and it is the meaning of the term mystical divorce. Revolutions keep going round at a certain level of frequency, but evolution is a spiral requiring sudden leaps. At such times, revolution gives way to rebirth." This evolutionary leap into a whole new way of functioning depends upon us following our Gifts. If we cannot create the waves of the new revolution at all levels of society, then the rebirth that takes place at the zenith of consciousness, in the realm of the Siddhis, cannot take place. The rebirth is the organic flowering of the revolution. Just because we cannot fix the world as it is, does not mean that we cannot make the world a better place. Our vision of the perfect future is precisely what creates the necessary frequency shift that will trigger the genetic forking of our species. It will happen because it must happen, but we must still create that happening. This is the paradox." The entire realm of the Siddhis is the realm of Rebirth. You cannot attain the siddhic state of consciousness without being totally reborn. Every human being who has ever arrived at true enlightenment has experienced such a rebirth. "



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 50



SYNERGY AWAKENING CODE N° 50

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 50th Life Code is the gate of values in Human Design and “the cauldron” in the original I Ching hexagrams. It is the place where we collect and we become custodians of whatever it is that serves us well in our life. Where we gather all that together, and where all the different tribes are examples of how we collect all that in various ways. It’s a pool, it’s like a pool of resources when we bring all that together. It is what we’ve got to pass on to our young and as such it serves as a kind of collective storehouse. It is that kind of a gathering point where growth is occurring, and the sun is nurturing that growth. The I Ching card can act as a metaphorical image which can be meditated upon, as with all of these cards, in order to deepen your understanding. These cards are at the universal level, they’re showing something that is always in relation to great nature as a method to transmit the human condition that is derived through the shadows, gifts and siddhis.

So at the shadow level, it’s corruption. And corruption just means there’s a lot of elements entering into that that are extraneous to the pure resource pool that obviously have to do with a downgraded version of the best way that we could preserve our knowledge to pass on to future generations. There are a lot of reasons why that could be, due to environment and circumstances. Nowadays with the internet, all the resources seem to be available if you know where to look, but in the past that was not the case.

So, at the gift level of this Life Code, we are reaching a kind of equilibrium, where every tribe can access every resource and that’s what equilibrium means. We find equilibrium to maintain, to sustain all the different types of resource pools that humanity needs to continue evolving into the future and to pass it on to our future generations, which are always going to evolve whatever we’ve done. This Life Code is where that is possible.

At the level of the siddhi, it is harmony. In harmony, we tap into the greater movement of the whole and the way resources are allocated there. As we tap into that, we can literally learn how best to facilitate that. How best to nurture our descendants into the future, to ensure their survival and, of course, their evolution, their greatest possible growth.



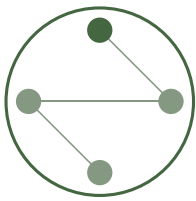
Wind/Fire

Sacrifice

Wood and Wind feed Fire. Matter rises into the invisible. The sacrificial urn stands on fire.

Give up something you cherish in order to dedicate it to a higher purpose. By submission you find your position in life and recognise your fate. Success will follow.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 50

Cosmic Order

Extracts from GENE KEYS © Richard Rudd

SHADOW : Corruption
GIFT : Equilibrium
SIDDHI : Harmony

50th Gene Shadow : Corruption

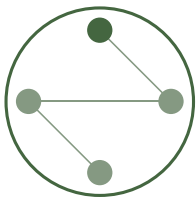
"The 50th Shadow is the Shadow of Corruption. More often than not, we think of political and social corruption, where those in positions of authority misuse and abuse their power for the purpose of personal gain. In examining this 50th Shadow however, we need to consider the word corruption in another context – that of data corruption. Data corruption is an expression that denotes the incorrect translation of computer data during transmission or retrieval. Even though this 50th Shadow has to do with the social values of human beings, by thinking of corruption in this more impersonal way we can understand the word at a far deeper and more objective level. In life there are natural laws that govern human beings. An example is our tendency to operate in hierarchies, behaviour which is born out of our mammalian ancestry. As well as these natural laws, there are man-made laws that attempt to maintain a certain level of order within our societies. It is because we still operate out of a hierarchical consciousness that we need such social laws to govern our hierarchies. However, social hierarchies create a climate of deep division among human beings, since they give birth to comparison, which in turn leads to greed, desire, jealousy and inevitably social corruption. The human tendency to operate in hierarchies derives from our need to compete with each other, which comes from an older part of our brain that favours individual survival, or at best tribal survival. The Shadow frequency is created out of these archaic aspects of human awareness that are based on fear. However, other possibilities exist as the human brain thankfully continues to evolve." "At the Shadow frequency, data that is processed by the human brain is translated through the medium of fear. As this occurs the data is corrupted, leading to a slanted manifestation in the world." "The ancient Chinese name for this 50th hexagram of the I Ching is generally interpreted as Cosmic Order and its symbol is a cauldron. The sages of old evidently understood the archetypal role of the 50th Shadow at its highest frequency. When the frequency running through a whole society decreases, chaos and corruption rule. There are many examples of isolated societies and tribal groups that lived at a high frequency and enjoyed a peaceful existence. However, problems occur when different races, families and customs converge and try to live in the same general territory. It is then that the old fearful brain thinking once again springs into action. This fear misinterprets and corrupts data. Corruption can therefore be understood as the symptom of a collectively created reality. Corruption requires hierarchy in order to exist, and hierarchy is a low frequency attempt to maintain order within a community. By and large, the moment you create a law, one might say that you also create a rebel." "Corruption is rife throughout the socio-political and economic systems across our planet. The wealthiest countries are trying to maintain global equilibrium through hierarchical control, whilst at the same time being riddled with their own corruption. Almost everywhere one looks, the fear-based thinking of the 50th Shadow is at work. However, as we humans will eventually learn, you can never tackle corruption by targeting individuals, individual groups or even individual countries. To restore equilibrium to this planet, we must look deeper than corruption itself. Corruption is merely the by-product of a deeply flawed worldview, and until one the core problem – hierarchy itself – is tackled, corruption will and must continue to flourish."

REPRESSIVE NATURE – OVERLOADED

The 50th Shadow of Corruption creates two types of human beings – those who are victims of the hierarchy, either through reaction or submission, and those who take advantage of it for personal gain. Those who submit to hierarchy are those who fear it and, in such people, this fear creates repression. These people are overwhelmed with the weight of the world and with the responsibility of protecting those closest to them. They are the victims of the hierarchy itself, and form the great majority of those caught up in the system. Unable or unwilling to escape the system, they usually live lives in which their dreams are compromised due to their perceived social responsibilities. This low frequency creates a stalemate because it is in their dreams that their creativity resides. Only when the deep fear is faced can their creativity force an outlet for them to transcend the system.

REACTIVE NATURE - IRRESPONSIBLE

Those who take advantage of the hierarchy are as much victims of the system as those of whom they take advantage. In such people, the fear emerges as unconscious anger, which can be expressed either up the hierarchy at the leaders or down to those below. These people are irresponsible in the sense that they feel they are not accountable for the results of their actions. They are the empire creators, the industrialists, the competitive businessmen and women who are obsessed only with gain and status. They are also the rebels, criminals and corrupt officials at all levels of society. Collectively these people are the expression of the ugliness inherent in all hierarchy, even though they live out such lives for the most part unconsciously.



GENE KEY N° 50

Cosmic Order

Extracts from GENE KEYS © Richard Rudd

SHADOW : Corruption
GIFT : Equilibrium
SIDDHI : Harmony

50th Gene Gift : Equilibrium

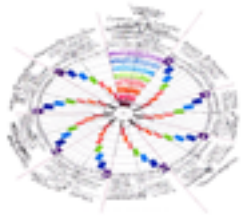
"If the data passing through the human brain is corrupted via the 50th Shadow then one must ask the question "What does it look like when it is uncorrupted?" The answer is that within every human being is an inherent code for creating harmony, both on an individual level and on a global level. Here in the 50th Gift is found the inner fulcrum upon which balances the quality of our lives and our future possibility for world peace. As the Gift of Equilibrium, this 50th Gift also holds the key to deep inner peace." Intimacy is the key to manifesting equilibrium in the world. Intimacy in this context refers to honesty in interaction with others. The vital role of honesty is to create a clean group aura in which all hidden agendas are laid on the table. Without this, no true equilibrium can ever be reached." Carl Jung said "Nothing has a stronger influence psychologically on their environment and especially on their children than the un-lived life of the parent." This is highly relevant to the 50th Gift, which has much to do with the way in which values are passed on from one generation to another. Repressed secrets or emotions lying between the parents will emerge through the life of the child, creating an atmosphere of unrest, unless both parents take responsibility for the manifestation themselves. Obviously, most parents do the opposite and assume it is the child that needs fixing, helping or disciplining rather than themselves. This universal law applies particularly to children in the first seven years of their lives. Beyond this phase behaviour is fully imprinted and the child may indeed need some form of deep understanding to shed the emotional load that has been unconsciously placed upon his or her shoulders. Through attending to the mirror of their children's behaviours, parents with children under the age of seven years have a golden opportunity to clean the aura of their relationship and bring deep-seated equilibrium into their family." This same law can be applied to larger social groupings, businesses and entire communities. At high frequencies the 50th Gene Key creates powerful ripples and electromagnetic currents that have the remarkable effect of bringing groups into equilibrium. Wherever a 50th Gift is found in a person, a point of equilibrium exists within the fabric of the social group, be it a family, a business or even across a whole race. Those people who carry the 50th Gift as a prime Gene Key have a great responsibility in the world. If the cauldron of the 50th Gift represents the social values of a particular community or family, then the role of the 50th Gift is to balance the ingredients in the pot, in order to create a state of equilibrium." We have seen that the 50th Gift holds a kind of genetic blueprint for social equilibrium. Because of this it is a deeply complex archetype. Maintaining social equilibrium involves fulfilling the needs of both the individual and the group as a whole. In this capacity, the vision that the 50th Gift holds is based upon the notion of heterarchy, a social model beyond hierarchy, and discussed in more depth in the 45th Gene Key. In a nutshell, heterarchy is based upon the principle that if an individual is not in balance then the group has no chance of finding balance. Heterarchy thus places individual equilibrium before all else. This through encouraging a process of individual creative empowerment where each individual is given an extraordinary gift – trust. By trusting the individual to take responsibility for his/her own contribution to the group, a very powerful energy field builds within that group."

50th Gene Siddhi : Harmony

"The 50th Siddhi produces experiences that harmonise human awareness with celestial or universal consciousness. To experience true harmony in a human body, you first must have dissolved all sense of separateness. Only then can you melt into the so-called harmony of the spheres. It is only here in the 50th Siddhi that one really understands the higher meaning of the symbol of the cauldron. In many cultures, the cauldron has been a symbol of the form or vessel that receives higher consciousness into itself. At the siddhic level all imbalances within the subtle bodies must be destroyed in order that the cauldron of the physical body can become a vacuum. When this occurs within the DNA of a human being, the body becomes a deep resonant chamber for the highest universal frequencies. Such frequencies actually have the effect of dissolving the body itself so that the true cauldron is experienced as the universe. In some cultures the cauldron has also been seen as a great drum and the movements of the planetary and stellar bodies are the rhythms played upon this drum. It is also through the 50th Siddhi that we see the true underlying nature of human society – that we humans are fundamentally elements of music." When the 50th Siddhi begins to break through in human beings, an all-powerful current of harmony begins to shower the people with whom they are allied. Deep and hidden issues are brought to light in order that social equilibrium can occur. As the Siddhi occurs in one human being, it triggers the Gift in all those around them because the power of the celestial frequency drags consciousness out of its lower manifestation at the Shadow level. Through this 50th Gene Key humanity is destined to arrive at cosmic harmony, although such a concept will require a sustained period of equilibrium before the scales finally activate the higher harmony. We know this higher harmony as oneness with God."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 51



SYNERGY AWAKENING CODE N° 51

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 51st Life Code is the gate of shock in Human Design and “the arousing” in the original hexagram. You could imagine yourself standing there one day and, all of a sudden, there is a road placed in front of you that is going to lead somewhere right out of nowhere. And you realize you have to take that road, and you have no choice. So you kind of have to go with it and accept this is happening.

But what occurs at the shadow level when you are lost in your mind? Agitation. That’s what the shadow is, agitation, you’re agitated, and it’s like “Do I really have to drop everything and go in this direction? I’m just agitated, I’m perturbed. I don’t want to do it.” The funny thing about this agitation is that it is the energy that is generated by your resistance to the fact that you already are acting and you really don’t have a choice. Every single one of these Life Codes are going to manifest, whether we agree with it, or resist it and be in our mind, fight it or not. So even if we don’t want to be agitated, we’re going to be agitated, and we’re still going have to go down that road.

But at the gift level, it serves a different purpose that is being driven by initiative. Not only do we not disagree, we embrace it. Then we absorb ourselves into where our way is leading. It’s not only a question of our initiation into that which moves us but that we initiate our own movement and it is also about perceiving that kind of initiation. So the road now becomes something that’s going to open up to us. What’s more, it can also attract others. Through the very dedication to that road, by being fully initiated into it, and trusting and going with it, others can also be affected, to initiate something, a movement, for instance.

At the level of the siddhi you are being initiated into your own eventual awakening which is the only thing we’re really ever being initiated into down the ages through all of the spiritual paths. The only thing standing in the way of that is really your own agitation at being shaken up because you are standing in your own way. But then eventually, at some point, you surrender and accept that you are going to take this initiation. I’m not going to take it personally, this person who’s awakening me, they’re just serving as a vehicle. I’m surrendering to them, it’s to what’s coming through them, that puts me in touch with the same thing. So eventually I could be tapped into that source of awakening myself.



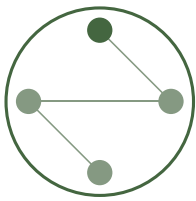
Thunder/Thunder

Shock

Repeated Thunder. A shock first causes fear but then spreads out and brings "good" vibrations.

Colossal movement. Do not be confused by initial fear but meet force with respect and composure. Turn inwards and bring order into your life.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 51

Initiative to Initiation

Extracts from GENE KEYS © Richard Rudd

SHADOW : Agitation
GIFT : Initiative
SIDDHI : Awakening

51st Gene Shadow : Agitation

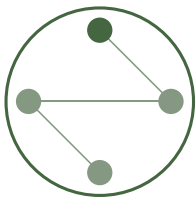
"Until you can elevate your consciousness into and beyond the higher frequencies of the Gift level, you will always feel this sense of agitation inside you at some level. The reason that the 51st Shadow creates such a disturbance in the energy field of human beings is quite simply because life is beyond our control. "" At the Shadow frequency the perceived randomness of life creates a deep insecurity in human beings because of this underlying fear that something bad could happen to you at any moment. ""Shocks are a part of all human life, but at the Shadow level where fear reigns, the possibility and fear of shock continually unnerves us. ""Without trust, human beings stay in a state of agitation – we tend to be jumpy, nervous and stressed. We either shy away from life out of fear or we rush at it out of rage or panic. Your frequency determines how you view shocks, as well as how you handle them physically and emotionally when they do come. At a higher frequency, shocks are like wormholes to a new and potentially higher dimension. Shock directly challenges the very bedrock of your reality and your attachment to that reality. In this sense, the true role of any shock is to chip away at your sense of separateness from life and release you from the false security of the Shadow consciousness. "" The 51st Shadow devotes all its energy into trying to stave off the inevitable. It lives in denial of the ultimate shock – the fact of physical death, and in denying death it actually throttles life. ""Given that the 51st Gene Key is also responsible for the human competitive spirit, we see humans fight only for themselves and their own benefit without any sense of higher purpose. The competitiveness of the 51st Shadow is about needing to be first, not in order to better yourself, but to feel superior to others. The human competitive spirit can be a very ugly thing at the Shadow frequency because it can so easily brush aside others in its relentless push towards the top. It literally views all others as a means to rise higher, and in that sense it uses other people for the sole purpose of its own advancement. In this sense, superiority is a feeble attempt to allay the inevitable. All those who have risen to the top of the hierarchy throughout history are eventually humbled by death. "" Agitation never leaves you alone but continually prompts you to do something in order to get some kind of reaction. It will do anything to release its restless, electrical energy. This can lead to all kinds of reckless and foolish acts, done simply for the sake of releasing the agitation. The 51st Shadow can drive people to do things that others would never dream of. This leads to a strange phenomenon that can occur to people strongly influenced by this Shadow – they can actually experience a state of fearlessness. However, this fearlessness is not a true fearlessness based on trust. It occurs when the state of agitation becomes so strong that it wants to extinguish itself, and in doing so it drowns out the fear within the body. "" The 51st Shadow impacts the collective through highly unusual and often dangerous individuals. ""These people are the agents of shock in the world, deepening the mass consciousness fear that nowhere and nothing is safe. ""It is remarkable to see how just a few individuals living out the extreme of this Shadow can exert such a huge influence over the rest of the world."

REPRESSIVE NATURE – COWARDLY

When refracted through an introverted nature, the 51st Shadow manifests as a kind of cowardice. These are people who steadily lose hope concerning life and, instead of lashing out like the reactive nature, slowly shut down and turn inward. These can be highly depressive people with little or no enthusiasm for anything in life. The cowardice here lies in the repression of a very powerful nature. These people simply allow fear to rule their life, even though they have the power within them to pull themselves out. The real fear is of facing the fear itself. Ironically, by facing the fear it is shown to be an illusion. However, such natures rarely find the individual courage to break the illusion, preferring instead to wallow in a repetitive cycle of self-pity. To break out of this cycle of depression these people have to wake up to the fact that only they can rescue themselves.

REACTIVE NATURE - HOSTILE

The extroverted version of this Shadow manifests as hostility. This hostility is the result of the dangerous pairing of a fearless rage and a deep sense of futility. These natures bring outer shock into the world, obviously in varying degrees. At an emotional level these people have no real sense of respect for human beings. They tend to be drawn to any sphere of society where competition is worshipped, from business to sports. They are generally loners with deep-seated emotional boundaries. They often throw themselves into highly dangerous or risky situations where they may even face death. With the reactive nature, the profound sense of agitation that underlies this 51st Gene Key projects itself onto others. Thus these people also provoke hostility in others, but without any real agenda. They simply do it because they cannot help themselves and do not care. The only way for such a pattern to be broken is for these people to channel their agitation into some creative project that will ultimately lead to a feeling of fulfillment.



GENE KEY N° 51

Initiative to Initiation

Extracts from GENE KEYS © Richard Rudd

SHADOW : Agitation
GIFT : Initiative
SIDDHI : Awakening

51st Gene Gift : Initiative

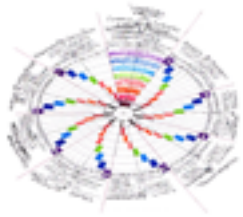
"The 51st Gift is engaged whenever the human competitive spirit is put into the service of creativity. Every time you have the courage to follow your own independent creative juices, you have stepped through the 51st portal of Initiative. This 51st Gift is a key place within the human genetic matrix because it contains the activation code for individual empowerment. To follow your initiative is to step off the beaten track and to follow the dictates of your own inner being. There is no safety net when you follow your own destiny in this way – it is a giant leap onto a path that no one else has ever travelled. "As we shall see, it is also the only path to true awakening. It is not possible for a human being to awaken without first stepping fully into their creative independence." Those who do step through this portal into the 51st Gift are deliberately turning their backs on all who have come before them. They are closing the book on all previous teachings and wisdom and are going out to discover what their own individual truth is, rather than anyone else's. This is a mythic path – a path often seen as a journey into the underworld in which the traveller will confront many challenges and tests. It is also a path that eventually arrives home – it is a path of heart leading into the heart." The leap into the 51st Gift is the leap into the higher self. It is the shock of awakening from one level of being into another. The 51st Gift is the highest expression of the human competitive spirit. At this level you no longer compete with others but with yourself. Even in the field of competition – whether that be political, financial or recreational – you use others as mirrors to reflect your own level of excellence rather than pushing them down so that you might rise higher. "This 51st Gift is about harnessing your difference from others rather than trying to beat someone else at their own game. When you are truly being yourself, you unlock the magical force of genius that belongs to you and no other. To take your own initiative is to disregard everything you have ever learned or heard. There is no other way than this towards true genius. This is a path through fear, and the fear cannot be sidestepped. The specific context in which the fear arises is the perfect and deepest fear for that person. Whatever your deepest fear is, you will meet it here in the 51st Gift, and you will transcend it." This is the true path and destiny of humanity. The vitality and courage in initiative stirs powerful responses from the quantum field. In this sense the 51st Gene Key will always reward your perseverance when you trust in your own heart. It will shock you with good fortune!" Just as the 51st Shadow creates agents of low frequency shock in the world, so the 51st Gift creates agents of positive shock in the world. These people come to awaken the collective consciousness out of its fear-based modality."

51st Gene Siddhi : Awakening

"For the 51st Siddhi there are only two states of consciousness – awake and asleep. Of course from within the siddhic state this division into awake and asleep is simply a matter of rhetoric, but it also holds true on the material plane. Something occurs to a person before they enter a siddhic state – something unpredictable and without cause – something momentous. No one can put into words what happens to someone as they enter a siddhic state. There are things that must always remain a mystery, even to science. There may be sciences of awakening before awakening, but there are no sciences after awakening. Therein lies the paradox. The 51st Siddhi is beyond spiritual jargon and systems. It has a language of its own and that language is simple and shocking. It says that until you are awake, you are asleep. There are no levels within awakening. To the 51st Siddhi, all ordering of consciousness is absurd – it is simply done by people who are asleep grading the patterns of their sleep!" The fact is that awakening does make you different – not in terms of your deepest consciousness, but in terms of your physical genetic vehicle and its functioning. "However, as long as human beings are asleep they will not bother throwing their valuable resources into such spiritual aspirations. The lower frequencies are based on self-interest and awakening does nothing in that direction. Added to this, awakening is such a delicate evolutionary process. It is not the result of individual effort but is a spontaneous evolutionary leap made possible by wider evolutionary forces operating throughout the entire universe. In short, awakening is a mystery that prevents its own nature from being solved or replicated." In words, awakening is the permanent dissolving of the separate self and occurs through a physical mutation within the body. No amount of meditation or spiritual practise can bring about this mutation, even though they may or may not precede awakening. It is not possible to influence this mutation because it has nothing to do with your experience or behaviour. This is the grandest spiritual illusion of them all. Human beings do not readily take no for an answer. We like to feel that we can do something. However, this is the one area where you cannot do anything other than be yourself. Awakening occurs to someone who is so much themselves that it simply has no choice but to occur. The irony here is that you cannot work at being yourself. It is simply an innate gift."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 52



SYNERGY AWAKENING CODE N° 52

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

Life Code 52 is the gate of inaction in Human Design, and in the original I Ching hexagrams is "keeping still". It is a beautiful Life Code. It is a reminder of the story of one of Buddha's disciples Ananda who was having a real difficulty in understanding something. They were walking in a forest and they came up to a puddle. Buddha said to him to take that stick over there and stir it around in that puddle. So what was, at first, a clear puddle that was just reflecting became all muddy. And Buddha said to Ananda "what do you see?" "I don't see anything, that's all muddy, you can't see anything, it's been obscured by everything that's been stirred up." And so, Buddha sat down, and he said "sit by my side". So they sat there and, of course, it was a perfect opportunity to sit, to relax into just sitting silently and being in meditation with a Buddha, the Buddha. And then, as the mud settled, all of a sudden, the puddle became clear again and Buddha said, "and now how does the puddle look?" "I can see my reflection". And Buddha said "that's the way it should be with anything you're trying to see and resolve in life; wait for it, wait for it to settle inside you. Give it a chance to settle."

It will be clear what you need to do but at the shadow level you just get stressed. Stress is that stick, stirring it all up and muddying up the puddle. You are rushing around here and there and you're trying to figure out some sort of solution that has to happen in yourself. It is a logical thing. You are trying to get to the pattern here that's going to solve this, a key that you can use to resolve the issue that's in front of you.

But at the gift level, strangely enough, it's called restraint. You stop, just as Buddha and Ananda simply sat down in front of that muddy puddle. Just let it settle. You don't need to do anything. That's the hardest part, it's one of the biggest challenges in life. We are all so stressed as we try to figure it all out in a rush. In a subtle way, that is what the media is suggesting. Get out there, get this, get that, solve this, solve that. It gives you this illusion that by being stressed out and running around and chasing after things, you are going to solve all your problems. No, you have to stop the world, stop feeding that illusory world of shadows. And that's what restraint is.

And then as you just settle deeper into yourself, into your being, into your belly, into the emanation where that's coming from, you find this place that is the stillness itself. In the stillness inside, you tap into the true nature of everything. And the beauty of it is when you tap into that true nature of everything, wherever that stress was arising from, and that you restrained that and you stopped and just sat down, or you just stopped internally feeding it, it may yet still be moving on the outside. But if you stop feeding it in your mind and stop trying to figure it out, and just let it settle down, you'll find the true nature and that is connected to the true nature of your issue. At that level of stillness, you'll see what that is. And then always, when you see what that is, and you will see it, then you will know what to do. Simple. So simple. As Buddha said that works for every problem. We just don't trust it as we've been trained to go into the stress state at that very moment when we think we have to do a ton of stuff and that's the moment it becomes an issue. That's the moment, at least internally, where we have to stop and just settle in so that we become one with it. Once we become one, a door opens and we see it, the way through.



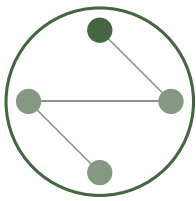
Mountain/Mountain

Keeping Still

Mountain above Mountain. Stillness persuades all.

Gather fresh strength through repose. Turn your thoughts inwards, away from material things. No error is possible if there is inner peace.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 52

The Stillpoint

Extracts from GENE KEYS © Richard Rudd

SHADOW : Stress
GIFT : Restraint
SIDDHI : Stillness

52nd Gene Shadow : Stress

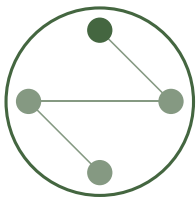
"The 52nd Shadow is responsible for one of the great phenomena of the modern world – stress. Stress operates on many levels although its primary impact takes place on the physical plane, inside your body. This 52nd Shadow and its programming partner the 58th Shadow of Dissatisfaction represent the deepest genetic binary pattern that undermines human health. This is especially true at a collective level. For that reason, we need to understand something very important about stress. It is a collective pressure and not a personal pressure. It is an energy field generated by every human being alive, rather than being rooted in any specific personal issue. This means that stress is also deeply connected to our environment and to those around us." "Our actual environment is formed by the boundaries of the human aura. The average human aura will extend to fill half of a normal sized room, which means that generally speaking, when you are in the same room as someone else, you share each other's auras. The more people you have in the same area, the greater the collective auric body grows. In densely populated areas, such as towns and cities, it is virtually impossible to escape the collective aura of others even in the sanctuary of your own home. In more rural parts of the world the pressure of the local aura is far less and the degree of stress is therefore far less. However, because of the huge population currently existing on our planet, it is no longer possible to entirely escape the vast collective energy field of humanity. Billions of auras interlocking together form a great sheath that covers our world. This sheath or skin is what prevents human beings from seeing and experiencing the true unity of all consciousness. It is the construct known in the East as the maya – meaning the great illusion." "Stress is a state of physical pressure brought about through the lowering of your frequency. One of the key manifestations of stress is the inability to escape mental anxiety. What happens is that you give the mind the authority to make decisions that you hope will end the stress. However, this nearly always ends in disaster because the mind's activity is actually the manifestation of the stress itself. This classic biofeedback loop reinforces the very state you are trying to escape." "One of the keys to understanding the 52nd Shadow is to be found in the name of the 52nd Gift – the Gift of Restraint. The low frequency expression of the 52nd Shadow is rooted in the inability to keep yourself from reacting to fear. Sometimes the fear driving this Gene Key can be so deeply embedded in the unconscious that you have no concept of it, at all. Nonetheless, this fear pervades our environment and your reaction to it produces one of two responses – you either collapse or you run. Given its chemical connection to the adrenal system, this Shadow is deeply implicated in physical activity or lack of activity, the two human responses to stress. As far as the 52nd Shadow is concerned, there are two types of people – those who cannot sit still and those who are stuck." "Natural life rhythms follow seasonal patterns – life knows when to work and it knows when to rest. However, the collective power of the 52nd Shadow keeps human beings from trusting in this flow of life and the Shadow frequencies of this 52nd Gene Key enhance one extreme or the other. We can clearly see this manifesting in the world today."

REPRESSIVE NATURE – STUCK

The repressive nature tends to physically, emotionally and mentally collapse under the pressure of the stress created by the 52nd Shadow. These people never really get off the ground. The Gift of Restraint remains locked in this extreme shadow manifestation and leads to a deep feeling of being stuck. These feelings can so pervade the body that one enters deep states of depression and apathy. As these people give up on themselves, the adrenal system can actually atrophy leaving them physically impeded in some way. Once one has sunk into these states, it can be very difficult to escape. One of the only means of lifting oneself free of such a state is to find a way to be of service to others. There is a deep genetic need in the 52nd Gift to help others and when this urge is engaged, gradually one can find one's life force returning.

REACTIVE NATURE - RESTLESS

The extroverted version of this Shadow manifests as hostility. This hostility is the result of the dangerous pairing of a fearless rage and a deep sense of futility. These natures bring outer shock into the world, obviously in varying degrees. At an emotional level these people have no real sense of respect for human beings. They tend to be drawn to any sphere of society where competition is worshipped, from business to sports. They are generally loners with deep-seated emotional boundaries. They often throw themselves into highly dangerous or risky situations where they may even face death. With the reactive nature, the profound sense of agitation that underlies this 51st Gene Key projects itself onto others. Thus these people also provoke hostility in others, but without any real agenda. They simply do it because they cannot help themselves and do not care. The only way for such a pattern to be broken is for these people to channel their agitation into some creative project that will ultimately lead to a feeling of fulfillment.



GENE KEY N° 52

The Stillpoint

Extracts from GENE KEYS © Richard Rudd

SHADOW : Stress
GIFT : Restraint
SIDDHI : Stillness

52nd Gene Gift : Restraint

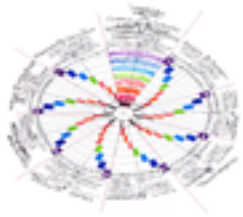
"This Gift, like all the Gifts, is about striking a balance between two extremes of energy – in this case, the energy of activity and passivity. In fact, no Gene Key is more fundamental to human life than this 52nd Gene Key. It determines the source signature of all activity in the world. If you begin something from a place of fear, that seed of fear will infect every aspect of the expansion of that activity. Even though the smallest human actions can sometimes lead to the creation of vast empires, if the seed of fear is there at the beginning, then like a virus it will pervade the structure and it will eventually bring that structure to the ground." The 52nd Gift of Restraint requires a great deal of patience and an understanding that everything in nature moves at its own speed. Particularly in the beginning, things appear to move slowly. The moment we try to rush an idea, we disturb the ground in which it is sown. You can see from this how easily humans fall victim to stress." The 52nd Gift, you may divine, is a Gift that concerns human organisations. At its deepest level, it contains the seed that will one day bring all human beings into a perfect organisational unity. For now, this Gift concerns our own trust in life. To begin anything, you must first have a clear intention. The more selfless your intention, the more power it will have. If you begin with the right intention, then everything will follow, but you must resist the temptation to interfere with the process out of fear. The intention is the seed, and the seed contains all the necessary ingredients and properties that will be needed in the journey ahead. The seed even contains the specific fragrances that will attract the right allies at the right times. It is also true to say that the greater the power, the longer it takes to germinate." Every human being alive contains this intention – it is the seed of your individual destiny. To get your intention clear, you must ask yourself the question "How can I be of the greatest service to humanity?" Then you must live the answer. Because we humans cannot see the details of the journey ahead, we have to trust in the direction that our intention takes, even if it does not make sense to us at the time. This is the power of Restraint – to allow your life to unfold without urgent demand. We also saw from analysis of the 52nd Shadow that another aspect of this Gene Key is the belief or feeling that we are stuck. Only if you lose touch with your innermost core can you be truly stuck. As long as you remain in touch with the seed of your true intention, you may experience an outer pause, but you cannot be stuck." The stored up energy and potential within a single human being is infinite in its proportions. However, this potential must be managed economically and allowed to grow and expand in an organic fashion. In this respect, the Gift of Restraint is about non-interference. When you apply this to your own life, you have to accept yourself as part of a far greater flow than you can see, and as such you have to accept that there are times when you will feel deeply restrained. The acceptance of this restraint and its manifestation as patience is a truly powerful gift."

52nd Gene Siddhi : Stillness

"The Siddhi of Stillness can greatly help us to understand this concept of transcending frequency. Paradoxically, both ends of the spectrum lead to the same state. At both extremes of the spectrum, we experience stillness. Many spiritual systems or great teachers have referred to the ultimate enlightened state as nothingness or void." When a being attains realisation through the 52nd Siddhi, some intriguing things occur. Since all frequency and energy patterns are experienced as stopping, you find yourself sitting at the heart of all creation. All phenomena are experienced as wheeling around you as you become the still-point of existence itself. The incredible sheath of fear and stress created by the world aura can no longer touch you since you occupy a space outside of all vibration. This is why mystics use terms such as the spaceless space to describe this state. Along with the stillness comes the experience of the 58th Siddhi of Bliss, the programming partner of the 52nd Siddhi." This experience of utter stillness and bliss is derived from a higher functioning of your genetics. The human endocrine system is essentially an alchemical factory in which chemicals and hormones are combined and created. As we saw with the 52nd Shadow, the glandular functions of the body secrete the hormone adrenaline whenever this Shadow is activated through fear. People living within the illusory field of the low frequencies are actually addicted to this hormone and the fear that creates it. However, at the siddhic level of frequency (or lack of frequency) the body actually creates hormones and neurotransmitters that are extremely rarefied. Every Siddhi has its unique glandular secretion and, in the case of the 52nd Siddhi, a hormone is secreted which induces bliss and stillness throughout the body." The 52nd Siddhi contains within itself the power to focus humanity into a single unified pattern. It emanates a collective energy field that will eventually pacify the human emotional system. The 52nd Shadow of Stress is closely related to time. Much stress is caused because people experience time as moving so fast that they panic and try to catch up with it. The aura of a single being manifesting this 52nd Siddhi will literally stop the thoughts of everyone in their vicinity."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 53



SYNERGY AWAKENING CODE N° 53

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 53rd Life Code is the Gate of beginnings in Human Design, and in the original I Ching it is the hexagram of “development”.

At the level of the shadow it is immaturity. Trying to make something happen before it's time. We know something is going to begin, it has to begin. But in our mind, we want to control it, we want to make it begin, we're the ones who are going to say when that's going to happen. That is simply what that shadow is, it is immaturity. Because not only is it not the moment, it hasn't matured yet to the place where the beginning can occur, but it's also acting immaturely to do that, to force that to occur just like a child who wants Christmas to be now when it is a week from now. And we've all known this as kids. Oh, I can't wait for Christmas! I want it now and that's what the mind is trying to do at the shadow level. Christmas will get here.

At the gift level it's about expansion. Because if you can wait for that beginning, just like when you touch the tip of a stick or anything to a pond and the ripples start going out, it'll expand on itself. It will find its way to spread out. That is what beginnings do. That's the nature of existence, that everything, just like us, as we grew from a single cell in our mother's womb to become a human being. That's quite an expansion, the beginning that started there in the womb. And just like that you have to allow whatever is beginning to be initiated on its own, in its own time, in its own way. So you know when it's time for you to actualize things through you in support of that. But it is more about being in harmony with what's wanting to begin rather than forcing it, rather than wanting it to be a certain way when it's not mature yet..

At the level of the siddhi, it's superabundance. Look at nature. Everything nature creates is in super abundance, way more than we could possibly ever utilize. But that's just the way nature is and that's very beautiful because that is the way it creates. Not only is it visually satisfying, but when you're walking through a forest it is auditorially satisfying and also just the fresh air and you moving through that forest. It is invigorating too. It is because there is a super abundance of life energy just present and available when you're just with nature as it is. And that's it. You don't fight the nature of things. You allow yourself to be in harmony with the nature of things and then things will begin to be made real. And they will evolve and grow to a super abundance, a cornucopia of possibilities at the right time, if you allow it. If you just get sensitive, you will know that, like the 52nd Life Code, you have to be still. Once you are still, you will know the time. It will be perfect.



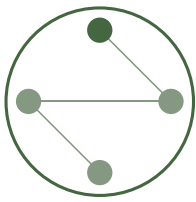
Mountain/Wind

Gradual Development

A Tree grows on the Mountain. Calm causes gradual development and organic growth;

Create orderly conditions. They are the necessary basis for all cooperation. But push forward gradually and constantly. A lack of perseverance may lead to stagnation.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 53

Evolving Beyond Evolution

Extracts from GENE KEYS © Richard Rudd

SHADOW : Immaturity
GIFT : Expansion
SIDDHI : Superabundance

53rd Gene Shadow : Immaturity

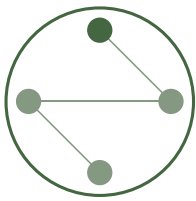
“Since the 53rd Shadow is so closely linked to its programming partner the 54th Shadow of Greed, the most common expression of immaturity often involves power and money. Thus in the world of commerce we find fear to be at the root of almost all businesses, even those that claim to be servicebased. The world has not yet really seen what can happen when a business puts service before survival, even though there are a few early examples surfacing in the world today. In human business at the Shadow frequency, growth is praised above all else, even though too much growth is unsustainable and damaging to the environment. However, the 53rd Shadow does not only concern business. It is a genetic reflex at the root of our whole civilisation. Because of this fear reflex within us, we cannot comprehend the great laws of nature, the prime law being that of abundance. When nature is left to her own devices, she flourishes while at the same time never losing touch with the overall picture. In nature, if one species becomes too prolific, then a counteracting force responds to the imbalance and restores equilibrium. Man, too, is a part of nature and is subject to these same laws, although we behave as if we are outside of them.” Keep in mind that there is a vast difference between prosperity and wealth. Wealth is a stockpiling of money based upon fear and greed, whereas prosperity is a flow that expands and contracts with universal rhythms. Prosperity adjusts itself automatically to the needs of your higher purpose. Wealth is in no way equivalent to fulfilment. In fact, it most commonly leads to the opposite. The essence of the Ring of Seeking is to lead you out of your immaturity by showing you the true nature of your desire, greed and fear. Thus we learn in time that the fulfilment we seek is within us rather than outside.” The Shadow of Immaturity is rooted in the human tendency to see ourselves as separate from nature. The human mind has enormous difficulty seeing itself as a collective organism that is deeply embedded in nature and the earth. If one of us commits a selfish act or an act rooted in fear, it reinforces that act throughout the totality, which in turn strengthens its vibration in the world. This is what immaturity is – an aspect of the whole that does not yet realise that it is the whole. “In order for human beings to evolve, we have to pass through the phase of our development in which we learn that we are a single unified organism by witnessing the damage we inflict on that organism. We are like a child who pushes the mother until the mother disciplines the child. We must drop our primal fear of death above all else.” What then does the 53rd Shadow mean for you as an individual? It means that what the Buddha said is absolutely true – everything is constantly passing away and beginning again. You display your immaturity when you try to impose an external view or doctrine on life. Everything you do from the Shadow frequency is rooted in the fear of non-existence. Like a weed burrowing deep into your psyche this fear prevents consciousness from fully penetrating your form. The grace of the 53rd Shadow is in showing you that you are immature until you begin to understand how deeply your actions, thoughts and words are rooted in this fear. As you come to understand this vast and sweeping insight, your heart begins once again to open and trust in life just as it is – with no opinion, no judgement, no attachment and above all, no fear.”

REPRESSIVE NATURE - SOLEMN

When the incredible vital energy to begin new things is repressed, it creates a very solemn human being. These people usually become fixed into a single activity their whole lives. There is a deep sense of sadness in such people, as though they might implode at any moment. It takes an enormous pressure to be serious in life, and it betrays a vast unconscious reservoir of fear. These people also find it near impossible to embrace new things in life. They try to hang on to control by keeping everything exactly as it is. Such people do not cope at all well with change and it tends to drive them even deeper inside themselves where they wall themselves off from the world. These people often end their lives with a great sorrow surrounding them.

REACTIVE NATURE - FICKLE

The reactive side of this 53rd Shadow never sits still long enough to allow a person to evolve. Instead they move from one thing to the next without following through with anything. These people are always beginning new things but without any sense of commitment in developing them further. The only reason such people begin something new is to escape their greatest fear – of being trapped in a cycle in which they might have to face themselves. Ironically, they do remain trapped in a repetitive cycle of beginnings that lead nowhere. The lives of such people may look exciting at times but they lack any real depth or fulfilment. The reactive nature is about the unconscious expression of one's fear as anger. Because these people are not honest in who they are, they trigger angry reactions wherever they go, further justifying their urge to be fickle.



GENE KEY N° 53

Evolving Beyond Evolution

Extracts from GENE KEYS © Richard Rudd

SHADOW : Immaturity
GIFT : Expansion
SIDDHI : Superabundance

53rd Gene Gift : Expansion

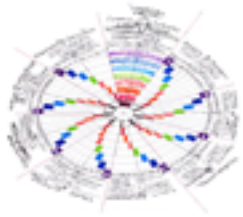
"True expansion always involves evolution. To the person who has embraced the high frequency of the 53rd Gift, expansion is all you know. Your endeavours regularly outgrow their own forms, just as life regularly outgrows the forms that it inhabits. In the business world, there are organisations that simply expand and there are organisations that expand and evolve. Over-expansion in business is a sign of the Shadow consciousness at work. When you expand too much in a single direction, universal principles will cause the opposite effect of contraction. This is why empires and monopolies ultimately crumble. True expansion also embraces the notion of fractal growth. Fractal growth in business only occurs when the people within the business – who represent the consciousness of the organisation – also evolve. True growth expands beyond its comfort zone – it is continually transcending its last level. When this is allowed to happen, the business grows in many directions simultaneously rather than in a single direction." "The Gift of Expansion demands that individuals transcend their personal opinions, views and attempts to understand what is going on. It takes enormous trust to allow your life to truly expand because it appears to the mind to become more complex, whereas in fact it is moving into greater and greater synthesis. At certain points within your expansion, your awareness itself takes leaps that allow you to grasp the synthesis. Until these leaps come, you simply have to hold on and trust in the process. On the other hand, the Shadow frequency, driven by greed, wants expansion without having to expand itself, which is why true expansion is actually relatively rare. Expansion is a process of transcending and including. The wonder of expansion is that each new level of integration is built upon the levels that came before, which are thus included in the synthesis itself. This can be applied to any aspect of life, from computer science to business to spirituality. Expansion happens when consciousness is permitted to penetrate form in greater depth. It is about penetration – the more you expand, the looser the form becomes so that you begin to glimpse the consciousness hovering behind it. Of course, the ultimate expansion is the expansion of human awareness itself, which underlies all other forms of expansion." "In a human being, the expansion of frequency can only occur in one way – through the heart. This 53rd Gift can be beautifully explained through the Indian concept of bhakti or devotional energy. This bhakti at the heart of evolution is continually outgrowing its own forms. The Gift frequency gives rise to the beginning of the transcendence of the mind. As you allow your awareness to expand, it opens your heart." "The secret to this 53rd Gift is thus to give way to the bhakti – the ever-expanding-transcendingand- including energy of life itself. It requires that you allow yourself to be swept aside by life, letting go of all definitions of who you are and where you think you are going. Once you make this shift into your heart, you will find your life to be much simpler. You activate the frequencies of real prosperity by aligning yourself with the universal evolutionary impulse, and by surrendering in this way you are continually replenished and expanded."

53rd Gene Siddhi : Superabundance

"The great truth that comes through the 53rd Siddhi is that life consists of endless beginnings but no endings. This is the true meaning of Superabundance. Life goes on creating new forms whose actions determine the nature and destiny of future forms. There is no continuity between the forms themselves other than the genetic mechanism creating them. What continues, and what is superabundant, is consciousness itself as it endlessly penetrates the collective and writes the story of evolution." "In fact, superabundance in many ways is closer to the concept of emptiness. It is a place where there is no further expansion because there is no evolution. If you are identified with the form of the world, you are identified with change, because all life is programmed to evolve. To one who has awakened through the eyes of the 53rd Siddhi, humankind is both a being and a becoming. The form endlessly evolves and expands, but the consciousness never changes. And here we humans have made a basic error – we have identified with the instrument of our awareness, which expands according to the laws of evolution." "But even though awareness may expand, consciousness does not and cannot expand since it is already everywhere and everything and even everywhen. This is the crucial truth to understand. Beneath the form, consciousness never changes or evolves or expands or contracts. It simply is." "It is here in the 53rd Siddhi that we find the allegorical meaning of rebirth. You cannot take another birth because you realise that you have never been born! The mind is no longer following the arc of evolution but finally rests in its true nature as superabundant being." "People born into the 53rd Siddhi kill beginnings, or they kill endings. Whichever way you look at it, they bring an end to the paradox of human cycles. Superabundance is a space beyond frequency but we can only describe it as a very high frequency at which there is nothing left to do in the world. The 53rd Siddhi represents the state beyond and behind awareness known as pure consciousness. Therefore it can be said that consciousness in action manifests as expansion and evolution whereas consciousness at rest is the true underlying nature of everything. "



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 54



SYNERGY AWAKENING CODE N° 54

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 54th Life Code, in Human Design, is the gate of ambition and in the original I Ching hexagrams is “the marrying maiden”. It is the story of the woman who starts out in the castle cleaning the floors and ends up eventually being the queen. It is that kind of rising up, it’s the sense of rising up through the structure of human responsibilities. That’s really what it is about, taking on more and more responsibilities. It is the drive to do that, the drive to go forward and take out more and more and handle more, hold more and more under your belt.

At the shadow level, it is just blind greed, wanting more. It is the cleaning woman who looks at the queen and sees all the freedom that she has, without realizing that freedom takes great responsibility. The more freedom you have, the more responsibility you have to be able to handle. Otherwise, it is not true freedom. It is the freedom of when people a lot of times mistakenly think of the freedom of the bum who doesn’t have to pay the rent or anything. But they have no freedom, they can’t even go and buy their own meal. Freedom is to be able to provide for your life. And to provide for others and create things so that others can do the same. It is a great responsibility to take on. Being blindly driven by greed though is like you’re doing it just so that you can advance and have power over others rather than truly create something out of that, that is a great benefit to everybody you come into contact with.

As you shift to the gift, and you start to aspire to something, that aspiration is usually something that is going to serve the collective, serve the whole. You become an engineer to build bridges that are safe for people to cross over and you become a doctor to help people heal when they’re not well. You become an artist to create beautiful representations that help people to reflect upon their life in positive ways. So it’s more about that. What do you aspire to? How do you want to rise up? You begin in a right way. You begin a path with heart, when you’re in the gift and you want to aspire to something that could serve the good of all, for the greater good.

At the siddhic level, it’s essential. So here, now in our time, in humanity, there is this particular gate, in the fourth line. There was a change made that occurred when we went from seven-centered beings to nine-centered beings, around the time of the discovery of Uranus by Herschel around 1781. That is, supposedly, when we shifted into nine-centered beings from seven-centered beings, we became transitional beings. We’re the type of humanity that’s going to allow evolution to transition into a whole new kind of being in 2027, just to give you a little bit of the mystical side of Human Design. But the fourth gate is not the same as the traditional I Ching. All the other gates and lines are pretty much the same in Human Design and the traditional I Ching. The context in which they’re expressed is different. So they are explained differently. But the essence is the same. Except for this 54th gate and fourth line. It’s about enlightenment and endarkening. At the siddhic level of ascension, it is what’s opened up and why so many people, ordinary people, are starting to have such new strange mystical experiences. Ordinary people admit that they are starting to see things that they have never seen before, feel things they have never felt before, sense things that they didn’t even know it was possible to sense. It is because of this fourth line. We are literally tapping into, through this gateway, higher dimensions of reality, directly into our genetics. And this place is in the fourth gate. That is what the ascension is about. It is the fact that we all are being tapped into by that which is higher levels. That is the the ascension that is possible at any moment. For any of us. Once we learn how to tap into that, when we take that aspiration and aspire to know ourselves, as the path of awakening teaches you, you don’t want to aspire to any ordinary profession; you want to aspire to be a Buddha. That’s where the essential construct opened up very strongly, for anybody who aspires to. That is a little magical transmission courtesy of Human Design. So now, you know, that is why we are being driven. That is why we are evolving. That is why we can evolve because it’s been literally opened to us everywhere, to all humans. It wasn’t that way before 1781, when before this mutation took off.



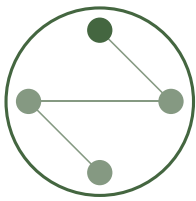
Lake/Thunder

The Marrying Girl

The Lake draws near to Thunder. The young woman follows the older man into his house.

The situation is uncertain, an end is possible at any time. Adapt to the situation with tact and modesty. Do not venture on any new enterprise.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 54

The Serpent Path

Extracts from GENE KEYS © Richard Rudd

SHADOW : Greed
GIFT : Aspiration
SIDDHI : Ascension

54th Gene Shadow : Greed

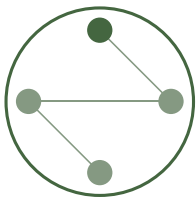
"The 54th Shadow is one of the great pressures that drive humanity. It is the drive to want more and at its shadow frequency this Gene Key becomes blind greed. It's important to remember at this point that none of these shadow frequencies are really negative. There is nothing wrong or bad with greed. It is simply an aspect of human nature and as such it has an evolutionary purpose. The purpose of greed is to pressure human tribal groupings and individuals to be materially successful." "The primal energy behind the 54th Shadow was essential for the survival of early human tribal cultures, and indeed we can still see it operating in the developing world, where survival is often based directly upon where you are within the material hierarchy. Obviously you can also see how greed has a tendency to focus on a single individual, community or race to the detriment of all others. This means that at a certain evolutionary point, greed will have served its purpose and will need to be transcended." "If greed is pursued to its furthest limits without transcendence, it becomes self-destructive. We see this happening in the modern world today. When greed reaches its zenith it either becomes destructive, both to individuals and to the planet, or it gives individuals a new perspective. When people have acquired genuine wealth and stability, they often turn to more spiritual arenas for sustenance." "Running in tandem with the 54th Shadow, the 53rd Shadow of Immaturity ensures that any organisation, group or individual will remain stuck at a self-serving frequency. The 53rd Shadow blocks energy from making a quantum leap from an old cycle into a new cycle at a higher level of frequency. It is called immaturity because it simply never learns. Both these Shadows are deeply involved with money and the creation of wealth. The 54th Shadow has the added genetic imperative of operating through a hierarchical pattern, which means that it associates wealth with being at the top of the hierarchy. As such, the 54th Shadow courts recognition from those higher up in the hierarchy. In today's society this becomes the need for external symbols of status – a shiny new car or a huge house or the latest of anything and everything. One of the hallmarks of this Shadow is that it isn't just about being successful; it's also about looking successful." "Greed or desperation is an energy field that can be sensed by others, and as such it engenders distrust and closes down opportunities that might otherwise have been fruitful. There is a fine line between greed and Aspiration, the 54th Gift. Greed is really aspiration without trust. Because all frequencies attract similar frequencies, greed cannot really trust in its own allies since they are sure to be equally self-serving." "The 54th Shadow does not know how to attract the attention it needs to rise up within the hierarchy, even though it thinks it knows. Greed is an energy that will compromise its own integrity in a flash to get what it wants, and this is its downfall. In order to get recognition, greed must mature enough to become ambition, which does not have the same sense of desperation that goes with greed. Ambition may also be self-serving, but it has evolved enough to realise the pitfalls of pure greed. Greed in itself can lead to material success, if it pushes and pushes. However, such success cannot evolve into the higher aspect of aspiration and so stays in a low frequency loop based on material accumulation that will eventually backfire."

REPRESSIVE NATURE – UN-AMBITIOUS

The repressive side of this Shadow is quite simply about the repression of ambition. These people may begin things with ambition and ardour but then often become disillusioned and give up. The wonderful drive behind this Gene Key thus becomes stymied and leads to passivity. This is a nature that is haunted by the fear of never being able to attain its goals, so it decides that it is better not to even begin the journey. The result is usually deep depression. The other side of this is reflected in people who deny their material needs and seek their spiritual nature to the detriment of their physical nature. This is a profoundly physical Gene Key and has to begin its journey of transformation from the foundation of the physical realm and the physical body.

REACTIVE NATURE - GREEDY

The reactive side of this Gene Key manifests as an obsession with material accumulation. These are the people whose greed becomes an expression of their rage. Their greed continues feeding itself, being an insatiable urge that never escapes its own low level of frequency. It can possess these people so completely that they become blinded by their need to own more and make more money. Such people lack one vital thing in life – the feeling that their lives are of benefit to others. Their greed closes down their hearts making them incapable of true relationships. Thus they often become materially successful but can only see other people in terms of possession and ownership. Inevitably such natures try to control others through their power and their anger, and as such never lead truly fulfilled lives.



GENE KEY N° 54

The Serpent Path

Extracts from GENE KEYS © Richard Rudd

SHADOW : Greed
GIFT : Aspiration
SIDDHI : Ascension

54th Gene Gift : Aspiration

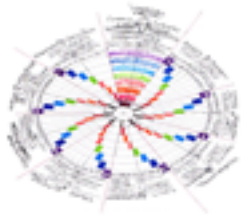
"Aspiration here refers to the energy to aspire to something beyond the material realm. Aspiration contains within it the seed of all higher consciousness. At the Gift level, aspiration has to do with working with others for the benefit of others. This Gift concerns the way in which energy is invested. At the Shadow level, any accumulated energy went back into the drive to accumulate more, with no other real purpose. At this higher level of frequency, accumulated energy is recycled and used to support people lower down in the hierarchy. In this way, a truly healthy model is created. The roots support the branches, twigs and flowers and the fruit fertilises the roots. The 54th Gift is aware that all systems in nature are interconnected and therefore cutting off energy from one area will ultimately deplete your own resources." "The 54th Gift aspires to a higher vision of prosperity. It still operates within its own community or organisation, but it knows that the secret of real growth and expansion (the 53rd Gift) lies in mutually cooperative models between different groups or organisations. Aspiration allows you a much broader vision of how to create prosperity for everyone. Here we see ambition moving beyond the personal and into the communal. These people want their entire community to thrive in order that they can draw more and more people up the hierarchy away from the self-destructive patterns of the lower frequencies. The by-product of this cross-fertilisation with other communities is exponential growth for everyone. Today the 54th Gift is more in evidence as more and more high-level businessmen and women begin to think in these new holistic business terms. However, this new phenomenon is just being born into the world. People are only now realising that businesses with a holistic perspective can be even more successful than greed-driven businesses." "Because the 54th Gift attunes to a higher communal vision, it only attracts people who resonate with this same subtle frequency. Therefore, it is essential that people with this Gift meet people face to face at the beginning of their relationships and that they do their business in the flesh. The 54th Gift has a deep instinctive understanding of money and energy through this genetic resonance to the liquid nature of memory. Wherever energy or money is kept in a liquid state and allowed to flow between people and organisations, prosperity is engendered. When it is frozen or amassed for too long it prevents further expansion. The same laws that apply within the human body also apply to society and economics. As the energy of the Gift of Aspiration reaches higher frequencies it becomes more spiritual. Thus these people also understand energy flow and transformation as taught by various yogic systems and disciplines." "The flow of prosperity is directly proportional to the flow of energy at all levels within your life, beginning with your own body, which is the foundation of all journeys to higher consciousness. The 54th Gift is the base plate for all systems of alchemical transformation from lower states of frequency into higher modes of consciousness, and as such it is an extremely powerful and influential gift."

54th Gene Siddhi : Ascension

"The 54th Siddhi concerns the notion of Ascension – the continual alchemical transformation of matter into spiritual essence. Here the base energy of ambition is experienced at its highest frequency and becomes the continual pressure to keep ascending up the hierarchy. At these levels however, we are no longer talking about social or material hierarchy, but the spiritual evolutionary ladder which consciousness itself ascends on the return to its own source." "The 54th Siddhi of Ascension is a very particular path. It concerns the transformation of the gross currents within the body into more and more refined currents. It is the essence behind many of the great tantric and alchemical yogic systems. However, in order to work with these systems, you must have the necessary aspiration. This is not something that should be forced. Aspiration is a predetermined energy that carries the seed of the final flowering within it. Any other energy will not carry this same seed. This is not to say that people cannot have heightened experiences of consciousness through such systems. They can. But only if you have the seed of this Siddhi already within you at a genetic level can you attain the final permanent flowering through these kinds of techniques." "True ascension is activated automatically through the lower frequency of aspiration. At a certain point a spontaneous physical transformation begins to wrack the body." "After a certain period of time – sometimes spent in intense physical agony – stillness reigns over the body and you experience the purity of consciousness without thought." "Ascension is an incredibly physical sequence of events. It has nothing whatsoever to do with modern systems involving visualisation or cerebral meditation. It usually follows many years of seeking by someone whose very path is to seek and aspire to higher planes. So many people have been conditioned to seek higher consciousness through these kinds of routes, but they truly do not belong there. Neither does the seeking itself activate the ascension process, since it is merely the manifestation of a totally mysterious and intensely felt urge to know more. For those who do not belong on this path, it is a truly dangerous one. For those who do, it is effortless and spontaneous. One aspires, and sooner or later, one ascends – it really is as simple as that."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 55



SYNERGY AWAKENING CODE N° 55

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 55th Gate is the gate referred to in the 49th gate about the revolution of our principles. This is the actual gate where the mutation is coming in 2027, that will bring forth a new life through humanity. It's the gate of the Spirit in the Human Design, and in the original I Ching hexagrams it is "abundance"; abundance in the universal sense that means things are evolving. What came down through a higher place has reached a lower place and that lower place is starting to reflect the higher place and that in this gate is what abundance is referring to. It means being experientially enriched. That is what purpose life serves; to experientially enrich the capacities for expression of the source. It is a way to look at that and that's what this Life Code is serving.

At the shadow level it's about victimization. "Why me? Why has this happened to me? Why is all this changing?" Why are all the conservatives pulling their hair out? "No, no, no, we don't want this, we want to hold on to what we have. We don't want to change, we want to be the same. Everything was working just fine. Why do we have to change now?"

But at the gift level, it's about freedom, because it's going to give us more freedom. Freedom to realize our potential. Yes, we are going to have to take on more responsibilities. We are going to have to become aware of more things. We are going to have to tap into more of our potential. We are going to be challenged a lot more. But we will rise to the occasion. We will allow that to occur, because that's what existence wants.

At the siddhic level you can see that this is the only Life Code where the gift and the siddhi have the same name: freedom, meaning this is where you take absolute total responsibility for yourself in this place. You stand in that place, whatever that means. You become responsible for it. You don't shirk your responsibilities in terms of evolution. That's what this siddhi is about. Your freedom is only limited by your inability to own your experience and act on it accordingly for the benefit of all beings everywhere, in harmony with the life force as it flows through everything. It is quite a statement. But every single Life Code is, in different ways, giving you a peek into what that life force is doing and how it expresses itself. It is really something to be appreciated just how deep, sophisticated, complex, magical, spontaneous and efficient we humans can step into and be. That is what this is inviting us into. So the invitation is there. What are you waiting for?



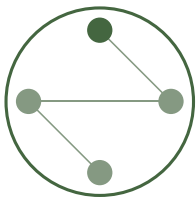
Fire/Thunder

Wealth

Fire meets with Thunder and spreads out. Its warmth causes things to blossom.

Judge misdeeds shrewdly and punish severely. Only the genuinely strong enjoy times of prosperity. Decline follows later, but do not worry. Enjoy your wealth and share it with others.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 55

The Dragonfly's Dream

Extracts from GENE KEYS © Richard Rudd

55th Gene Shadow : Victimisation

"The 55th Shadow of Victimisation and its programming partner, the 59th Shadow of Dishonesty, program all human beings at a cellular level to a single effect – they ensure that every individual becomes his or her own worst enemy." Thus the key to the 55th Shadow and its transcendence depends upon one factor – your attitude. It is not about what happens to you. It is about how you handle it." There are really only two dimensions to the concept of attitude – you either behave as though you are a victim of circumstance, or you take full responsibility for your situation. Although this sounds simple, there are several layers of complexity to it. Since we are examining the 55th Shadow, we will look first at what happens when you play the role of the victim of circumstance." At low levels of frequency, human beings look outside themselves when they experience either an emotional high or an emotional low. We need to attach a reason to our emotional states. At the high end of the emotional spectrum, we believe that true joy is an effect rather than a cause. Because of this deep-seated belief, we spend most of our lives chasing whatever we think causes the effect of joy – it may be a perfect relationship, lots of money, fame, the perfect place to live, even our God. At the low end of the emotional spectrum, the game we play is blame. We blame anything from the food we have just eaten to our partners to the government for the reason that we feel bad." What traps us is our longing. When we are down, we long to be high and when we are high, we long to hold onto the feeling. Thus the very feelings we seek create a perpetual hunger for fulfilment that can never be attained. The addiction is the search for fulfilment, not fulfilment itself." Here we find the secret of frequency itself – it is rooted in your unconscious attitude to life. Because your true attitude remains unconscious, there is no technique, per se, to raise your frequency. All that is required to reach your genetic escape velocity – the frequency that pulls you out of the Shadow state and into the Gift – is understanding. Understanding must dawn within you at the level of pure being – the understanding that you have become the unwitting victim of your own unconscious belief patterns. When this understanding dawns, you immediately begin to transcend the Shadow state." The trickiest aspects of the 55th Shadow concern spirituality, and this has particular significance during the current historical epoch." True enlightenment is not what we really want at all. It isn't exciting in the least, but is utterly ordinary. In spite of this, most spirituality is built upon the pursuit of the extra-ordinary. High levels of frequency do not necessarily lead you to spiritual experiences. In fact, high levels of frequency tear down the very illusion that there is such a thing as spiritual experience. In the contemporary new age culture, spiritual materialism is rife – that is to say, people now have a brand new drug called the pursuit of truth." The 55th Shadow prevents the spiritual seeker from following their urge through to its natural conclusion. It does this by identifying either with the form of the teaching, or with the teacher, or with the path itself. Therefore we see three basic categories of people on a spiritual path – those who are trapped by the structure of a particular teaching, those who are trapped by the magnetic power of a particular teacher and those who are trapped by their own constant compulsion to be a spiritual tourist. All three of these spiritual traps are authentic stages of any path that will eventually lead to true freedom, but all three also masquerade as freedom itself."

REPRESSIVE NATURE – COMPLAINING

The 55th Shadow of Victimisation has two main forms of expression. The repressive nature manifests as complaining. Complaining is an unconscious mindset in which one makes oneself the central victim within one's own drama. Every time one complains, outwardly or internally, one effectively disempowers oneself. The repressive nature tends to complain inwardly, taking a pessimistic view of life, whereas the reactive nature tends towards finding a specific external target to blame. When one gets caught in the frequency of complaining, one is caught in the net of the drama of life – the maya. The energy of the complaint itself serves to strengthen the illusion that life is so very hard. Apart from reinforcing itself in this way, complaining also causes sustained general wear on our physical organism. Freedom occurs when we see through our deepest unconscious patterns to the heart of this energetic.

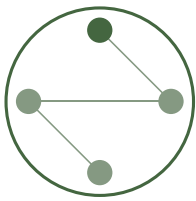
REACTIVE NATURE - BLAMING

The other common form taken by the 55th Shadow is blame. The reactive nature externalises its complaints by specifically blaming something or someone else. When we blame another, we fire an arrow that removes self-responsibility for our situation. In this sense, we invest aspects of ourselves within other beings, giving away our true power and presence. All blame is an expression of anger projected outwardly, but in this sense it is not pure. Pure anger is a release of the primal energy of fear that may be triggered by an external source yet does not target that source. The moment one blames another, one is again the victim of one's own drama. It is impossible to blame another for one's fate and simultaneously realise that one is simply an actor in a play. The very act of seeing through the seriousness of life releases the energy of blame. From the reactive side, true freedom occurs when the arrows of blame are caught in mid-flight before they reach their target.

SHADOW : Victimisation

GIFT : Freedom

SIDDHI : Freedom



GENE KEY N° 55

The Dragonfly's Dream

Extracts from GENE KEYS © Richard Rudd

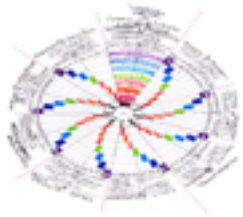
55th Gene Gift and Siddhi : Freedom

"We already know that the 55th Gene Key is about romance, which is why the awakening of the 55th Gift is about relationships. After this awakening has occurred, one will no longer exist as an individual. Awareness will operate collectively. The early shattering of the sense of separateness will take place through your intimate relationships. From now on, the more you try to hide from others, the more suffering you will bring upon yourself. Every hidden agenda must be aired and destroyed. The mind's obsessive grip on separateness must also be destroyed. This is the end of the age of selfishness. There will be many who resist this mutation, as there must be. They are not a part of what is to come and this must be respected. Through these people old energy will leave the world. There is no choice in this – it is a matter of the collective selection of appropriate genetic material for the future human." "After the awakening of the 55th Gift, the concept of emotions belonging to someone will be absurd. Emotions operate in a wave frequency, and at a collective level there is only one wave which connects us all together. That some people may generate this wave and others may receive it is simply mechanics. Like the symbol of the dragonfly, our new awareness will lift us above the dark waters of the victim consciousness, but this will not be a simple transcendence. We will not become less human in this process. In fact, the process can only be triggered by such a deep submersion into our human wounding that it becomes the very catalyst of our transcendence." "As this occurs, we will see the world as we currently know it gradually changing shape." "This word Freedom is truly a dimensionless word. As we begin this process of transcending our Shadows, miracles can occur in our lives. Freedom is the spirit of the 55th Gift – it is the spirit of humanity. As your awareness stretches, the spirit of freedom breaks down the barriers in your life. The fractal lines open all around you and energy that was lying choked in a certain dimension suddenly precipitates unforeseen beneficial circumstances in your life. Every aspect of your life is interconnected, so a breakthrough at the source of your being will ripple out into all areas, some that you perhaps didn't even remember existed." "As we touched upon previously, the coming shift will precipitate the end of the age of the individual I and the beginning of the age of the collective We. There are multiple stages in this process, and the first stage concerns a major shift in the frequency of relationships on our planet. The awakening will bring many new phenomena into the world, one of which we have always dreamed of but never yet attained – the ideal of the sacred marriage. " "In order for the ideal of the sacred couple to exist on the physical plane there must first be a melding of awareness. This is the unio mystica or coniunctio spoken of by the alchemists. Enlightenment or realisation has always been a state that flowers in individuals and, historically, the world has never seen an enlightened couple in its truest sense. We may have seen symbolic examples, and there are certainly couples who have experienced these states together for short periods of time. However, the first stage in the breaking down of barriers between these human forms will be the healing of the yin/yang split between man and woman. The ancestral pressure between the sexes is so vast that it has thus far prevented true melding. When the first relationships experience dual enlightenment, we will know that the deepest wound of all has finally been healed – the wound symbolised by the division and fall of Adam and Eve. These sacred marriages will have an unbelievable energy field around them – in fact, they will be at the core of whole new communities. Such experiences will herald the end of sexuality as we know it today because the same genetic force that repels the sexes is the force responsible for mating. In other words, the human sexual force will gradually be sublimated into creativity and higher consciousness. Over time, this means that the population of our planet will go through a steady and consistent decline. The ancient symbol for the 55th Gene Key is the cup of abundance or the sacred chalice. At the Shadow level of consciousness this cup is never full – one side of the relationship is always pulling and the other pushing, one needing and the other rejecting. This situation is caused because of the human tendency to blame, which creates a constant dynamic in the relationship whereby both partners drain each other. In the human relationships that are coming, the cup is neither half-full nor half-empty. There is only one awareness in the relationship, so the cup is always overflowing. We will no longer fall in love, but we will rise in love. The great love that exists between the yin and yang will finally shatter the illusion of our separateness and release the endless font of energy from the nucleus of creation itself. Ultimately, it will be through the extended families and communities of these sacred marriages that the new awareness will spread." "Freedom comes at a price, and that price is transparency. You must own every negative feeling and tendency within you and take full responsibility for it. You must draw back the subtle arrows of blame, and you must locate every hidden vestige of fear within your being and embrace it without fear. Once you are transparent and truthful with yourself and others, this seed of the future awareness can take root in you. Even though it may not be present in your genetics as a physical mutation, you can still resonate strongly to the energy field behind it. Furthermore, if you are open-hearted and humble enough, this awareness will inevitably awaken within you, and it will use your life as a launching pad to soar into the skies of freedom and prepare the ground for the true world of high romance that is to come."

SHADOW : Victimisation
GIFT : Freedom
SIDDHI : Freedom



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 56



SYNERGY AWAKENING CODE N° 56

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 56th Life Code is the gate of stimulation in Human Design and is the I Ching hexagram of "the wanderer". It is also a stop codon. So it's good to realize that whatever's unveiled here is just an expression of an idea, not necessarily to be acted upon. The 35th gate is where you start to act upon something and where you create an adventure out of an experience. This is more about appreciating that a lot of life is not about doing anything. It is just about appreciating something, seeing it for what it is, because just that alone, and absorbing the value of that, will have a transformative effect that will come out in different ways, but not necessarily through this lifetime. So the wanderer is as if you're telling your story. You are giving your story of where you've been, what you've done, simply for the purpose of sharing, and you can imagine a great storyteller, everybody just loves the story and he's not teaching you anything, or telling you to go out and do something, or figure it out, or give you a skill, it's simply that we're all brothers and sisters in this great play. This is what one of the brothers and sisters experienced and they're going to share it with us and we can just enjoy that. It is really about that enjoying of it.

But at the shadow level, it becomes a distraction. What a distraction does is it pulls us off course and, in pulling us off course, we're probably going to crash. So probably what will happen is we're going to hear that story and then rush out with the intent to do something as a result of the story but it doesn't work out the way we thought it would. Because we're not the person who told that story in the way they did. So we can't take on their experience and pretend like it's our experience and go make it happen that way. It's not a teaching situation. It's a storytelling situation; it's different. In a teaching situation, that is for you to do that, but not in a storytelling situation. Just enjoy the history being unfolded.

You allow yourself to imbibe it and just in that way are you're increased through the gift, you're enriched. That is the name of the gift of this Life Code, a beautiful word: Enrichment. You just get enriched by it, just let it enrich you, just let it seep into you and do what it does. It is a form of mystery. It doesn't need to be figured out, it doesn't need to be enacted. It's literally for just being enriched simply by absorbing.

At the level of the siddhi, it is intoxication. That's where you're sitting out under a full moon, and you're listening to the story of nature in the silence, and you're just absorbing the moon's story, the stars' story, the nature story, and the birds, whatever is there with you. There might be a lake or a pond, and you're listening to that story. And as you know there's nothing to do about that and that is very clear at the siddhic level. You are just to be intoxicated by the story coming through in the way that it is speaking to you, conveying its meaning to you, And it is a visual gate, connected with left eye that recalls things in an abstract manner in waves of information and that is what is being expressed. So it is the expression of the vision of what's occurred, but at the level of the siddhi it is the orator's being that is attuned to the vast existence itself, that great nature and by absorbing it can't help but be intoxicated by it as realization rushes in wave after wave. And everybody knows what that means when you just get high, natural high.



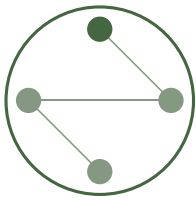
Mountain/Fire

The Stranger

The Mountain stands motionless, above it the Sun wanders away.

One is alone, having no permanent home and no circle of friends for support. Inner strength, outer modesty bring success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 56

Divine Indulgence

Extracts from GENE KEYS © Richard Rudd

SHADOW : Distraction
GIFT : Enrichment
SIDDHI : Intoxication

56th Gene Shadow : Distraction

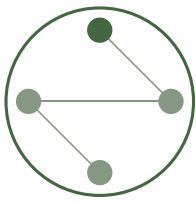
"The second trial, laid down by the 56th Shadow, involves maintaining the illusion of your individuality by keeping you distracted through your five senses. As you remember more of yourself, you will come to realise the extent of your addiction to the external world, and over time you will turn your energies inward and break this powerful addiction." Let us begin with an example of the power of this distraction. Over fifty percent of humanity has never used a telephone. Allow the implications of that statistic to sink into your consciousness for a few moments. If that many people in the world are still distracted by issues of survival, what are the other fifty percent of people who are more fortunate doing about it? The answer is – almost nothing. They are too distracted themselves by the minutiae of their own lives – by mortgages, telephones, restaurants, television, politics, computerisation and just about everything else you can imagine. Distraction greatly impedes evolution, but it also finally brings you into a fuller appreciation of your own misery. In the modern world, we appear almost desperate to distract ourselves from who we really are. At the same time we now have so many distractions that we are becoming increasingly aware of the extent of our addiction." The Shadow of Distraction places a mask over the world, which prevents you from seeing life as it truly is. As we constantly leave our centre and travel out through the five senses, we become victims of our material lives. Unlike many of the 64 Shadows which keep you a victim of your own thinking, the 56th Shadow ensures that you will be a victim of someone else's thinking – in other words, environmental conditioning. Whether through your country's government, television or media, or simply the belief systems of your religions, cultures, teachers, parents or peers, the world constantly tells you how you should think. It is not surprising that we are easily distracted from our real dreams and ideals as we get washed into the belief systems of others. Distraction works in one of two ways. The most common type of distraction is outer distraction. In other words – the outer world of the senses distracts you from your inner world of feelings and the reality of the higher realms. In this respect, we tend to blame the outside world and the people in it for what happens to us, instead of realising that our circumstances reflect our inner state. The wellknown new age epithet "you create your own reality" is actually only half true. You do not create the actual events of your life – but you do influence their playing out through your attitude. When you blame people in the world around you, you set up a victim frequency pattern that reinforces itself over and over in your life. If, on the other hand, you are able to accept everything that happens to you regardless of whether you enjoy it or not, you set up a surrender frequency pattern that allows you to move through life with great fluidity and beauty, and your life reflects it. The other less common form of distraction is inner distraction. Inner distraction is when you are so inwardly focussed that you forget the outer world – you live in a fantasy world of your own making with no real anchor in the material world. In this sense you look through a lens whereby everything meets the criteria of your fantasy. You see what you want to see, but you do not see the truth."

REPRESSIVE NATURE – SULLEN

The repressive mode of the 56th Shadow is sullenness. To be sullen means to be under stimulated. It is a collapsing of our spirit into a kind of numbness. This state is one often associated with teenagers, who can often enter these kinds of long-term sulks. Many adults who had difficult childhoods also find themselves victim to these dead spaces, which become entrenched as patterns in the endocrine and nervous systems. This is how the physical body over time manifests an emotional pattern through its chemistry. In adults with the 56th Shadow this repressive side can often manifest as the lemming syndrome in which people lose sight of their true aspirations and become enslaved to the tedium of mundane lives. You can see this Shadow reflected in the eyes of such people – they appear lacklustre and devoid of all joy.

REACTIVE NATURE - OVERSTIMULATED

The reactive side of the 56th Shadow is over-stimulation. This manifests as a constant need to maintain movement, at all levels of one's being. There is a particular need within this Shadow to satisfy the eyes and for anything that stimulates the eyes – from reading to watching television to fantasising to travelling. These people can lead completely internal lives. On the outside they may seem perfectly normal, but inside they harbour all kinds of fantasies. On the other hand, these people can also lead lives that are focussed only on the outer world, in denial of the inner world altogether. The 56th Shadow is reflected in all behavioural patterns that allow us to avoid feeling the reality of who we are and how we currently feel. We keep moving, changing relationships, or trying new experiences. We simply do not know how to stop.



GENE KEY N° 56

Divine Indulgence

Extracts from GENE KEYS © Richard Rudd

SHADOW : Distraction
GIFT : Enrichment
SIDDHI : Intoxication

56th Gene Gift : Enrichment

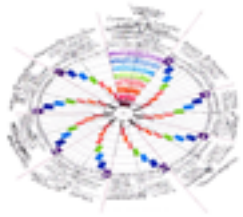
"Enrichment is what life is all about. Distraction is fine, but only as long as it enriches us. Those who display the 56th Gift have learned the difference between what feeds the human spirit and what saps it. This means that they are no longer victims of distraction, but have learned the art of self-discipline." "The Gift of Enrichment is not simply about having willpower. Enrichment is different from enjoyment or entertainment. You know that you would really enjoy that chocolate cake for example, but you may also decide that on that particular occasion, it will not enrich your spirit. Another day, the same cake may enrich your spirit. The point is that you are not a victim of your senses. The 56th Gift is about treading the fine balance between vice and virtue – between wildness and responsibility. Those with this Gift are neither addicted to abstention nor to overindulgence. They simply know above all how to get the most out of life. This 56th Gift likes to sample the delights of the garden and baulks at nothing. It may take you into some unsavoury places and relationships. However, the 56th Gift has an alchemical flavour to it. The alchemy is about knowing how to use what we call evil as a means to transcend. Evil, as the 56th Gift knows, is simply an energy configuration that exists at a low frequency. The same energy at a higher frequency has enormous potential to be of service to the whole. Therefore, the 56th Gift will take in all manner of low frequency waves because it knows how to transmute their energy into joy and purpose. If you have this 56th Gene Key in a prominent position in your hologenetic profile, you have the rare gift of being able to show others how their problems are really wonderful opportunities. There is great lightness and humour in this Gene Key." "The 56th Gift knows a great truth – true enjoyment is rooted inside your being rather than in the external. As you begin to embody this truth, your awareness naturally turns inward. The same energy that would have become a distraction in the outer world turns inward towards your own source. As it does so it causes an inner transformation. Over a period of time, the 56th Gift actually trains you how to meditate." "As this occurs, the life lived through your senses becomes highly refined. You even begin to develop your extra senses – the higher attributes of your subtle bodies beyond the physical, emotional and mental worlds. One of the wonderful traits of those with this Gift is that they enrich others through what they have learned in life. The ability to discipline yourself when necessary leads to your being seen by others as a potential role model. If you have the strength to love yourself, others are automatically drawn to you. Essentially, the 56th Gift is about balance. If you have this Gift, then you can always balance fun with seriousness. You can party with the best of them, but the difference is you know exactly when to stop." "The 56th Gift is a gift of feeling, of sensuality and aliveness. It means that you find wonder where others find monotony and you find beauty where others see ugliness. It is about appreciation and gratitude – the more grateful you are for every moment, the more the moment comes alive within you."

56th Gene Siddhi : Intoxication

"Those who display this Siddhi have disciplined themselves to be distracted only by the Divine, only by what is uplifting, only by the most luminous currents and emanations. This is the Siddhi of Intoxication." "People immersed in this Siddhi have taken the Gift of Enrichment to its ultimate zenith – they have allowed themselves to be pierced over and over again by love." "The reward of the Siddhi of Intoxication is to find yourself in a state of permanent distraction – the distraction of pure love!" "Those with the 56th Siddhi do not stop their enjoyment of material delights – they just revel in them in homeopathic doses! Because of this, the 56th Siddhi does not conform to any usual sense of holiness or spirituality. It will eventually teach humanity that to be Divine does not mean giving up sensual delights. It simply does not require them in any way whatsoever and therefore can truly enjoy all aspects of life." "Intoxication is about being swallowed up by your own love. People manifesting such euphoric states have the gift of distracting others away from their self-destructive patterns and raising them to a higher frequency through love. Because this Siddhi is deeply rooted in the Shadow of Distraction, these people also have an astute understanding of the laws that govern human beings. Having passed through the Gift of Enrichment, they know about the human preponderance for excess. They know just how to talk to you and just how to infect you with their love and humour." "If you have this Siddhi in your hologenetic profile, your life is supposed to teach you about this love through the world and its suffering. You should never shy away from suffering, for suffering is the toxin that you are here to use to become intoxicated. As you let life's arrows pierce you one after another, you will eventually find yourself so defeated that you begin to laugh. You will stop trying to direct life and you will surrender. The glorious moment this happens to you, your entire consciousness will shift from the horizontal to the vertical. You will begin to see that at this level, every single thing in life can be enriching. It is all a matter of attitude."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 57



SYNERGY AWAKENING CODE N° 57

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 57th Life Code is the gate of intuition in Human Design, and in the original I Ching hexagrams it is "the gentle", and it carries the sense of something "piercing through". It is like heaven above and the wind in the wood below. Heaven is piercing through life, through something that is growing.

But at the shadow level, it makes you uneasy, because you don't trust what is coming through. Something is coming through and it is literally pierced right down into you. It is like, "Whoa, how did that get in there? What is that?" That is the uneasiness, because something has come through, but you are in your head. So you are not really sensitive enough to read that vibration or tap into it and say, "Oh, there is a message here, there is something here."

And at the gift level it is the gate of intuition and your intuition is saying something to you, because something is being penetrated right through you, that you need to get right now in this moment.

At the siddhic level, when you tap into clairaudience, you will hear the voice of whatever that is. It will come through. And it may not come through the way we normally hear somebody speak to us. It could be beyond human. But the weird thing about clairaudience is even if you don't understand in a human verbal way of explanation, you will understand it with your whole being, in a whole different way. You will become infused with that meaning that you just got. That is clairaudience. And if something comes through you in that way, it is going to impact others around you. They will sense something about you, because something has entered you and has become you. You are the expression of it. They will want to know what that is, they will want to pull that out.

That is the magic of these siddhis. Each one works differently and attracts others in different ways. But it is like they are all magnets to something. They all draw people in, because there is something sacred in you that you are hearing that you have to give. Anything at a siddhic level is going to be overflowing you. It is going to have to get out there somehow.



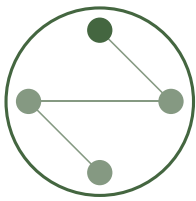
Wind/Heaven

Concession

The Wind rises towards Heaven. The eldest daughter approaches the father, women approach men, the people approach their ruler.

Two related but unequal forces. The weak approach the strong. A favourable opportunity to carry through a delicate measure. Caution is advisable, do not commit yourself.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 57

A Gentle Wind

Extracts from GENE KEYS © Richard Rudd

SHADOW : Unease
GIFT : Intuition
SIDDHI : Clarity

57th Gene Shadow : Unease

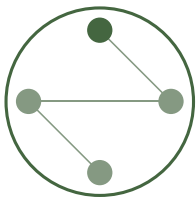
"Humanity collectively vibrates within the fear-band frequencies. Therefore, as human beings, we are each under enormous pressure to resonate within these same frequencies. Every human being is like an acoustic tuning fork. If we are placed next to a powerful audio output source, before long we will automatically begin to vibrate at the same wavelength as that output. On planet earth, this process is ensured through our childhood conditioning. The standard human output source, which is based on fear, is known as the 57th Shadow of Unease." This 57th Shadow represents a very deep and ancient fear – the fear of what might be coming, of not knowing what is in the wind. Human beings are genetically programmed to fear the future – it is wired into our DNA through this 57th Shadow. In our early prehistory, human beings functioned almost entirely through their individual attunement to frequency. If their intuition picked up something dangerous in the wind, their instincts immediately caused their bodies to move accordingly, whether that meant running or hiding or grabbing a weapon. Today, modern man has developed in a different direction. We are now far more polarised in our brains than our bodies and most people make decisions through reason rather than intuition. This development has changed the 57th Shadow of Unease. Unease no longer functions as an early warning system restricting fear only to the moment when it is needed for survival. Now unease is translated by our minds. It is continuous and manifests as anxiety. Furthermore, because of this, it is enhanced through the universal morphogenetic field that connects all human beings as one. The mind has become stronger than instinct, and seeks to end unease through the creation of external security. And so the rat race of modern culture is born. The more mind-centred humanity becomes the more security it tries to create for itself and in turn the more paranoid it becomes. Security and protection have become a global obsession, even though they are a complete illusion. Life is as uncertain as it ever was, and even for the wealthiest and most protected of human beings, the unease still remains." The 57th Shadow, paired and strengthened by its programming partner the 51st Shadow of Agitation, simply does not allow you to feel at ease in our world. This is one of the great shadow pairings that create interference and disease in the human body. All physical disease is rooted in the frequencies of fear. As humanity evolves beyond its current stage, it will eventually move beyond fear, which will result in the end of all disease. Interestingly enough, the 57th Shadow conditions your life most powerfully during gestation, when you are a developing foetus in your mother's womb. The vibration of fear actually passes into you at the point of conception. It is then further enhanced by the auric field of your parents, and particularly that of your mother. During these nine months, the essence of your primary developmental cycles from birth to age 21 is hard-wired into your DNA." Through this Gene Key we can see that all fear is greatly exacerbated through the anxiety created by the human mind. The 51st and 57th Shadows keep us worrying continually about the future and we stay tuned into a narrow frequency band that keeps us in an endless mental loop."

REPRESSIVE NATURE – HESITANT

Hesitancy occurs when an intuition is suppressed by the power of the mind. The body knows what is correct in every cell of its being, but the mind immediately imposes its doubt, anxiety or opinion, thereby rendering the true perception powerless. In this way, all true alignment to the power of the now is lost and clarity – which is pristine and visceral – is repressed in the body. Spontaneous clarity is a state that exists outside the mind and can only be known through the purity of being. The sheer aliveness of a clear and instantaneous knowing is the cornerstone of one's true inner radiance and health. Hesitancy or indecision is the hallmark of the Shadow frequency. These are people who tend to become trapped by their own worries, which make them unable to really feel the certainty of spontaneous clarity and commitment.

REACTIVE NATURE - IMPETUOUS

Impetuousness arises as a human reaction to unease or fear. Its sole purpose is to try to escape or bring an end to fear through making a quick decision. Such decisions are not made from the state of clarity described above but are themselves rooted in fear. Because of the nature of impetuous decisions, they can only lead to more misery. Not only do they fail to bring an end to the feeling of uneasiness but they also manifest additional turmoil in one's outer life. A reactively made decision can only move in the opposite direction of evolution, therefore, against the flow of nature. This is not to say that such decisions are necessarily wrong. Life needs to create turmoil as part of its own awakening process. The key to escaping the loop that such decisions inevitably create is to detect one's own fear and experience it fully without reacting first. This witnessing is precisely what dismantles the pattern.



GENE KEY N° 57

A Gentle Wind

Extracts from GENE KEYS © Richard Rudd

SHADOW : Unease
GIFT : Intuition
SIDDHI : Clarity

57th Gene Gift : Intuition

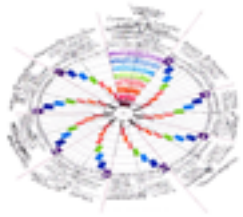
"The 57th Gift of Intuition is basically your body's system for interacting harmoniously with the outer world. It is the low-frequency prenatal programming that later interferes with the clear operation of your intuition. Although all illnesses were imprinted during the gestation cycle, they can be healed through directly raising the frequency of your DNA. This essentially resets or reboots your entire genetic operating system. As you address the Shadow states that such a process naturally brings to light, so you will witness a deepening sensitivity inside you to everything and everyone in the world around you. This is what the 57th Gift of Intuition is about – it is the natural guidance system of all human beings." "If we go back in our evolution to primitive man, we can see how deeply developed was our instinctive awareness – our gut feeling or hunch. Our individual survival depended on the innate animal instinct functioning through our bodies, i.e. through the five primary senses and the mythical sixth sense – that ability to perceive something coming before our physical senses actually detect it. All human beings alive today have inherited this inner sixth sense if we but knew how to trust in it. In a word, your most powerful inner compass is your intuition. Having developed our intuition – the feminine aspect of our psyche – humanity then went on to develop its masculine side, the mind. Whereas intuition listens and receives, mind explores and conquers. This is why our current epoch is so fascinating. We human beings must now remember our past and reconnect to the power of our intuition. Having done this, we will have to learn to trust our intuition over and above our mental faculties. In this way we will create a naturally structured internal psyche that mirrors nature. Intuition is how nature talks to and through human beings – it is the auditory canal through which the whole coordinates and communicates with its many parts. If we humans can attune ourselves to this gentle, subtler internal voice, we will finally begin to feel physically at ease. Furthermore, when our internal hierarchy is naturally formulated in this way, the genius of the mind can finally come into play and follow the dictates of nature herself." "The process of learning to again trust in your intuition is nothing less than the dismantling of the illusion that you are separate from life. It is a return to the heightened sensitivity you had in your mother's womb. The more you widen this pathway inside yourself, the easier life becomes. Your fear and anxiety will persist in the beginning, but after some time intuition will become more natural and powerful inside you, as though an invisible force were overriding your old conditioned programming. Furthermore, every time you trust in your intuition or make a decision based on it, you raise the frequency of your whole aura." "On this level the higher mind begins to function, although it has little in common with the mind as we experience it at lower frequencies. The nature of the higher mind is clairaudience – the ability to pick up vibrations through your aura and interpret them through your brain. It is from this causal plane or synfield that all great revelations and spiritual knowledge are downloaded into human beings. receiving them."

57th Gene Siddhi : Clarity

"The 57th Siddhi is the Siddhi of Clarity. Since they are programming partners, the 51st and 57th Siddhis always dawn together. Thus we only see reality clearly when we awaken fully. The only way to expunge fear totally from your being is to eliminate that being altogether, which is what occurs at the siddhic sphere of consciousness. At the Shadow level, we explored the idea that each human being acts as a kind of acoustic tuning fork, picking up the frequencies of the output source beside which it is placed. Similarly, we can see how this works at the Gift level as your awareness expands to pick up a wider and more integrated vision of reality. At the siddhic level, which really brings an end to all levels, the output source and the receiver eliminate each other. You could also say that they come into a harmony so perfect that it is experienced as silence. This state is the eternal now. It captures and conveys the very truth of immortality. There is no fear because there is no tomorrow and therefore there is no death. This is clarity." "We learned that the original symbol for this archetype is the wind. In the I Ching, it is usually translated as the gentle wind. This essence of gentleness is one of the greatest secrets to life. Consciousness is the gentlest, most subtle phenomenon. This is why the ancient sages so frequently likened it to water or wind, elements of such subtlety and softness that they can penetrate everything. Clarity is about seeing this softness at the heart of all things. In the acoustic field of life, everything rises from softness and returns to the same softness. When you live your life in harmony with this softness, you come into accord with what the ancients called the Tao – the transcendence of the opposites. Furthermore, as you open yourself to this gentleness, this manifestation of clarity, it will reveal itself in your life continually – through the sound of the wind furling the treetops, or a puff of cloud drifting across an ocean sky. The same softness is to be found everywhere since it is the spirit of life itself. If you allow it, it will transport you immediately into the world of the eternal now."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 58



SYNERGY AWAKENING CODE N° 58

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 58th Life Code is the gate of aliveness in Human Design, and “the joyous” in the original I Ching hexagrams. The sheer joy of loving life.

But at the shadow level, it is all about disappointment. Keep missing the boat. Because you keep wanting to be revitalized in the way you think you need to be revitalized, instead of taking in the current of your experience and the patterns that are impacting you and realizing that is where the vitality is. If you are not liking that, then you are missing the point. You’ve got some preconceived ideas about the way things are supposed to be that are not allowing you to tap into that vitality and you are just going to get disappointed over and over again because you are going to keep trusting your expectations and you are wanting it to be a certain way that is not, in actuality, the way life is wanting to be experienced by you. As a result you miss the way the essential pattern of the wisdom of the life force shapes your trajectory, your path, through the geometry of your life.

But at the gift level, you are revitalized, because you are tapped into that and the trajectory of your geometry is correct. So you are flowing with your life experience into whatever events you need to move into with the people you need to move into the places you need to be. And that is what the gift of vitality brings as it revitalizes you. Your life is meant to be vital, vibrant and at the gift level that is what it is about as you are tapped into your heart and you are opening your heart to experiment and you are not trying to make it be a certain way. Disappointment will slowly fade away. But the art is of course, whenever you are disappointed because something comes up unexpected (It always comes through individuals who are bearing a mutative potential and they bring something you didn’t expect in that moment.) the art is to bring that vitality even into that disappointment.

That is the key to get to any siddhi - to bring the gift into the shadow. No matter how big the shadow is, bring in more the gift. And that is a growing process. With practice you will get better and better at that. You have to evolve that capacity and it is not a straightforward path but you will figure it out if you engage in it, and then eventually the siddhi opens and here the siddhi is bliss. Bliss is the state of no resistance to your experience and how it is occurring through the patterns that are unfolding as you journey through your life upon your unique trajectory. It is the path you are supposed to go through, the places you are supposed to be in, the events you are supposed to experience with the people that you are supposed to experience life with. Then at this point, you are tapped into being a universal example of that and the universe is right there with you. That is what it means to be blissful. You are not separate from existence. You, in the very experience of your life, are an expression of existence that is as universal as anything else. It is just that you are in a direct experience of the universe. That is what bliss is - it is your direct experience of the universe through you.



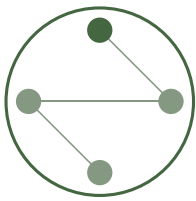
Lake/Lake

Serenity

Two Lakes are linked together, and each one is fed by the other.

Associate with like-minded people to share experiences. Be inwardly strong and firm, outwardly mild and serene. Perseverance brings success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 58

From Stress to Bliss

Extracts from GENE KEYS © Richard Rudd

SHADOW : Dissatisfaction
GIFT : Vitality
SIDDHI : Bliss

58th Gene Shadow : Dissatisfaction

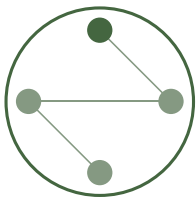
"The 58th Gift is symbolised by the single repeated figure of a lake. A lake is a beautiful and simple symbol on which to meditate because it immediately captures the very essence of calmness. Lakes signify emotional calm as well as mental stillness. Moreover, when you study the 58th Gene Key's programming partner, the 52nd Gene Key, you will discover that its highest and most natural manifestation is stillness. These themes of joy and stillness are therefore intimately and genetically linked. In contrast, the 58th Shadow – Dissatisfaction – is very unspecific. It is a lack of fulfilment rooted in the programming partner of this 58th Shadow, the 52nd Shadow of Stress. It doesn't refer directly to a particular emotional state such as sadness, boredom or frustration, or to a mental state such as anxiety or worry. It simply implies a lack of joy and a deep sense of restlessness or unease. Whenever the 52nd Shadow of Stress breaks the surface of the still inner lake inside you, your natural state of being is lost. The question contained within this 58th Shadow then is: how does this happen? How and why do human beings so easily lose touch with their natural state? The answer lies in a single concept – the future." "Dissatisfaction is an energy frequency aimed entirely at the future. When not agitated, this Gene Key manifests its natural state – that of vitality and joy. This is what is so hugely ironic about the 58th Shadow. It provokes you to seek happiness in the outside world only to bring you to the conclusion that you cannot produce the state of joy because it already exists inside you. The 58th Shadow creates the illusion of the future. The real joke is that in being driven outwards in our quest for fulfilment, we human beings actually improve the world and help it to gradually become more synthesised. In other words, it is your very dissatisfaction that is of the greatest service to the whole." "The more dissatisfied human beings there are on our planet, the more powerful this Shadow frequency becomes. Ironically, this is why the population explosion has led to vast improvements in the quality of our lives. In our modern world of today, the search for personal satisfaction and fulfilment has become practically universal. It is extraordinary to consider that our search for fulfilment creates and compounds the very stress it seeks to end. This is precisely how evolution operates – it makes us miserable, and in our quest to end our misery we unwittingly evolve." "For the individual, the 58th Shadow does a great service. It stirs up the quiet waters of your inner lake so that you must try to find some kind of peace. Eventually you realise that the future dream you are trying to capture does not exist in the outer world, and so you are driven back into yourself." "It is at this stage that most people begin their spiritual search. It is simply a gearshift from trying to improve the world to trying to improve yourself. Even so, the spiritual quest is yet another fruitless search because it too is based upon the illusion of the future. Nonetheless, the process cannot be sidestepped. Pressure is pressure, and this 58th Shadow will not let you rest until you have exhausted your inner search. The pressure keeps pulling on your mind to do something to relieve the pressure." "The Shadow of Dissatisfaction is based on the false promise that there is something you can do to bring about happiness. Even doing nothing as a reaction to this knowledge can become a subtle doing on your part. What this Shadow therefore does in human beings is make us realise how hopeless our situation really is! Despite the way it sounds, this Shadow is not negative in the least. This Shadow exhausts you until you finally come to your knees. In this sense, dissatisfaction is truly divine and contains the secret of grace. Once you begin to grasp this truth deep inside your being, the future you have been holding onto slowly crumbles, revealing for the first time a marvellous Gift welling up inside you – the Gift of Vitality."

REPRESSIVE NATURE – NONE

The 58th Shadow is the only aspect of our genetic makeup that cannot be repressed. The reason for this is that it signifies vitality – the life force itself, which is outside our control. If it could be repressed by human beings, we would cause our own deaths and as a species would never have been able to evolve. Fortunately however, life is far stronger than human beings and will not be denied. We are destined to face our dissatisfaction and can only react to it.

REACTIVE NATURE - INTERFERING

Such is the strength of life force that we humans can only react to it, whether consciously or unconsciously. This reaction most often expresses itself through our interfering with the natural flow of nature. Such interference causes us further discomfort and dissatisfaction. The greatest difficulties arise when we occasionally taste the spontaneity of our own inherent joy. Because we have all tasted this experience, we crave it and we constantly try to recreate it. Only when we realise that dissatisfaction is simply a low frequency manifestation of our life force pressuring us to evolve, does the great miracle happen – we finally stop interfering with life and experience our true joyous nature.



GENE KEY N° 58

From Stress to Bliss

Extracts from GENE KEYS © Richard Rudd

SHADOW : Dissatisfaction
GIFT : Vitality
SIDDHI : Bliss

58th Gene Gift : Vitality

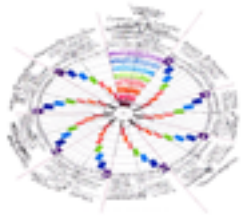
"The moment you accept your plight as a human being eternally driven to seek fulfilment in the future, everything in your life changes." At the Gift frequency, the same energy that you experienced as dissatisfaction now begins to turn into joy. This joyousness lies within every human being and is nothing short of life expressing itself without resistance. At this stage of your individual evolution, something strange is breaking through inside you – the evolutionary urge to become self-aware. Life wants to become aware of itself, freed from boundaries and restraints. Thus it begins a process of disidentification inside you. As you realise at deeper and deeper levels that the future truly does not exist, you prevent your life force from projecting itself into that future. Your mind becomes quieter, as though more space were opening between your thoughts. Your relationship to the future also changes. You realise that it is not and never has been in your hands but is maintained by a collective force of which you are only a minute aspect. This deepening realisation loosens your concern for what happens to you, even though a part of you still remains fascinated." All of these changes in your inner attitude are brought about because of the shift in direction of the atomic vital force that is keeping you alive. Increased vitality really means increased freedom. No matter how old or decrepit your body may be, you begin to feel rejuvenated by the joy that begins to well up within you. You find yourself happy for no real reason at all. Such a force needs to find an outlet in the world and its most natural path is in finding a way to be of service to others. However, unlike the 58th Shadow, the 58th Gift does not try to help others in order to allay its own dissatisfaction and thus interfering with natural organic processes. On the contrary, the Gift of Vitality knows empathically how to work with life processes in a non-interfering manner. Vitality always recognises vitality and is particularly adept at helping to free blocked vital energy. In fact, the mere presence of such people can catalyse increased energetic flow through a system. These principles can be applied to any field of endeavour – from healing the physical body to the structuring of a bridge or even to increasing the profit of a business." Above all, the 58th Gift is an unstoppable force that once set in motion cannot be turned back. Because the 58th Shadow is uniquely irrepressible, when the frequency of this Gene Key hits the Gift level things tend to happen very quickly in your life. Not only does your life take on a new shape, but a far deeper process overtakes you – the process of moving into the heart. This is an infectious phase in which you learn to move in deep harmony with your environment. At a collective level this Gift is very powerful as it will one day unite humanity to work towards a higher goal. In some respects it is already doing this across the globe and the modern trend towards globalisation is an example of this. The future of human evolution truly lies in the ideal of service. One day, service will be at the root of all business, economics and government, as humanity realises that it really is better for all of us. The joyousness we seek as individuals is intimately tied to the joyousness of the collective, which is precisely why the 58th Gift is delighted to work so tirelessly in that direction."

58th Gene Siddhi : Bliss

"Once a being has realised enlightenment through this 58th Siddhi, they become entirely unfocussed. Their awareness stretches into infinity, their gaze becomes unfixed and dreamy and their heart is so full that it bursts with love for all creation. Even though the awareness in such a being has become universally unfocussed, their body becomes a point of intense focus for the process known as bliss. Bliss occurs as a by-product within a person in whom these events occur. Physically, the experience of bliss is brought about by the spontaneous release of certain chemicals within the brain, which are now produced continuously due to activations in your DNA. These activations allow you to witness unbounded the continuously breaking waves of life welling up within you." The experience of bliss can even occur whilst still in a Shadow state, since there are drugs one can take that activate these chemicals for limited periods of time. Heightened spiritual states also often include periods of blissfulness that can last days or even months. None of these experiences can be compared with the actual enlightened state itself. Some say that enlightenment has nothing whatsoever to do with blissful experiences and that such states are even traps that prevent the real thing. "One of the great problems among seekers is identifying with the manifestations of enlightenment and assuming that this is what it means or looks like. The actual manifestations are really inconsequential. That one vehicle is coded to suffer waves of continuous bliss and another is coded to become a paragon of honour or virtue is not the point. The point is to realise that there is no point! No matter what one thinks, does or says, the experience of enlightenment cannot be attained through seeking, even though seeking may come before it. The final state is outside of our grasp. Again and again the seeker must come up against this impasse. You must look into your constant dissatisfaction until you begin to loosen up and find the humour in your situation. In this way, you will finally come to realise that the Siddhi is present within the Shadow, just as the flower is present at all times within the seed."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 59



SYNERGY AWAKENING CODE N° 59

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 59 Life Code in Human Design is the gate of sexuality, and in the original I Ching hexagrams it is "dispersion". So you could think of that as how the Life Code disperses itself through humans to create more humans. Because when we are talking about sexuality here, we are talking about reproduction. We are not talking about some kind of tantric fantasy. It is about the way that we humans keep showing up here on this plane in generation after generation. That is what the term sexuality means here in this life code.

At the shadow level you have dishonesty when sharing intimacy. In sharing your sexuality with others, you have to open up a very intimate place in yourself. And obviously, all the different kinds of strange abuses of sexuality would exist here at the shadow level. Having a sexual encounter with another without love and without being in your heart is basically mutual rape. And that is dishonest. That is a dishonest way of sharing your life force with another person.

Dropping into your heart you find that experience is really something that should be shared with others from a heart space and from a truly loving space. Then the intimacy can open up and then the intimacy is there to serve that experience. That is the only honest way of experiencing it. Without any machinations and without you doing it just to titillate yourself. You become responsible for that energy and allow the intimacy to grow with that other person and to grow in love with them. That, in terms of being responsible for reproduction, is what you would hope would happen. That would be a great space to create children. There are of course other Life Codes that also work with the sexual energy, but this is specifically sexuality as it was originally intended for us and for animals and for all forms of life that do it this way. It is about reproduction.

At the siddhic level you have transparency. And the beauty is that through a completely intimate and honest sexual encounter with another that you are growing with, you will eventually realize that through transparency the other becomes a window to the universe. That is how it is. We create and are able to create through our shared sexuality as human beings, because we have a whole universe within us. And when two of those universes merge, existence chooses the best to take from us to evolve the expression of life through us into a new being that comes forth. And that is seeing the other as a complete expression of the universe, where you become the Yin or the Yang pole and the other becomes the complimentary of that. That is what transparency means in this context. It is a beautiful doorway into something you would not even expect through just reproduction. To open up a transparency to the whole. We are engaging in that act. You become totally an opportunity for the other to see very deeply into the truth of the existence and unity. So that is a very beautiful thing that comes through the progression of intimacy.



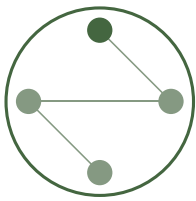
Water/Wind

Dissolution

The Wind wafts over the Water and ripples it. The dark flowering force becomes bright and soft.

Selfishness evaporates and is sacrificed to a collective purpose. Human beings have mutual interests and therefore are united. A moment to take important decisions. Success through perseverance.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 59

The Dragon in your Genome

Extracts from GENE KEYS © Richard Rudd

SHADOW : Dishonesty

GIFT : Intimacy

SIDDHI : Transparency

59th Gene Shadow : Dishonesty

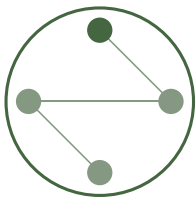
"At its base level, the 59th Gene Key is about sex and reproduction. It represents the drive in human beings to multiply. As such it is an impersonal force that selects our potential mates for us. The reasons for being drawn to a particular person are complex, but essentially, we can be sure that our genes have their survival in mind! ""Behind the 59th Shadow hides a deep distrust of others and a core fear of relationships. This is the Shadow that makes the world a lonely place because despite the number of people there are around us most of the time, we rarely communicate with each other in real depth. As we explore the 59th Gift and Siddhi, we will see what that really means. What is unusual about the 59th Shadow is that the fear does not lie in the individual. It is in the aura between us. When you are alone the fear is not there, but as soon as another person comes into the same room as you, the fear of the 59th Shadow is there as a subtle undercurrent. It is even more amazing to consider why this fear exists at all – because it is the foundation of sexual attraction. This may come as a shock to many people, but the truth is that the moment you stop being afraid of someone, you transcend your sexual attraction to them. The fear provides the necessary friction that makes attraction possible. This is why the 59th Shadow is the Shadow of Dishonesty. As long as we keep something of ourselves hidden from the other there is always something left for them to fear. ""The extraordinary revelation that comes from the contemplation of this 59th Shadow is that our genes actually want us to be dishonest. This means that life itself has been holding humanity back from realising its higher nature. One needs some time to digest this last sentence. Life needs human beings to be afraid of each other in order that it can fulfil its genetic potential in this current stage of our evolution. "" The fear that keeps human beings from realising their common genetic ancestry has led to the phenomenon of isolated tribal gene pools all across our planet. If we were not afraid of each other, we would have interbred immediately wherever we migrated. There would be no social, political or geographical boundaries – no countries, borders or wars. But, and it's a big but, there would also be no genetic differentiation, no art, religion or cultural colour. In short, we would have become a single amorphous mass and probably, we would not have survived. "" The 59th Shadow is rooted in our inability to come clean with each other. It is the source of all hidden agendas. At the moment, what we need to understand is that our world is undergoing a genetic transmutation and we are guinea pigs in the global genetic laboratory. All genetic material is currently being sifted and sorted. Any behaviour traits that are rooted in the old ancestral fear will be discarded. They will simply disappear from the human genome. "" There is a spiritual force involving down into form that is causing our genes to mutate, and there is a genetic force evolving upwards, causing our behaviour to become more spiritual. The answer to the question of what to do lies in contemplation of the 59th Shadow. Since the world is evolving naturally in a particular direction, your behaviour will either flow in that direction or oppose that direction. If you want to hitch a ride on the currents of evolution you would do well to align your agenda with its program. You must begin to look into your fears and come clean with your hidden agendas. ""One thing is sure, if you move against evolution at a time such as this, you will meet an opposing force whose power is incomprehensible. Such a power will ultimately destroy you as it is destroying all such behaviour rooted in selfishness and separation."

REPRESSIVE NATURE – EXCLUDED

The repressed nature of the 59th Shadow is about feeling excluded. Feeling excluded is a classic example of the victim state as it blames others rather than taking responsibility for its own feelings. These people unconsciously exclude themselves out of a deep-seated fear of losing control. When you open your doors to others, then you always lose control. Such people actually manage to draw negative attention through their self-exclusion. Furthermore, when you are excluded you can maintain your defence mechanisms intact, even though you feel bad. The feeling of being excluded can actually become an addictive state. It gives you the illusion that you are still in control of your own emotional environment. However, the moment you do choose to include yourself, the entire illusion is instantly shattered.

REACTIVE NATURE - INTRUSIVE

but is expressed reactively as anger, which then becomes intrusive. These people try to push themselves in the door, physically and emotionally invading another person's aura. When they meet rejection, they become outraged and exclude themselves. It is the same strategy as the repressive nature, in that it tries to maintain control of the emotional environment through blaming others. The difference here is that the intrusive nature experiences rejection actively, whereas the repressed nature experiences it passively. Intrusive people can be addicted to unhealthy emotional relationships, so long as they find a willing victim to play their game. Such people will try to dominate their relationships in order to avoid rejection, which means that they can never stay with anyone who is honest enough to challenge them.



GENE KEY N° 59

The Dragon in your Genome

Extracts from GENE KEYS © Richard Rudd

SHADOW : Dishonesty

GIFT : Intimacy

SIDDHI : Transparency

59th Gene Gift : Intimacy

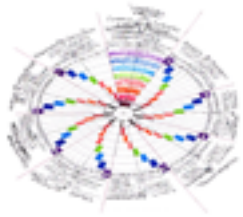
"Since the 59th Shadow represents the unbridled fertile power of your animal sexuality, then by raising its frequency you unlock the transcendental power of sex." Perhaps the deepest archetypal symbol of sexuality is the figure of the serpent or dragon, and within this alchemical symbol hides the key to the 59th Gift. Serpent or dragon energy represents the evolutionary urge to transform oneself, reflected in the serpent's shedding of its own skin. This sexual power in humans has always held the promise of higher states of consciousness and we have devised many techniques and systems that attempt to utilise it. These meet with varying and limited success, because although the evolutionary urge to transform is there within us, the timing for this mechanism cannot be forced. Nature always flowers in certain individuals early, just as certain flowers in the garden bloom first. However, to try and force our sexual flowering before it is ready can be dangerous. It will come in its own time." Intimacy may sound like a soft and cuddly kind of state, but the reality of the 59th Gift of Intimacy is somewhat different. Intimacy presupposes honesty and acceptance of the Shadow state. This means that the fears between the sexes must be acknowledged, understood and allowed to exist. This allowing then acts like a valve that opens up the full power of the sexual force, a shattering power that shakes the very fabric of your being. This is why it frightens us so – because it is such a raw power. What we don't usually realise is that the power of our sexuality, if embraced fully, will open us to a higher state." The sexual power of the 59th Gift is highly contradictory; it is both creative and destructive. At the level of the human aura, it destroys any interference patterns that appear to separate people. In other words, it causes your identity or ego to be dissolved." The sexual force is a spiralling force, which is why all living creatures have similar foundational spiral geometries. This force creates what are known as fractal geometries throughout nature – self-similar systems that are all interlinked yet at the same time utterly unique. These creative transformational patterns and geometries are also found within human relationships. The power of human intimacy is the power of two human auras interacting to create a third aura, whilst in the process the two original auras are sublimated. The more differentiated the original auras are, the more potential there is for transcendence." As this heart opening occurs, true intimacy is born and two people meet within a single awareness. It is important therefore to grasp the true nature of the process known as sublimation of sexuality. It is a shattering process in which chaos must be experienced before the higher emergence is perceived. Since this process is currently occurring throughout the entire human gene pool, what we see in the world today may be understood as a reflection of this chaotic breaking down of the world aura. Only when it has reached a critical zenith will we begin to see the birth of the third awareness. This will be reflected in the material plane through the birth of a new kind of human being whose single purpose is to house this new awareness."

59th Gene Siddhi : Transparency

"Transparency as we understand the word today is not even close to what it means at the siddhic level. Today when we speak of being transparent, we mean being open and honest in our communication with others. The Siddhi of Transparency actually involves the dispersion of all aspects of the self back into the sea of creation. In mythical terms, the 59th and 55th Gene Keys represent the force of prime yang and prime yin respectively. The 59th Gift is the seed or semen and the 55th Gift is the egg. When the frequency of this Gene Key reaches the siddhic level, these kinds of symbols cease to have meaning since they no longer function through duality. The semen of the 59th Gene Key is spent and the egg is no longer needed. What you have left is a state beyond description and beyond evolution. Transparency is what remains when evolution becomes meaningless. At a genetic level, the 59th Siddhi cannot exist within the physical body because it is the driving force behind evolution. The state of Transparency carries no agenda or purpose. It simply acts as the conduit for awareness. Thus, the only purpose of the 59th Gene Key is to break down all barriers that stand in the way of union. When this has happened, this aspect of our genetics will no longer be needed." In nature, the 59th Gift is represented by the golden mean – a universal geometric form underlying all creation. However, if one tries to create a spiral out of the golden mean to represent this Siddhi in its entirety, one immediately meets a well-known mathematical impasse because such a figure would have no beginning and no end. This is representative of the 59th Siddhi – it cannot appear in nature or be understood by mathematics. It simply does not appear to exist, hence its Transparency. You can perhaps see why Transparency taken to a collective level entails the disappearance of the form of our universe. When this does eventually occur, as it must, it is difficult to say what form humanity will take, if indeed it takes any form at all. If humanity were to take on some kind of future form, it would certainly no longer be an outgrowth of evolution as we understand the word. Neither would it have the need to reproduce itself since its being would be eternal."



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 60



SYNERGY AWAKENING CODE N° 60

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 60th Life Code is called the gate of acceptance in Human Design, and in the original I Ching hexagram it is "limitation". This is the place where you pass on your genetics. And what is the actual result of that? It connects directly in our body graph with the 3rd Life Code, which is about the pure force of mutation and about things changing. The 60th Life Code is about things staying the same. So, when those two come together at this 60th Gate, you get the new coming into what is existing. Creating something out of what is existing in terms of human beings and our genetic posterity.

At the shadow level, you get limitation. So that would be struggling with your gifts, your skills, your traits, your inherited traits and getting all mental about it. And only seeing the conditioning side of it, that it limits you and stops you from being who you are.

At the gift level, it is realism. And then you start to figure it out. You start to see "Are these really limitations? Or are they the play? Are they the spaces for me to express who I am?" And then you shift your perspective. All of a sudden you realize that instead of it being a limitation, it is a place where a possibility lies for something to occur. It is a container. It is like a holder for your uniqueness to come through. That is what realism is. You see it realistically and what you can do with it. How can you evolve this limitation a little bit by adding your specific uniqueness or taste to it.

At the siddhic level, it is a very profound term, it is justice. You begin to understand by having gone through the very realistic approach that everything is given its due. Everything is allowed to express its uniqueness in the space of the limitation that it is presented within and by limitation. There are definitely a lot of limitations here in the physical world. Two things can't pass through each other without making a big mess. That is the physical world. So that is the most graphic sense of what a limitation might be in the physical world. But as you start to see the limitations as spaces within and it is just here where justice is the allowing of everything to enact its potential in the way it was designed to and the supporting of that. The supporting of that right in the places where it is designed to do that. A bird for example, you would think of a nest and it building a nest and for a human building their life and how that works. That is the limitation we are talking about, but allowing each its own unique nature - to express itself in the environment. it is meant to exist in. That is just and true justice, not interfering with that, not coming in and taking profit in ways that don't support that.



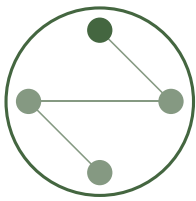
Lake/Water

Measure

The Lake is filled with Water. The mouth speaks, the ear hears. Lake or ear do not have an infinite capacity.

Undertake as much as you can master and no more, but also no less. Moderation brings success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 60

The Cracking of the Vessel

Extracts from GENE KEYS © Richard Rudd

SHADOW : Limitation
GIFT : Realism
SIDDHI : Justice

60th Gene Shadow : Limitation

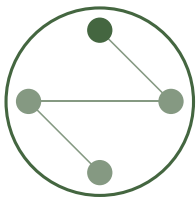
"The 60th Shadow will shut down your life-receiving faculties, essentially freezing life into ever tighter patterns over the course of time. In our modern world, the 60th Shadow is apparent everywhere – it appears wherever innovation and imagination are stifled by red tape, or wherever men or women seem to have forgotten what it means to be human. The very fact that the greater proportion of the world population still lives in poverty while a select few thrive is due in no small part to the 60th Shadow." But this 60th Shadow is also a great collective release code for higher harmony. It will not yield to force but waits for one thing – time. All of life follows cycles within time. "Unless you can escape its frequency, the 60th Shadow will prevent you from seeing that life has a built-in mechanism for righting itself. At the Shadow frequency this will cause you to distrust the flow of life. Sometimes the flow of evolution appears to stand still or get stuck and this manifests as the human inability to break out of set structures and patterns." The 60th Shadow concerns the human over-reliance on structure and the consequent death of something very special indeed – magic. Magic refers to events that do not follow logical, sequential laws. Magic is spontaneous, highly mutative, unpredictable and uncontrollable. Its greatest quality is that it is beyond meaning or understanding. The 60th Shadow is the greatest critic of magic. Its single purpose is to control the flow of life and prevent anything original from occurring." All structures eventually dissolve and falter. This law can be seen throughout history – it can be seen in the inevitable decline of every great empire that has passed into form. It is important to understand that it is always the structure itself that causes the decline. Structures are an essential part of life. However, all structures are expendable. The body itself is an expendable structure, as is the earth. In order for consciousness to keep penetrating the world of form, structures will always be necessary until the form itself has been transmuted. This is the key that we humans have to remember. The 60th Shadow creates an over-attachment and over reliance on form instead of highlighting the indwelling spirit or idea." The other side of the Shadow of Limitation is about the past. Whenever and wherever people remain stuck because of an outdated mindset, the 60th Shadow is at work. This is a Shadow that abhors the new, the innovative and the original. It is the nemesis of change and youth." One of the great limitations for children is to be forced to sit indoors behind a desk at an age when all their bodies want to do is run and explore life. This early imposition of structure on the developing mind, body and emotions of children has created a backlash of reactionary behaviour from children at all levels of society. You cannot imprison youth without serious repercussions coming back to haunt you." Of course the greatest limitation of all is human thinking itself. This is where the 60th Shadow tries to strangle life at the individual level. Because of our cultural conditioning, your mind gets used to thinking within certain mental structures and you become comfortable within those structures." Inspiration (the 61st Gift) is what occurs when your mind momentarily breaks out of its habitual structures. Most people, for example, do not think magically; that is to say, they do not leave the door ajar within their brains so that Inspiration may creep in at any moment. The main reason for the death of magic is closed-circuit thinking, where the mind follows familiar patterns or systems of thought around and around without the ability to think beyond them. It is out of this closedcircuitthinking that all self-limiting forms are ultimately brought into the world."

REPRESSIVE NATURE – UNSTRUCTURED

When the 60th Gene Key is repressed, the result is a deep lack of structure in a person's life. At a cellular level this can actually cause physical trouble or disease because such structure holds together the physiological functioning of the organism. The lives of such people never seem to be harmonious as they are out of kilter with their true nature. These people need strong structures in life – for example, family, career and a sense of direction. Without these kinds of structures, they are adrift in the world and their potential seems to be wasted. They never seem to be involved in anything that lasts, but keep changing their circumstances. They are afraid of structure and commitment, and this fear prevents them from finding the correct allies or environment for their gifts to bloom.

REACTIVE NATURE - RIGID

When the 60th Shadow is expressed through an angry nature it becomes deeply controlling and rigid. These people cannot allow others to question anything they say or do. They behave as though they were beyond reproach, and if anyone crosses them, they lash out in anger. The reactive nature of this Shadow creates an over-reliance on form and structure to the detriment of the original spirit or idea within the structure. These people assume that any new idea or way of doing things is a threat to their security and they react accordingly. They do not have any real understanding of relationships since they cannot allow others to transgress their own behavioural codes or opinions. Unless they are able let go of their stranglehold on life, they will eventually shrivel up and decline.



GENE KEY N° 60

The Cracking of the Vessel

Extracts from GENE KEYS © Richard Rudd

60th Gene Gift : Realism

"People with the 60th Gift are very sought out in the world, and for one main reason – they understand the limitations of the world of form and therefore know the laws of manifesting within the world of form. This is what Realism refers to in the context of this 60th Gift – it is the ability to balance youthfulness and wisdom – idealism with structure. It is all very well having a wonderful idea that will change the world, but without the realism of the 60th Gift, this idea will probably never amount to anything. Another synonym for the 60th Gift might be the gift of common sense. Common sense is inherent to all human beings, but it is lost whenever a person or society becomes too bogged down in frameworks and structures. It is through common sense that we human beings evolve and cooperate with creation efficiently and harmoniously. ""People with the 60th Gift understand that for anything new to take root in the material world, it must follow certain laws. The main law of manifestation in the material world is based on structure. Innovation without structure simply will not last. The seed needs its hard shell to protect it and the river needs its banks to direct it. The 60th Gift is about creating strong banks to direct and funnel the energy for change into the world. To be realistic in the sense of this 60th Gift means to understand that there is a great deal of red tape in the world and this has to be tackled. The classic metaphor for the role of this Gift is that of grafting a vibrant young shoot onto a powerful old rootstock. In this metaphor the 60th Gift is the rootstock, which represents the ability to work with the existing laws and traditions of the world and introduce change through them rather than in spite of them. People with the 60th Gift are masters of creating structures, whether mental, emotional or physical. These structures in themselves are holding stations for new ideas and energy, and as such are of less importance than the energy that comes through them. This is what the 60th Gift knows – it knows that the structure will eventually mutate or even die, but the inner spirit will move on and if necessary find a new structure to carry it."" But the real essence of this Gene Key is about not losing perspective from either the idea side or the structure side. We have already seen how an over-reliance on the structural side ensures that most ideas are either bogged down and never happen, or else end up far from their original vision."" One of the subtlest of structures is language itself. People with the 60th Gift can therefore be masters of language, as long as they do not become trapped by it."" But in order for something really new to enter the world, language has to be used in a playful manner, as a means of expressing a frequency. It is the frequency that holds the energy of change. Language is simply the means of resonating the music."" The 60th Gift requires deep acceptance of the uncertainty and unpredictability of the rhythms of life. These people understand that natural periods occur when nothing seems to be moving. Such periods can come on suddenly and go just as suddenly. They give rise both to our mood swings and to our bursts of sudden manifestation. The 60th Gift knows that there is magic in the darkness before manifestation and knows not to interfere with these essential life processes. To be realistic means to accept the natural limitations of being in form without being a victim of them."

60th Gene Siddhi : Justice

"The 60th Siddhi is an extremely rare Siddhi. There are some things in life that are quite simply a mystery, and this 60th Siddhi is one of them. It is called Justice but the true meaning of this word in a siddhic context is utterly different from our usual interpretation of it."" Because we humans think in terms of our morality, we generally see justice in terms of punishment and reward. More often than not, we see it in terms of retribution. Even our most sophisticated spiritual and scientific systems think of life in terms of cause and effect or karma. This is due to the limitation of being caught in a dualistic reality. However, the true concept of justice is not bound by laws at all. It could best be described as acausal. When something is acausal it means that it happens for no reason that we can see or understand. In an acausal reality, causes do not lead to effects and thus there can be no justice as we understand the word." "The 60th Siddhi breaks all the laws of our reality, beginning with the law of time. Whereas we see time in a sequence, the 60th Siddhi experiences all time in the present. This means that there is no event horizon or sense of linearity, meaning that the person manifesting this Siddhi can therefore travel through time. The second law that the 60th Siddhi breaks is the law that holds form itself together – what we call gravity. In other words, these people are able to travel not only through time, but also through space. The laws of gravity that hold atoms together and maintain order within our cosmos are completely smashed by this Siddhi. Our popular mythologies contain many stories of eyewitness accounts of people flying or beings from other worlds coming to earth. Some of these accounts may be taken from manifestations of the 60th Siddhi."" There is enormous magic hidden within this 60th Siddhi. It is true magic because it is acausal. It cannot be learned, mastered or imitated. Every time a being attains enlightenment through the 60th Siddhi, magic comes pouring through this being and they become a phenomenon, a symbol of the breaking of the laws of form."

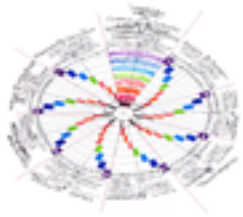
SHADOW : Limitation

GIFT : Realism

SIDDHI : Justice



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 61



SYNERGY AWAKENING CODE N° 61

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 61st Life Code is the gate of mystery in Human Design and in the original I Ching it is the hexagram of "inner truth". So this is where the mystery comes through into our life experience. The I Ching visual is of two wise men moving through a lake in a mist. And it is a very sacred space, a very sacred environment that they are moving through. And just passing through this mist the residue of this mist is leaving a kind of magical encounter with life that will impact the world around them.

But at the shadow level it is psychosis. For example someone who has amazing experiences, but is not practiced at expressing that. He/she comes out and starts talking about it. And people will think that person is psychotic. They will think, what is this person talking about? But the person actually had an authentic experience, but it was a mystical experience. Something came through from a higher plane, but the person has no idea how to express it or what he/she saw. How to put it in words in the right way so that it comes across in a way that can serve the wisdom of humanity to evolve and survive into the future? That is what it always boils down to - we have to keep on evolving and to get better at our survival. But if it comes across as crazy and bizarre that is what is meant by psychosis here.

At the gift level it is inspiration and the person finds a channel for it, they paint, they create beautiful architecture, they create a score of music, they choreograph a dance that is captivating. Whatever it is, there is a way to express it that is coming from that inspirational space, that higher dimension that has presented an inspirational field in which to create something very beautiful.

At the siddhic level, it is sanctity, it is the essential vibe, the true vibe, the vibe of the core, the center. If you bring it right down to what existence is, it is sanctity. It is everything in its very nature. When you tap into that it makes you feel so grateful to be a part of it. It is so enriching, empowering and it is exalting. It is so many things all at once what sanctity implies. It is like being in the most sacred space you could imagine, like being immersed right in the middle of nature and to illuminate all the beauty at the same time and to bring it out and inspire others. That is what sanctity is.



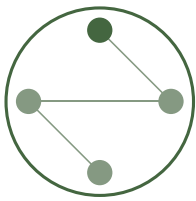
Lake/Wind

Confidence

The Wind wafts over the Lake. The joyous meets the gentle.

Approach everything and everyone cheerfully and gently. Recognise their inner nature and earn their trust. Take important decisions. Endurance brings success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 61

The Holy of Holies

Extracts from GENE KEYS © Richard Rudd

61st Gene Shadow : Psychosis

"The psychoses that are recognised are the more acute forms in which human beings are unable to function in society without endangering either themselves or others. However, what the 61st Shadow will show is that psychosis, which entails a loss of contact with reality, is the background consciousness of almost all human beings, including those that purport to understand the nature of the malady itself. At the risk of shocking the psychological community or indeed the wider community, psychosis is in fact the ordinary state of the mass consciousness of humanity in the world today." In the 61st Shadow the true nature of the mind is obscured. The true nature of the mind is described, as much as it can be described in words, in the 61st Siddhi of Sanctity where it is seen as emptiness, or perhaps more clearly as infinite space. However, the mind as we know it today is sick, and it is sick for one reason alone – because it seeks itself. It is through the narrow gate of the 61st Gene Key that a great question permeates the world of human beings, the question of why. This question Why? is in fact an aberration caused by the limitations of our current awareness. It is also this question that has powered the direction taken by humanity for thousands of years and in particular over the past few hundred years. There is a tremendous pressure within the human brain to find an answer to this question that continues to well up from the deepest reaches of our unconscious. Both right and left hemispheres of the brain grapple with an answer to this question but both are ultimately destined to fail. The right hemisphere seeks to end the pressure through religion whilst the left hemisphere seeks to end the pressure through science. The key to our failure to relieve the pressure is found in the programming partner of the 61st Shadow, the 62nd Shadow of Intellect. The pressure from the 61st Shadow is neurologically and chemically routed directly into the human intellect, which is what turns the pressure into a question in the first place. The word why is the first word of all words, and out of it has been born all the different languages of humanity. "As with all psychotic states, we are unaware of our own psychosis. Even those sensitive people who do become aware and can see an inevitable human slide into self-destruction are caught within the dilemma. The dilemma is that you cannot fix the psychosis from within the psychosis. The ancient civilisations called this perceptive cloak thrown over the world the maya – the great illusion." The only way to release the pressure of the 61st Shadow is to step right into the heart of the pressure rather than constantly trying to make it go away. But the pressure from the 61st Shadow is truly terrifying for the human intellect, which has formed an intricate mental construct around itself and called it reality. Stepping into the pure pressure from the 61st Shadow will shatter the intellect completely, quite possibly inducing a state of acute psychosis in which you undergo a spiritual and/or mental breakdown or breakthrough. In order for this delicate shattering process to occur safely, a person must pass through an organic preparatory period in which the hold of the human intellect and its false reality is progressively loosened. This is exactly the process referred to through the 61st Gift – the Gift of Inspiration."

REPRESSIVE NATURE – DISENCHANTED

The repression of the question of one's true origin leads directly to imitative, conformist behaviour in the world. Disenchantment is an inner giving up that usually has its roots in our childhood conditioning. It is hiding from our own question because it terrifies us. The inner question scares us because if we pursue it, we will have to break away from all that feels comfortable. We will have to set off on a personal quest and that will take us away from the status quo. Furthermore, the inner quest is a dangerous path and can only be travelled alone. When the 61st Shadow is refracted through a repressive nature, these people go the traditional route – through education, religion or science. However, deep down inside them, the question remains and disenchantment becomes their true inner state. No matter how hard they try or how much they gain and succeed in the world, inwardly they remain unfulfilled and restless.

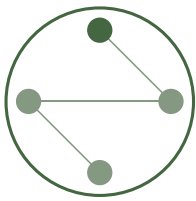
REACTIVE NATURE – FANATICAL

The reactive human nature becomes obsessed by the question coming through the 61st Shadow. Rather than pass through the gauntlet of the 61st Gift, these people become frozen and fixed on a single answer to their inner question. Such people find a safe and comfortable place in the structure, leader, creed or direction to which they have become attached. What they do is place an intellectual answer over the top of the question and they build their reality around that answer. By rigidly holding on to their answer, they also have to deal with the psychotic dilemma of having found "the only true answer to the great question of existence." They become fanatical about their discovery and usually become some form of missionary in its further propagation in the world. Beneath the surface of every reactive nature is a well of insecurity that bubbles to the surface as anger. This anger further protects them from having to deal with the true question within them.

SHADOW : Psychosis

GIFT : Inspiration

SIDDHI : Sanctity



GENE KEY N° 61

The Holy of Holies

Extracts from GENE KEYS © Richard Rudd

61st Gene Gift : Inspiration

"Inspiration is what happens when you stop worshipping God and start becoming God. The 61st Gift of Inspiration may sound like a common enough attribute, but the reality of this Gift is far from comfortable." The path of inspiration often begins as an outer quest as you seek answers from the outside world through systems, teachers or disciplines. In the beginning, inspiration comes to you sporadically as flashes, in which you fleetingly perceive the nature of reality in a distilled form. Sometimes inner truth may be revealed to you for longer periods. Such shattering and powerful experiences usually alter the path of one's destiny. What separates inspiration from other heightened experiences is that after inspiration you are permanently altered. Even a brief flash of true inspiration will change the way your awareness operates. Through inspiration you are being prepared for an even greater experience than you can yet conceive." The path through the 61st Gift is necessarily a very creative path, since true inspiration destroys some aspect of your inner delusion, thus releasing a great surge of trapped energy into your body and life. Such energy naturally seeks an outlet through creativity. Creativity is the single most important Gift for drawing humanity out of its mass psychosis. It unlocks the latent forces of inspiration inside you, pulling you away from a state of victimisation. Inspiration and creativity have their challenges however. The main one for human beings is patience. Inspiration cannot be forced or predicted, but comes when it comes and stays for as long as it stays. In between these heightened inspirational states, you may well become dejected or depressed. However, at a certain level of frequency you will reach a plateau, and at this level the inspiration itself gives you enough energy to maintain a heightened state. Once again, the key is some form of creative process. By its very nature the Gift of Inspiration is spiritual because it serves to loosen the hold of your mental constructs, opening and expanding your capacity for love." One of the hallmarks of the 61st Gift in action is the originality of its expression and the seemingly endless stream of its activity in the world. Deep within the person in the midst of such a process something extraordinary is occurring – their hold on reality as they know it is slipping. Many people are not able to let go during these stages and cling to the forms they have begun to create in the world. Those who can continually release the definitions of their reality do begin to enter a more rarefied realm. They enter a stream of consciousness in which inspiration begins to annihilate their lower mind. At this stage, it may appear as though a greater being is somehow taking over your life. You may not know it, but you are approaching a door – the door to the greatest secret known to humanity – the door to the Divine." One of the greatest statements ever made concerning the nature of divinity is the mystical axiom "God is pressure." This revelation powerfully describes the process whereby the inner truth hidden within human beings is unlocked. You are a pressure machine! Deep inside your body, the pressure of the mystery of your being beats in the heart of every single molecule of living DNA."

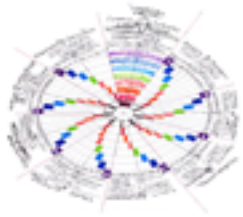
61st Gene Siddhi : Sanctity

"As you enter the field of the 61st Siddhi, a huge, pregnant silence descends and all your mental activity abruptly ceases. Here inner truth resides. In western mythic traditions, this is a place and is called by many names – the Ark of the Covenant, the Grail Castle, the Holy of Holies, the Celestial Palace. In the East, it is generally described as a state – enlightenment, nirvana, samadhi or some such term." A human being in whom the 61st Siddhi is being revealed is nothing but a human vehicle manifesting pure universal awareness. This state of Sanctity is the underlying nature of reality and until you come to rest within it, you are always asleep. For those of us outside of this realisation, such a person seems to be a god. They ripple with divinity and exude the strange unearthly essence that humans refer to as holiness. They emit a frequency of such availability and at the same time such power that we find them either irresistible or terrifying. These are the people who we, in our psychosis, deify and worship. We do so to our detriment because the whole point of such a presence among us is to demonstrate the fact of every human being's inner divinity." The 61st Siddhi is about living life without answers. It is about simply becoming the mystery of who you are. Only when all answers finally fall away does the inner truth dawn. If there is a Siddhi that negates all words, descriptions and answers it is this 61st Siddhi. Life is a mystery. Enlightenment is a mystery. Inner truth is a mystery. No matter what you do to try to solve the mystery, you will never come closer. There is no attitude you can adopt in response to the mystery, since all such things are subtle attempts at solving it. You simply must come to realise that you know absolutely nothing, and this profound revelation can only occur in its own way and at its own time." For humanity in its current phase of evolution, the 61st Siddhi can only cause infuriation. It is better that we forget all about it and bring our focus to the Gift level, where our mind at least has something to grasp and something to aim for. Once you have pulled yourself clear of your psychosis it is simply a matter of time before the Siddhi also arrives. The vehicles we currently inhabit are extremely limited in terms of their awareness operating system, which favours the development of the mind. Therefore, we must respect the phase of evolution through which we are passing and enjoy what lies before us. "

SHADOW : Psychosis
GIFT : Inspiration
SIDDHI : Sanctity



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 62



SYNERGY AWAKENING CODE N° 62

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 62nd Life Code is the gate of detail in Human Design, and “preponderance of the small” in the original I Ching hexagrams. If you look at the picture (next page), you can see the pathway coming out of the mountains. It is like step by step by step. Each tree is planted along that path. It is a path that takes painstaking, but not painful, just painstaking attention to detail. That is what this Life Code is about. Step by step, we take care because it is not just about us. It is about others and what we leave behind too. So it requires, it demands, it deserves that kind of perspective as we move through it.

But at the shadow level, the problem is we are caught up in other’s opinions of how to do that. as we look at others that have done similar things. But nobody has walked our path. If we allow the opinions of others to sway us in the details, we are going to miss the details that are for us. What is there for us, the details that we need to get to? And it is only when we get that, that we will be able to provide for the future of humanity through our actions in the best, most efficient and most powerful way. Not through other’s ways of seeing that or doing that.

And that is when we get to the gift and we have farsightedness. Farsightedness is to see beyond the limiting perspectives of others, which are always going to limit you. You have to find your own perspective. That is what true farsightedness means. You tap into the way you see it, because that is the only way you are going to get the detail. So in that sense, farsightedness really is nearsightedness in the correct way, meaning you bring near to you what is relevant to you. And you have to have a farseeing vision that goes beyond the limitations of other’s perspectives that came through whatever kind of conditioning was imposed. So it is a bit of a challenge to go beyond.

At the siddhic level it is omniscience. And omniscience means you see the total vision of what you are focused on, any detail you are focused on and its relationship to the whole. How it impacts the whole. That is what omniscience means in this sense. It doesn’t mean seeing everything all the time all at once. That is the source’s business. Our business is to find that one thing and see how it can connect to all things from that one thing.



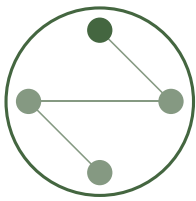
Mountain/Thunder

Power of the Weak

Powerful Thunder erupts from the silent Mountain.

The small are able to do great things. Do not be over-ambitious, let caution prevail. Be content with achieving small successes.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 62

The Language of Light

Extracts from GENE KEYS © Richard Rudd

SHADOW : Intellect
GIFT : Precision
SIDDHI : Impeccability

62nd Gene Shadow : Intellect

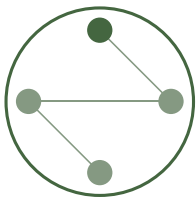
"Intellect is most often confused with intelligence and understanding. In the context of the Gene Keys intellect refers to the thinking capacity of the human mind, which bases all its suppositions on its two main objectives – the acquisition of facts, and the skill of manipulating those facts via language. Intellect is the skill of manipulating knowledge, but knowledge is quite different from understanding. Understanding in this sense does not simply refer to the activities of the mind but to the whole experiential being. You can be a dunce at the intellectual level, but can still understand many profound truths within the heart of your being. Likewise, intelligence has nothing to do with intellect. In fact, these two attributes are often (though not always) diametrically opposed to each other. Generally speaking, the more intellectual you are, the less intelligence you use. In the context of the Gene Key language, intelligence is something that occurs without the use of the mind, although intelligence may also use the mind as a means to transmit itself." Like any of the human Shadows, the 62nd Shadow of Intellect is not inherently bad. Intellect is a wonderful quality if it is used correctly in the service of innate intelligence. But when intellect is put in charge of the planet, as it currently is, then intelligence cannot be seen except in the few people who have raised this Gene Key to a higher frequency. Intelligence is of the heart, whereas intellect is of the mind. This is the core sentence. The 62nd Shadow is obsessed with facts, and facts are born of language and names. Without a name, you cannot create a fact. Names and language in their turn create the software of the human mind. Without this software the mind is silent. In a world where facts are regarded as treasure, the mind reigns as king. Our world is divided between the 62nd Shadow of Intellect and its programming partner, the 61st Shadow of Psychosis. That these two themes are genetically linked should speak volumes about the way we perceive the human mind." The 62nd Shadow really represents abuse through language. It is not we who abuse language, but language that abuses us. Language relies upon our frequency. At low frequencies, it completely takes control of our reality. The human intellectual capacity to read, write and speak is both our greatest blessing and our greatest curse. Problems arise when we identify our lives with our thoughts, which as we have seen, have been pre-programmed throughout our upbringing. Until we are able to step outside of this mental framework, we are controlled by language instead of being free to control it. All facts are relative, as modern quantum mechanics beautifully demonstrates, and this puts the entire conceptual framework of language and intellect on the chopping block. The fact that science is on the cusp of undermining the very foundation of intellect speaks volumes about the extraordinary times through which we are currently living. However, the intellect is not designed to give itself up. It will fight on, disproving any theory that takes it out of its own factual territory. Only when humanity raises its frequency into the heart will it be able to use intellect to resolve this great paradox. Put another way, the only way you can scientifically prove that God exists is to become God. Knowledge must then become knowing, intellect must surrender to intelligence and as a man of true understanding once said, "the last shall become first and the first shall become last. What this really means is that the heart shall lead the mind, rather than the other way around."

REPRESSIVE NATURE – OBSESSIVE

When the 62nd Shadow turns inward, it becomes obsession. Everything about this 62nd Gene Key is about focussing on the small things. When fear manifests through this Shadow it uses details as a way to avoid feeling its own suffering. These people become lost in the mundane world, living a life of endless details with little or no creative outlet for their life force. At the lowest end of the spectrum such people can become mentally ill, obsessing on the tiniest things as a way of coping with life. Such people are held prisoner by their minds rather than by the details themselves. For the majority of humanity however, this Shadow serves to repress the natural sparkle of the individual by keeping him or her locked into a monotonous mindset where details are both one's crutch and one's enemy.

REACTIVE NATURE – PEDANTIC

These people use their intellect to attack everything outside them in an attempt to defend their own deep insecurity. Such people are entirely in the grip of their intellect which questions everything endlessly, and in particular delights in finding obscure details and facts that disprove and disempower others. The intellect in these people is usually highly developed and in some cases they gain great recognition through it. However, such people are also utterly unable to switch off their minds. They focus on other people in order not to look into themselves. The source of this complex is a sense of rage, which the mind keeps bottled up until something or someone triggers its release, a fairly frequent occurrence.



GENE KEY N° 62

The Language of Light

Extracts from GENE KEYS © Richard Rudd

62nd Gene Gift : Precision

"Precision happens when natural intelligence strikes a balance between the heart and the mind, but with one caveat – that the heart, the feminine principle, is given control over life. The masculine principle, the intellect, then moves into service of the feminine principle, which is about intuition, listening and receiving rather than thinking, expressing and transmitting. As the Gift of Precision grows stronger, it may seem as though the world gradually begins to come alive again. Intelligence recognises intelligence, and with the mind out of the way the invisible essence that connects all beings is once again felt. "" Precision is what happens when intelligence is born. It's not simply about being precise and exact at an intellectual level, it's a completely new way of seeing life. ""When the Gift of Precision describes something, it arranges facts in ways that are inspirational and exciting rather than dull and dry. As this Gift arises in a person, they begin to communicate with such economy and exactness that almost everything they say is beautiful, poignant and seamless. Such people soon develop keen gifts as communicators, speakers, writers, artists, actors or scientists. This Gift is designed to find the limelight. When the heart leads the way and uses logic to describe what it sees and feels, others cannot help but listen. "" The 62nd Gene Key allows access to the universal language of light behind all forms. When the pitch of your frequency allows it, the words you speak and their emanations change and begin to serve a higher purpose. This purpose is twofold: firstly it transforms you because it allows you to really vibrate your heart and transmit your love through language, and secondly, it brings more light into the world and spreads the transmission of your awakening to others. "" The 62nd Gift represents the true power behind the Gene Keys themselves. At first it gives you a private inner language that allows you to initiate a deep transformation of your Shadow consciousness. At a certain stage in your journey however, you will feel the call of this language within you and its urge to escape into the world through your voice. It may well frighten you to speak to others using the higher frequencies and tones, but this is the beginning of your higher initiation. Once begun it will gather momentum inside you until you feel yourself literally taken over by your higher self. You will no longer use words that protect others from themselves, but will speak the truth as you feel it arising from deep within you, clearly and without projection. The fact is that the more rarefied your frequency, the fewer words are available to you, so your language takes on a beautiful simplicity. The 64 words that describe the Siddhis will become embedded inside you as the core language of creation. Such words, when felt deeply and spoken from the heart, can carry great shakti or transformational power."

62nd Gene Siddhi : Impeccability

"The word impeccable is often misunderstood when used in reference to true masters. The most common mistake we make is to believe that one who manifests the siddhic state must now behave in some kind of holy way. There is a widespread assumption that so-called Divine states of consciousness come with a sanctified code of conduct! If you truly understand the nature of the 62nd Siddhi of Impeccability, then you will see how laughable this notion is. To be impeccable means to be exempt from doing sin, which sounds as though it entails a certain level of purity and virtue. However, something profound needs to be understood here: one who has disappeared into the siddhic state has truly disappeared. There truly is no one at home. Pure consciousness is at play within this being, so whatever they say or do is beyond reproach. If a man were to commit murder in a siddhic state (actually, an impossibility), he would be beyond reproach. Of course, society would punish him and humanity would judge his action as evil or wrong, but this does not detract from the fact that he is beyond reproach because there is no he. You would only be punishing an empty body! This is the meaning of Impeccability. ""As we have seen through the 62nd Gift, communication at the more refined levels becomes very precise, especially through the medium of language. The 62nd Siddhi concerns the use of language at a level beyond our ken. Every single word has its frequency and vibration, and the order and syntax of your diction creates a certain aura. At the siddhic level, words do not come via the mind any more. They are not thoughts that become words. They emerge directly from the void, naked and pure. "" The 62nd Siddhi may appear to be highly intellectual, and indeed it will appeal in particular to men, who are more mentally polarised than women. These are the sages, like Socrates, whose logical argumentation cannot be defeated because consciousness itself is using the left side of the brain with impeccable precision. In such cases, language itself can be used as a means to bring about surrender within another. These people are adepts at using language in extraordinary ways in order to highlight the grand illusion in which the human mind operates. But even more than this, the 62nd Siddhi brings the understanding that every cell within the universe is a Divine word. This profound Truth allows such a being to become a master of Divine language. Because the Divine alphabet is so simple, a true master can respond to anything and anyone anywhere with exact precision. "" When you finally merge into the ocean of consciousness you achieve complete oneness with the Divine Cosmometry. Everything you think, say or do is no longer done by you but by the whole. Therefore it is done impeccably."

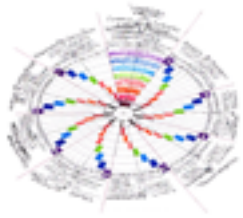
SHADOW : Intellect

GIFT : Precision

SIDDHI : Impeccability



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 63



SYNERGY AWAKENING CODE N° 63

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 63rd Life Code is the gate of doubt in Human Design and “after completion” or “after the end” in the original I Ching hexagrams. So when the sun has set, everything has happened. It is now time to see what has happened and to draw from that what is the essential value, meaning or truth.

The shadow of that is doubt. You don’t know if that was the right thing or not. “I’m not really sure about that. I don’t know if I even remotely trust that or if I want to enter into conceiving it that way. I don’t know.” That is doubt. It is like an unsurety about the facticity of what is going on.

At the gift level, you inquire into it and you start looking at it. “From where is that doubt arising? How did I get that done in the first place?” So you literally turn it back around on itself and you say let me inquire into that. “Is that true for everything, or just for this experience?” And so you allow the inquiry to start to proliferate and expand into wherever that may lead.

At the siddhic level you arrive at the truth. Whatever the truth is, whatever existence was trying to instill through you as the experiencer of the essence of the totality of whatever it is you have experienced. And that would come at the end when the inquiry has gone as far as it could. You go into that and you give up. If you have truly gone through all of that, existence is very kind. It will take you right into the truth. And you will see what was meant to be seen after the experience was completed. Which is what completion is about. You can’t say what that is, because you have to go through it and find out.



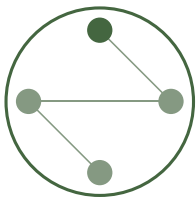
Fire/Water

After Completion

The Sun sets, Darkness and Rain arise, the day ends.

A deed has been achieved, the circle closed. Be satisfied but remain alert, otherwise all may be wrecked at the very last moment. Only small ventures have a chance of success.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 63

Reaching the Source

Extracts from GENE KEYS © Richard Rudd

SHADOW : Doubt
GIFT : Inquiry
SIDDHI : Truth

63rd Gene Shadow : Doubt

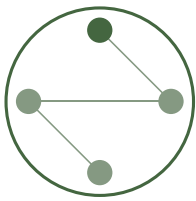
" At the human Shadow frequency, these two great genetic archetypes, the 63rd Shadow and the 64th Shadow give birth to two conditions known as doubt and confusion respectively. Doubt is born when you lose touch with the wonder of imagination, and confusion comes about when you rely too heavily on logic. If you turn these concepts around, you could just as easily say that doubt is the foundation of logic whereas confusion is the breeding ground for imagination."" The 63rd Shadow of Doubt represents a huge question mark literally wired into the human brain. Your logical left brain is designed to see things in terms of repeating patterns and this ability has been a key ingredient in human evolution. As the cognitive functioning in our brains developed, early human beings began to teach themselves more and more effective skills to ensure their survival. Today we have become so efficient in the use of our tools that we can even read the logical patterns wired into our very DNA. Doubt can therefore be a very positive force in driving evolution forward. However, the problem with doubt is that it does not go away! Doubt sits there deep within the neurocircuitry of every human brain where it causes a huge unconscious pressure. When seen purely for what it is, doubt is simply the word we humans give to this constant mental pressure. Although this pressure behaves differently from one human to another, the one consistency is that it drives each of us to try to bring an end to the pressure. We humans cannot easily accept this never-ending feeling of being unsettled somewhere deep inside. For most of us, the need for mental certainty results in our taking on a firm set of beliefs or values that provide a barrier against the doubt inside our minds. Doubt is the beginning and end of the human journey. It leads to the Gift of Inquiry, which in turn leads to the discovery of the Siddhi of Truth, the final answer to all doubt. However, the journey through the levels of this 63rd Gift does not lead you in the direction you might expect. The final resolution of logic lies outside the domain of logic. In this sense Truth comes as an Illumination from within (the 64th Siddhi) rather than an answer from without. Our conundrum is simply a matter of evolutionary circuitry – our brains have evolved to try to find release from the inner pressure. But in a sense, we have been conned by nature because there is no answer to our doubt. At the same time our attempts to end our mental anxiety have forced the brain to evolve even further. This is how our anxiety serves evolution."" If you do not use your mind in a creative way, the pressure either becomes a projection onto someone or something outside or it collapses inward and becomes self-doubt. It is self-doubt that so undermines the individual from trusting in his or her own inherent creativity. The very best thing to do with self-doubt is share it with others. In doing so, you can embrace it and allow it to move on through. The worst thing you can do during a period of self-doubt is to take forced or premature action."" At the Shadow frequency, all the human mind wants is certainty, and if it cannot find it, it will manufacture it. Out of this very human fear of uncertainty, all dogmas and rigid systems are born. Anyone or anything that purports to bring an end to your uncertainty through external means is selling falsity. Such people or systems are actually a potential danger to you. Doubt is not the enemy. Your fear of uncertainty needs to be recognised and embraced because the deeper you can embrace uncertainty, the closer you come to the transcendent."

REPRESSIVE NATURE – SELF-DOUBT

When doubt is repressed it plagues us as self-doubt. Self-doubt is based upon comparison and does us no harm as long as we simply observe it as a mental conditioning pattern. Self-doubt only becomes destructive when we identify with it and believe its propaganda. If left to its own devices, self-doubt must eventually destroy itself. If we trust in our doubt completely then we must even doubt our own self-doubt! This is the paradoxical power of doubt witnessed as an evolutionary force. However, for most people self-doubt is never allowed to complete its own process. We give in to our fear and fix it at a certain frequency. When this happens, self-doubt eats away at us as anxiety. This anxiety constantly troubles us and has sweeping effects on our health and general well being. It even pursues us into our dream life and will not allow us to sleep properly. Unless our awareness dis-identifies with these mental patterns, we enter a terrible world in which nothing we do or say is ever good enough.

REACTIVE NATURE – SUSPICION

When the 63rd Shadow is expressed in its reactive mode, it is externally projected into the world and becomes suspicion. This kind of doubt is also ultimately rooted in self-doubt but is transformed into anger and taken out on others. The most common form of suspicion falls upon those closest to us. Under this 63rd Shadow, we project our doubts onto our partners, spouses, bosses and even our own children. Whenever we make our doubts personal we embark on a wave of destruction that endlessly feeds back into itself. Other people's responses to our suspicions can be vehement or defensive, which further fuels our doubts about them. In this way logic appears to prove that our suspicions about others are true. This is a classic biofeedback loop common to many relationships. It can be so easily avoided if individuals either own their own self-doubt or project it back out into society in a creative exploratory way.



GENE KEY N° 63

Reaching the Source

Extracts from GENE KEYS © Richard Rudd

63rd Gene Gift : Inquiry

"Inquiry is about remaining open without finding a definitive answer to life. All pure Inquiry is of great service to humanity. It inevitably unlocks many of nature's secrets by examining life in minute detail. The real purpose of doubt is to serve the higher good in an impersonal way. If someone has a deep genetic tendency to doubt or ask questions, they can greatly improve the quality of their life and relationships by channelling that doubt away from their personal life and pressing it into service. The 63rd Gift is about progression through levels and stages. This is the way in which logical understanding works. The continual pressure of doubt fuels the spirit of inquiry, which leads to deeper and deeper levels of understanding. However, the more deeply you inquire into anything, the more complex it becomes. You have to take it apart piece by piece, whether it is a scientific theory or an internal combustion engine. What is of prime importance is what you learn through the process." "There is one golden rule with the 63rd Gift of Inquiry – if you inquire deeply enough into anything, you will arrive at the revelation that you, the observer, are intricately bound with that which you observe. This discovery actually heralds the beginning of the end of the logical approach, since it signifies the end of your ability to assess life objectively. At higher levels of frequency, you begin to enter the holistic domain of synthesis in which all phenomena are increasingly seen to affect each other. This new quantum world thus forces your inquiry into a far more subjective territory – that of your inner self. At a certain stage, the Gift of Inquiry must always lead you back into your self." "When you begin earnestly and honestly to question your own nature and purpose, you enter one of the great spiritual paths of all time, known in the East as the path of yoga. Yoga is essentially a progressive path of refining your physical and spiritual essence to such a height that you arrive at liberation or spiritual realisation." "Even at these higher states of awareness, the primary doubt that has always been with you stubbornly remains – the doubt about your very own existence. At our core, we want to know who and what we really are. For most people at lower frequencies this question simply exists only in seed form. The higher your stage of awareness however, the more possessed you become by this question mark inside you. Your Inquiry thus leads you through progressive levels of awareness and realisation and you may experience strange internal phenomena along the way. All this time however, you are still operating within the sphere of the 63rd Gift, which gives the impression that you are moving somewhere or evolving from something towards something. Even at these high levels, your Inquiry still has its roots subtly in the logical framework of your thinking. But, and it's the greatest but in all creation, all logic must eventually, by its very own nature, cancel itself out. All yoga leads in a single direction – to its own nemesis – to tantra, the way of surrender."

63rd Gene Siddhi : Truth

"No matter how elevated a person's awareness becomes or how advanced their yogic discipline is, until they reach this siddhic realm they will never realise the ultimate paradox that is Truth. The only way to arrive at such a state is to reach a position of inner surrender. After all your efforts and exertions to find Truth, you must eventually become one with your own doubt. This is the shock of the 63rd Siddhi – that doubt is Truth. This is a deep let down for your questing spirit. It is the ultimate state of failure and dejection. If logic is allowed free reign, it will always cancel out logic and conquer itself. In this sense all yoga can only ever lead to tantra. This does not in any way negate the value of the spirit of inquiry that propels the seeker of Truth. All male paths must eventually lead to the ocean of the feminine. The more logic is followed, the more mysterious and poetic it seems to become – until it reaches the impasse that logic cannot move beyond. Logic and its human counterpart doubt are designed to self-destruct, taking you the observer with them. When doubt is trusted at such a profound level, the doubter disappears into the doubt, leaving Truth. However, there is no sequential process to this – Truth is there all along within the doubt. It is simply waiting to be realised, like a pearl within an oyster. It needn't be prised out, but simply recognised. If you follow a sequential and linear path that ends in this recognition or enlightenment, the path itself has no bearing on the enlightenment, even though it appears to." "All paths to Truth are therefore a complete fabrication, all techniques only distractions and all systems and concepts are ultimately worthless. These are unhappy words for the seeker, who still remains identified with his or her search, but even that is Truth. There is no such thing as distorted Truth or hidden Truth. Truth is simply here now, in every moment, at every stage of your life. It is eternal, undying, pure, incorruptible and so beautifully simple." "Whenever you give yourself rest from worrying, you are treading around the fringes of remembering Truth. Whenever you smile or breathe a deep sigh, there you are coming closer to Truth. Whenever your face loses its hard edges and becomes softer, there Truth is being remembered. Truth is your natural state – your simple state, without complexity or concern. It is a drifting space, a total sinking into your being. As you may see from the true ending of this book written in your genes, it has no need of meaning and no concern for or possibility of an answer. In a single sentence, Truth is the eternal moment of the universe."

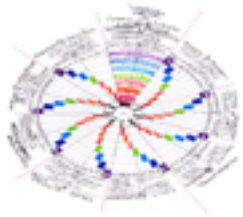
SHADOW : Doubt

GIFT : Inquiry

SIDDHI : Truth



SYNERGY AWAKENING CODE, I CHING HEXAGRAM & GENE KEY N° 64



SYNERGY AWAKENING CODE N° 64

SYNERGY AWAKENING CODEs content @Dharmendra Gordon

The 64th Life Code is the gate of confusion in Human Design and “before completion” in the original I Ching hexagrams. This is the sunrise.

The Shadow is confusion. Have you ever had an experience where something impacted you in a very profound and meaningful way? And for a while before the understanding came you were in a space that wasn't quite where you were before? And isn't quite what the impact of the experience was leading to? That's confusion as in “I don't know where I'm at right now. What am I supposed to do with this?” That is what the mind does. And that is how confusion comes up. You get lost in the thinking process while in the middle of a transition where everything is integrating, and where you are not supposed to be clear yet as there is no clarity yet simply because it is not clear yet. But you are definitely not where you were before the deeply meaningful, impactful experience happened.

But then as you settle in your heart, and the heart is the gathering place for everything past and future, left and right and above and below, it has already got everything in the experience and you see that the deeply meaningful impact is going to create a new experience. That is what this is saying in ‘before the beginning’. And as you allow yourself to drop into your heart your imagination will start to tickle you in a very delicious, delightful and playful way to bring up images that are now going to allow you to start to see how that is going to unfold for you which is a very enjoyable experience.

And you are not meant to do anything with that except just allow it to unfold as you drop into your being and it is illuminated for you. You can literally see all of it already in essence - where you are going and how that will actually play out. It is more in a symbolic light pictograph sense that you see it, because how that will play out will be according to the principle, the law that stands behind that and determines the actual nature of it's unfolding. It orchestrates how that experience is going to unfold into your life and over the years as you go into that experience. However big of a cycle it is, you will see that that principle is always true. And in that experience that has been illuminated for you if you can tap into actually seeing what principle you are attuning into you may be lucky enough to realize that that principle is going to be true through the whole experience. And every time you tap into it, you will get a new insight into what the experience is unraveling for you.



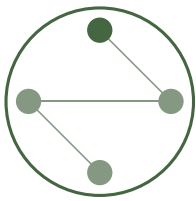
Water/Fire

Before Completion

The Sun rises over the Water.

A delicate situation demanding great caution. A mistake would be disastrous. Judge conditions with care.

I Ching cards & texts © Oliver Perrottet



GENE KEY N° 64

The Aurora

Extracts from GENE KEYS © Richard Rudd

64th Gene Shadow : Confusion

"With the 64th Gene Key we come to one of the greatest mysteries of existence – the mystery of inner light. When this light is obscured within a human being it results in Confusion, the 64th Shadow. Confusion is the great human Shadow state. It sweeps across our world like a great blanket, smothering, disempowering and screening the mass consciousness from the true nature of reality." Confusion in itself is a perfectly natural state. The ancient alchemists referred to this state as the *massa confusa*, the chaos of the elements, likening it to the primal swirling that preceded the birth of the universe. Confusion is a state with neither order nor structure; it is a state rippling with pure potentiality. Only when the human mind attempts to interpret it does it become bewildering. If you are able to look into this primal state of consciousness without engaging your mind in any way, you will see the true nature of being manifested as Illumination, the 64th Siddhi." Each of the 64 Shadows is born out of the human mind's tendency to identify with whatever it sees. This tendency creates a biofeedback loop between the two polarities of each Shadow state – in this case, the loop is generated between the 64th Shadow of Confusion, and its programming partner, the 63rd Shadow of Doubt. Here is how it works: At every moment, your thinking reflects the way in which the inner body is feeling. If your overall frequency is low, you generally feel a kind of background unease throughout your physical, emotional and mental bodies. This unease is generated by the global frequency in which we all live – in other words, every human being feels the suffering of the whole world through the quantum field that connects us all. The more you listen into your body, the more you will attune to this collective sense of unease that is rooted in fear. Most people develop patterns from an early age to escape feeling this vast desert of world pain and the mind is the first line of defence. As long as we are addicted to thinking, we can avoid fully feeling it. This suffering within each human being is rooted entirely in the past. It came down into you through your ancestral DNA and was transferred to you as a child through the coping strategies of your parents and peers. Your basic urge to flee from this pain will keep you from ever facing what you really are, and this fact, lying deep within your cells, gives rise to another of the great human Shadows – Self-doubt. We human beings doubt ourselves because we are not really ourselves in the first place. Instead we inhabit the confusion, and the more our minds try to cope with this confusion, the more we feed our own self-doubt. It is a biofeedback loop. At the general low frequency of the planet, the mind cannot escape itself, but instead keeps feeding its own illusions. Those illusions then play out through the course of events that we call our lives. Thus our true potential is never fully lived, or as Thoreau so aptly put it, we "lead lives of quiet desperation." If you take just about any human being and you scratch the surface of their awareness, you will very soon uncover layers and layers of repressed pain. The mind lives in a state of permanent confusion, trying to make it all go away. But confusion is a dead-end street. It is a falsity fabricated by the mind. The moment the mind stops thinking, the confusion ends, which shows you what a sham it is. As you will shortly see at the siddhic frequency, the state that we refer to as confusion is actually the holiest state of awareness there is."

REPRESSIVE NATURE – IMITATING

It takes an enormous amount of energy to repress our inherited human pain. To repress that amount of pain you actually need a great deal of support from others, ironic as that may seem. This support comes in the form of the status quo – from the millions of others who also hide from the truth of how the world feels and bury themselves in activity and thinking. Half of the world represses their confusion through imitation – they do what their parents did, or they do what their friends and teachers do. Imitation is the archenemy of imagination. It is a massive illusory safety net devised by the collective to keep from feeling the state of the world as it is. Repressive natures combat their fear through imitating everyone else. Some of them even manage to look original whilst they are doing it!

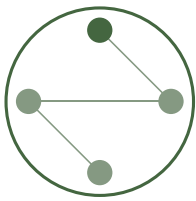
REACTIVE NATURE – CONFUSED

There are those whose nature simply cannot handle repressed feelings. Certain types of physiology are not designed to deal with the sustained voltage of pain held beneath the surface, at least not for any significant length of time. In such people, the core human pain held in their DNA is externally expressed through their outer lives. Such lives are always incredibly confused. These are the people who simply cannot stay in relationship without being abusive. Whilst the repressed nature is a victim of the status quo, the reactive nature is a victim of their anger towards the status quo. Their lives are lived in an unconscious attempt to take revenge on life itself. These people react against the status quo, often in an aggressive and unpredictable manner. Out of this basic dynamic between repressed and reactive, you can clearly see how both the abuser and the abused are born.

SHADOW : Confusion

GIFT : Imagination

SIDDHI : Illumination



GENE KEY N° 64

The Aurora

Extracts from GENE KEYS © Richard Rudd

64th Gene Gift : Imagination

"As we see at the Shadow frequency, the mind automatically collapses into confusion when faced with the pain underlying life. If you were taken out of your everyday life and placed in solitary confinement for even the space of a single week, you would soon feel the profound pain that lies within your body. With nothing to do and nothing to distract your awareness, the pain quickly comes to the surface. Interestingly, this is one of the roles of meditation – to allow this pain to rise to the surface of your awareness so that it can be transmuted. All it takes is willingness to feel the pain, and the miracle begins. Once you realise that there is no point in trying to make the pain go away, you may finally begin to see the loop you have been caught in. It is your mind that continually takes you away from the pain. As your inner spirit decides to face who you really are, for the first time ever the mind's tricks are witnessed. In that witnessing the mind's long reign over you gradually begins to crumble. The more you watch your mind trying to understand and/or avoid the confusion, the more a shift inside you begins to occur. Thinking takes a great deal of energy. Something has to feed all those neurons. Thus the moment you take away the mind's food – your belief that it can help you – all the energy that was going into feeding it is gradually liberated. In certain rare cases, this energy can be abruptly liberated causing the phenomenon known as sudden enlightenment. All natural energy or life force has one inbuilt programme – to grow and evolve. This is the nature of life. Thus when you release the quantum energy that was latent inside you, it begins to rise. As it rises, the evolutionary force takes a hold of your mind and begins to paint with it. This is how true creativity is born and the human imagination is unleashed. Imagination is the expression of unimpeded life force coursing through your genetics. This is the 64th Gift. Imagination is born out of confusion, but only when you embrace confusion without trying to change it. Imagination allows alchemy to occur inside your being. In the beginning, you may paint, write, sing about or simply tell the story of your pain and how it feels to you. It doesn't matter what form the pain takes. What matters is that it can be expressed and accepted. In fact, at the Gift frequency pain can be more than simply expressed – it can become art." The other great power of imagination is that it spells the death of imitation. To imagine means to go where no one else has been before – to break free from mental, intellectual, and cultural constraints and let your mind soar upon the wings of your heart. Imagination is abstract, illogical and wild. It creates wormholes between worlds, moving too swiftly to analyse itself for meaning or reason. To imagine is to leap, to bound and to whoop with delight outside of all logic and pattern. It is the source of all art."

64th Gene Siddhi : Illumination

"The 64th Siddhi is the Siddhi of Illumination. This is Imagination without the I. When that I surrenders its need to exist, magic shines through. The evolutionary force obliterates the identification with form and Illumination floods your being." For centuries, Masters have used confusion as a means to stop the mind in its tracks and transfer the wordless truth. Perhaps one of the greatest examples is the Zen approach, which gives the mind an unsolvable paradox known as a koan on which to meditate. These koans so confuse the mind that eventually it stops to rest and regain some of its energy. In that rest a leap of consciousness known as a satori takes place. If you have the 64th Gene Key prominent within your hologenic profile, you may experience these sudden leaps in consciousness. Sometimes confusion is direct, like the Zen approach, and sometimes it is indirect. The indirect transmission of Truth uses paradox or poetry to pacify the mind. If you know how to listen to poetry, then you are always close to Truth." Those who manifest the 64th Siddhi are those who teach spontaneously. They will use anything they feel like using as an illustration of what it means to be one with Truth. There is no logic or pattern to such people or their teachings. They may even use logic as a device and then contradict it entirely through their behaviour or words. The tantric path is the easiest path to misunderstand because it cannot be followed with the mind, but only with the heart. It takes a certain degree of madness in a person to follow this path, uncharted as it is. It is the path of the poetic soul – the lover of wildness, of spontaneity, of paradox – the lover of the moment." The Siddhi of Illumination is the direct expression of Divine Mind. Divine thoughts manifest instantly in the world of form – such is their power. Thus one in the siddhic state of Illumination directly experiences divine creation. If there is any identification with these thoughts, the indwelling awareness will see itself as a God or Messiah endlessly creating the world through thought. However, the highest state of Illumination negates any form of identification. Divine thoughts cannot be understood. They are simply conduits of different frequencies, woven together into beautiful ideas, poems, words or images. They have nothing to do with the body or brain that generates them – they are solely for the inspiration of others. Such a Siddhi makes no sense, and yet it also makes the most perfect sense of all. To be illuminated by the 64th Siddhi is to remain empty, while being constantly flooded with the rainbow colours of the inner aurora – it is to be an easel for the imagination of the universe itself."

SHADOW : Confusion

GIFT : Imagination

SIDDHI : Illumination